

Hillside News

June 2026 Cedarbrook Fountain Hill Senior Care & Rehab

Shello Summer



Hillside News

June 2026



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Michelle Julian, RN, BSN, MS, NHA - Assistant Administrator
Natalia Villamil - Administrative Assistant
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Jessica Kelly - Assistant Director of Life Enrichment
Adrian Bachman – Coordinator of Volunteer Services
Chaplain Laura Stone - Faith Services
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Jessica Sanchez - Director of Social Services
Amber Surman - Assistant Director of Social Services
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Lynn Emrey - Social Worker
Ashley Merkel – Social Worker
Eduardo Fernandes - Director of Facilities
Michael Herkalo - Building Superintendent
Ricardo Cintado - Director of Environmental Services
Francis Andrews - Asst. Director of Environmental Services
Tim Picerno - Director of Rehab
Edward Lyons - Assistant Director of Rehab
Torie Yackanicz - Clinical Nutrition Manager

THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care. When Lehigh County families choose Cedarbrook, they are selecting a "Community with Heart Offering Individualized Care and Excellent Service."

Visit us on our Facebook page and website for updates and pictures of recent events!
www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>



Reminder!

RESIDENTS,

NEW BINGO TIMES ARE STARTING IN JUNE!

**Join in at 2:30 PM on Tuesday's
and 10:30 AM on Saturday's!**

**HAPPINESS
IS
YELLING
BINGO**



NEW RESIDENTS

Elena Irizarry
Cheryl Redmond
Jeanette Pilolli
Christine Mertens

THE HAPPENINGS AT THE HILL...

JUNE SPECIAL PROGRAMS

ALL PROGRAMS ARE IN THE MAIN DINING ROOM UNLESS OTHERWISE STATED
PROGRAMS ARE SUBJECT TO CHANGE *WEATHER PERMITTING FOR OUTDOOR PROGRAMS*

- 6/1 JUNE WATER COLORS - 10:30 AM
6/1 SUMMER CHARADES - 2:30 PM
6/2 BINGO BUCKS BINGO & LEMON MERINGUE PIE - 2:30 PM
6/3 STATION PICNIC - 12:00 PM *COURTYARD*
6/3 JUNE BIRTHDAY PARTY WITH ELAINE GAMMON - 2:30 PM
6/4 MORNING MOVEMENT- 10:30 AM *COURTYARD*
6/4 JAMMIN' WITH JENNA - 2:30 PM *COURTYARD*
6/5 ICE CREAM SOCIAL- 2:30 PM
6/6 BINGO - 10:30 AM
6/6 CREATIVE COLORING WITH LISA - 2:30 PM
6/8 FISHING TRIP - 10:00 AM & 2:00 PM *SIGN-UP ONLY*
6/8 MOVIE MATINEE: "WEEKEND AT BERNIE'S" - 2:00 PM
6/10 STATION PICNIC - 12:00 PM *COURTYARD*
6/10 BAKING BONANZA: PEANUT BUTTER COOKIES - 2:30 PM
6/11 CRAFTY CORNER: LIGHT- UP DÉCOR - 10:30 AM
6/11 RESIDENTS' COUNCIL - 2:30 PM
6/12 MUSIC WITH JOHN BAUER - 2:30 PM
6/13 BINGO - 10:30 AM
6/13 WHITE BOARD GAMES WITH BONNY - 2:30 PM
6/14 MASS & ROSARY - 2:30 PM
6/15 SPANISH CHURCH SERVICE - 10:30 AM
6/15 FATHER'S DAY FUN WITH ROOT BEER FLOATS & BUILDING BIRDHOUSES - 2:30 PM *COURTYARD*
6/17 STATION PICNIC - 12:00 PM *COURTYARD*
6/17 SENIOR SCAMS & HOW TO PROTECT YOURSELF - 2:30 PM
6/18 BAKING BONANZA: CHERRY TARTS - 2:30 PM
6/19 JUNETEENTH JEOPARDY - 2:30 PM
6/20 BINGO - 10:30 AM
6/20 PUZZLE YOUR MIND WITH ENISA - 2:30 PM
6/21 FATHER'S DAY BINGO - 10:30 AM
JUNE 22 THROUGH JUNE 26: UNDER THE SEA WEEK
6/22 OCEAN ANIMAL WIND - CHIMES - 10:30 AM
6/22 UNDER THE SEA CINEMA: "SPLASH" - 2:00 PM
6/23 BOAT BINGO & DEEP-SEA DELIGHTS - 2:30 PM
6/24 FISH FRY - 12:00 PM *INVITE ONLY- COURTYARD*
6/24 BUBBLE BLAST WITH ABIGAIL - 2:00 PM *COURTYARD*
6/25 MEN'S GROUP: OCEAN LINER MISHAPS OF THE SOUTH PACIFIC - 10:30 AM
6/25 CRAFT CORNER: PORTHOLE DOOR DECOR - 2:30 PM
6/26 UNDER THE SEA SHOW WITH KRISTEN MORGENSTERN - 2:30 PM
6/27 BINGO - 10:30 AM
6/27 FUN FACTS WITH CAT - 2:30 PM
6/29 WATER BALLOON FIGHT - 2:30 PM *COURTYARD*

**KEEP YOUR EYES
PEELED FOR ...
"SEA HORSE"**



(ANSWER ON PAGE 16)



HAPPY BIRTHDAY



Elaine Schadler	2nd
Judith Baumeister	4th
Marilyn Weidman	4th
Cesarine Urich	6th
Jacqueline Fritchman	7th
Margarita Burgos Flecha	10th
Anna Schmoyer	16th
Nancy Savage	18th
Carmen Pagan	19th
Alice Wallace	21st
Carolann Murphy	24th
Elena Rakhmanina	25th
Mark Polinchock	27th
Twilla Frey	28th





Summertime!

Find all the words!



J	U	L	Y	F	E	I	G	U	S	G	R	I	L	L
M	E	K	A	M	I	Y	B	I	B	P	E	M	B	C
U	E	U	B	J	O	R	L	P	D	W	L	N	W	T
T	J	I	E	M	H	W	E	O	S	A	V	A	W	X
D	C	O	A	J	C	B	P	F	Y	R	B	H	S	C
D	I	J	C	C	U	K	B	E	L	M	S	G	Z	H
S	T	V	H	S	A	N	B	B	Y	Y	A	P	F	T
Y	E	P	E	H	T	M	E	I	K	A	N	R	L	T
F	N	L	U	A	F	I	P	K	I	P	D	E	Z	G
A	T	A	P	D	A	R	B	E	G	A	R	D	E	N
N	T	Y	O	E	A	U	I	G	R	A	S	S	U	N
N	V	K	O	S	N	J	G	S	H	U	M	I	D	J
I	D	G	L	I	T	W	Q	U	B	H	A	Z	Y	X
W	A	V	E	S	S	H	S	J	S	E	Q	J	Q	P
O	U	T	S	I	D	E	G	Q	N	T	E	I	V	B



ANTS
AUGUST
BEACH
BIKE
CAMP
DIVE
FAN
FIREFLY
FRISBEE

GARDEN
GRASS
GRILL
HAZY
HUMID
JULY
JUNE
MOW
OUTSIDE

PLAY
POOL
SAND
SHADE
SPLASH
TENT
WARM
WAVES



Cedarbrook - Fountain Hill

VOLUNTEERS

JUNE
2026

New Opportunities

JUNE IS FOR CREATIVITY

Our Crafty Corner is looking for some creative hands to help us out! We've got Light Up Ledge Decor on Thurs. June 11th & Ocean Animal Wind-Chimes on Mon. June 22nd at 10:30am. Call to sign up today!

BINGO UPDATE!

Our Bingo Times have changed. Join us every Tuesday at 2:30pm for some fun BINGO WINS or every Saturday at 10:30am. We're looking forward to seeing you there!

TASTY - TREATS

We are looking for helping hands to join our Baking Programs! Come and Join us June 10th for Peanut Butter Cookies & June 18th for Cherry Tarts at 2:30pm and Bake to your Hearts Delight!

CARD CLUB

Our Residents are looking to try their hand at cards with you! Looking to have some fun on a weekday afternoon and deal some decks? Give us a call and we'll help coordinate a game day that works for you!

*"And then One Fairy Night...May Became June."
~F. Scott Fitzgerald~*

CALL for VOLUNTEERS

Reach out and Join our Volunteer Team Today!

Have them Reach out to Adrian Bachman today!

610-336-5684

adrianbachman@lehighcounty.org



Upcoming Events

Under the Sea Week!

Mon. June 22nd - Fri. June 26th

Call for more Information on Programs

Father's Day

Mon. June 15th at 2:30pm

Picnic & Fish Fry

Wed. June 17 & Wed. June 24th at

12:00pm

Ice Cream Social

Fri. June 5th at 2:30pm

EMPLOYEE ANNIVERSARIES

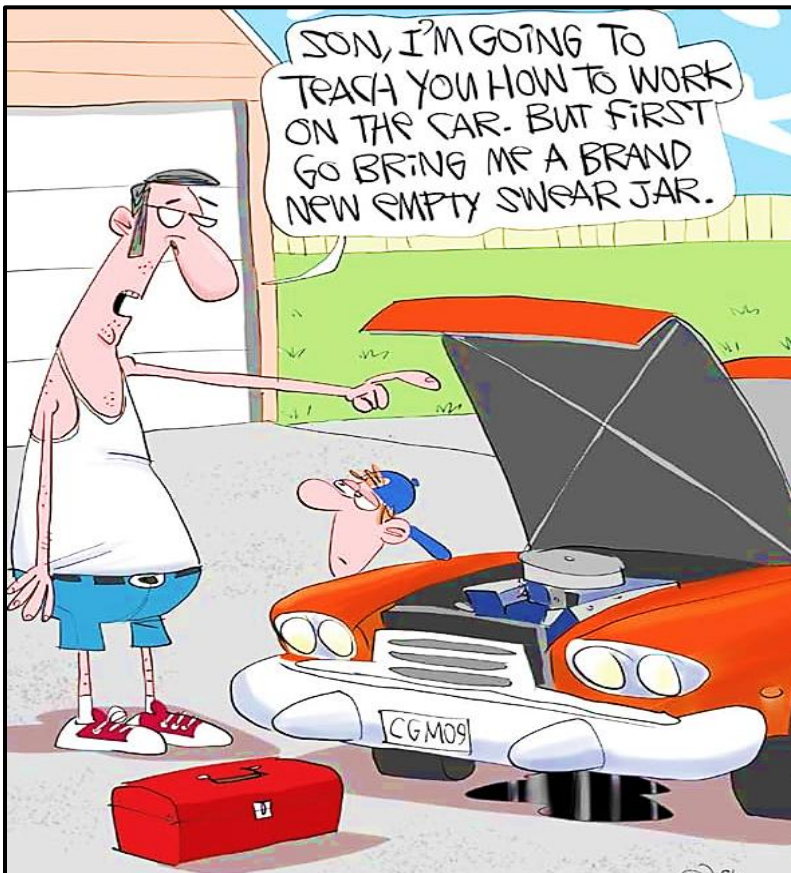
EMPLOYEE	DEPARTMENT	YEARS
Maryann Kacar	Nursing Office	36
Michelle Julian	Administration	19
Amber Surman	Social Services	9
Fabiola Leonville	Nursing	5
Sadia Javed- Qureshi	Nursing	4
Raymond Tackash	Laundry	4
Elisa Rodriguez	Financial	3
Aubrey Maffea	Life Enrichment	1
Jacqueline Malitzki	Life Enrichment	1
Ashanti Abrahante	Environmental	1

THANK

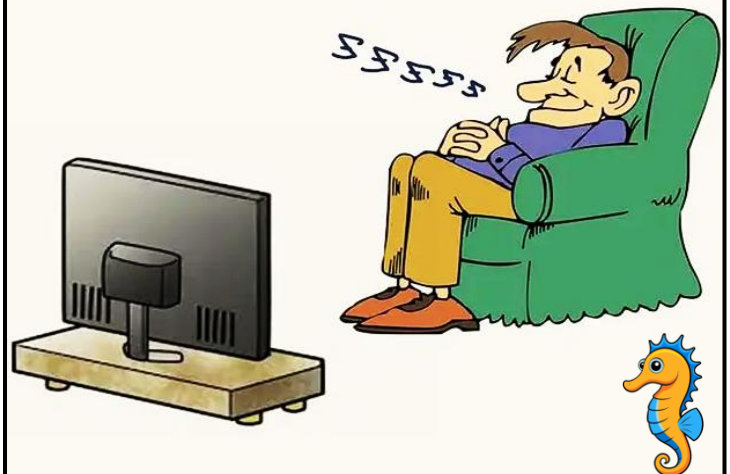
You

FOR ALL YOU DO.

GREAT JOB!



NO ONE WATCHES TV WITH THEIR EYES CLOSED BETTER THAN YOU!



HAPPY FATHER'S DAY!

✠ CHAPLAIN'S CORNER ✠

This edition of the Chaplain's Corner will be dedicated to all the righteous men in Cedarbrook Senior Care & Rehab, and every father everywhere in the world. The month of June, the 21st of the month on a Sunday, we will celebrate Father's Day. Bible verses about fathers emphasize the roles of guidance, loving discipline, and modeling faith for their children. The Bible has powerful scriptures, for example Proverbs 20:7 (a righteous men legacy) Ephesians 6:4 (training children without provocation) "the righteous man walks in his integrity, his children are blessed after him". Or I Thessalonians 2:11-12 "for you know that we dealt with each of you as a father deals with his own children, encouraging, comforting and urging you to live worthy of God."

On Father's Day, a day we observe to remind us to remember our fathers in every way possible. On Father's Day, we give thanks and appreciation, for the love and care we have received and are receiving, from our dads. We want to acknowledge our fathers, our heroes, because that is who they are.

This is what I write as an open letter to our fathers and heroes. Fathers: Happy Father's Day! We wanted to take a moment, to let all fathers know, how much we all care and honor you as the fathers that you are. There are many reasons why we children feel this way.

No matter how much you and our mothers struggle, you always made our childhood and youth a time of enjoyment and fulfillment. Memories that live over and over in our minds. You fathers always found time to guide and instill in us the love of life and love of family. You were always our safety net to catch us when we were falling. Our memories are full of countless memories and experiences we had together. You and mom may not have all the financial means to give us everything we wanted, but we children don't remember that at all, but I do remember you giving me something of far greater value, the man-to-man relationship between a father and child, that money will never be able to buy at any price. Your teachings, your discipline, your memories, your face, your attitude toward us, and especially every hug you gave us, are priceless.

You also taught me more by example, than words can ever sum up about the principle of honesty. A concept that you defined as always telling the truth, paying your debts in a timely fashion, fulfilling all of our promises to other people, and never taking anything that didn't belong to you. These lessons guide me in my daily life, and while I can always do better, I know that I continue to strive every day to fulfill those lessons because letting you down has never been an option for your children. Thank you dads, you are awesome and amazing. Thank you for everything that you fathers did. We all love our dads.

As a chaplain and father, it was also my father's teachings, with God always in the center, that I am the man that I am and you men that read this, you are the men that you are. Thank you dads.

During this month the Chaplain's Office and Life Enrichment Department, honors every dad in Cedarbrook both Allentown and Bethlehem. Thanks, dads.

✠
Chaplain Ivan Velez
✠



Father's Day Fun Facts Did You Know...



- The father with the most children is most likely Ismail Ibn Sharif, who fathered this many children in the late 17th century.

888 children recorded



- The father with the most children from one woman is Feodor Vassilyev. How many kids did him and his wife have?

69 children

- What U.S. President was a father to the most children?

John Tyler (He had 15 children.)

Male flamingos



- This animal dad shares equal responsibility with his partner for building a nest, incubating the egg, and sharing parental duties of the hatchling.

Harry Chapin sang a song about a father and son who can't schedule time to be with one another. What is the song title?

- Which actor played the father in the T.V. show "Father Knows Best"?

Robert Young

Mike Brady

- This famous father was busy with three boys before adding three girls to his bunch.



Steve Martin

- Which marine animal father is the one to become pregnant and give birth to children?

The seahorse



- Which type of fish father will keep the eggs of his children in his mouth until they hatch?

Catfish



- This bird spends two months keeping his egg warm while the mother is away feeding.

Empire penguin

- This animal dad guards his pups and also brings them and the mother food.



The wolf



Rockin' the Sea

FIND THE HIDDEN OBJECTS - ANSWERS ON PAGE 16



oven mitt



slice of watermelon



toothbrush



crescent moon



can of paint



anchor



caterpillar



teacup and saucer



ladle



spoon



lemon



screwdriver



wedge of cheese



tape dispenser

BONUS!

Can you also find the plunger, butterfly, light bulb, and heart?

Residents' Council Meeting Minutes Thursday, May 14, 2026

- Jude Tonzola, President, called the Residents' Council meeting to order.
- Minutes from April's Residents' Council meeting were read by Patricia Stuber, Secretary.
- Patricia Stuber read the list of the new, deceased and discharged residents since April 9th through today.
- Heidi Heffelfinger, Council Liason, read The Resident's Right for May.

Participation in resident and family groups – You have the right in your nursing facility to organize and participate in resident groups which may include families and friends.

Participation in other activities – You have the right to participate in social, religious, and community activities which do not interfere with the rights of other residents in the nursing facility.

Old Business:

- Referrals from last Residents' Council Meeting regarding resident's concerns were reviewed by Heidi Heffelfinger. A resident shared a suggestion to use agency staff until we hire our own staff.

New Business:

- The second step of the Main Dining Room upgrades will begin in June. During this time, the Life Enrichment activity will be moved to the station dining rooms or outside in the gazebo area. Location of each activity will be posted on the activity calendar.

Residents Concern/Comments:

- Patricia Stuber shared with the residents at the meeting today that if you have any concern, please share it. The facility can't fix or help with things they do not know about.

Announcements:

Michelle Julian—Asst. Administrator

- National Nurses Week is May 6th—May 12th. National Skilled Nursing Care Week is May 10th—May 16th. Don't forget to thank the nursing staff and all other staff in the facility.
- Fire panel has been installed; the work is just about complete. Final inspections need to be done.
- We are looking at a tentative June 1st start date for the nursing station renovations to start. Remember we will be starting with Station 4.
- In the laundry room on station 1, supplies are stocked with products for purchase. The new dryer has been installed.

Jason Cumello— Administrator

- Discussed results of the Department of Health survey results. They will be available shortly in the Department of Health binders located on every floor.
- E-wing update: Everything is still moving forward. We are looking at a January opening.

Jessica Kelly—Asst. Director of Life Enrichment

- Jessica went over the activities for the remainder of the month of May.
- Activity calendars are available to all residents on the back of the Hillside News.
- Starting in June, Tuesday's bingo and trivia will switch times. Bingo will move to the afternoon and trivia will be in the morning. Also starting in June, the Saturday Bingos will be changed from the afternoon to the morning.
- The Bus driver position is open again. This will limit the bus trips until the position is filled.



Conclusion:

- The next Residents' Council Meeting will be held on June 11th, 2026 at 2:30pm in the Main Dining Room.
- Jude Tonzola made a motion to adjourn the meeting. It was moved and accepted.
- Residents were invited to attend the Food Committee Meeting immediately following Residents' Council.

Shrimp Salad Recipe

You can enjoy this creamy shrimp salad in several ways. Add a scoop to your favorite salad. Or, serve it on top of a bed of lettuce or salad greens. Pairs great on fresh bread too. And, of course, crackers go really well with shrimp salad.



YOU ARE SHRIMPILY THE BEST!



Ingredients

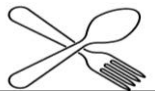
- 1 tablespoon Old Bay to season the water
- 2 stalks celery small dice
- 1/3 cup mayonnaise
- 1-2 teaspoon Old Bay seasoning
- 1 teaspoon sugar
- 1-pound raw or frozen shell on shrimp 26-30 size cooked, peeled and deveined.



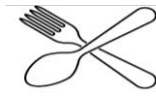
Instructions

- If using frozen: thaw shrimp in cold running water.
- Bring water to a boil in a large saucepan, then add 1 tablespoon of Old Bay Seasoning.
- Add raw or thawed shrimp to boiling water and cook until the water returns to a boil, no longer than 5-6 minutes.
- Drain the water from the pan and cover the shrimp with ice. Let the shrimp cool down in the ice for 15 minutes, then remove from the ice. Place the cooled shrimp in the refrigerator to continue to chill for one hour (or overnight).
- Peel and devein the shrimp if needed. Then rough chop the shrimp leaving them in big pieces.
- Mix the ingredients together in a medium sized bowl. Mix well, cover and refrigerate for at least one hour.
- Serve with your favorite bread or roll, on a salad, or simply by itself.





DIETITIAN'S DISH



When you hear the term “brain health,” what comes to mind? Your I.Q.? What if the knowledge you retain over your lifetime can be supported by the food you eat? As conversations around longevity and quality of life continue to grow, one topic has taken center stage: how to protect our brains as we age. While genetics play a role in cognitive decline and Alzheimer’s disease, research increasingly shows us that lifestyle— especially diet—has a significant influence on brain health. The foods we eat can help reduce inflammation, support healthy blood flow to the brain, and provide essential nutrients that protect cognitive function over time. The encouraging news is that the same foods that promote heart health also benefit the brain, making prevention both accessible and sustainable.

The brain works hard for us every day. Feeding it well is one of the most impactful ways to return the favor. While no diet can guarantee the prevention of Alzheimer’s disease, strong evidence suggests that thoughtful eating patterns can significantly reduce risk. An evidence-based approach to this is called the Mediterranean-DASH Diet Intervention for Neurodegenerative Delay, or MIND diet. While both diet patterns are well-established in their success in supporting heart health, the DASH diet and Mediterranean diet together have an equally important outcome—preserving brain health. By emphasizing specific brain-protective foods such as leafy greens, berries, whole grains, and healthy fats, the MIND diet was intentionally designed to support memory and cognitive function as we age. Research shows that greater adherence to the MIND diet is associated with a slower rate of cognitive decline, reinforcing it as a practical strategy for long-term brain health. Rather than viewing this as a restrictive regimen, think of it as an investment in your future self.



Some Components of the MIND Diet:

In general, the MIND diet highlights plant-based foods and limits intake of animal and high saturated fat foods. Brain healthy foods to include:

- ▶ 3+ servings a day of whole grains ▶ 6+ servings a week of green leafy vegetables
- ▶ 1+ servings a day of vegetables (other than leafy greens) ▶ 4+ meals a week of beans
- ▶ 2+ servings a week of berries ▶ 2+ meals a week of poultry ▶ 1+ meals a week of fish
- ▶ Mainly olive oil if added fat is used.

Foods to Limit:

- Less than 5 servings a week of pastries & sweets.
- Less than 4 servings a week of red meat (beef, pork, lamb)
- Less than one serving a week of cheese & fried foods.
- Less than 1 tablespoon a day of butter or stick margarine.



Food is not just fuel; it is information for the body. Each meal is an opportunity to support clarity, memory, and long-term vitality.



Thank you to all the employees who shared the story of their four-legged furry family members through out the years.



Candy



Cali



Sirius



Ollie & Acorn



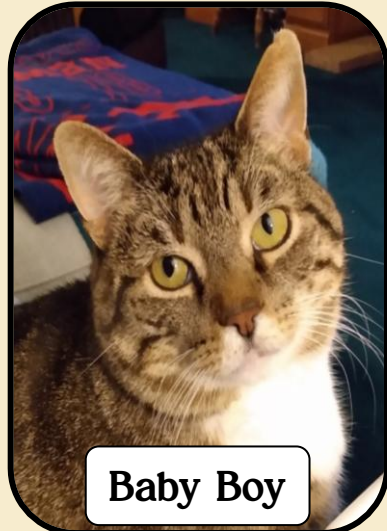
Harley



Inky



Hershey



Baby Boy



Wireless access to the Internet is now available at Cedarbrook Allentown and Cedarbrook Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, iPad, etc.) may request access through their Social Worker or Natalia Villamil, Administrative Assistant. Our PC Specialist will assign a unique username and password which must be kept confidential.

NEED A REPAIR? SOMETHING FIXED?



Here's how to get it done....

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, etc. Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.

DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help. Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

- ◆ *Listening to your concerns*
- ◆ *Respecting your choices*
- ◆ *Offering ideas and options to help you meet your individual needs*
- ◆ *Services are free and confidential*

Contact your local Ombudsman
(484) 619-3337

Pennsylvania
Department of Aging Office
of the Long-Term Care Ombudsman

**HOW MANY DID YOU PEEP?
THERE ARE 18
"SEA HORSES"**

LOST & FOUND

DID YOU LOSE SOMETHING?

Lost and Found is located at security in the lobby. Many items await the claim of their rightful owner. Please stop at the Receptionist to see if any items belong to you.

HIDDEN OBJECT ANSWERS

- Caterpillar-** Bottom guitar, the string tuner.
 - Lemon-** Bottom crab's right claw.
 - Tea cup and saucer-** Drumming crab's right claw.
 - Screwdriver-** Striped fish's gill.
 - Wedge of cheese-** Left edge of page, half way up.
 - Ladle-** Center of page under guitar.
 - Spoon-** Under center guitar, upside down.
 - Tape dispenser-** Above the head of bottom fish.
 - Oven mitt-** Center of page next to right guitar.
 - Slice of watermelon-** Left center side of page.
 - Toothbrush-** Top left, in eel's body.
 - Crescent moon-** Bottom left of page, above fish's body.
 - Can of paint-** Right side of page, below cymbal.
 - Anchor-** Center of the drums.
- BONUS OBJECTS**
- Plunger-** Right of page, top of cymbal.
 - Butterfly-** Bottom left fish's back fin.
 - Lightbulb-** Left side of page, under eel.
 - Heart-** On the back of bottom crab.



If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our Administrative Hotline. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the Federal Deficit Reduction Act of 2005.

The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken.

You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at (610)782-3999.

This information is confidential and caller may remain anonymous.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"June is the time for dreams to take flight and soar into reality." - Emma Racine de Fleur</p>	<p>10:30am June Water Colors 2:30pm Summer Charades</p>	<p>10:30am LE Games 1:30pm Bible Study 2:30pm Bingo Bucks Bingo & Lemon Meringue Pie for National Lemon Month</p>	<p>10:30am Needles & Hooks 12:00pm Station Picnic/Courtyard 2:30pm June Birthday Party with Elaine Gammon</p>	<p>10:30am Morning Movement/Courtyard 2:30pm Jaminin' with Jenna/Courtyard</p>	<p>10:30am Coffee Social & Chat 2:30pm Ice Cream Social</p>	<p>10:30am Bingo 2:30pm Creative Coloring with Lisa</p>
<p>2:30pm Church with Chaplain Laura</p>	<p>10:00am Fishing Trip (Invite Only) 2:00pm Fishing Trip (Invite Only) 2:00pm Movie Matinee: "Weekend at Bernie's"</p>	<p>10:30am LE Games 1:30pm Bible Study 2:30pm Bingo</p>	<p>10:30am Needles & Hooks 12:00pm Station Picnic/Courtyard 2:30pm Baking Bonanza: Peanut Butter Cookies for National Peanut Butter Cookie Day</p>	<p>10:30am Crafty Corner: Light-Up Ledge Decor 2:30pm Resident Council</p>	<p>10:30am Coffee Social & Chat 2:30pm Music with John Bauer</p>	<p>10:30am Bingo 2:30pm White Board Games with Bonny</p>
<p>FLAG DAY 2:30pm Mass & Rosary</p>	<p>10:30am Spanish Church Service 2:30pm Father's Day Fun with Root Beer Floats & Building Birdhouses</p>	<p>10:30am LE Games 1:30pm Bible Study 2:30pm Bingo</p>	<p>10:30am Needles & Hooks 12:00pm Station Picnic/Courtyard 2:30pm Senior Scams & How to Protect Yourself</p>	<p>10:30am Morning Movement/Courtyard 2:30pm Baking Bonanza: Cherry Tarts for National Cherry Tart Day</p>	<p>10:30am Coffee Social & Chat 2:30pm Juneteenth Jeopardy</p>	<p>10:30am Bingo 2:30pm Puzzle Your Mind with Enisa</p>
<p>Flag Day (U.S.)</p>					<p>Juneleenth</p>	
<p>FATHER'S DAY SUMMER BEGINS 10:30am Father's Day Bingo 2:30pm Church with Chaplain Laura Father's Day Summer Begins</p>	<p>UNDER THE SEA WEEK 22 10:30am Ocean Animal Wind-Chimes 2:00pm Under the Sea Cinema: "Splash"</p>	<p>UNDER THE SEA WEEK 23 10:30am LE Games 1:30pm Bible Study 2:30pm Boat Bingo & Deep-Sea Delights</p>	<p>UNDER THE SEA WEEK 24 10:30am Needles & Hooks 12:00pm Fish Fry (Invite Only)/Courtyard 2:00pm Bubble Blast with Abigail</p>	<p>UNDER THE SEA WEEK 25 10:30am Men's Group: Ocean Liner Mishaps of the South Pacific 2:30pm Craft Corner: Porthole Door Decor</p>	<p>UNDER THE SEA WEEK 26 10:30am Coffee Social & Chat 2:30pm Under the Sea Show with Kristen Morgenstern</p>	<p>10:30am Bingo 2:30pm Fun Facts with Cat Bingo</p>
<p>2:30pm Church with Chaplain Laura</p>	<p>10:30am Cranium Crunchers 2:30pm Water Balloon Fight</p>	<p>10:30am LE Games 1:30pm Bible Study 2:30pm Bingo</p>	<p>* ALL PROGRAMS ARE SUBJECT TO CHANGE/OUTDOOR PROGRAMS ARE WEATHER PERMITTING</p>			

June 2026

CEDARBROOK FOUNTAIN HILL

