

Sunshine News

March 2026

Cedarbrook Allentown Senior Care & Rehab



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CEDARBROOK SENIOR CARE AND REHAB
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Coordinator of Volunteer Services

Chaplain Stephanie Jones, Chaplain Ivan Velez
Faith Services

Life Enrichment Department Staff

Marnie Distasio, Sherry Geiger, Lea Hayes, Marisol Irizarry, Francesca Nevick,
Kaysi Reyes- Meza, Aimee Schmidt, Becky Schraden, Jen Sparling, Sharon Starling-Phillips,
Emily Strohl, Mayra Velez, Cathy Yeager

THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care. When Lehigh County families choose Cedarbrook, they are selecting a

“Community with Heart Offering Individualized Care and Excellent Service.”



Visit us on our
Facebook page and website for updates and pictures of recent events!
www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>





THE BUZZ... AROUND CEDARBROOK



WELCOME

NEW RESIDENTS

Linda Peters
Barbara Reid
Robert Fravel
Rumpun Heller
Guillermin Colon
Christopher Bernhardt



RESIDENTS... HAVE A CONCERN OR COMMENT?

**PLEASE REMEMBER TO JOIN US FOR
THE RESIDENTS' COUNCIL MEETING,
EVERY 2ND MONDAY OF THE MONTH!
LET US KNOW IF WE CAN HELP!
WE ARE HERE JUST FOR YOU!**



Cedarbrook Allentown Auxiliary is proud to announce our "Wishes" program! If you or a resident you know has always dreamed of doing something special, this is the perfect program. We offer residents a chance at a "Wish" upon a star.

Please contact Emily Strohl in the Life Enrichment Department for more information on how to set up a wish 610-336-5686.

AUXILIARY PRETZEL SALE!!



**MARCH 18TH IN THE FAMILY ROOM
11:00 AM UNTIL SOLD OUT!!**

LOOK FOR FLIERS WITH MORE DETAILS

**WHOOO...THERE IT IS!
CAN YOU SNOOP...
WHERE IT IS?
FIND ALL THE
"Leprechaun
Shoes"**



(Answer on page 16)

HAPPY BIRTHDAY

| | |
|------------------------------|-------------|
| <i>Dolores Hovan</i> | <i>1st</i> |
| <i>Neil Smith</i> | <i>5th</i> |
| <i>Michael Randis</i> | <i>10th</i> |
| <i>Eulogio Soto</i> | <i>11th</i> |
| <i>Anita Beil</i> | <i>16th</i> |
| <i>Ronald Leaser</i> | <i>18th</i> |
| <i>Stephen Horvath</i> | <i>21st</i> |
| <i>Rose Kemmerer</i> | <i>25th</i> |
| <i>Santa Colon</i> | <i>26th</i> |
| <i>Betty Lieberman</i> | <i>27th</i> |
| <i>Jose Acevedo</i> | <i>28th</i> |
| <i>Christopher Bernhardt</i> | <i>28th</i> |
| <i>Barbara Greene</i> | <i>31st</i> |



The daffodil is considered the birth flower for those born in March. It is a beautiful reminder of new beginnings and joy, as it consistently blooms in early spring. Knowing what this flower symbolizes can add more significance to your special day



LEPRECHAUN PARADE - FIND THE HIDDEN OBJECTS

ANSWERS ON PAGE 16



footprint



game piece



sock



heart



strawberry



teacup



seashell



tomato



arrow



wristwatch



fish



doughnut



feather duster



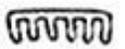
candle



magnifying glass



artist's brush



comb



MERRY MARCH



March is here so let us see you smile.
 We have waited for this month for quite a while.
 I hope that all that white stuff will finally dissipate.
 It's called SNOW, a word you either love or you hate.

My great grandson thinks it's the neatest thing.
 Especially this year for a whole week, the school bell didn't ring!
 Oh sure they had school but it was on the computer,
 So you could stay in your pajamas & do what we elders saw as the future.



We tell our grandkids about walking miles in the snow,
 Getting to school was a treasure so we would know,
 Education was important to fill up our brain.



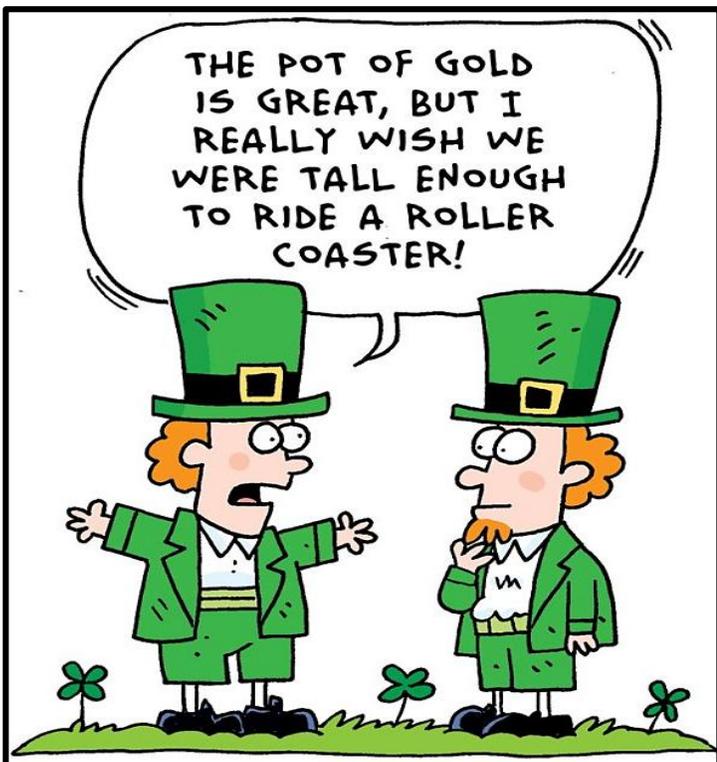
So we would walk to school in snow, sleet or rain!
 Soon the first spring flowers will peep through the ground,
 And nice warm weather will soon come around.



Best of all are the little green men,
 Who hide all over until St Patty's Day & then,
 They disappear in the blink of your eye.
 So just sit back, relax, & you may see them but if not,
 next year is another time to try.



Written & submitted by Jean Larison



EMPLOYEE ANNIVERSARIES

| EMPLOYEE | DEPARTMENT | YEARS |
|-------------------------|------------------------|-------|
| Kristen Morstatt | Resident Assessment | 27 |
| Jolene Holland | Nursing | 26 |
| Ashly Serfoss | Nursing Office | 21 |
| Belinda Jones | Nursing | 17 |
| Karen Kern | Nursing | 13 |
| Heather Jaeger | Social Services | 11 |
| Martine Antoine | Nursing | 7 |
| Erica Ellwood | Nursing | 6 |
| Lori Achey | Nursing | 6 |
| Jeffrey Ahner | Facilities | 6 |
| Raedean Warden | Resident Assessment | 3 |
| Shinelle Jones | Nursing | 2 |
| Becky Kauffman | Admissions & Marketing | 2 |
| Javon Davis | Facilities | 2 |
| Jessenia Medina | Environmental | 2 |
| Jena Corvino | Nursing | 1 |
| Altagrace Durand | Nursing | 1 |
| Tyrese Torres | Nursing | 1 |
| Maria Monzon | Social Services | 1 |
| Peace Okoruwa | Nursing Office | 1 |
| Mhia Collazo - Menendez | Environmental | 1 |





Chaplain's Corner



This memo outlines the foundational understanding of a Chaplain's call as divine, rather than a merely professional assignment. It emphasizes that Chaplaincy is a specialized ministry rooted in obedience to God and service to those in secular or specialized environments (military, healthcare, corporate, etc.). The call to becoming a Chaplain originates with God and requires unreserved dedication to that purpose. It is a movement toward obedience to fulfill God's mission in the world.

A Chaplain's identity is centered on the command to "FOLLOW ME" (JESUS)

Requiring high standards of morality, constant prayer, spiritual health, and a clear, intentional purpose of ministry. The call is often confirmed through prayer, the affirmation of other church leaders or mentors, and a persistent, undeniable inward prompting of this calling in a person's life.

A called Chaplain, has key characteristics like JESUS. A Chaplain's mission includes bringing the presence of God into, and often behind, "walls"- whether that is a hospital room, a prison, or a battlefield. A Chaplain must possess a deep, compassionate heart for those in pain, serving as a "living sacrifice" in their daily duties. A Chaplain must recognize their own limitations and boundaries while maintaining a ministry that is often both sacred and secular. The Minister "CHAPLAIN" must offer a welcoming, faith-filled presence to individuals, families and communities, especially during times of crisis. Serving in Secular spaces (corporations, Police departments, hospitals, nursing homes, or where ever needed). When God calls, a practical response of obedience is necessary to see the fruits of that call. God provides the grace and strength required for the difficulties of the calling. Daily and constant prayer is essential for the Chaplain to fulfill their mission, providing the strength needed to minister in challenging environments.

A Chaplain's call is a sacred trust. It is commitment to be a light in dark places, offering the peace of soul that only God can give. The heart of the Chaplain's calling is fundamentally the same as the calling of every Christian, to live as one who has been sent on a mission. To love one another, to help one another, and to be there for the need of another person.

When we read John 3:16 it says: "For God so loved the world that He gave His one and only Son, that who ever believes in Him, shall not perish but have eternal life", but in verse 17 it continues to say: "For God did not send His Son into the world, to condemn the world, but to save the world through him".

This scripture displays the huge love that God has for the world, that he wants to save the world, all of it, with the exception of no one. This love that God talks about in the book of John, it's the love that a Chaplain has for every single soul, every single person. A Chaplain or Pastor feels an internal, and often relentless, or desire to serve God, accompanied by a profound sense of responsibility to care for others, even amid challenges. This calling is marked by a deep conviction that persists through many trials, often described as an "all-absorbing passion" to preach, teach, or offer spiritual care. The Chaplain's ultimate desire is for every person he comes in contact with, learns and gets closer to God, where it ultimately builds a relationship between God and the person.

If someone would ask a Chaplain, if they could describe it in words, He/She would describe it as a burning internal conviction, that many Chaplains call it, an inescapable, "fire-in -the -bones" feeling, where they cannot imagine doing anything else. It is also a deep, sometimes emotional yearning to be the "hands and feet of Jesus," offering hope and healing to the broken. The calling often involves a period of fighting or running from the responsibilities, followed by a peaceful surrender to God's will. An unyielding drive that provides the stamina to endure difficult seasons, with a focus on God rather than personal success. At times, a Chaplain may experience doubt, but they generally feel a secure, inner peace and purpose regarding their life's work as a divine calling. Chaplains generally feel a profound, overwhelming sense of gratitude to God for the privilege of this amazing ministry, often viewing their calling as a sacred gift, rather than a job. They express deep thankfulness for being chosen to walk along side others, seeing each encounter as a divine opportunity to share God's love, grace, and compassion.

Many Chaplains describe their role as a humbling, "extra special" blessing, feeling honored that God would select them to serve others, particularly during difficult times. They often reflect on the concept that God chose us, which fuels their commitment to serving people and sharing God's Love. Chaplains frequently express thanks for the opportunity to witness God's work in people's lives, acknowledging that their vocation allows them to see unique, profound revelations of God in their daily work. The act of serving others is seen as a way to Thank God, with many viewing their role as a way to "give away" the gift of faith they have received. Despite the emotional weight of their work, chaplains find that an "attitude of gratitude" helps them to stay strong, providing a "balm" for their own spirits and strengthening their ability to care for others.

Through our service, we feel blessed and thankful to be vessels of God's mercy and grace, and I will finish with this word, every single Chaplain feels Honored to be chosen by God, for the mission of loving humanity, and being there when a human being needs the Love and care of God.



In Loving Memory



*Carolyn Melton
Torunn Dottery
Theodore Laabs
Helen McCurley
Frederica Marzec
Rudolph Mertens
Catherine Walker
Francis Castellucci*



Like a
bird singing
in the rain,
let grateful
memories
survive in
time of sorrow.

Because
someone we
love 
is in
heaven,
there is a
little bit
of heaven in
our
home.

word search puzzle

spring



Hello

Spring

B U B L O S S O M I R L W E
L E B U T T E R F L Y X N Q
O R U G U K L Y C X R I R T
O H Q A L P F W C X H D A V
M G G Z I J R T P S D A I A
M T R R P E F B N G H E N P
T B V A E G D U X R J Q O R
J K G S S E S A H O T D K I
X L E S T S N Y F W R H X L
R A I N B O W V F F M F A A
T T I R O B I N S I O Y X W
K Y B M L E V X A T T D Q S
P T U I G B D J I O W A I C
Z R D U M B R E L L A F B L

BUTTERFLY
BLOSSOM
DAFFODIL
BUD

APRIL
RAINBOW
BLOOM
GROW

GRASS
ROBIN
GREEN
THAW

TULIP
UMBRELLA
SUNSHINE
RAIN



Dietitian's Dish

National Nutrition Month 2026



Spring into Nutrition!



As we age, our bodies appreciate a little extra support from the foods we eat. Bright berries, color vegetables (especially beets!), yogurt, fish, herbs, and whole grains offer benefits like boosting energy, supporting digestion, and helping your heart and brain stay strong. These foods also add wonderful flavors, textures, and aromas that make meals more enjoyable.



Color = Nutrition. Aim for three colors per plate - more color usually means more nutrients and more visual appeal. Enjoy the superfood, BEETS, that are packed with antioxidants that fight infection and offer protection against diseases.



Probiotics are “good” bacteria that aide in digestion and help you keep a healthy gut. Enjoy foods such as yogurt, sauerkraut and cottage cheese with your meals or as a snack!



Healthy Fats, Happy Body! Fish and peanut butter are a few examples of healthy fats that can keep your heart healthy, reduce inflammation and overall keep the body happy.



Whole Grains! These foods are rich in fiber, vitamins and minerals. Improve your heart health, blood sugars, and digestion. Oatmeal, whole wheat bread, and barley are great options in the facility.

CEDARBROOK- ALLENTOWN

HAPPY
SPRING!

VOLUNTEERS MARCH
2026

New Opportunities

MORNING MEET-UPS

Looking to add creative purpose to your mornings during the week? Come join us in one of our morning programs - Talking Book, Color & Chat, Crochet & Knit and more.

AFTERNOON ACTIVITIES

We're looking for volunteers to help our 3:30pm NEW PROGRAMS! Seeds of Cedarbrook, Walk & Talk, Rhythm & Beats, Mahjongg Madness, & Cedarbrook Choir. Reach out to Join!

WEEKEND WELCOME

Come & Join the Cedarbrook Volunteer Team on Weekends to help with afternoon Programs from 1:45pm - 3:30pm. We enjoy getting to see and hang out with you on the weekends!

GIFT SHOP ATTENDANT

Come & Help us run our Gift Shop Monday - Wednesday - Friday from 1pm - 4pm. Our residents enjoy connecting with you and seeing what you're up to!



~EARLY SPRING~

White Canvas Covers
Snow Drop, Crocus,
Daffodil

Rest - Renewal Begins

Please Reach out to Schedule
Volunteering Today!

Join our Cedarbrook Volunteer Team

Reach out to Adrian Bachman

610-336-5684

adrianbachman@lehighcounty.org



Upcoming Events

Happy Saint Patrick's Day!

Tues. March. 17th at 2:15pm

Happy Hour

Fri. March 13th at 2:15pm

Spice Girls

Thurs. March 26th at 2:15pm

Afternoon Activities!

New Program each Weekday at
3:30pm. Come Join in on the Fun!



Residents' Council Meeting Minutes

Monday – February 9th, 2026



- Jean Larison, President, called the meeting to order.
- Eleanor Snyder, Secretary, read the highlights from the January meeting.
- Karen Snyder, Vice-President, read the Resident's Rights for February.

USE OF PSYCHOPHARMACOLOGIC DRUGS – Sec. 1919(c)(1)

These drugs may only be administered to you on the orders of a physician and only as part of your written plan of care. Your plan of care must describe the plan to eliminate or modify the symptoms for which the drugs are prescribed. At least annually an independent, external consultant must review the appropriateness of your receiving such drugs.

Old Business:

- There was no old business to discuss from the last meeting.

New Business:

- Jason Cumello- Administrator
 - Mentioned that the New County Executive Josh Siegel will be visiting Cedarbrook by the end of February.
 - The E-Wing progress is pushed back. Completion is now expected around Nov/Dec. 2026 due to the recent inclement weather we've had.
- Teresa Samuels - Director of Nursing
 - Mentioned to everyone that we are in the cold weather season and that residents should bundle up if they are going outside with their family or to doctor appointments.
 - If anyone is in need of winter wear, we are having a Winter Drive for all winter attire. You can contact your Social Worker or Unit Manager if you would like some warm winter attire.
- John Garner - Life Enrichment Director
 - Discussed the events for the rest of February.
 - Friday, Feb 13th – Valentines Day Party in the auditorium.
 - Wear Red/Pink if you would like
 - Tuesday, Feb. 17th – Mardi Gras Party in the auditorium at 2:30PM.
 - Feb. 18th - Ashes being served for Ash Wednesday for anyone who would like to receive them.
 - Monday, Feb. 23rd – Happy Hearts Zumba in the auditorium at 2:15PM.



Resident Concerns / Comments:

The dietary meeting is held after this meeting. Please ask questions concerning dietary at that time.

- D2 – Resident stated that someone keeps knotting the pull cord string of the blinds in the Dining Room making it difficult to open and close the blinds.
- C3 – Resident inquired about an aide being on the unit after being taken off the unit.

Announcements:

- The next meeting will be held Monday, March 9th at 2:15 pm in the Auditorium.
- Residents are invited to attend the Food Committee meeting immediately following Residents' Council.
- The meeting was adjourned.





EMPLOYEE PET OF THE MONTH



Name of employee and department...

Aimee Schmidt, Life Enrichment Department



Type of animal/ breed...

Domestic Shorthair Tuxedo Cat



How old is your pet?

He is still a baby at 4 months old.



Pet's name, how did you come up with it?

His name is Inky. His coloring resembles ink blots.

Are there any nicknames for your pet?

Inky Dinky, Stinky Inky, Little Baby, Little Stinker.

How and when did you choose your pet?

Inky was a sick little stray in our neighborhood. Neighbors asked if we could help take care of him. We fell in love with him and took him in.



Does your pet have any special tricks?

Eating. He is able to finish all his food, and then all of the food his "brother and sister" didn't eat quick enough.

Funniest memory of your pet...

He's still a baby so we are still learning his personality. But it's funny when he falls asleep while sitting or sleeps wrapped around my head like ear muffs.

Does your pet have any bad/ naughty habits that drive you crazy?

Inky loves my robe belt. He will climb up it while I'm doing the dishes. He's good at pretending he's hungry even though he just ate. His belly is so fat and round, he doesn't fool us!

Does your pet have a favorite toy or treat?

Everything is Inky's favorite toy! He will play with everything but he loves catnip and his fake mice.



Fun facts about your pet or the breed...

Inky never runs out of energy. He is a food thief. If he can steal a bite from his siblings, he's on it! He also purrs really loud and drools a bit when he's doing it!

- Tuxedo cats have unique genetics. The many patterns, of coloring is caused by a "faulty" pigment gene where color producing cells don't spread fast enough to cover the whole body before the kitten is fully developed in the womb.
- Just like fingerprints, with their unique patterns no two tuxedo cats have the exact same markings.



(If you would like to see your pet in either CBA or FH's newsletter, please stop by the Life Enrichment Department to pick up a pet questionnaire or email MarnieDistasio@lehighcounty.org. Please be able to email pictures of your pet to the same email address.)



Shamrock Pie Recipe

Celebrate St. Patrick's Day with this no bake shamrock pie recipe. With a homemade graham cracker crust and a creamy mint filling, it's an easy dessert for St. Paddy's Day and tastes like a Shamrock Shake!



Pie Crust

6 tablespoons butter
3 tablespoons white sugar
24 graham crackers /12 sheets

Pie Filling

3.4 oz instant vanilla pudding
 $\frac{3}{4}$ cup milk
 $\frac{1}{4}$ teaspoon green gel food coloring
 $\frac{1}{2}$ teaspoon peppermint extract
2 cups Cool Whip thawed



Instructions

Pie Crust

1. Crush the graham crackers in a food processor or in a freezer bag, using a rolling pin.
2. Melt butter, and mix with cracker crumbs and sugar until mixture is the texture of wet sand.
3. Spray a 9-inch pie pan with non stick spray, and press the cookie mixture in the bottom of the pie plate, using a large spoon or measuring cup. Place in freezer while you prepare the filling.

Pie Filling

1. Pour the dry pudding mix into a large mixing bowl.
2. Add the milk, and beat with electric mixer on medium speed until well combined.
3. Add the green food coloring, and mix until combined.
4. Add the peppermint extract, and mix well.
5. Gently fold in the Cool Whip using a spatula until well blended.
6. Spoon the filling into the prepared pie crust, and smooth out until even.
7. Refrigerate for at least 4 hours or until set.
8. Decorate with remaining Cool Whip and maraschino cherries and green sprinkles if desired.



DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help.

Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

- ◆ *Listening to your concerns*
 - ◆ *Respecting your choices*
 - ◆ *Offering ideas and options to help you meet your individual needs*
 - ◆ *Services are free and confidential*
- Contact your local Ombudsman
(484) 619-3337

Pennsylvania
Department of Aging Office
of the Long-Term Care Ombudsman

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our **Administrative Hotline**.

Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken.

You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at
(610) 782-3999.

This information is confidential and caller may remain anonymous.

Hidden Objects Answers

Footprint – Head of large mushroom, upside down, on bottom.

Game piece – Head of large mushroom, on top, upside down.

Sock – Arm of leprechaun playing bagpipes.

Heart – Bottom center of page: leaf of clover.

Strawberry – Back leg of frog.

Teacup – Head of smaller mushroom on right, sideways.

Seashell – Skirt of lady playing symbols.

Tomato – Under foot of leprechaun leading parade, upside down.

Comb – Left corner of page, in twigs.

Magnifying glass – Center of wagon wheel.

Artist's brush – Tree on right, top trunk.

Candle – Second tree from left side of page, in trunk, upside down.

Feather duster – Center of page, right of the moon.

Wristwatch – Leader of parade's belt.

Doughnut – Hat of leprechaun playing bagpipes.

Arrow – Third tree from left, center branch.

Fish – Left of the leprechaun playing the bagpipes head, in the tree leaves.



FREE WiFi

Wireless access to the Internet is now available at Cedarbrook-Allentown. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker. Our PC Specialist will assign a unique username and password which must be kept confidential.

NEED A REPAIR? SOMETHING FIXED?

Here's how to get it done...

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC. Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.



HOW MANY DID YOU SNOOP?

There are 17
"Leprechaun shoes"



March 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|---|---|
| 1 Church Service Auditorium & Channel 22  | 2 2:30 PM Auxiliary Cash BINGO Auditorium 3:30 PM Seeds of Cedarbrook Family Room | 3 10:15 AM Talking Book Family Room 2:30 PM House Bingo Channel 22 3:30 PM-Mahjong Family Room | 4 2:15 PM- March Birthday Bash *Invite Only* Family Room 2:15 PM Bible Study Aud. & Chan.22 3:30 PM Walking Club Family Room | 5 11:00 AM Color & Chat Family Room 2:15 PM- Card Club Family Room 2:30 PM Rosary - Chapel 3:30 PM- Music Group Family Room | 6 2:15 PM- Card Club Family Room 2:15 PM House Movie Chan. 22 3:30 PM Crochet & Knit Family Room  | 7 10:15 AM Puzzle Your Mind Family Room 2:15 PM Music by John Stanley Aud. & Chan. 22 |
| 8 Church Service with Communion Auditorium & Channel 22  | 9 2:15 PM Residents' Council Meeting Aud. & Chan.22 3:30 PM SS Newsletter Meeting - Aud. 3:30 PM Seeds of Cedarbrook Family Room | 10 10:15 AM Talking Book Family Room 2:30 PM House Bingo Channel 22 3:30 PM- Mahjong Family Room  | 11 2:15 PM Bible Study Aud. & Chan.22 2:15 PM Splash of Color Family Room 3:30 PM Walking Club Family Room | 12 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 3:30 PM- Choir Club Family Room | 13 2:15 PM- Card Club Family Room 2:15 PM- Dominoes Family Room 3:30 PM Happy Hour *Invite Only* Family Room 3:30 PM Crochet & Knit Family Room | 14 10:15 AM Puzzle Your Mind Family Room 2:15PM Spanish Church Service Aud. & Chan. 22 |
| 15 Church Service Auditorium & Channel 22  | 16 2:30 PM House BINGO Channel 22 3:30 PM Seeds of Cedarbrook Family Room | 17 10:15 AM Talking Book Family Room 2:30 PM St. Patty's Party with Steve & Patrice Aud. & Chan. 22 3:30 PM- Mahjong Family Room | 18 2:15 PM Bible Study Aud. & Chan.22 3:30 PM Walking Club Family Room | 19 11:00 AM Color & Chat Family Room 2:15 PM-Card Club Family Room 2:30 PM Catholic Mass Aud. & Ch. 22 3:30 PM- Music Group Family Room | 20 2:15 PM- Card Club Family Room 2:15 PM House Movie Auditorium 3:30 PM Crochet & Knit Family Room  | 21 10:15 AM Puzzle Your Mind Family Room 2:15 PM Music by Chuck Rissmiller Aud. & Chan. 22 |
| 22 Church Service Auditorium & Channel 22  | 23 2:15 PM Spring Sip & Paint Family Room 3:30 PM Seeds of Cedarbrook Family Room | 24 10:15 AM Talking Book Family Room 2:30 PM House Bingo Channel 22 3:30 PM- Mahjong Family Room | 25 2:15 PM Bible Study Aud. & Chan.22 2:15 PM Sticker Art Club Family Room 3:30 PM Walking Club Family Room | 26 11:00 AM Color & Chat Family Room 2:15 PM-Card Club Family Room 2:15 PM Spice Girls Cooking Family Room *Invite Only* 3:30 PM- Choir Club Family Room | 27 2:15 PM- Card Club Family Room 2:15 PM House Games Auditorium *Invite Only* 3:30 PM Crochet & Knit Family Room | 28 10:15 AM Puzzle Your Mind Family Room 2:15 PM Ministry Dancers Aud. & Chan. 22  |
| 29 Church Service with Communion Auditorium & Channel 22  | 30 2:15PM Soap Making Family Room 3:30 PM Seeds of Cedarbrook Family Room | 31 10:15 AM Talking Book Family Room 2:30 PM House Bingo Channel 22 3:30 PM- Mahjong Family Room |  |  |  | Programs Subject to Change |