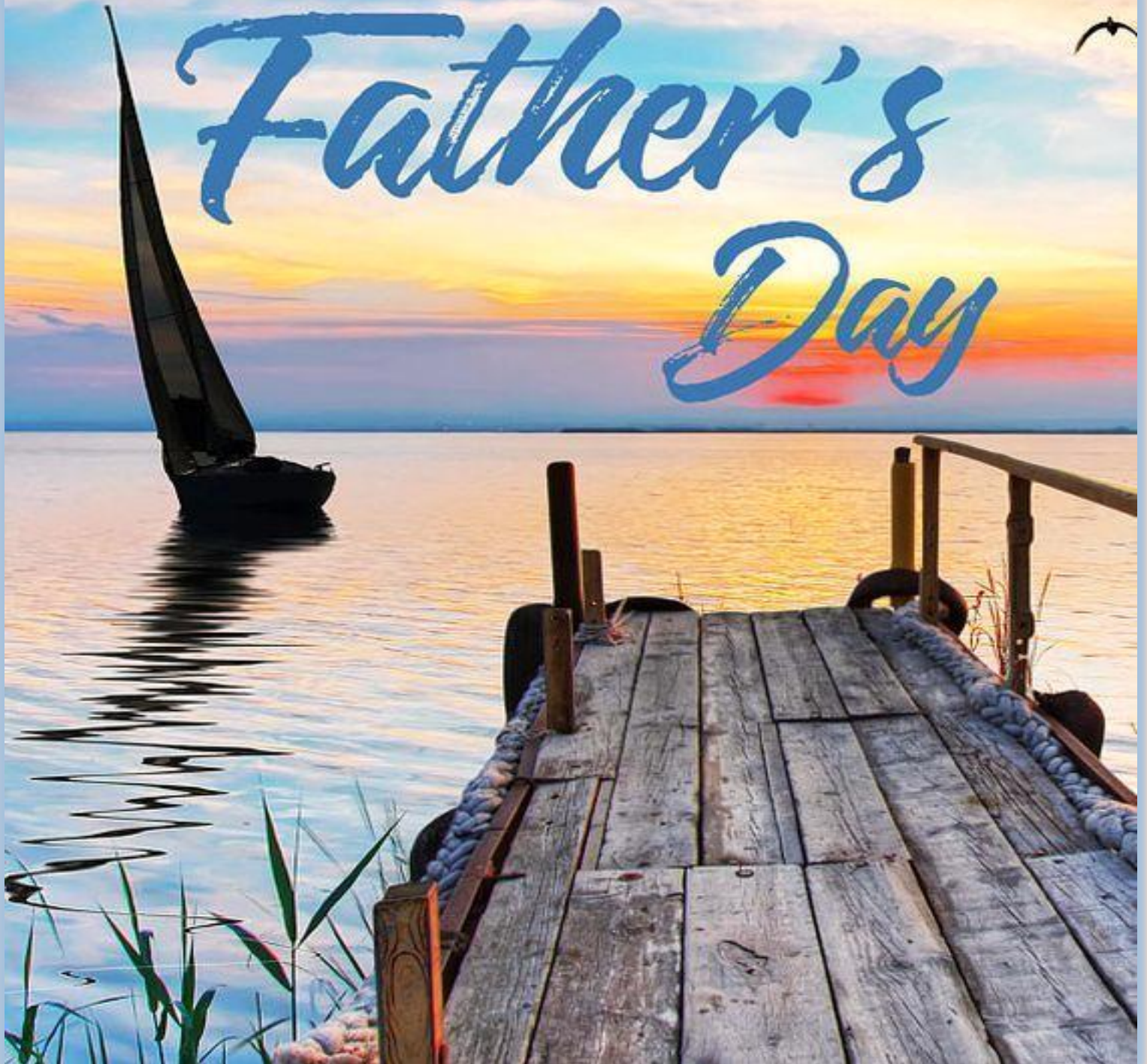


# Sunshine News

June 2026 Cedarbrook Senior Care & Rehab

HAPPY

Father's  
Day



# Sunshine News

June 2026

Published monthly. Funded by Lehigh County taxpayer's dollars.  
CEDARBROOK SENIOR CARE AND REHAB  
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**Jason Cumello**, MBA, NHA  
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**Teresa Samuels**, RN, BSN, CNDLTC  
Director of Nursing Services

**Donna Pendrak**, RN, CNDLTC  
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**Eduardo Fernandes**  
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**Wilfredo Aguila**  
Building Superintendent

**Ricardo Cintado**  
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Admissions Coordinator

**Lisa Lasko**  
Health Information Coordinator

**Tim Picerno**  
Director of Rehab Services

**Torie Yackanicz**  
Clinical Nutrition Manager for Dining Services

**Jessica Sanchez**  
Director of Social Services

**Heather Jaeger, Maria Monzon,  
Rhett Palushock, Debbie Smitreski,  
Mouna Zaghtiti**

Social Services Department

**John Garner**, ADC/ MC  
Director of Life Enrichment

**Adrian Bachman**  
Coordinator of Volunteer Services

**Chaplain Stephanie Jones, Chaplain Ivan Velez**  
Faith Services

## Life Enrichment Department Staff

Marnie Distasio, Sherry Geiger, Lea Hayes, Lunna Irizarry, Marisol Irizarry, Aimee Schmidt, Becky Schraden, Jen Sparling, Sharon Starling-Phillips, Emily Strohl, Mayra Velez

## THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care. When Lehigh County families choose Cedarbrook, they are selecting a

“**C**ommunity with **H**ear**O**ffering **I**ndividualized **C**are and **E**xcellent **S**ervice.”



Visit us on our  
Facebook page and website for  
updates and pictures of recent events!  
[www.facebook.com/cedarbrookseniorcareandrehab](https://www.facebook.com/cedarbrookseniorcareandrehab)  
website: <https://www.cedarbrookseniorcare.com>



# THE



# BUZZ...



# AROUND CEDARBROOK

## NEED AN AFTERNOON SNACK?

Please come visit our Cedarbrook Allentown Gift Shop!  
Located on the 2<sup>nd</sup> Floor.  
The Gift Shop is open  
Monday, Wednesday, and Friday.  
Hours are 1PM- 4PM.

(Days and times are subject to change)

### Stop On In!



## NEW RESIDENTS

Hui Pan

Kim Yost

James Petrilli

Ronald Piccin

Carlos Rivera

Shirley Focht

Patricia Miller

Eleanor Whitby

Patricia Stoudt

Harold Roberts

Harry Kolumber

Raymond Salter

Bernard Krokus

Juliana Aldinger

Florence Freedman

Frederick Aldinger



WHOOOP...THERE IT IS!

Can you SNOOP...

Where it is?

FIND ALL THE "SAILBOATS"




(Answer on page 16)



# HAPPY BIRTHDAY

Joyce Santos	1st
Linda Moyer	1st
Gwendolyn Davis	2nd
Michael Weaver	4th
Violet Daw	4th
Inez Harden	4th
Bruce Wiegand	5th
John Murtaugh Jr.	12th
Elaine Craig	12th
Nancy Goodman	13th
Ellen Miller	13th
Betty Ferrera	16th
Patricia Ward	18th
David Geiger	21st
Rebecca Dow	22nd
Alexandria Lucio	22nd
James Honsel	23rd
Diane Prinz	25th
Mary Diggs	25th
Shirley Binkley	27th
Stacey Kohlhauser	27th
Charlu Schott	29th



# SUMMER WORD SEARCH

T N C W Z V B Y G B O U S E A B M T K G  
Q B S B A S K O W E M M U E Q G G R W E  
P D F A K T W T N A W H R A T O N Z L N  
U P W L N C E I E C T G F Q D H Q C V C  
Q W I R X D H R M H S Y T L F I P B Z  
W A V C M S C N M F W I O H C S Q K O U  
S F S L N E O A X E E H H Y P R N F N M  
K W L U C I K O S U L P K O S K W L F D  
E Y S I T X C D A T G O P C T H Z O I V  
T G L A P N E L D G L W N M K A D T R M  
U A C A A F C Q K J J E Q Q Q K Z C E X  
K A S U N G L A S S E S J J X F B C E D  
V W T Y C P O O L U V U L E M O N A D E  
R U C L U T W L P D U L K Q V O N J M L  
R G A G D Y N B C S O C E A N S S F V E  
Y H M L T D S M B G O J L P F P H A Y R  
J F P W F I R E W O R K S X G E E K E W  
P H I C C X Z T U Q Q R W C X V L L B C  
Z R N M B R P N A H V A C V Q H L Z E P  
K T G M Q G T V N X E U V I D F S J U F

OCEAN  
BEACH  
SHELLS  
SWIM

FLIP FLOPS  
POOL  
PICNIC  
SURF

SUNGLASSES  
WATERMELON  
VACATION  
SANDCASTLE

LEMONADE  
ICE CREAM  
POPSICLE  
FIREWORKS

CAMPING  
HOTDOG  
SUNSHINE  
BONFIRE

# Residents' Council Meeting Minutes Monday – May 11<sup>th</sup>, 2026



- Jean Larison, President, called the meeting to order.
- Eleanor Snyder, Secretary, not in attendance at this meeting.
- Jean Larison, President, read the highlights from the April meeting.
- Karen Snyder, Vice-President, read the Resident Rights for May.
- Jean Larison, President, welcomed new residents admitted in April.



## **BED HOLD POLICIES – MEDICAL ASSISTANCE RESIDENTS – Sec. 1919(c)(2)**

The Medical Assistance Program will make payment to your nursing facility to hold (reserve) the bed for you when you are away from the nursing facility for a continuous 24-hour period because you are in the hospital or on therapeutic leave. A bed must be available for you when you return to the nursing facility. Pennsylvania's limits on Medical Assistance Program payments for reserved bed days are as follows:

1. Hospitalizations – A maximum of 15 consecutive days per hospitalization. During the 15-day period, the same bed shall be available to you upon your return to the nursing facility.
2. Therapeutic leave – A maximum of 30 days per calendar year (leave days must be included in your Plan of Care and must be ordered by your attending physician).

### **Old Business:**

- Rhett discussed the outcome of the two resident concerns that were brought up at the April meeting. Both concerns were addressed and resolved appropriately.

### **New Business:**

- Jason Cumello (Administrator)
  - Discussed the results of the Annual Department of Health Survey for both locations.
  - E-wing project continues to proceed nicely.
- Lisa Taylor (Ombudsman)
  - Re-introduced self and Maryann and discussed her role as an advocate for the residents.
- Emily (Life Enrichment Staff)
  - Discussed the events for the rest of May.
  - National Nursing Home Week activities.
  - Annual Fishing event sign-ups will be happening.
- Jean Larison (RC President)
  - Went over the rules for the Laundry Room
    - If you are doing laundry, you are asked to stay in the room while your laundry is being done to prevent people forgetting or falling asleep during their assigned time slot.



### **Resident Concerns / Comments:**

The dietary meeting is held after this meeting. Please ask questions concerning dietary at that time.

- No concerns at this meeting.

### **Announcements:**

- The next meeting will be held Monday, June 8<sup>th</sup> at 2:15 PM in the Auditorium.
- Residents are invited to attend the Food Committee meeting immediately following Residents' Council.
- The meeting was adjourned.



# Happy Father's Day

Fathers are for caring us  
Wherever we are in this world  
Fathers are our best nurse.

Fathers are for loving us  
From the bottom of his heart  
He works for us from dawn to dusk.

Whenever we are falling down  
Fathers are for conducting help  
He is always there for us to settle down.

Fathers are for sharing love  
If we are child or adult  
Fathers are always wisdom dove.

Fathers are for showering heedfulness  
Whether we are boy or girl  
They are always known for carefulness.

Fathers are for guiding us  
Whenever we are sad or hurt  
Fathers are our best nurse.

Happy Father's day to you  
May you always shine  
Our love for you is always new.





## CHAPLAIN'S CORNER

This edition of the Chaplain's Corner will be dedicated to all the righteous men in Cedarbrook Senior Care & Rehab, and every father everywhere in the world. The month of June, the 21st of the month on a Sunday, we will celebrate Father's Day. Bible verses about fathers emphasize the roles of guidance, loving discipline, and modeling faith for their children. The Bible has powerful scriptures, for example Proverbs 20:7 (a righteous men legacy) Ephesians 6:4 (training children without provocation) "the righteous man walks in his integrity, his children are blessed after him". Or I Thessalonians 2:11-12 "for you know that we dealt with each of you as a father deals with his own children, encouraging, comforting and urging you to live worthy of God."

On Father's Day, a day we observe to remind us to remember our fathers in every way possible. On Father's Day, we give thanks and appreciation, for the love and care we have received and are receiving, from our dads. We want to acknowledge our fathers, our heroes, because that is who they are.

This is what I write as an open letter to our fathers and heroes. Fathers: Happy Father's Day! We wanted to take a moment, to let all fathers know, how much we all care and honor you as the fathers that you are. There are many reasons why we children feel this way.

No matter how much you and our mothers struggle, you always made our childhood and youth a time of enjoyment and fulfillment. Memories that live over and over in our minds. You fathers always found time to guide and instill in us the love of life and love of family. You were always our safety net to catch us when we were falling. Our memories are full of countless memories and experiences we had together. You and mom may not have all the financial means to give us everything we wanted, but we children don't remember that at all, but I do remember you giving me something of far greater value, the man-to-man relationship between a father and child, that money will never be able to buy at any price. Your teachings, your discipline, your memories, your face, your attitude toward us, and especially every hug you gave us, are priceless.

You also taught me more by example, than words can ever sum up about the principle of honesty. A concept that you defined as always telling the truth, paying your debts in a timely fashion, fulfilling all of our promises to other people, and never taking anything that didn't belong to you. These lessons guide me in my daily life, and while I can always do better, I know that I continue to strive every day to fulfill those lessons because letting you down has never been an option for your children. Thank you dads, you are awesome and amazing. Thank you for everything that you fathers did. We all love our dads.

As a chaplain and father, it was also my father's teachings, with God always in the center, that I am the man that I am and you men that read this, you are the men that you are. Thank you dads.

During this month the Chaplain's Office and Life Enrichment Department, honors every dad in Cedarbrook both Allentown and Bethlehem. Thanks, dads.

**Chaplain Ivan Velez**



# EMPLOYEE ANNIVERSARIES

EMPLOYEE	DEPARTMENT	YEARS
Annette Gonzalez	Nursing Office	37
Donna Pendrak	Nursing Office	37
Marcy Howard	Nursing	23
Sharon Nichols	Nursing	22
Sheila Andrew	Nursing	14
Ashley LaFrankie	Nursing	13
Danielle Dicarne	Nursing	11
Nicole Cernek	Nursing	10
Nancy Hoffman	Nursing	10
Cynthia Washington	Nursing	10
Jamal Hanna	Facilities	10
Tyra Burton	Environmental	10
Nardita Cotto	Environmental	9
Lateema Bey	Nursing	8
Taneesha Byrd	Central Services	8



EMPLOYEE	DEPARTMENT	YEARS
Teresa Samuels	Administration	7
Janine Williams	Nursing Office	5
Jewel Kravetz	Nursing	4
Carol Miklos	Nursing	4
Jordy Vargas	Environmental	4
Lauren Julian	Nursing	2
Jessica Mariner	Nursing	2
Christina Morales	Financial	2
Alec Complitano	Nursing	1
Maria Rattray	Nursing	1
Erin Strom	Nursing	1
Neema Talib	Nursing	1
Kymberlee George	Nursing	1
Gary Curcio	Facilities	1
Lauren Butt	Environmental	1



# DIETITIAN'S DISH

When you hear the term “brain health,” what comes to mind? Your I.Q.? What if the knowledge you retain over your lifetime can be supported by the food you eat? As conversations around longevity and quality of life continue to grow, one topic has taken center stage: how to protect our brains as we age. While genetics play a role in cognitive decline and Alzheimer’s disease, research increasingly shows us that lifestyle— especially diet—has a significant influence on brain health. The foods we eat can help reduce inflammation, support healthy blood flow to the brain, and provide essential nutrients that protect cognitive function over time. The encouraging news is that the same foods that promote heart health also benefit the brain, making prevention both accessible and sustainable.

The brain works hard for us every day. Feeding it well is one of the most impactful ways to return the favor. While no diet can guarantee the prevention of Alzheimer’s disease, strong evidence suggests that thoughtful eating patterns can significantly reduce risk. An evidence-based approach to this is called the Mediterranean-DASH Diet Intervention for Neurodegenerative Delay, or MIND diet. While both diet patterns are well-established in their success in supporting heart health, the DASH diet and Mediterranean diet together have an equally important outcome—preserving brain health. By emphasizing specific brain-protective foods such as leafy greens, berries, whole grains, and healthy fats, the MIND diet was intentionally designed to support memory and cognitive function as we age. Research shows that greater adherence to the MIND diet is associated with a slower rate of cognitive decline, reinforcing it as a practical strategy for long-term brain health. Rather than viewing this as a restrictive regimen, think of it as an investment in your future self.



## Some Components of the MIND Diet:

In general, the MIND diet highlights plant-based foods and limits intake of animal and high saturated fat foods. Brain healthy foods to include:

- ▶ 3+ servings a day of whole grains
- ▶ 6+ servings a week of green leafy vegetables
- ▶ 1+ servings a day of vegetables (other than leafy greens)
- ▶ 4+ meals a week of beans
- ▶ 2+ servings a week of berries
- ▶ 2+ meals a week of poultry
- ▶ 1+ meals a week of fish
- ▶ Mainly olive oil if added fat is used.

## Foods to Limit:

- Less than 5 servings a week of pastries & sweets.
- Less than 4 servings a week of red meat (beef, pork, lamb)
- Less than one serving a week of cheese & fried foods.
- Less than 1 tablespoon a day of butter or stick margarine.



Food is not just fuel; it is information for the body. Each meal is an opportunity to support clarity, memory, and long-term vitality.



# Father's Day Trivia Quiz

1. When is Father's Day celebrated?

- a. Second Sunday in June    b. Third Sunday in June    c. First Sunday that falls after 20th June

2. Who founded Father's day as a day to celebrate the child and father relationship?

- a. Sonora Dodd    b. William Jackson Scott    c. Raymond Weeks

3. What is the most gifted present that fathers receive on this day?

- a. Coffee mug    b. Neck tie    c. Collar Shirt

4. Which country celebrates Father's Day on the King's birthday?

- a. North Korea    b. Brunai    c. Thailand

5. What is generally considered the official Father's Day flower?

- a. Rose    b. Carnation    c. Sun Flower

6. Who is considered to be The Father of the United States?

- a. John Adams    b. Thomas Jefferson    c. George Washington

7. In North America, if your father is living, you wear a red flower. However, if your father has passed away, what color would you wear?

- a. Yellow    b. Pink    c. White

8. In Italy, Father's Day is celebrated on which Saint's Day?

- a. Patrick    b. Joseph    c. Christopher

9. Which Royal family member is the father to George, Charlotte & Louis?

- a. Prince William    b. Prince Harry    c. Prince Andrew

10. Which company now owns Daddies sauces?

- a. American Garden    b. Heinz    c. French's

11. What is Father's Day in Germany often known as?

- a. Rest Day    b. Walk Day    c. Men's Day

12. Which group of people first celebrated Father's Day in the middle Ages?

- a. Egyptians    b. Chinese    c. Catholic Europeans

13. Which Canadian prime minister has a father who also served as prime minister?

- a. Justin Trudeau    b. R. B. Bennett    c. Joe Clark

14. What is the name of Simba's father in the 1994 animated movie "The Lion King"?

- a. Rafiki    b. Nala    c. Mufasa

15. Mahatma Gandhi is known as the father of which country?

- a. Nepal    b. India    c. Bangladesh



Answer Key  
1. b  
2. a  
3. b  
4. c  
5. a  
6. c  
7. c  
8. b  
9. a  
10. b  
11. c  
12. c  
13. a  
14. c  
15. b

# CEDARBROOK-ALLENTOWN VOLUNTEERS

JUNE 2026

## New Opportunities

### CARD CLUB

We're looking to expand our Card Club and need your help! Come join us on Thursday & Friday afternoons for Rummy or Pinochle or help us grow and teach us a new game to share and enjoy!

### GAME DAY TUESDAYS

Jump into our Game Play every Tuesday! Join us for our favorite game BINGO at 2:30pm or spend time improving your mind with Mahjongg at 3:30pm. Our Volunteer Team will be there to help you learn!

### Weekends Welcome You!

Our Residents are looking forward to spending time with you on a Saturday or Sunday! Puzzle your Mind with us Saturday mornings, Feel the Melodies with afternoon Entertainment, and Feed your Soul with Spiritual Services on Sundays. Weekends at Cedarbrook Welcome you!

### FRI-YAY!

Join us on one of our Fun Fri-Yay activities this month! Dominoes, Happy Hour, House Games, Crochet & Knit and more!

*"And then One Fairy Night...May Became June."  
~F. Scott Fitzgerald~*

## CALL for VOLUNTEERS

Reach out and Join our Volunteer Team Today!

Have them Reach out to Adrian Bachman today!  
610-336-5684

[adrianbachman@lehighcounty.org](mailto:adrianbachman@lehighcounty.org)



## Upcoming Events

### Splash of Color!

Wed. June 10<sup>th</sup> at 2:15pm

### Dominoes & Happy Hour

Fri. June 12<sup>th</sup> at 2:15pm

### Aimee's Art Adventures

Mon. June 15<sup>th</sup> at 3:30pm

### Juneteenth & Father's Day Party!

Fri. June 19<sup>th</sup> at 10:30am & 2:15pm



### Spice Girls

Thurs. June 25<sup>th</sup> at 2:15pm



## At Rest

James Best  
Patrick Kelly  
Mary Shambo  
Helen Powell  
Marion Reimert  
Carol Shipwash  
Barbara Greene  
Katherine Shumack  
Robert Rauenzahn



Those we Love remain with us,  
for Love itself lives on.  
Cherished memories never fade,  
because a loved one is gone.

Those we Love can never be,  
more than a thought apart.  
For as long as there is memory,  
they'll live on in our heart.

**Thank you to all the employees who shared the story of their four-legged furry family members through out the years.**



**Candy**



**Cali**



**Sirius**



**Ollie & Acorn**



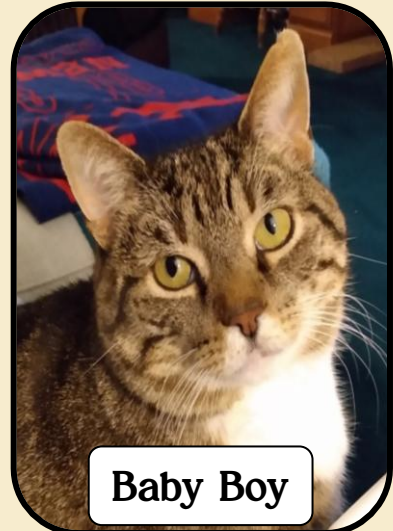
**Harley**



**Inky**



**Hershey**



**Baby Boy**

Warm- weather **MOCKTAILS** deserve the love come the summer months. They're perfect when you're thirsty for a refreshing, special drink without the alcohol, and are a must-make for a party. They keep everyone refreshed, so if you're looking to shake up your summer, check out these mock drink recipes for inspiration!

## Brazilian Lemonade

### Ingredients

- 5 limes (or 4 if large), plus lime wheels for serving
- 3 1/4 cups cold water
- 3 cups ice
- 1 (14-oz.) can sweetened condensed milk

### Directions

YIELDS: 6 - 8 SERVING(S)

#### Step 1

Lightly scrub limes, rinse, and pat dry. Cut ends off limes, then cut into quarters.

#### Step 2

Transfer limes to a blender. Add cold water and blend until mostly smooth and combined, about 1 minute. Strain through a fine-mesh sieve and discard pulp. Wipe out blender.

#### Step 3

Return lime juice to blender. Add ice and milk and blend until desired consistency is reached, about 1 minute.

#### Step 4

Divide lemonade among glasses. Garnish with lime wheels.



## Juneteenth Punch

### Ingredients

- 6 cups cranberry juice
- 1 L ginger ale or 7UP, chilled
- 4 cups orange juice
- 4 cups pineapple juice
- 1/4 cup fresh lemon or lime juice
- 1/2 gal. strawberry sorbet
- 1 navel orange, sliced
- 1 cup pineapple chunks or rings
- Maraschino cherries and sliced strawberries, for garnish

### Directions

YIELDS: 20 SERVING(S)

Step 1 - In a large punch bowl, stir cranberry juice, ginger ale, orange juice, pineapple juice, and lemon juice.

Step 2 - Divide punch among chilled glasses. Top with a scoop of sorbet.

Step 3 - Garnish with sliced oranges, pineapple chunks, cherries, and sliced strawberries.



## HOW MANY DID YOU SNOOP?

There are 11  
“Sailboats”

**FREE  
WiFi**



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker or Natalia Villamil, Administrative Assistant. Our PC Specialist will assign a unique username and password which must be kept confidential.

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our **Administrative Hotline**.

Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message.

Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken.

You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at (610) 782 - 3999.

This information is confidential and caller may remain anonymous.

### Attention Visitors And Staff:

For The Safety Of Our Residents,  
Please **DO NOT** Use Push Pins In Resident Rooms.

## NEED A REPAIR? SOMETHING FIXED?



### HERE'S HOW TO GET IT DONE...

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC. Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.

## DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help. Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

- ◆ *Listening to your concerns*
  - ◆ *Respecting your choices*
  - ◆ *Offering ideas and options to help you meet your individual needs*
  - ◆ *Services are free and confidential*
- Contact your local Ombudsman  
(484) 619-3337

Pennsylvania  
Department of Aging Office  
of the Long-Term Care  
Ombudsman

**LOST AND FOUND**



## DID YOU LOSE SOMETHING?

**Lost and Found is located at Security on first floor entrance. Many items await to be claimed. Please stop by to see if any items belong to you.**

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**\*Programs subject to change\***  
**FR - FAMILY ROOM**  
**AUD - AUDITORIUM**

**1** 2:30 Auxiliary Bingo  
Aud.  
3:30 Seeds of Cedarbrook  
FR

**2** 10:15 Talking Book  
FR  
2:30 House Bingo  
Ch. 22  
3:30 Mahjong Madness  
FR

**3** 2:15 Bible Study with Chaplain Ivan  
Aud. & Ch. 22  
2:15 June Birthday Bash  
\*Invite Only\*  
FR



**4** 11:00 Color and Chat  
FR  
11:30 Sunshine News Meeting  
FR  
2:15 Card Club  
FR  
2:30 Rosary Chapel  
3:30 Music Group  
FR

**5** 2:15 Card Club  
FR  
2:15 House Movie  
Aud.  
3:30 Crochet and Knit  
FR

**6** 10:15 Puzzle Your Mind  
FR  
2:15 Danny Graze  
Aud. & Ch. 22

**7** 2:15 Church with Chaplain Ivan  
(Communion)  
Aud. & Ch. 22

**8** 2:15 Resident Council  
Aud. & Ch. 22  
3:30 Seeds of Cedarbrook  
FR

**9** 10:15 Talking Book  
FR  
2:30 House Bingo  
Ch. 22  
3:30 Mahjong Madness  
FR

**10** 2:15 Bible Study with Chaplain Stephanie  
Aud. & Ch. 22  
2:15 Splash of Color and Sticker Art Club  
FR

**11** 10:30 Bowling Aud.  
11:00 Color and Chat  
FR  
2:15 Card Club  
FR  
3:30 Choir Club  
Aud.

**12** 2:15 Card Club  
FR  
2:15 Dominoes  
FR  
3:30 Happy Hour  
FR \*Invite Only\*  
3:30 Crochet and Knit  
FR

**13** 10:15 Puzzle Your Mind  
FR  
2:15 Spanish Church  
Chapel

**14** 2:15 Church with Chaplain Stephanie  
Aud. & Ch. 22



**15** 2:15 Aimee's Art  
Adventures \*Invite Only\*  
FR  
3:30 Seeds of Cedarbrook  
FR

**16** 10:15 Talking Book  
FR  
2:30 House Bingo  
Ch. 22  
3:30 Mahjong Madness  
FR



**17** 11:00 Color and Chat  
FR  
2:15 Card Club  
FR  
2:30 Catholic Mass  
Aud. & Ch. 22  
3:30 Music Group  
FR

**18** 10:30 Juneteenth  
Presentation  
Aud.  
2:15 Card Club  
FR  
2:15 Father's Day Party  
Aud. \*Invite Only\*  
3:30 Crochet and Knit  
FR



**19** 10:15 Puzzle Your Mind  
FR  
2:15 John Stanley  
Aud. & Ch. 22

**21** 2:15 Church with Chaplain Ivan  
Aud. & Ch. 22



**22** 3:30 Seeds of Cedarbrook  
FR  
10:15 Talking Book  
FR  
2:30 House Bingo  
Ch. 22  
3:30 Mahjong Madness  
FR

**23** 10:30 Storybook  
FR  
2:15 Bible Study with Chaplain Stephanie  
Aud. & Ch. 22

**24** 11:00 Color and Chat  
FR  
2:15 Card Club  
FR  
2:15 Spice Girls Cooking Show  
FR \*Invite Only\*  
3:30 Choir Club  
Aud.

**25** 2:15 Card Club  
FR  
2:15 House Games with Cathy  
Aud.  
2:15 House Movie  
Ch. 22  
3:30 Crochet and Knit  
FR

**26** 10:15 Puzzle Your Mind  
FR  
2:15 Kris Phippany  
Aud. & Ch. 22

**28** 2:15 Church with Chaplain Stephanie  
Aud. & Ch. 22

**29** 3:30 Seeds of Cedarbrook  
FR  
10:15 Talking Book  
FR  
2:30 House Bingo  
Ch. 22  
3:30 Mahjong Madness  
FR



# June 2026

## House Activities

