

# HILLSIDE NEWS

February 2026 Cedarbrook Fountain Hill Senior Care & Rehab







# **Hillside News**

**February 2026**

Published monthly. Funded by Lehigh County taxpayer dollars.  
724 Delaware Avenue Bethlehem, PA 18015  
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**Jason Cumello, MBA, NHA** - Director/ Administrator  
**Michelle Julian, RN, BSN, MS, NHA** - Assistant Administrator  
**Natalia Villamil** - Administrative Assistant  
**John Garner** – Director of Life Enrichment  
**Jessica Kelly** - Assistant Director of Life Enrichment  
**Adrian Bachman** – Coordinator of Volunteer Services  
**Chaplain Laura Stone** - Faith Services  
**MeAlaa-Eldin A. Mira, M.D.** - Medical Director  
**Teresa Samuels** - Director of Nursing  
**Tara Pendrak, RN, BSN, MSN** - Assistant Director of Nursing  
**Lisa Lasko** - Health Information Coordinator  
**Jessica Sanchez** - Director of Social Services  
**Amber Surman** - Assistant Director of Social Services  
**Heidi Heffelfinger** - Social Worker  
**Ashley Merkel** - Social Worker  
**Eduardo Fernandes** - Director of Facilities  
**Michael Herkalo** - Building Superintendent  
**Ricardo Cintado** - Director of Environmental Services  
**Francis Andrews** - Asst. Director of Environmental Services  
**Tim Picerno** - Director of Rehab  
**Edward Lyons** - Assistant Director of Rehab  
**Torie Yackanicz** - Clinical Nutrition Manager

## **THE MEANING OF C.H.O.I.C.E.S.**

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care.

When Lehigh County families choose Cedarbrook, they are selecting a

**“Community with Heart Offering Individualized Care and Excellent Service.”**



Visit us on our Facebook page  
and website for updates and pictures of recent events!  
[www.facebook.com/cedarbrookseniorcareandrehab](https://www.facebook.com/cedarbrookseniorcareandrehab)  
website: <https://www.cedarbrookseniorcare.com>



# THE HAPPENINGS AT THE HILL...

## FEBRUARY SPECIAL PROGRAMS

**\*ALL PROGRAMS ARE IN THE MAIN DINING ROOM UNLESS OTHERWISE STATED\***

**\*PROGRAMS ARE SUBJECT TO CHANGE\***

- 2/1 MASS & ROSARY – 2:30PM  
2/2 FEBRUARY WATER COLORS – 10:30AM  
2/2 GROUNDHOG DAY SNOWBALL FIGHT – 2:30PM  
2/3 BINGO BUCKS BINGO – 10:30AM  
2/3 LE GAMES & CARROT CAKE – 2:30PM  
2/4 FEBRUARY BIRTHDAY PARTY WITH JOHN BAUER – 2:30PM  
2/5 BLACK HISTORY MONTH WORD-A-THON – 10:30AM  
2/5 LEGACY & LAUNCH CELEBRATION W/PHIL ARMSTRONG & JOSH SIEGEL – 2:00PM  
2/6 SUPERBOWL PARTY – 2:00 PM  
2/7 FUN FACTS WITH CAT – 10:30AM  
2/9 CRANIUM CRUNCHERS – 10:30AM  
2/9 CRAFTY CORNER: HAPPY HEARTS – 2:30PM  
2/10 DESSERTS AROUND THE WORLD: S4 INVITE ONLY – 1:30PM  
2/11 MOVIE MATINEE: PRETTY WOMAN – 2:00PM  
2/12 RESIDENT COUNCIL – 2:30PM  
2/13 LOVE SONGS WITH KRISTA SMITH – 2:30PM  
2/14 TV GAMES WITH JENNA – 10:30AM  
2/16 SPANISH CHURCH SERVICE: S1 DINING ROOM – 10:30AM  
2/16 FAMOUS FIRST LADIES TEA PARTY – 10:30AM  
2/16 PRESIDENTS' DAY PROGRAM – 2:30PM  
2/17 BEAD BINGO – 10:30AM  
2/17 LE GAMES & KING CAKE – 2:30PM  
2/18 HISTORIC PLACES OF THE CIVIL RIGHTS MOVEMENT: DISCUSSION & CHAT – 2:30PM  
2/19 MEN'S GROUP: FINISH THE SPORTS PHASE – 10:30AM  
2/19 BAKING BONANZA: NO-BAKE CHERRY PIE – 2:30PM  
2/20 ICE CREAM SOCIAL – 2:30PM  
2/21 CREATIVE COLORING WITH LISA – 10:30AM  
**\*ENCHANTED FOREST WEEK FEBRUARY 23 – FEBRUARY 27\***  
2/23 CRAFTY CORNER: WHIMSICAL WREATHS – 10:30AM  
2/23 BAKING BONANZA: MAGIC POTIONS & WOODLAND SAMMIES – 2:30PM  
2/25 CRAFTY CORNER: FAIRY JARS – 2:30PM  
2/26 FOREST FITNESS – 10:30AM  
2/26 FAIRY FILM: FERN GULLY – 2:00PM  
2/27 MAGICAL MUSIC WITH KRISTEN MORGENSTERN – 2:30PM  
2/28 WHITE BOARD GAMES WITH BONNY – 10:30AM

KEEP YOUR EYES  
PEELED FOR ... 



**"Heart Balloon  
Bunches"**

(ANSWER ON PAGE 18)



# HAPPY BIRTHDAY

BETTY WALTER	1 <sup>ST</sup>
MARYANN JONES	5 <sup>TH</sup>
PUSHPA RATHOD	5 <sup>TH</sup>
CAROL ANDRASHKO	7 <sup>TH</sup>
MARYLOU WALCK	11 <sup>TH</sup>
GLORIA RIQUELME	12 <sup>TH</sup>
MARTA BARBOSA	17 <sup>TH</sup>
JUDE TONZOLA	17 <sup>TH</sup>
LORI SKAGGS	19 <sup>TH</sup>
JUDITH YOUNG	21 <sup>ST</sup>
BARBARA JONES	22 <sup>ND</sup>
ELIZABETH LANDIS	22 <sup>ND</sup>
MATILDE OCASIO	23 <sup>RD</sup>
MARY DUTRA	26 <sup>TH</sup>
DARLENE KRAMER	26 <sup>TH</sup>





# Valentine's Day Word Search

c	g	f	l	o	w	e	r	s	i	p
j	s	w	e	e	t	h	e	a	r	t
e	f	p	a	c	u	p	i	d	a	e
v	h	o	i	k	a	c	p	s	r	t
a	o	g	u	y	h	e	a	r	t	s
l	o	v	e	r	r	d	e	g	o	f
e	k	r	a	p	t	r	r	o	w	r
n	r	i	r	o	s	e	s	p	x	i
t	o	h	s	d	r	d	e	i	r	e
i	s	u	h	s	p	i	n	n	h	n
n	r	g	a	r	e	l	l	k	t	d
e	o	s	c	h	o	s	r	o	s	h
s	w	e	e	r	t	s	f	r	i	e
v	c	h	o	c	o	l	a	t	e	k

valentine  
arrow  
cupid  
hearts  
love



red  
fourteenth  
hugs  
chocolate  
pink

roses  
friend  
flowers  
sweetheart  
kisses





# Cedarbrook - Fountain Hill

SHARE  
THE  
LOVE!

## VOLUNTEERS

FEB.  
2026



### New Opportunities

#### COFFEE SOCIAL & CHAT

Share in Community and Quality Time at Coffee Social & Chat every Friday Mornings at 10:30am. Great way to connect with us!

#### TUESDAY GAME DAYS

Looking to join in on some fun? Check out morning Bingo every Tuesday's at 10:30am or come by for LE Games every Tuesday afternoon at 2:30pm

#### CROCHET, KNIT, & CRAFTS

Wanting to join in on a new hobby at Fountain Hill? Check out our Crafty Corner programs and our Needles & Hooks program every Wednesday Mornings at 10:30am. Help to learn something new and get creative!



#### ~ A Heartfelt Sentiment ~

Thank you Cedarbrook Volunteer Team for Sharing your Heart with us each and every day! We all look forward to seeing and spending time with you. You keep our hearts going, so we don't skip a beat!

Please Reach out to Schedule Volunteering Today!

Join our Cedarbrook Volunteer Team  
Reach out to Adrian Bachman  
610-336-5684  
[adrianbachman@lehighcounty.org](mailto:adrianbachman@lehighcounty.org)



### Upcoming Events

#### Super Bowl Party

Fri. Feb. 6<sup>th</sup> at 2:00pm



#### Baking Bonanza

Feb. 19<sup>th</sup> & Feb. 23<sup>rd</sup> at 2:30pm

#### Crafty Corner

Feb. 9<sup>th</sup> & 25<sup>th</sup> at 2:30pm, Feb. 23<sup>rd</sup> at 10:30am

#### Enchanted Forest Week

Mon. Feb. 23<sup>rd</sup> - Fri. Feb. 27<sup>th</sup>







# EMPLOYEE ANNIVERSARIES



EMPLOYEE	DEPARTMENT	YEARS
Sharon Crandon	Nursing	17
Stacey Cenchitz	Nursing	13
Christine Rodriguez	Environmental	13
Lisa Tauber	Nursing Office	10
Marilyn Tinor	Nursing	8
Bellinda Surman	Nursing	6
Marchell Deshong	Nursing	3
Lisa Lewis	Life Enrichment	3
Dennis Stoll	Facilities	3
Matthew Kacar	Life Enrichment	1
Darcy Flyte	Nursing	1
Melinda Olivo	Nursing	1



# **DIETICIAN CORNER**

## **A Balanced Approach: Physical Activity, Nourishment, and Mental Wellness to Support a Healthy Life**

**Physical Activity** “Use it or lose it.” This statement rings true for every muscle in our bodies – including our hearts. Physical activity is great for improving strength, balance and stamina. Anything that gets you moving without injury is a step toward improving your health!

**Nourishment** Variety is the spice of life, and a balanced diet is key to keeping healthy. Choose foods with fiber (whole grains, fruits, veggies), calcium, and protein, and drink enough water. Limit foods with saturated fats (butter, red meat, full-fat dairy), sodium, and added sugars – but allow yourself to enjoy a burger or piece of cake on special occasions! Visit [MyPlate.gov](https://www.myplate.gov) for more details.

**Mental Health** Mental health is more than anxiety and talking about your feelings – it also includes emotional health, cognition, stress, and socialization. Learning to cope with stress can have a major impact on physical health, sleep, and mental well being. Common strategies include journaling, spending time outdoors, and meditating. Keeping your mind engaged can help relieve stress and maintain cognitive health. Try brain stimulating activities like engaging in the arts, solving puzzles, and socializing.

### **Putting It All Together**

How does this fit into my life? Start by knowing where you are. → How are your stress levels? → How many days a week are you exercising? → What does your typical diet consist of? Knowing these answers gives you a starting point and helps direct your plan moving forward. Find simple changes that you can stick to. Make small goals and action plans to see big changes.

Examples 1. Include balance exercises in your daily routine to reduce your risk of falls. Join neighbors in a chair yoga class each week. Benefits: improved balance, strength, socialization and stress relief 2. Curb your cravings by journaling! When you feel stressed, monitor your reaction and behaviors. Benefits: better choices and stress relief 3. Set up an audiobook subscription on your phone so you can walk and listen to books or music at the same time. Benefits: increased cardiovascular activity, improved cognitive health, and stress relief."





## CHAPLAIN'S CORNER



*"I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing." (John 15:5)*

I am not quite old enough to remember the times of racial segregation in our country, but I recently read about Ruby Bridges, an African-American girl who was six years old in 1960 when the federal government desegregated public schools in New Orleans.

Ruby had to be escorted to and from school by federal marshals. Hateful mobs gathered every day to intimidate her and to vent their hatred. Ruby walked the gauntlet every day, and never seemed to be bothered by the racial epithets hurled her way. When it became clear that she intended to stay, the parents of the white students pulled their children out of the school, so Ruby ended up as the only student in that school that year. It was just Ruby, the federal marshals, a teacher, and the ugly mobs.

Dr. Robert Coles was a Harvard psychiatrist at the time. He went to New Orleans to talk to Ruby and write a scholarly paper about her experience. Coles expected Ruby to be deeply disturbed by this experience, but when he first interviewed Ruby and her mother, both kept saying they were fine. But Coles assumed that they must have been feeling great turmoil, so he persisted in looking for a way to get them to talk about it. Then Ruby's teacher told Coles that the child is happy and cheerful in school, and that as she walks with the marshals through the ugly crowds, she seems to be talking to herself.

Coles asked Ruby about what her teacher had said, and the little girl explained that she wasn't talking to the people in the street, but rather that she was just saying a prayer for them. Coles asked why, and Ruby said, "Because they need praying for." Then Coles asked her why she thinks she needs to pray for them, and Ruby said, "Because I should." Her mother explained that Ruby has always been taught that it is important that she pray for people, so each day she asks forgiveness for her tormentors.

Ruby's parents taught her about Jesus, encouraging her faith, so that God could prepare her—prune her—to bear abundant fruit. She changed the world more in that year than most of us could in a lifetime. Her faith kept fear at bay. She remained in Jesus—*she abided in him*. Jesus was a part of her life—as real to her as her father and mother.

Jesus said: "If you remain in me, and my words remain in you, you will ask whatever you desire, and it will be done for you" (John 15:7).

That happened for Ruby. Her prayers for the ugly mob had their effect. The mob didn't go away in a day—or a week—or even a month. The mob came every day to shout at her—to try to intimidate her—and she kept praying for them. And eventually the mob went away—and the schools were integrated—and people learned to live in peace.

Let us remember Ruby when we are facing life's challenges, especially now. Remember her faith—her patience—her prayers. Remember that God was helping her. God is helping us too. It might not seem like it at the moment, but God is answering our prayers—if we are abiding in Jesus. And about this, Jesus said, "In this is my Father glorified, that you bear much fruit, and so you will be my disciples" (John 15:8). Indeed, as we abide in Jesus—and bear much fruit—and become his disciples—we glorify the Father. And through us the Father blesses our lives and the lives of others we meet, and all who know us will in turn bless others. In these fearful times, let us pray for others, "because," as Ruby said, "they need praying for."

Laura Stone, Chaplain  
Cedarbrook Senior Care  
Fountain Hill





## Residents' Council Meeting Minutes January 15, 2026



- Jude Tonzola, President, called the Residents' Council meeting to order.
- Minutes from December's Residents' Council meeting were read by Jude Tonzola.
- Jude asked for a motion to accept December's meeting minutes as read. Nancy Savage moved to accept the motion, and it was seconded by Alice Uhl.
- Heidi Heffelfinger, council liaison, read the list of the New, Deceased and Discharged residents since December 11th through today.
- Marvin Kerchner, Vice President, read The Resident's Right for January.

**Freedom of Choice** – You have the right to choose a personal attending physician and to be fully informed in advance about the care and treatment you will receive; to participate in planning your care and treatment; and, to be fully informed in advance of any changes in your care plan or treatment.

### **Old Business:**

- None

### **New Business:**

- Results of the 2026 Residents' Council Committee Officers Election:  
President - Jude Tonzola      Vice President - Marvin Kerchner  
Secretary- Patricia Stuber

### **Residents Concern/Comments:**

- Resident had a suggestion for more variety of snacks that are available on the stations. Resident would like the same snacks offered at the Allentown campus, and more variety.

A referral will be sent to the proper department.





# Residents' Council Meeting Minutes January 15, 2026

## (Continued)

### Announcements:

#### Michelle Julian—Asst. Administrator

- Please remember to keep side-bar conversations to a minimum. Voices travel to the front and residents aren't able to hear.
- The remodel of the nursing stations will begin in approximately 10-12 weeks.

#### Jason Cumello — Administrator

- Update on the E-wing project. Project still moving along. We are still looking at a Labor Day opening.
- Josh Siegal, new County Commissioner, has started and he will continue to give Cedarbrook his support.

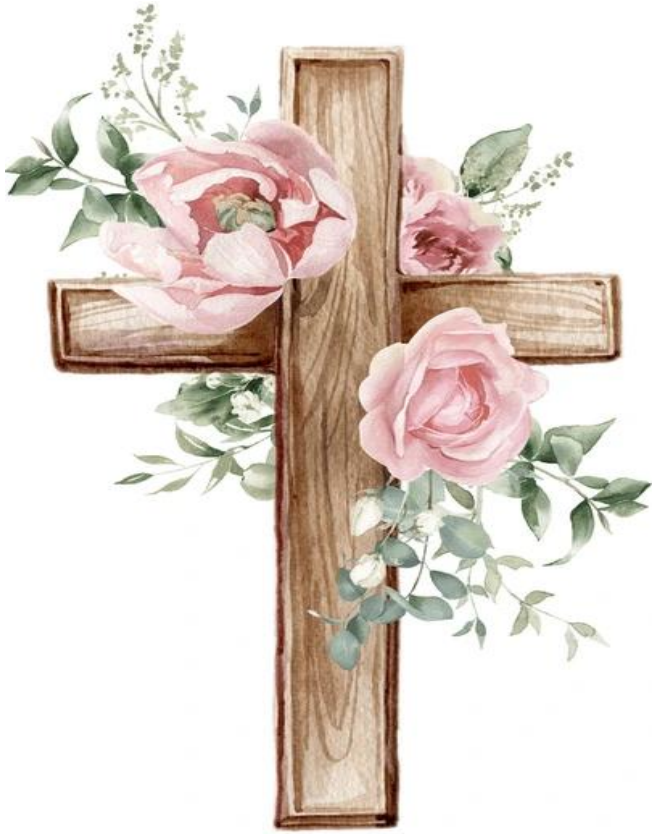
#### Jessica Kelly—Asst. Director of Life Enrichment

- Jessica went over the activities for the remainder of the month of January.
- Activity calendars are available to all residents on the back of the Hillside News.
- If you would like to see a new activity or like a different activity, please let your Life Enrichment staff know.

### Conclusion:

- The next Residents' Council Meeting will be held on February 12th, 2026 at 2:30pm in the Main Dining Room.
- Jude Tonzola made a motion to adjourn the meeting. Elizabeth Landis moved to accept the motion, and it was seconded by Kathleen Rowe.





## At Rest

Michael Evans  
BettyLou Hall  
Margaret Krupa  
Robert Remaly  
Karl Rusweiler  
Kenneth Saff  
Patricia Smith







# Cake Batter Popcorn

**Recipe by:** Jamielyn Nye

**Prep Time:** 5 mins    **Total Time:** 5 mins    **Servings:** 12

Deliciously sweet cake batter popcorn covered in a mixture of white chocolate, funfetti cake mix and sprinkles. The easiest and yummiest treat you will ever make in just 5 minutes!



## Ingredients

- 12 cups lightly salted popcorn
- 16 ounces white chocolate (chips, bark or vanilla candy coating works great)
- ½ cup funfetti cake mix
- ¼ cup sprinkles , more if you'd like

## Instructions

1. Place popped popcorn in a large bowl.
2. Melt white chocolate in the microwave according to package directions. Then stir cake mix into melted chocolate and pour over popcorn. Combine until the popcorn is fully coated.
3. Spread popcorn out on wax paper and then add sprinkles on top. Let cool completely, then break into smaller pieces. Enjoy!

## Notes

Store in a zip top bag or airtight container at room temperature for 1-2 days.

**To gift:** Place in a clear bag and tie with twine and a cute little tag.

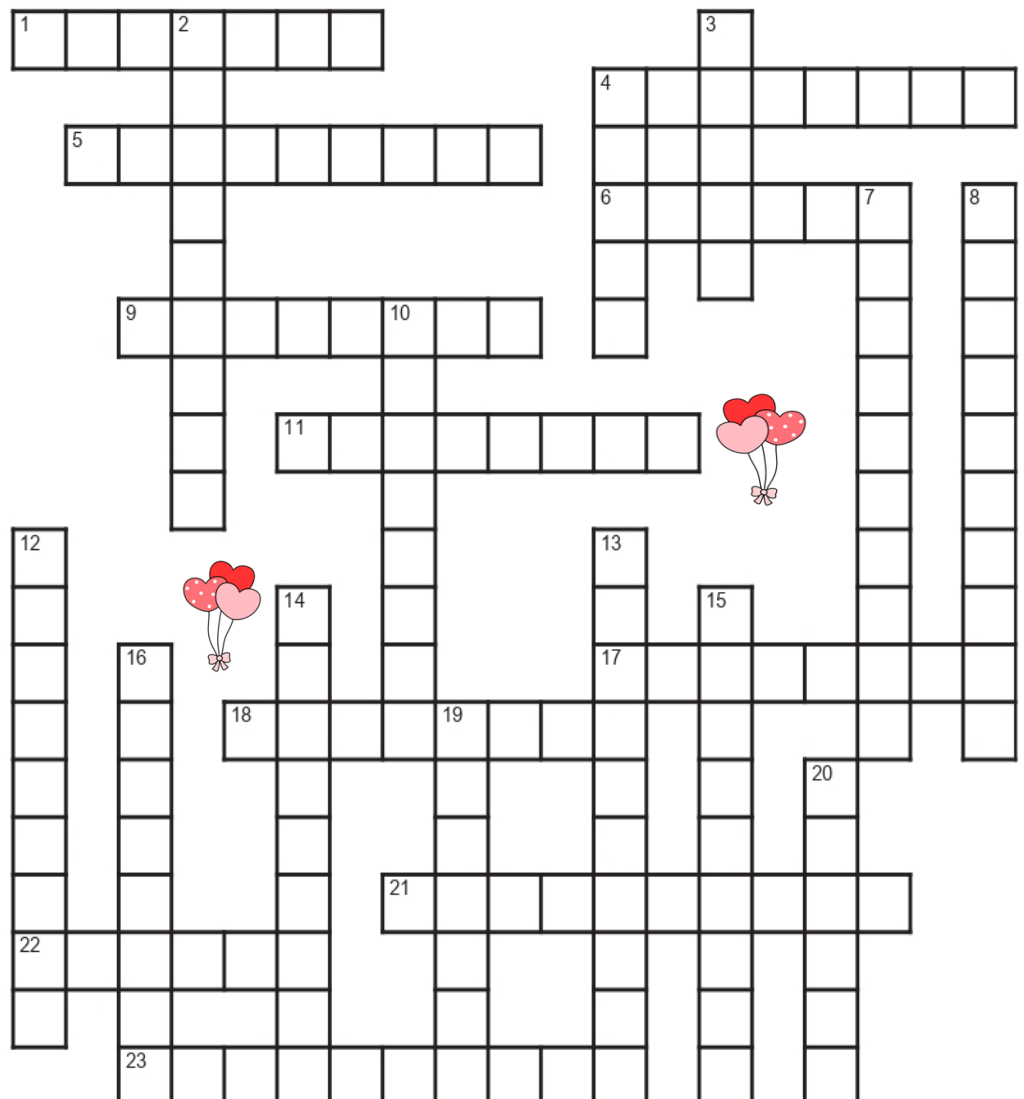
**Tip:** If you are worried about using raw flour, you can heat treat the flour to kill any bacteria before using. Simply place the cake mix in a microwave safe bowl. Then microwave in 30 second increments and stir in between until the flour reaches 165°F. Let the flour cool before using.

## ACROSS

1. Famous president born in February
4. Festive celebration before Lent
5. Weather-predicting animal on February 2nd
6. Zodiac sign for late February birthdays
9. Winter sports event often held in February
11. February's purple birthstone
17. Special February with 29 days
18. Early-blooming February flower
21. President honored on Presidents' Day
22. Chilly season in February
23. Leaders celebrated in mid-February

## DOWN

2. Sweet treat often given on Valentine's Day
3. Icy coating on February windows
4. Love-spreading cherub with bow and arrow
7. Delicate ice crystals falling in February
8. Affectionate term for a Valentine
10. Freezing February weather event
12. Major football game in early February
13. Love-filled holiday on February 14th
14. Colorful celebration before Ash Wednesday
15. Sweet message delivered on Valentine's Day
16. Sudden drop in February temperatures
19. Love in the air during Valentine's season
20. Purple flower associated with February



AMETHYST

CANDYGRAM

CARNIVAL

CHOCOLATE

COLD SNAP



CUPID

FROST

GROUNDHOG

ICE STORM

LEAP YEAR

LINCOLN

MARDI GRAS

OLYMPICS

PISCES

PRESIDENTS

PRIMROSE

ROMANCE

SNOWFLAKES

SUPER BOWL

SWEETHEART

VALENTINE'S

VIOLET

WASHINGTON

WINTER



**28**  
DAYS IN THE MONTH

\*Except for  
Leap Year



**Presidents Day**

**Library  
Lovers Day**



**Leap Day  
Every 4  
Years**



**Violets +  
Primrose  
February  
Flowers**

# FEBRUARY



**National  
Cherry  
Month**

**National  
Golden  
Retriever  
Day**



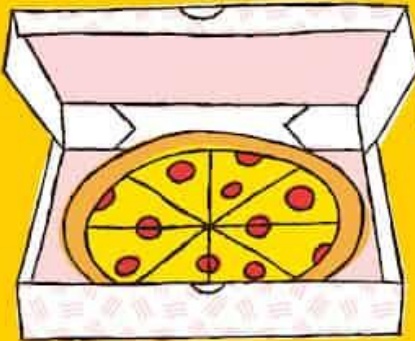
**Random Act of  
Kindness Week**

**KINDNESS**

**Most  
Romantic  
Month**



**National  
Tater Tot  
Month**



**National  
Pizza Day**

**Super Bowl  
2nd Sunday**



**Valentine's  
Day**



## WINTER

**Make a  
Friend Day**

**2nd Month  
of The Year**

**Groundhog  
Day**



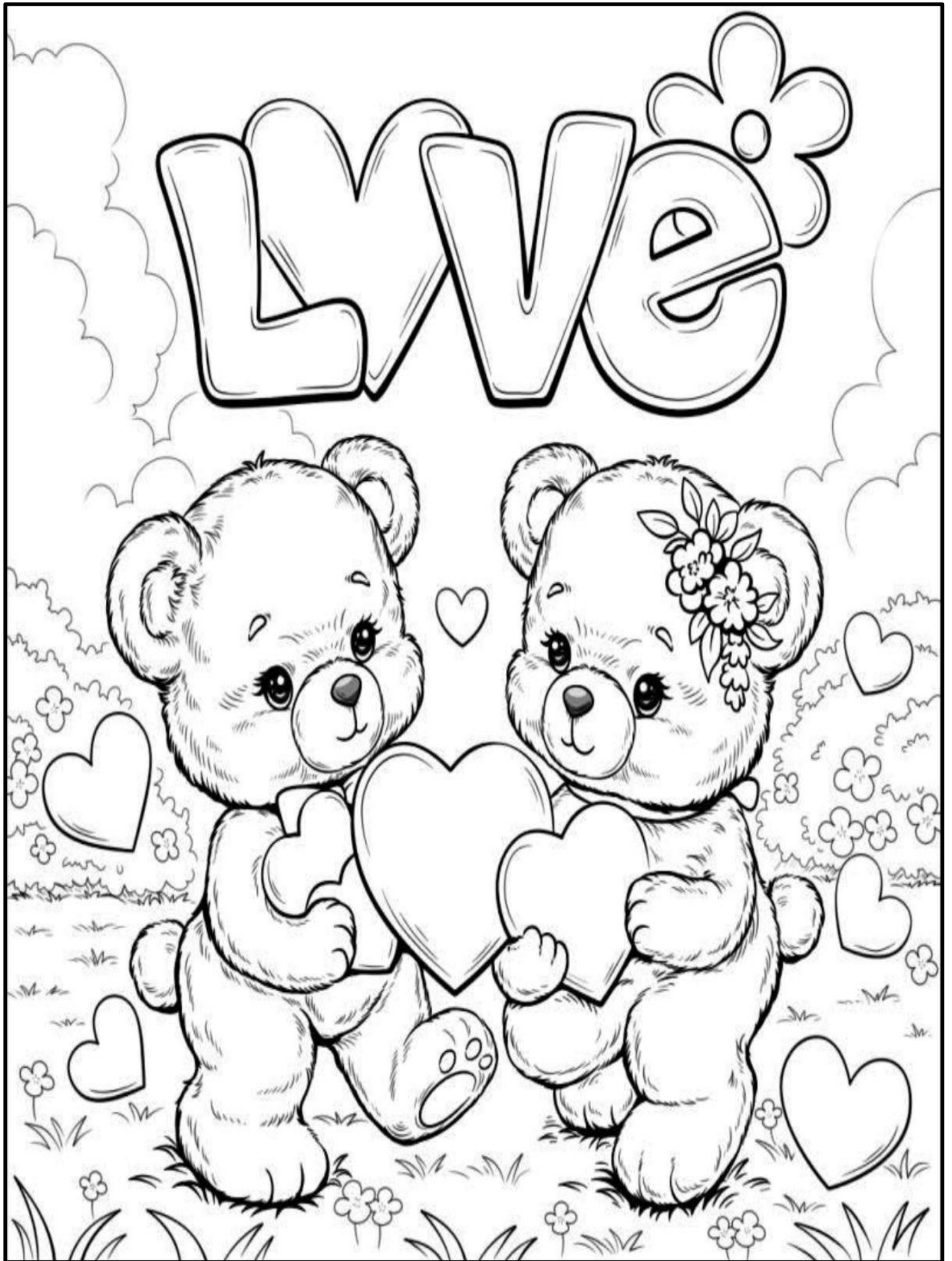
**Astrology Signs**



**Aquarius**



**Pisces**





# Mardi Gras Quote

Follow the instructions to cross off words in the table.  
What do the remaining words say?

1. Cross off all colors.
2. Cross off all types of music.
3. Cross off all months.
4. Cross off all types of jewelry.
5. Cross off all words that rhyme with *bead*.



an	green	jazz	bracelet
freed	February	American	knead
gold	has	March	not
seen	folk	earrings	blues
necklace	the	purple	lead
January	yellow	United States	white
April	classical	pendant	until
he	anklet	read	tweed
has	seen	black	June
country	steed	Mardi Gras	greed
reggae	in	ring	May
silver	funk	bangle	New Orleans

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our **Administrative Hotline**. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility.

An Administrative Assistant will take calls, or you can record a message when no one is available.

Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken.

You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at **(610)782-3999**.

This information is confidential and caller may remain anonymous.



## NEED A REPAIR? SOMETHING FIXED?



### Here's how to get it done....

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC. Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.

**\* Attention visitors and staff: For the safety of our residents please DO NOT use push pins in resident rooms.\***



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker or Natalia Villamil, Administrative Assistant. Our PC Specialist will assign a unique username and password which must be kept confidential.

## LOST AND FOUND

### DID YOU LOSE SOMETHING?



Lost and Found is located at security in the lobby. Many items await the claim of their rightful owner. Please stop at the Receptionist to see if any items belong to you.

### DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help. Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

- ♦ *Listening to your concerns*
  - ♦ *Respecting your choices*
  - ♦ *Offering ideas and options to help you meet your individual needs*
  - ♦ *Services are free and confidential*
- Contact your local Ombudsman  
**(484) 619-3337**

Pennsylvania  
Department of Aging Office  
of the Long-Term Care Ombudsman

HOW MANY DID YOU SEE?

**There are  
20  
"Heart Balloon Bunches"**



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## CEDARBROOK FOUNTAIN HILL

\* ALL PROGRAMS ARE SUBJECT TO CHANGE

2:30pm Mass & Rosary  Tu B'Shevat Begins	1 <b>GROUNDHOG DAY</b> 10:30am February Water Colors 2:30pm Groundhog Day Snowball Fight  Groundhog Day	2 10:30am Bingo Bucks Bingo 1:30pm Bible Study 2:30pm LE Games & Carrot Cake for National Carrot Cake Day	3 10:30am Needles & Hooks 2:30pm February Birthday Party with John Bauer	4 10:30am Black History Month Word-a-Thon 2:00pm Legacy & Launch Celebration with Phil Armstrong & Josh Siegel	5 <b>WEAR RED DAY</b> 10:30am Coffee Social & Chat 2:00pm Superbowl Party	6 10:30am Fun Facts with Cat 2:30pm Bingo	7
2:30pm Church with Chaplain Laura	8 10:30am Cranium Crunchers 2:30pm Crafty Corner: Happy Hearts	9 10:30am Bingo 1:30pm Bible Study 1:30pm Desserts Around the World (Station 4: Invite Only) 2:30pm LE Games	10 10:30am Needles & Hooks 2:00pm Movie Matinee: Pretty Woman	11 10:30am Morning Movement 2:30pm Resident Council	12 10:30am Coffee Social & Chat 2:30pm Love Songs with Krista Smith	13 <b>VALENTINE'S DAY</b> 10:30am TV Games with Jenna 2:30pm Bingo  Valentine's Day	14
2:30pm Church with Chaplain Laura	15 <b>PRESIDENTS' DAY</b> 10:30am Spanish Church Service (S1 Dining Room) 10:30am Famous First Ladies Tea Party 2:30pm Presidents' Day Program Presidents' Day (U.S.)	16 10:30am Bead Bingo 1:30pm Bible Study 2:30pm LE Games & King Cake  Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17 <b>MARDI GRAS</b> 10:30am Needles & Hooks 2:30pm Historic Places of the Civil Rights Movement: Discussion & Chat	18 10:30am Men's Group: Finish the Sports Phrase 2:30pm Baking Bonanza: No Bake Cherry Pie for National Cherry Pie Day	19 10:30am Coffee Social & Chat 2:30pm Ice Cream Social	20 10:30am Creative Coloring with Lisa 2:30pm Bingo	21
2:30pm Church with Chaplain Laura	22 <b>ENCHANTED FOREST</b> 10:30am Crafty Corner: Whimsical Wreaths 2:30pm Baking Bonanza: Magic Potions & Woodland Sammies	23 <b>WEEK</b> 10:30am Bingo 1:30pm Bible Study 2:30pm LE Games	24 <b>ENCHANTED FOREST</b> 10:30am Needles & Hooks 2:30pm Crafty Corner: Fairy Jars	25 <b>WEEK</b> 10:30am Forest Fitness 2:00pm Fairy Film: Fern Gully - The Last Rainforest	26 <b>ENCHANTED FOREST</b> 10:30am Coffee Social & Chat 2:30pm Magical Music with Kristen Morgenstern	27 <b>WEEK</b> 10:30am White Board Games with Bonny 2:30pm Bingo	28

724 DELAWARE AVENUE, FOUNTAIN HILL, PA, 18015

\* ALL PROGRAMS ARE IN THE MDR UNLESS OTHERWISE SPECIFIED