

SUNSHINE NEWS



OCTOBER 2023 CEDARBROOK ALLENTOWN SENIOR CARE & REHAB

WELCOME OCTOBER





SUNSHINE NEWS

OCTOBER 2023

Published monthly (Funded by Lehigh County taxpayers dollars.)
CEDARBROOK SENIOR CARE AND REHAB
350 S. CEDARBROOK ROAD ALLENTOWN, PA 18104
(610) 395-3727 Fax: (610) 395-0412 Hotline: (610) 336-9604



Jason Cumello, MBA, NHA
Director/Administrator

Kristen Morstatt
Resident Assessment Coordinator

Michelle Julian, RN, BSN, MS, NHA
Assistant Administrator

Cindy Miller
Director of Admissions & Marketing

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THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care.

When Lehigh County families choose Cedarbrook, they are selecting

“Community with Heart Offering Individualized Care and Excellent Service.”

Visit us on our Facebook page and website for updates and pictures of recent events!

www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>



THE BUZZ...

Around Cedarbrook

ATTENTION RESIDENTS:

Please join in to celebrate our **THEME WEEK**,
OCTOBER 23, 2023 - OCTOBER 27, 2023

We will be celebrating with a **FALL FESTIVAL** theme.

Look for special themed activities happening
each day of that week.

Entertainment and special treats will also be provided.

Come join in the fun!

Check with your L.E. Staff member
for any questions about the events.

AN AUTUMN SUNSET

Have you looked up to the sky
At the end of an autumn day?
The sight you'll see is marvelous,
As sunset fades away.

The colors are magnificent,
With purple, blue, and pink.
They hover high above the Earth,
The rest of the world just shrinks
Away beneath the beauty
Of these majestic skies.
You'll feel like you're in heaven,
And won't believe your eyes.

The sun is drifting out of sight
Until a brand new day;
But, meantime, it has given us
A wonderful display
Of vibrant colors everywhere.
Your eyes will take the test,
To see if you can handle
Mother Nature at her best.

So, don't look down upon the ground
Just lift your head up high,
At the end of a lovely autumn day,
And see that "awesome" sky.

Written & Submitted by,
Shirley Binkley

CAN YOU SPY...
WITH YOUR LITTLE EYE,
"Black Cat
with Pumpkin"



COUNT HOW MANY YOU SPY.
(Answer on page 13)



OCTOBER BIRTHDAYS

Shirley Wentzel	5th
Dolores Novak	5th
Doris Sweda	5th
Gregory Skimbo	9th
Sally Kleppinger	9th
Dorothy Leopold	10th
Patricia Merenda	10th
Jodi Oberto	14th
Mary Leseberg	15th
Rosalie Misera	16th
Dorothy Kern	18th
Thomas Marshman	19th



Sarah Yurick	21st
Maria Escobar	22nd
Joseph Pizzutti	22nd
Frank Bailey	23rd
Carlos Garcia	23rd
Dorothy Miller	25th
Marlee Harrison Sr.	26th
Robert Achey	26th
Susan Gilbert	27th
Alan Gaugler	27th
Maureen Kobasiuk	30th
Juan Roman	30th
Lenora Robertson	30th

Let's Celebrate



NEW RESIDENTS

LORETTA BROBST
SANDRA MICIO
JAMES HONSEL
FRANCIS HARPER
GARY GALISZANSKI
WILLIAM SCHLENER
FRANK BELLUCCI
DONALD BRANDON
ANTHONY VASQUEZ
DIANE GRAMMES
MICHAEL ZAPACH
GEORGE GREEN

OCTOBER TRIVIA



- The World Series of Baseball begins in October.
- One of the most notorious fires in American history, The Great Chicago Fire, began on October 8, 1871 and caused significant damage and loss of life.
- In many parts of the Northern Hemisphere, October is the month when fall foliage reaches its peak, creating a spectacular display of reds, oranges and yellow.
- October is "Pizza" month in the US.
- Every October, the Nobel Prizes in physics, medicine, chemistry, literature and peace are announced.
- The October birthstone is the opal, which symbolizes faithfulness and confidence.
- The "Happiest Place on Earth" - Walt Disney World in Florida, opened its doors on October 1, 1971.
- Don't forget Happy Halloween on October 31st!

Submitted by,
Bev Dawson



FUN FACTS ABOUT CATS

SINCE OCTOBER REMINDS US OF BLACK CATS. READ ON FOR SOME INTERESTING FACTS.



- ∞ Cats who are born in the same litter will be best buddies for life if not separated.
- ∞ A kitty's PURR is at a wavelength frequency that's been shown to aid in the repairing of bones, joints, tendons and some wounds.
- ∞ The state with highest percentage of cat ownership is Vermont, where 44.6% of all pet owners have a feline in their residence.
- ∞ A MEOW is a sound that cats only make when they are kittens, or to the humans in their world. Adult cats will rarely meow at each other.
- ∞ Cats have trouble seeing reds and greens clearly, so if you're buying them a toy, opt for a blue or yellow one so it will stand out more.
- ∞ The average domestic house cat can reach up to 30mph when it's chasing after something.
- ∞ The proper name for a group of cats is a CLOWDER, while a term for a bunch of kittens is a KINDLE.
- ∞ The cat's tail is an extension of their spine and helps with balance, plus it keeps them warm when wrapped around them.
- ∞ In December 2022, a microchip helped reunite a cat who had been missing for 6 years with its owner in Sacramento, California
- ∞ The width of the kitty's whiskers corresponds to their body width, which helps them judge distance and navigate their movements.





3 Ingredient Apple Bread Rolls



These easy apple bread rolls only need 3 ingredients for the bread dough. The bread rolls are soft, chewy and lightly sweet with apple flavor.



Ingredients

- 4 cups self-rising flour
- 1 1/2 cups low-fat vanilla yogurt (NOT Greek)
- 1 cup chopped apples peeled, cored and cut into 1/2 inch by 1/4 inch pieces (Honeycrisp, Fuji or Ambrosia apples recommended.)



Instructions

- Preheat oven to 350° Line a large baking sheet with parchment paper.
- In a large bowl, add flour and yogurt. Stir with a spatula until the flour is fully incorporated into the yogurt and a dough forms. Add in the apples and gently stir them in until they are evenly distributed. The dough will be sticky. Divide the dough evenly into eleven pieces. Using slightly damp hands, roll a piece of dough until it forms a ball. Place onto prepared baking sheet. Repeat with remaining dough, spacing the balls at least 1.5 inches apart.
- If desired, brush the surface of the dough balls with vegetable oil, it will give the bread rolls a more even golden brown finish. If you don't brush the bread rolls they will remain pale in some spots. Bake bread for about 25-30 minutes or until done. Bread rolls are best served soon after they are done baking. If eating leftovers, reheat in an oven or toaster oven.

Notes

- To add even more apple flavor to the bread dough, substitute half of the yogurt with unsweetened applesauce.
- If you like cinnamon, you can add 1/2 tsp of cinnamon to the dough.



EMPLOYEE PET OF THE MONTH

Name of employee and department...

Sarah Frailey, Life Enrichment.



Type of animal/breed...

Pit bull/ Lab mix.



Pet's name, how did you come up with it?

Her name is Layla. I adopted her from a shelter, her previous owners named her.

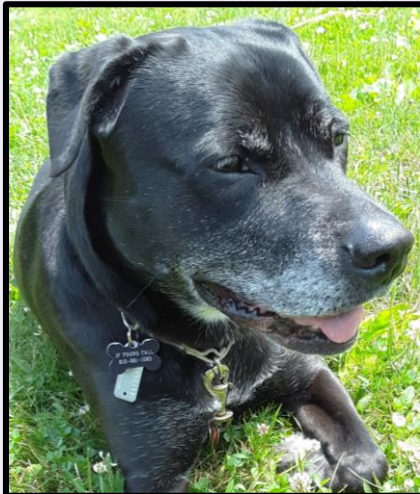
How old is your pet?

Layla is 9 years old.



Are there any other nicknames you have for your pet?

We sometimes call her Miss Ma'am.



How and when did you choose your pet?

I rescued her from a shelter on January 5, 2021.

Does your pet do any special tricks?

Layla knows a few commands, such as "sit" and "paw."

Funniest memory of your pet...

Whenever we go on a walk, she has a habit of kicking dirt on me for no apparent reason.

Does your pet have a favorite toy or treat?

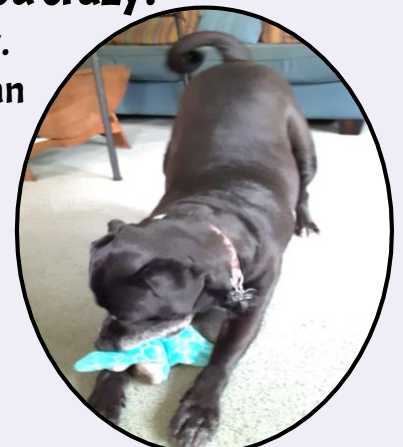
She loves to chew on her hard plastic leaf toy. Layla also loves any kind of squeaky toys.

Does your pet have any bad/ naughty habits that drive you crazy?

She has a bad habit of barking at the mail carriers when they stop by. When no one's watching, she will sometimes tip over the garbage can and leave pieces of trash strewn about the house.

Fun facts about your pet or the breed...

Layla is very bow- legged which makes her sit crooked. For some reason she has a curly tail, which is not a trait of Labs or Pit bulls.



Fall Fun

Can you find these **19** hidden objects?

GOOD LUCK!



Illustrated by Marilee Harrauld-Pilz



needle



snake



glove



crescent
moon



fish



toothbrush



ax



clover



crown



elf's hat



slice of pie



canoe



muffin



mug



fan



carrot



envelope



tent



fried egg

ANSWERS ON PAGE 12



EMPLOYEE ANNIVERSARIES



<u>EMPLOYEE</u>	<u>DEPARTMENT</u>	<u>YEARS</u>	<u>EMPLOYEE</u>	<u>DEPARTMENT</u>	<u>YEARS</u>
CAROL STEWART	NURSING OFFICE	34	RICHARD HOPE	NURSING	9
SHARON STARLING-PHILLIPS	LIFE ENRICHMENT	29	CRAIG REMALEY	FACILITIES	9
REBECCA SZILLI	LIFE ENRICHMENT	29	RHETT PALUSHOCK	SOCIAL SERVICES	9
FRANCIS ANDREWS	ENVIRONMENTAL SERVICES	26	GINA BURTON	ENVIRONMENTAL SERVICES	8
KRISTINE ERNEY	NURSING	25	KRISTINA MCMULLEN	NURSING	8
SALLYANN HUDDLESTON	NURSING	22	MARIE BOURDEAU	NURSING	5
FRANCINE BENTON	ENVIRONMENTAL SERVICES	18	JOAN HEIN	FINANCIAL SERVICES	5
MELISSA SWANSON	NURSING	18	AZIZA MUKOYA-OTIU	NURSING OFFICE	4
GERALDINE STECKEL	NURSING	18	MELISSA CRYSLER	HEALTH INFORMATION	4
CHRISTINA METZ	NURSING	16	NYRIA JEAN-BAPTISTE	NURSING	3
CHRISTOPHER THIELE	NURSING	16	MYRIAME JOSEPH	NURSING	2
KAROLE PEREZ	NURSING	16	LAURIE SENG	NURSING	2
EVAN ROTH	NURSING	15	ABIGAIL ORTIZ	NURSING	1
LEE LICHTENWALNER	FACILITIES	13	MARIANO RIVERA JR.	NURSING	1
AMY SNYDER	NURSING	13	RENATA THOMAS-ASOH	NURSING	1
CAITLIN MOHR	NURSING	11	SARAH SEJOUR	CENTRAL SUPPLY SERVICES	1
NICOLE LEWIS	NURSING	11	LAURAL BUTRYN	LIFE ENRICHMENT	1
MARIA MARTINEZ-NUNEZ	NURSING	10	THANK YOU WE APPRECIATE YOU		

Get to Know Your Clinical Dietitian Team



- **Torie Yackanicz**
RDN, LDN
- Clinical
- Nutrition
- Manager

➤ I have been a dietitian for 5 years, with experience in dialysis, long term care, and food service operations. I thoroughly enjoy working for Morrison and feel valued as an employee. When I am not at work, you can find me listening to true crime podcasts or at The Sanctuary at Haafsville, where I have been a cat care volunteer since 2019.



- **Brooke Herritt**
RDN, LDN
- Clinical Dietitian
- (Units: D2, D4, D7)

➤ I have just recently obtained my RD credential. Prior to becoming a dietitian, I worked as a dining services supervisor in long term care for 4 years. While I am not working my free time is spent outdoors, hiking, long-distance running, reading, and playing with my dog.



- **Lise Karpel**
RDN, LDN, MS
- Clinical Dietitian
- (Units: B3, D6)

➤ I have been a dietitian for over 20 years. I have worked in hospitals, long-term care facilities, and dialysis clinics. In my spare time, I enjoy running, hiking, kayaking, cooking, and gardening. I have been a resident of Bethlehem, Pennsylvania since 2013.



- **Kelly Varney**
RDN, LDN, MBA
- Clinical Dietitian
- (Units: C3, D3, D5)

➤ I have happily been a dietitian for 6 years, with experience in Hospital/Acute care and LTC. I grew up in California and moved to the East coast about 4 years ago - and love it! When not working with patients, I enjoy spending time with family: my husband, 1 year old son, and 3 puppies. We love playing soccer and being outdoors.



Morrison
LIVING

Thanks for being the best part of someone's day!

Residents' Council Meeting Minutes Monday – September 11, 2023



- Jean Larison, President, called the meeting to order.
- Karen Snyder, Secretary, read the highlights from the August meeting.
- Marilyn Barker, Vice-President, read the Resident Right for September.

PRIVACY – You have the right to privacy with regard to accommodations, medical treatment, written and telephone communications, visits and meetings with family and other resident groups. Your right to privacy should not be interpreted as a right to a private room.

- Jean welcomed new residents for August.

Old Business:

- Resident on C-3 stated room is cold.
Temperature was checked on 8/16/23 and was found to be in the acceptable temperature range.
- Resident on C-3 asked if the ultra violet machine in the room can be re-located to a different place?
Machine cannot be moved – it is in correct designated area.
- Resident on D-3 asked if she could have turtles?
According to CDC, turtles carry a high risk of Salmonella. Due to this fact, it is not recommended that we have turtles in the Cedarbrook environment.

New Business:

Jason Cumello – Administrator

- Dining Services – Matt Martinez is no longer with Morrison. Brian Wieler is the temporary Dietary Manager.
- C-wing Elevator – Repair is still ongoing.
- E-wing Project – Soil work is being completed. Expect to see increased activity in the coming weeks.
- New Employee – Introduced his new Administrative Secretary, Mindy Dotts.

Michele Ayello- Life Enrichment

- Programs- The special program for September is Disney week.
- Calendars – Reminder to check your weekly and monthly calendars for activities.

Resident Concerns / Comments:

- Resident on D-2 has received new glasses that need an adjustment. Requesting to see the doctor.
Referral sent to Nursing.
- Resident on C-3 stated room is too cold.
Referral/work order sent to Facilities.
- Resident on C-3 questioned if there is a date for the completion of the E-wing project?
Administrative Secretary will ask the Administrator to respond directly to the resident.

Announcements:

- The next meeting will be held Monday, October 9th at 2:15 pm in the Auditorium.
- Next month will be the Annual Review of Resident's Rights followed by a game of Bingo.
- Residents invited to attend Food Committee meeting immediately following Residents' Council.
- The meeting was adjourned.





SUNSHINE NEWS STAFF

Advisor: Jennifer Szakacs Strohl

Editor/Format: Marnie Distasio

**Writers/
Humorists:** Matt Post
Elma Mae Uhle
Jean Larison
Bev Dawson
Lori Skaggs

NEED A REPAIR? SOMETHING FIXED?

Here's how to get it done...

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC.

Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.

DID YOU LOSE SOMETHING?

Lost & Found is located at the Security Desk, First Floor. If you think you have lost something, please talk to your Social Worker or stop by the Security Desk to check.

LOOKING TO SPEND TIME WITH A NEW FRIEND WITHOUT LEAVING THE COMFORT OF YOUR HOME?

Sign up with SENIOR CHAT to receive a weekly call! You will connect with a friendly volunteer through weekly phone calls. Share your stories. Reminisce. Laugh together. Make a new friend. You can talk about your interests and life experiences. Stay "connected". Enjoying conversations can lift your spirits. Life is so much better when it is shared!

Senior Chat is a safe and secure no-cost program that matches screened Volunteer Callers with older adults who live in Lehigh, Northampton, or Carbon Counties.

**SENIOR
CHAT =**
Connections
Help
Adults
Thrive



If you want to receive a weekly call and make a new friend OR if you would like to become a Friendly Caller Volunteer visit: RSVPofLNC.org/SeniorCHAT
EMAIL: SeniorCHATglv@hotmail.com
OR Call: 610-880-3095 to inquire.



HIDDEN PICTURE ANSWERS

Clover- To the left of the little girls head.
Crown- Fence piece, top middle of picture.
Elf's Hat- Shirt of woman raking.
Slice of pie- Under boy's right arm.
Carrot- Below bottom dog's paw.
Envelope- Middle of porch step under pumpkin.
Muffin- Top left corner under roof of house.
Tent- Woman's rake.
Fried egg- Bottom middle of page in front of dog.
Mug- Girl's right arm sleeve.
Fan- Mans rake.
Axe- Boy's left arm sleeve.
Toothbrush- Top of man's rake handle.
Fish- Right corner of sheet under dog's back paw.
Crescent Moon- Under girl's chin.
Glove- Under center dog's right paw.
Snake- Left liner of man's coat.
Needle- Top right, left of the cat.

IN *Loving* Memory

AT REST
AUGUST 2023

LINDA WERLEY
ANGELA VAZQUEZ
PAUL GACKENBACH
JOHN GALGON
JAMES BAUER
GILBERT HILLON



God looked around his garden
And found an empty place.
He then looked down upon the earth,
And saw your tired face.

He put His arms around you
And lifted you to rest.
God's garden must be beautiful,
He always takes the best.



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker.

Our PC Specialist will assign a unique username and password which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after 3 days.

HOW MANY DID you SPY?

There are 11
"Black Cats with Pumpkins"



DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help. Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

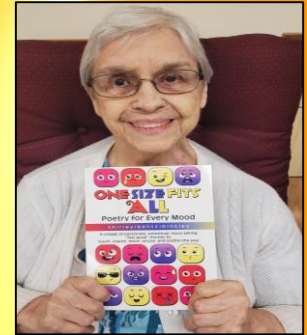
- ♦ Listening to your concerns
- ♦ Respecting your choices
- ♦ Offering ideas and options to help you meet your individual needs
- ♦ Services are free and confidential

Contact your local Ombudsman
(484) 619-3337

Pennsylvania
Department of Aging
Office of the Long-Term Care
Ombudsman



Cedarbrook Allentown Resident Spotlight



We would like to introduce our FIRST resident spotlight.

With much anticipation, Shirley was excited to be interviewed. Here is a bit about her incredible life.

Shirley Binkley was born Shirley Ann Bentz in Easton, PA as the youngest of 11 children. Her parents were extremely hardworking. She recalls her father walking for miles to his plumbing jobs with a large sack of tools over his shoulder because they didn't have a car. Her mother was busy cleaning houses, tending to the children and preparing delicious meals. "Their love and tender care showed me the beauty of the world," Shirley remembers.

As a little girl, her favorite subject in school was always English, and she enjoyed writing little stories. After graduating from Easton Area High School, she met a wonderful man named Ronald while roller-skating at Bushkill Roller Rink. He took her on dates at Bushkill Park, and before long, the pair were married in a modest wedding. Shirley and Ronald had 3 children, and they lived a very happy life as a family of 5.

Shirley was an Executive Secretary for most of her career and remembers how much she loved using the typewriter at work. One day, her friend and co-worker read some letters Shirley had written. She told her how beautiful they were and said, "You should write a book!" Shirley said she'd never considered this before but recalls sitting down to write and the words just instantly flowed from her mind! She began writing down the words that came to her head, which magically seemed to rhyme, and before she knew it, she'd written 80 poems!

After retiring in 1994, Shirley took a break from writing. But when her husband passed away in 2005, she experienced a time of loneliness and uncertainty. "I began hearing music in my head," she recalls. During this time, she wrote 45 songs with lyrics. Finally in 2017, Shirley decided to piece all of her works together and begin publishing a book. When Shirley was 82 years old, her book "One Size Fits All: Poetry for Every Mood" was published. "Along with politics, I talk a lot about family, life, and my childhood," she says in her book. "Many of my poems reflect my abundant love, and affection for people, as well as life itself."

Today, her hobbies include music, coloring, making crafts, playing cards and spending time with her family. "I am hopeful," Shirley says, "that my work will be inspirational and entertaining and reflect the life I've lived and the world as I see it."

*We wish Shirley all the best and thank her for taking the time to be interviewed.
Thank you for your lovely and interesting story and telling us how you have lived your best life!*



Fall Harvest

WORD FIND



K X H B T C R C G L R T F J S
U O C G S E V A E L U P T N Y
H I M Y Y A H A P W U J I A D
O R T M B J L B P R K K W S S
Q C R V U V P C Y P P D M F D
I I O M C A W S F M L A V A Q
Z I I R C L E H U M F E C L L
N X E O N L X P U Y D D S L S
H V R T P R E C W Q I N D Q J
D N X A T V K C U X C N U E T
S B M T N B A I J Q I I M T R
S C A R E C R O W W R C E X E
C Z F Z D D F M Z R K F W N E
R I T T J H Q Y E K R U T S S
E A K E X K K L M T A X Y O R

LEAVES
FALL
ACORNS
WIND
TREES
APPLES
PUMPKINS
MAPLESYRUP
SCARECROW
CORN
RAKE
SQUIRREL
HAY
TURKEY



CHAPLAIN'S CORNER

I have always loved “Golden Age” style radio dramas, and years ago one of my favorites was entitled “Unshackled.” This show was produced by the Pacific Garden Mission in Chicago, beginning in 1950, and today it is one of the oldest radio dramas still broadcasted. The Pacific Garden Mission was established in 1877 by George and Sarah Clark as a rescue mission for the homeless. One day in 1880 the Clarks found that expenses had grown more than they anticipated, until one day there was no money to pay the rent for the building. So, the Clarks prayed all that night, crying out to God, reminding God of the lives saved by this mission, and for God to provide funds in his own way and time. The Clarks trusted God and did not lose faith, and prayed until morning.

You know what it's like: facing a great need or concern or threat, and praying, crying out to God for help. You do what you can, and trust God. Jesus himself showed us how to rely upon God the Father in all things, and in Mark 6:34-44, we find a wonderful example of this.

In these verses from Mark, Jesus takes pity on the crowds who were like sheep without a shepherd, and began to teach them. Hours later, as evening approaches, the disciples become concerned about the people being hungry, and advise Jesus to send them to the nearby town to buy something to eat. When Jesus suggests that they provide food, they panic at the thought of providing bread to thousands of people; they focus on the material matter and forget the miracles they've seen. Then Jesus simply asks what food they have on hand. Jesus is responding to the challenge with faith in God.

He takes the few loaves and looks up to heaven, thanks God for the food, perhaps even saying this traditional Jewish blessing: *“Blessed are you, Lord God, King of the universe, who brings forth bread from the earth.”* Jesus is teaching the disciples to praise God and His goodness in supplying all we need, because in gathering their resources and trusting in God they can show the people the miracle of God's provision.

Likewise, as the Pacific Gardens Mission was threatened with eviction when there was no money for rent, George and Sarah Clarke did what they could: they blessed God and prayed unceasingly that night, trusting in His power to provide. The next morning, the yard of their home was covered with edible white mushrooms. They gathered and sold them to local restaurants, who were happy to have such a bounty of a popular food. They earned enough to pay the rent for the mission building, with money left over for expenses.

When facing troubles and fears, do as Jesus—and the Clarks—did: look up to heaven, bless God, and then trust Him to provide whatever you need. And when we, even in our suffering, turn to God with prayer and trust, others will see and praise God for it.

Chaplain Laura Stone
Cedarbrook Senior Care, Fountain Hill

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:15 PM Church Auditorium & Channel 22 	2 2:15 PM Music by Tanya & Marge Auditorium & Channel 22	3 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22	4 2:15PM Keep the Faith Aud. & Chan.22 4:00 PM Sunshine News Meeting Family Room D-2 BUS TRIP	5 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 3:30 PM Rosary - Chapel	6 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	7 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Todd Horn Aud. & Chan.22
8 2:15 PM Church Auditorium & Channel 22	9 2:15 PM Resident Rights BINGO Aud. & Chan.22 	10 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22	11 2:15PM Keep the Faith Aud. & Chan.22	12 10:30 AM Splash of Color Painting Family Room 2:15 PM Card Club Family Room D-5 BUS TRIP	13 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 D-3 BUS TRIP	14 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Johnny K. Aud. & Chan.22
15 2:15 PM Church Auditorium & Channel 22	16 2:15 PM Music by Danny Grae Auditorium & Channel 22	17 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22	18 2:15 PM Memorial Service Aud.& Chan. 22 D-4 BUS TRIP	19 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:15 PM Catholic Mass Aud. & Chan. 22 C-3 BUS TRIP	20 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	21 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Chuck Rissmiller Aud. & Chan. 22
22 2:15 PM Church Channel 22	23 2:15 PM Entertainment to be Announced Auditorium & Channel 22	24 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22 D-7 BUS TRIP	25 2:15PM Keep the Faith Aud. & Chan.22 B-3 BUS TRIP	26 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room D-6 BUS TRIP	27 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	28 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Cracked Walnuts Aud. & Chan. 22
F A L L F E S T I V A L W E E K						
29 2:15 PM Church Auditorium & Channel 22	30 2:15 PM Music by Scott Erickson Auditorium & Channel 22	31 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22 			