

Sunshine News

Cedarbrook Allentown Senior Care & Rehab September 2026



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September 2026

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CEDARBROOK SENIOR CARE AND REHAB
350 S. CEDARBROOK ROAD ALLENTOWN, PA 18104
(610) 395-3727 Fax: (610) 395-0412 Hotline: (610) 336-9604

Jason Cumello, MBA, NHA
Director/Administrator

Michelle Julian, RN, BSN, MS, NHA
Assistant Administrator

Dr. Gruer, MD
Medical Director

Teresa Samuels, RN, BSN, CNDLTC
Director of Nursing Services

Donna Pendrak, RN, CNDLTC
Assistant Director of Nursing Services

Adam Boandl
Financial Services Director

Eduardo Fernandes
Director of Facilities

Wilfredo Aguila
Building Superintendent

Ricardo Cintado
Director of Environmental Services

Jessica Brokate, SHRM- CP
Director of Human Resources

Kristen Morstatt, RN
Resident Assessment Coordinator

Katie McArdle
Admissions Coordinator

Lisa Lasko
Health Information Coordinator

Tim Picerno
Director of Rehab Services

Torie Yackanicz
Clinical Nutrition Manager for Dining Services

Amber Surman
Assistant Director of Social Services

**Heather Jaeger, Maria Monzon,
Rhett Palushock, Debbie Smitreski,
Mouna Zaghtiti**
Social Services Department

John Garner, ADC/ MC
Director of Life Enrichment

**Chaplain Stephanie Jones,
Chaplain Ivan Velez**
Faith Services

Life Enrichment Department Staff

Caroline Bailey, Marnie Distasio, Sherry Geiger, Lea Hayes, Lunna Irizarry,
Marisol Irizarry, Aimee Schmidt, Becky Soler, Gabriela Sotamba, Jen Sparling,
Sharon Starling-Phillips, Emily Strohl, Mayra Velez

THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a
commitment to residents and relatives who need senior care. When Lehigh County families
choose Cedarbrook, they are selecting a

"Community with Heart Offering Individualized Care and Excellent Service."



Visit us on our
Facebook page and website for
updates and pictures of recent events!
www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>



THE

BUZZ...

AROUND CEDARBROOK

Check This Out

**AUXILIARY PRETZEL SALE
WEDNESDAY SEPTEMBER 16TH
11:00 AM UNTIL SOLD OUT
IN THE FAMILY ROOM**



New Residents

Inge Smith
Sandra King
Rollin Krause
Barbara Kohut
Barbara Phillips
Terri Druckenmiller
Jesus Gonzalez Nieves



CBA AUXILIARY IS ASKING
FOR CANDY DONATIONS
FOR AN OCTOBER
TRICK - OR - TREATING
EVENT. LOOK FOR OUR
HALLOWEEN BOX ON THE
FIRST- FLOOR ENTRANCE
NEAR SECURITY.
(New individually wrapped
candy please)

**WHOOOP...THERE IT IS!
Can you SNOOP...
Where it is?
FIND ALL THE
"ACORNS"**



(Answer on page 18)



HAPPY BIRTHDAY

Althea Lipton	4th
Anthony Frenette	8th
Virginia Briggs	11th
Barbara Youngblood	11th
Elinor Ferry	12th
Charles Williams	13th
Raymond Nagle	14th
Ruth Stocker	16th
Patricia Stoudt	18th
Alfonso Corali	21st
Mildred Eiden	22nd
Edward Turk	22nd
Virginia Levan	23rd
Eugene Shankweiler	24th
Diane Grammes	27th
Carolyn Labar	28th

HAPPY LABOR DAY

8 LABOR DAY FUN FACTS

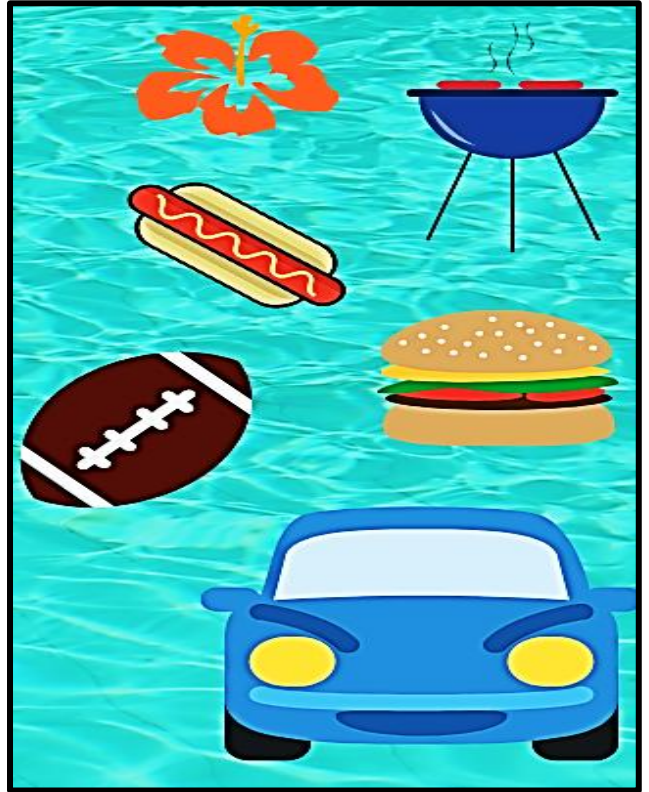
1 In the late 19th century, the average working day consisted of 12 hours.

2 Some retailers claim that Labor Day is one of the largest sale dates of the year, second only to Black Friday.

3 Labor Day marks the unofficial last day of summer and the unofficial first day of NFL season.

4 More than 7 billion hot dogs are eaten by Americans between Memorial Day and Labor Day.

5 Labor Day is the second most dangerous holiday weekend to drive on US highways.



6 The first American Labor Day occurred in NY City on September 5th 1882 but the holiday was made official by Oregon in 1887.

7 In some fashion circles Labor Day is considered the last acceptable day of the year to wear white.

8 One of the reasons for choosing to celebrate Labor Day the first Monday of September was to add a holiday in the long gap between Independence Day and Thanksgiving.



RESIDENT SPOTLIGHT

Alverna Erney **100** Years Young!



On July 29, 1926, in Coopersburg, Pennsylvania, a little girl named Alverna was born. One hundred years later, she has built a life filled with hard work, love, family, faith, wonderful memories, and countless stories worth telling. Growing up on her parents' farm in Pennsylvania, Alverna developed a deep appreciation for the simple things in life. The farm was more than just a place where she lived—it was home. Those early years helped shape the strong, independent woman she would become. Throughout her life, Alverna was never afraid of hard work. She worked in many different factories over the years, contributing to her family and community in whatever way she could. But one of the most rewarding chapters of her working life was her time as a school bus driver. For more than 30 years, Alverna drove a bus, a job she remembers with great pride. She often says that being a bus driver was very rewarding for her, giving her the opportunity to work, meet people, and be part of the lives of generations of children.



To Alverna, her family is her pride and joy. She treasures the love that exists among them and is especially grateful that everyone looks out for one another. No matter what happens, they have each other's backs. That strong family bond is one of the greatest things she has helped create and one of the things she cherishes most. There is perhaps nothing Alverna enjoys more than having her family together around a table. Family gatherings filled with good food, laughter, stories, and memories are among her favorite times. And when it comes to food, she has a particular fondness for Pennsylvania Dutch cooking. She loves just about any kind of Pennsylvania Dutch food, especially when it is shared with the people she loves.

When Alverna isn't surrounded by family, she enjoys the quieter pleasures of life. She loves reading the newspaper and spiritual books, keeping her mind active while staying connected to the world around her. She also enjoys looking through photo albums filled with pictures of her family. Reaching the age of 100 is an extraordinary milestone, but Alverna approaches it with the same independent spirit she has always had. One of the things she is happiest about is that she can still do things for herself. She enjoys her independence and the freedom that comes with it. At 100, she can do things her own way, go to bed whenever she wants, and, as she happily puts it, she doesn't have to listen to anybody! A century of life is more than a number. It is 100 years of stories, lessons, laughter, hard work, family dinners, photographs, faith, and memories. It is six children, many grandchildren and great-grandchildren, decades of work, more than 30 years behind the wheel of a school bus, and a lifetime of love. As Alverna celebrates her 100th birthday, her greatest legacy may not be the jobs she held or the years she lived, but the family she helped build and the love she continues to give. Her family is her greatest pride and joy—and judging by the love they have for her, she is theirs as well.



EMPLOYEE ANNIVERSARIES

EMPLOYEE	DEPARTMENT	YEARS
Wilfredo Aguila	Facilities	39
Jaime Pagella	Nursing	30
Gwyn Gildner	Nursing	30
Katie Novicki	Nursing	25
Tammy Dietrich	Physical Therapy	22
Catherine Silkworth	Nursing	20
Marnie Distasio	Life Enrichment	19
Jason Cumello	Administration	10
Jacob Coyle	Environmental	8
Irina Rabinovich	Nursing	8
Alexis Eberly	Nursing	8
Sun Hwa Han	Nursing	7
Jordan Alleshouse	Financial	5

EMPLOYEE	DEPARTMENT	YEARS
Karen Centeno	Nursing	5
Debra Burns	Nursing Office	5
Marcia Dunn	Nursing	4
Jeanne D'arc Kom	Nursing	4
Zenaida Garner	Environmental	3
Elizabeth Cook	Nursing	2
Mychael Bauer	Environmental	2
Ashley Schmieding	Nursing	1
David Druckenmiller	Nursing	1
Shayne Potrafke	Nursing	1
Melissa Esch	Nursing	1
Erick Flythe	Environmental	1
Anne Were	Nursing	1



A Crow's Best Friend

Find All The Hidden Objects (Answers on page 18)



slice of bread



mallet



basket



high-heeled shoe



crown



ring



can



snake



heart



teacup



wishbone



mushroom



sailboat



adhesive bandage



pennant



tack

BONUS!

Can you also find the slice of cheese, lightning bolt, hairbrush, and crescent moon?

In this big picture, find the slice of bread, mallet, basket, high-heeled shoe, crown, snake, teacup, adhesive bandage, ring, wishbone, heart, sailboat, mushroom, can, pennant, and tack.

Cinnamon Baked Apples

Bake these amazing Cinnamon Baked Apple slices until tender in coated **caramelized sauce**! This will be an **easy dessert recipe** to serve with a scoop of ice cream during the Fall and the holiday season!



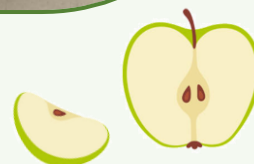
Ingredients

- 5-6 large apples peeled, cored, and sliced
- Recommend tart apples, like Granny Smith variety, because they balance well with the sweetness. You can use any variety you have on hands, like Honeycrisp, Fuji, or Gala.
- 1 tablespoon lemon juice
- ¼ cup light brown sugar
- 1 tablespoon granulated sugar
- 2 teaspoons cinnamon
- 1 teaspoon of nutmeg
- 2 teaspoons cornstarch
- 2 tablespoons unsalted butter



Instructions

- Preheat the oven to 375°F.
- Peel, core, slice 5-6 apples, and transfer them to a 9x13-inch baking dish.
- Add 1 tbsp lemon juice, ¼ cup light brown sugar, 1 tbsp granulated sugar, 2 tsp cinnamon, 1 tsp nutmeg, 2 tsp cornstarch, and mix everything together.
- Spread evenly and top with sliced 2 tbsp butter.
- Cover with foil and bake at 375°F for 30-40 minutes, stirring every 10-15 minutes.
- When done, take it out of the oven and let sit on the counter for 10 minutes before serving.



Notes

- The baking time depends on how thin or thick you cut the apple slices. Cut them thinner to make sure they bake through and get soft.
- Make sure you stir them at least a couple of times while baking to mix all the sauce ingredients together. At first, when the butter is melted, it might look like the sauce is greasy and the fats are separating. After you bake it longer and stir a few times, everything will bind together and the sauce will caramelize.
- Depending on the season, try adding some other fruit, berries, or nuts to the apples, like pears, fresh or dried cranberries, raisins, walnuts, or pecans.
- You can store them in an air-tight container and keep in the refrigerator for 3-4 days. To reheat, bake it at 350°F for about 15 minutes.

Chaplain's Corner

God's love for humanity is an infinite, unconditional, and everlasting commitment that is clearly shown through creation and the sacrifice of Jesus Christ.



The Source and Purpose of Divine Love

♥ *God Is Love*

- **The Core Identity:** The Bible teaches that God does not just act with love; God is love itself.
- **The First Cause:** Human love exists only because God loved humanity first.
- **Self-Satisfied and Pure:** God's love is complete within the Trinity of Father, Son, and Holy Spirit. He shares this pure love with people by choice.

♥ *Creation as an Act of Care*

- **Made with Purpose:** Genesis states that God created human beings in His own image. This gives every person unique value and dignity.
- **Providing Daily Needs:** God watches over the earth and gives food and life to every living creature in its proper season.
- **Intimate Design:** The intricate details of the physical world reflect a Creator who cares deeply about His work.

The Ultimate Sacrifice and Unbreakable Bond

♥ *The Gift of Jesus Christ*

- **The Greatest Verse:** John 3:16 explains that God loved the world so much He gave His one and only Son, so believers will have eternal life.
- **Initiative, Not Reaction:** God did not wait for humans to love Him back before He cared. He took the first step.
- **Love for the Broken:** Romans 5:8 notes that Christ died for humanity even while people were still acting as sinners.

♥ *An Everlasting Connection*

Constant Presence: God promises never to leave His people, guiding them through both good times and hard trials.

Nothing Can Separate: Romans 8:38-39 assures believers that death, life, fears, or troubles can never break the bond of God's love in Christ.

A Call to Love Others: Because God loves humanity with this deep passion, people are called to show that same active love to their neighbors.

♥ *Key Traits of God's Love*

- **Unconditional:** It does not depend on human performance, goodness, or worth. God loves simply because it is His nature.
- **Sacrificial:** The greatest proof of this love is Jesus Christ dying on the cross for human sin.
- **Unchanging:** Human love can fade or fail, but God's love remains constant even when people stumble or fall short.
- **Personal:** It pursues individuals and offers daily mercy, forgiveness, and new beginnings.



When we understand the love that God has for us, His creation, we will come to understand who God truly is, and you will truly know that you are not alone.

Chaplain Ivan Velez



In Loving Memory

*Gloria Hall
Cherie Lotito
Peter Zosky
Mary Diggs
Shirley Usner
Ruth Muffley
Jacqueline Peters
Leon Lichtenwalner*



*The heavenly
distance between us
now does not change
the power of
our love.*

*Those we love
can never be more
than a
thought away...
for as long as there's
a memory
they live in our
hearts to stay.*

In Remembrance of **September 11, 2001**



That Sad September Day

An ordinary Tuesday morning,
With beautiful sunny weather.
But soon something would happen
To change the world forever.

Four planes went down,
Two towers fell.
A lot of people died.
And when the news spread far and wide,
Millions of us cried.

We honor the heroes
Who stayed in harms way.
We felt sad for the families,
And bowed our heads to pray.

We felt pride in our country
For sticking close together.
Neighbors and strangers gathered
To give help to one another.

It happened long ago,
But it's not that far away.
The memories will always be with us,
Of that sad September day.

Written by Trisha's Tidbits

September

Word Search



September's here, and so is a word search packed with seasonal fun! Can you find all the hidden words scattered in every direction—forward, backward, up, down, and diagonal? Circle each word as you find it and cross it off the list.

K	J	L	L	A	B	T	O	O	F	S	E	Q	U	I	N	O	X
S	X	G	H	A	Y	R	I	D	E	D	R	F	R	Q	D	P	M
P	E	Q	S	C	H	O	O	L	S	N	I	K	P	M	U	P	V
T	L	P	G	L	X	F	P	B	J	R	F	G	W	C	T	Q	M
K	E	S	T	C	A	P	L	T	A	O	W	O	R	P	M	I	Q
M	A	D	D	E	A	B	N	T	L	C	R	K	S	W	G	L	S
K	V	R	R	R	M	L	O	I	K	C	K	I	M	R	W	J	Q
S	E	A	C	E	F	B	A	R	E	N	R	P	A	Z	N	B	U
N	S	H	K	Q	L	G	E	R	D	C	W	T	A	B	F	O	I
R	F	C	N	F	E	O	A	R	N	A	I	N	R	C	T	N	R
O	A	R	R	S	A	C	O	T	N	O	Y	E	B	X	K	F	R
C	R	O	E	E	S	L	Q	C	N	X	E	Z	T	J	T	I	E
A	M	N	T	P	C	M	L	H	K	Z	V	S	R	K	J	R	L
M	E	N	A	A	D	E	P	I	Y	W	E	M	D	R	C	E	N
N	R	R	E	R	N	P	K	K	N	V	M	J	P	R	B	Q	Y
K	S	O	W	G	T	Q	D	A	R	G	C	B	Y	Q	U	M	B
H	T	C	S	R	F	L	Q	A	R	A	U	T	U	M	N	O	H
K	R	K	T	R	T	M	H	F	R	E	D	I	C	T	T	G	G

ACORNS
APPLES
AUTUMN
BACKPACK
BONFIRE
BREEZY
CIDER
COOLER
CORN
CRISP
EQUINOX
FALLING
FARMERS
FOLIAGE
FOOTBALL
GOURDS
GRAPES
HARVEST
HAYRIDE
LABOR DAY
LEAVES
MIGRATION

ORCHARDS

SCHOOL

PUMPKINS

SEPTEMBER

RAKE

SQUIRREL

SCARECROW

SWEATER



CEDARBROOK-ALLENTOWN VOLUNTEERS

SEPTEMBER
2026

New Opportunities

WONDERFUL WEEKENDS!

Come & Join our Residents and LE Team on weekends to add some extra help to our Entertainment on Saturdays and our Spiritual Services on Sundays. Weekends Welcome you at Cedarbrook!

BIBLE STUDY

Looking for a mid-week pick me up? Come and help our Spiritual Services Team and Residents every Wednesday afternoon at 2:15pm. It's a great way to have a mid-week check in 😊.

FESTIVE FRIDAYS!

We're looking to add some helping hands to our Friday Afternoons! Join our Team and Residents in playing a variety of fun games or lend a helping hand in a game of cards with our Card Club



"September tries its best to have us forget summer."

Upcoming Events

Cash Bingo

Mon. September 21st at 2:30pm

Splash of Color!

Thurs. September 10th at 2:30pm

Dominoes & Happy Hour

Fri. September 11th at 2:15pm

Aimee's Art Adventure

Wed. September 23rd at 2:15pm

For Inquires- Call 610-395-3727
Ext. 2282

Residents' Council Meeting Minutes Monday – August 10, 2026

- Jean Larison, President, called the meeting to order.
- Eleanor Snyder, Secretary, read the highlights from the July meeting.
- Karen Snyder, Vice-President, read the Resident Rights for August.
- Jean Larison, President, welcomed new residents admitted in July.



ADMISSION POLICY – Sec. 1919(c)(5)

Your nursing facility cannot prohibit or discourage you from applying for or receiving Medicare or medical assistance benefits. Your nursing facility must prominently display or provide you with individually written and oral information about how to apply for Medicare or medical assistance benefits, how to use these benefits and how to receive refunds for any prior payments made by you that are covered by these benefits.

If you are entitled to medical assistance for nursing facility services, neither you nor anyone on your behalf may be required by the nursing facility to make any payments to the nursing facility as a condition of your admission, to speed up your admission or to guarantee your continued stay in the nursing facility. This requirement does not stop the nursing facility from requesting, accepting, or receiving genuine charitable, religious or humanitarian contributions from organizations or people that are not related to you, if the contribution is not a condition of your admission, to speed up your admission or to guarantee your continued stay in the nursing facility.

The nursing facility must advise you in advance when payments for items or services to be delivered are not covered by the Medical Assistance Program. You must be advised of the costs of the noncovered items or services, and be given the option of accepting or rejecting the charges and the noncovered items or services. This requirement does not stop a nursing facility from charging you for items or services which you requested and received that are not covered by the Medical Assistance Program.

New Business:

- Jason Cumello (Administrator)
 - Still hiring for a Social Services Manager.
 - Construction project outside continues nicely, continuing to drywall the inside and working their way up to the other floors.



Old Business:

- Rhett discussed the one resident concern that was brought up at the last meeting.



New Business:

- Jean Larison – asked if the departments who attend the meeting can reintroduce themselves at each Resident Council meeting.
- Teresa Samuels (DON)
 - Mentioned the Employee Appreciation Event that will be happening Aug. 19th out on the C-Wing patio from 11AM-1PM. Available for residents who are interested in viewing it.
- John Garner (LE Director)
 - Discussed the rest of the events for August.
 - New Event Alert:
 - VR (Virtual Reality) – Speak to LE staff if interested in trying it out.
 - The Volunteer Coordinator resigned – currently hiring for a replacement.



Resident Concerns / Comments:

The dietary meeting is held after this meeting. Please ask questions concerning dietary at that time.

- D2- Mentioned that clothes seem to be different in their closet.
- D2- Stated that a commode is broken on the unit.



Announcements:

- The next meeting will be held Monday, September 14th at 2:15 PM in the Auditorium.
- Residents are invited to attend the Food Committee meeting immediately following Residents' Council.
- The meeting was adjourned.



EMPLOYEE PET OF THE MONTH

NAME OF EMPLOYEE AND DEPARTMENT...

Gabriela Sotamba – Life Enrichment

TYPE OF ANIMAL/ BREED...

Domestic black shorthaired cat.



HOW OLD IS YOUR PET?

She is 5 years old.

PET'S NAME, HOW DID YOU COME UP WITH IT?

Tsuki. My older sister wanted to name her Luna, which is Spanish for moon. I said no because that was the same name as the mom cat. I suggested "Tsuki" because it also means moon in Japanese.



HOW AND WHEN DID YOU CHOOSE YOUR PET?

We adopted Tsuki in August 2021 from a friend. My friend lost her cat for about three months and came back pregnant. The mom had a very large litter. We decided to take one of the kittens.



ARE THERE ANY OTHER NICKNAMES FOR YOUR PET?

No, we just call her Tsuki.

DOES YOUR PET DO ANY SPECIAL TRICKS?

She can jump super high when chasing her laser light. She also catches her mouse if you throw it to her.

FUNNIEST MEMORY OF YOUR PET...

My sister left her plate of chicken and rice unattended for a few minutes. When she came back her drumstick was half eaten.



DOES YOUR PET HAVE A FAVORITE TOY OR TREAT?

Tsuki loves cardboard boxes and is obsessed with chicken.

DOES YOUR PET HAVE ANY BAD/ NAUGHTY HABITS THAT DRIVE YOU CRAZY?

It drives me crazy how much she digs in her litterbox. Half of the litter is out of the box and all over the place.



FUN FACTS ABOUT YOUR PET OR THE BREED...

- Black cats have a better immune system. Science suggests that black cats have a genetic advantage where the mutations responsible for their dark fur are linked to a stronger resistance against certain viral infections.

2026



**FOR ALL THE CEDARBROOK
EAGLES FANS... HERE IS YOUR
VERY OWN SCHEDULE!
NOW YOU CAN NEVER
MISS A GAME!**

LET'S GO EAGLES!

PRESEASON

WK	DATE	OPPONENT	TIME (ET)	TV	RESULT
1	Aug. 15	at Baltimore Ravens	7:00 p.m.	TBD	
2	Aug. 22	at New England Patriots	7:00 p.m.	TBD	
3	Aug. 28	vs. Cincinnati Bengals	8:00 p.m.	CBS	

REGULAR SEASON

WK	DATE	OPPONENT	TIME (ET)	TV	RESULT
1	Sept. 13	vs. Washington Commanders	4:25 p.m.	Fox	
2	Sept. 20	at Tennessee Titans	1:00 p.m.	Fox	
3	Sept. 28	at Chicago Bears	8:15 p.m.	ESPN	
4	Oct. 4	vs. Los Angeles Rams	1:00 p.m.	Fox	
5	Oct. 11	at Jaguars (London)	9:30 a.m.	NFL Network	
6	Oct. 18	vs. Carolina Panthers	1:00 p.m.	CBS	
7	Oct. 26	vs. Dallas Cowboys	8:15 p.m.	ESPN	
8	Nov. 1	at Washington Commanders	8:20 p.m.	NBC	
9	Nov. 8	vs. New York Giants	1:00 p.m.	Fox	
10	--	BYE	--	--	
11	Nov. 22	vs. Pittsburgh Steelers	4:25 p.m.	CBS	
12	Nov. 26	at Dallas Cowboys	4:30 p.m.	Fox	
13	Dec. 6	at Arizona Cardinals	4:05 p.m.	Fox	
14	Dec. 13	vs. Indianapolis Colts	1:00 p.m.	Fox	
15	Dec. 19	vs. Seattle Seahawks	5:00 p.m.	Fox	
16	Dec. 24	vs. Houston Texans	8:15 p.m.	Prime Video	
17	Jan. 3	at San Francisco 49ers	8:20 p.m.	NBC	
18	TBD	at New York Giants	TBD	TBD	

HIDDEN OBJECT ANSWERS

Slice of bread- Scarecrow's center pocket

Mallet- Left of scarecrow's right knee

Basket- Bottom left corner of page.

High-heeled shoe- Sunflower on right, below left leaf.

Crown- Bottom right corner of page

Ring- Center of small sunflower, middle right of page.

Can- Left side of page, end of fence rail

Snake- Belt of scarecrow's overalls.

Heart- Sunflower on right, bottom center pedal.

Wishbone- Bottom left side of fence post.

Teacup- Right of the butterfly, upside down.

Mushroom- Small sunflower on right, left side pedal.

Sailboat- Top left fence rail, next to scarecrow's knee patch

Pennant- Right side of scarecrow's neck scarf.

Adhesive bandage- Center of scarecrow's hat.

Tack- Scarecrow's left foot.

BONUS ITEMS

Slice of cheese- Scarecrow's left leg knee patch.

Lighting Bolt- Left side of scarecrow's neck scarf.

Hairbrush- Scarecrow's right foot.

Crescent Moon- To the left of the butterfly's wing.



If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our **Administrative Hotline**.

Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit

Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken.

You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at **(6 1 0) 7 8 2 - 3 9 9 9**.

This information is confidential and caller may remain anonymous.

LOST AND FOUND



Did you lose something?

Lost and Found is located at Security on first floor entrance. Many items await to be claimed. Please stop by to see if any items belong to you.

NEED A REPAIR? SOMETHING FIXED?



HERE'S HOW TO GET IT DONE...

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC. Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.

DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help.

Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

- ◆ *Listening to your concerns*
 - ◆ *Respecting your choices*
 - ◆ *Offering ideas and options to help you meet your individual needs*
 - ◆ *Services are free and confidential*
- Contact your local Ombudsman**
(484) 619-3337

Pennsylvania
Department of Aging Office
of the Long-Term Care
Ombudsman



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill.

Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker or Natalia Villamil, Administrative Assistant. Our PC Specialist will assign a unique username and password which must be kept confidential.

HOW MANY DID YOU SNOOP?
There are 22
"ACORNS"

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

House Activities



10:15 Talking Book
FR
2:30 House Bingo Ch. 22
3:30 Mahjong Madness
FR

10:30 Devotions
Aud. & Ch. 22
2:15 Bible Study with
Chaplain Stephanie
Aud. & Ch. 22
2:15 September Birthday
Bash FR *Invite Only*

11:00 Color and Chat
FR
2:15 Card Club FR
2:30 Rosary Chapel
3:30 Music Group FR

10:00 Shabbat Chapel
2:00 Soap Making Aud.
Invite Only
2:15 Card Club FR
3:30 Crochet & Knit FR

10:15 Puzzle Your Mind
FR
2:15 Rob Ballonoff
Aud. & Ch. 22

2:15 Church with
Chaplain Stephanie
Aud. & Ch. 22

6 10:15 Puzzle Your
Mind FR
2:15 Kevin Macintire
Aud. & Ch. 22



Labor Day

10:15 Talking Book
FR
2:30 House Bingo Ch. 22
3:30 Mahjong Madness
FR

2:15 Bible Study with
Chaplain Ivan
Aud. & Ch. 22

11:00 Color and Chat
FR
2:15 Card Club FR
2:30 Splash of Color FR
3:30 Sunshine News
Meeting FR
3:30 Choir Club Aud.

2:15 Card Club FR
2:15 Dominoes FR
3:30 Happy Hour FR
Invite Only

10:15 Puzzle Your Mind
FR
2:15 Spanish Church
Chapel

2:15 Church with
Nativity Lutheran Bell
Choir
Aud. & Ch. 22



13 2:15 Resident Council
Aud. & Ch. 22
3:30 Seeds of
Cedarbrook
FR

10:15 Talking Book
FR
2:30 House Bingo Ch. 22
3:30 Mahjong Madness
FR

10:30 Devotions
Aud. & Ch. 22
2:15 Bible Study with
Chaplain Stephanie
Aud. & Ch. 22

11:00 Color and Chat
FR
2:15 Card Club FR
2:30 Catholic Mass
Aud. & Ch. 22
3:30 Music Group FR

2:15 Card Club FR
2:15 Oktoberfest Party
Aud. *Invite Only*

10:15 Puzzle Your Mind
FR
2:15 John Bauer
Aud. & Ch. 22

Grandparents Day

2:15 Church with
Chaplain Stephanie
Aud. & Ch. 22

20 2:30 Auxiliary Cash
Bingo Aud.
3:30 Seeds of
Cedarbrook
FR

10:15 Talking Book
FR
2:30 House Bingo Ch. 22
3:30 Mahjong Madness
FR

2:15 Bible Study
with Chaplain Ivan
Aud. & Ch. 22
2:15 Aimee's Art
Adventures FR *Invite
Only*

11:00 Color and Chat
FR
12:30-3 "Can you Dig
It" 70's Party AUD.
Invite Only
2:15 Card Club FR
3:30 Choir Club AUD.

2:15 Card Club FR
2:15 House Games
Aud.
2:15 House Movie-
"Saturday Night Fever"
Ch. 22

10:15 Puzzle Your Mind
FR
2:15 Tom Acker
Aud. & Ch. 22

Yom Kippur Begins

2:15 Church with
Chaplain Ivan
Aud. & Ch. 22

27 2:15 Autumn
Sip & Paint AUD.
3:30 Seeds of
Cedarbrook FR



10:15 Talking Book
FR
2:30 House Bingo Ch. 22
3:30 Mahjong Madness
FR

10:30 Devotions
Aud. & Ch. 22
2:15 Bible Study with
Chaplain Stephanie
Aud. & Ch. 22
2:30 Sticker Art Club
FR



Autumn Begins

September 2026



Octoberfest Begins

