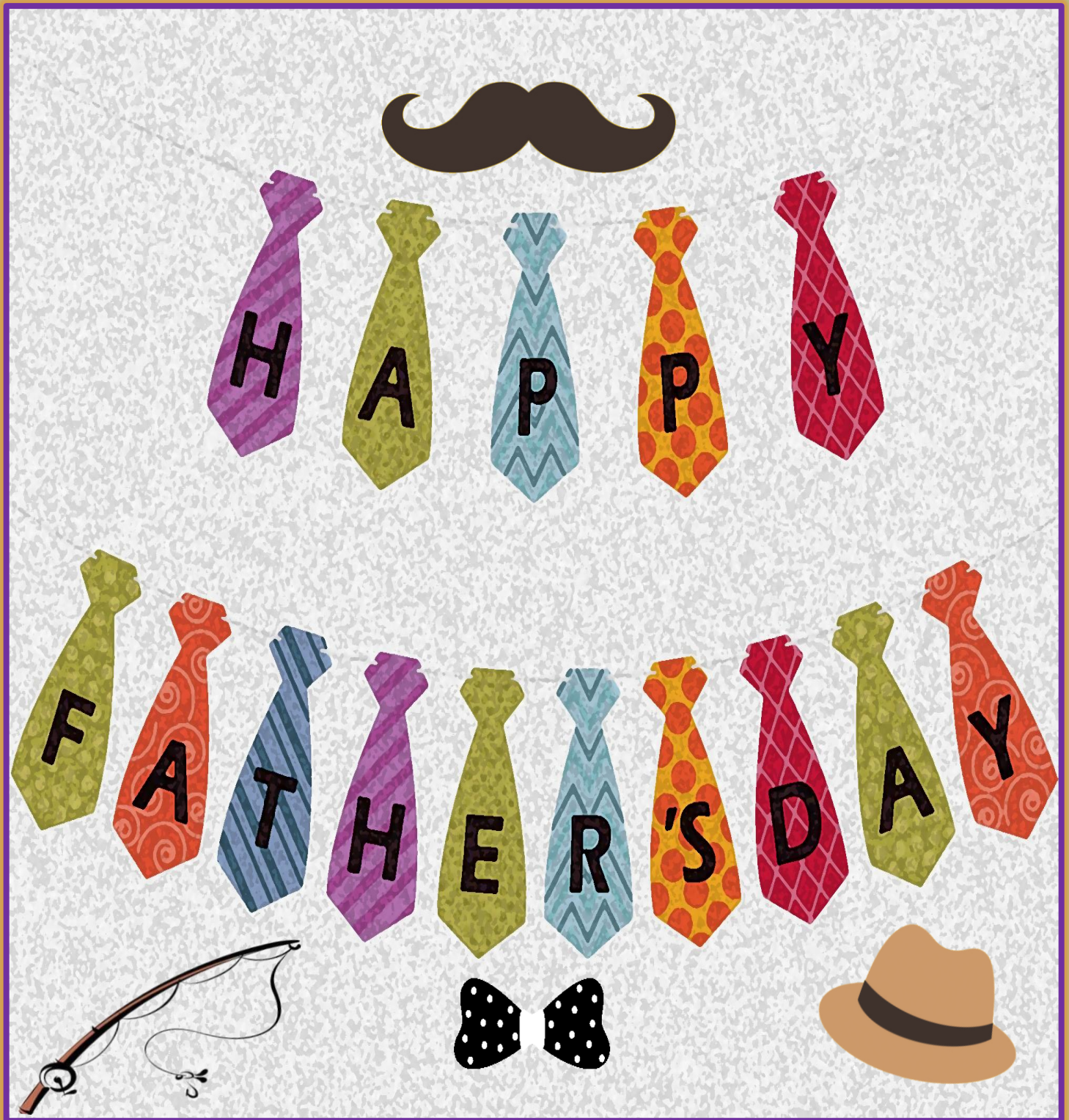


SUNSHINE NEWS

JUNE 2023 CEDARBROOK ALLENTOWN SENIOR CARE & REHAB



SUNSHINE NEWS

JUNE 2023

PUBLISHED MONTHLY (FUNDED BY LEHIGH COUNTY TAXPAYERS DOLLARS.)

CEDARBROOK SENIOR CARE AND REHAB

350 S. CEDARBROOK ROAD ALLENTOWN, PA 18104

(610) 395-3727 FAX: (610) 395-0412 HOTLINE: (610) 336-9604

Jason Cumello, MBA, NHA
Director/Administrator

Michelle Julian, RN, BSN, MS, NHA
Assistant Administrator

Dr. Gruer, MD
Medical Director

David Crook
Chief Financial Officer

Theresa Samuels, RN, BSN, CNDLTC
Director of Nursing Services

Donna Pendrak, RN
Assistant Director of Nursing Services

Ed Fernandes
Director of Facilities

Ricardo Cintando
Director of Environmental Services

Brent Bowman
Human Resources Coordinator

Kristen Morstatt
Resident Assessment Coordinator

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Director of Admissions

Tim Picerno
Director of Rehab Services

Torie Yackanicz
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Jessica Sanchez
Director of Social Services

**Jami Cooper, Heather Jaeger, Khadijah McPherson,
Rhett Palushock, Debbie Smitreski, Mouna Zaghtiti**
Social Services Department

Jennifer Szakacs Strohl, CTRS
Director of Life Enrichment

Kerry Magliane
Coordinator of Volunteer Services

Chaplain Lily Kubala & James Moore
Faith Services



Life Enrichment Department Staff

Shannon Aleman, Michele Ayello, Diane Barnes, Laural Butryn, Marnie Distasio, Lea Hayes,
Kayla Henderson, Sherry Geiger, Marisol Irizarry, Becky Schraden, Jen Sparling,
Sharon Starling-Phillips, Cathy Stauffer, Emily Strohl, Becky Szilli

THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care.

When Lehigh County families choose Cedarbrook, they are selecting

"Community with Heart Offering Individualized Care and Excellent Service."

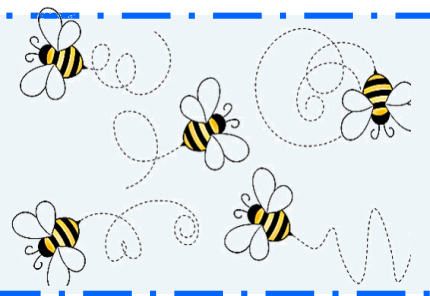
Visit us on our Facebook page and website for updates and pictures of recent events!

www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>



THE BUZZ...

Around Cedarbrook



THE FARMER

THEY GET UP EVERY MORNING AT THE CRACK OF DAWN
MILK THE COWS AND FEED THEM
THEN THEY WORK THE FIELDS ALL DAY LONG
THEN MILK THE COWS AT NIGHT AGAIN
THEY WORK 7 DAYS A WEEK
TO PUT FOOD ON OUR TABLES
MOSTLY WITHOUT A THANKS
WHEN THEY BACK UP TRAFFIC GOING TO THEIR FIELDS
WE YELL AND GET IMPATIENT
SO THE NEXT TIME YOU SEE A FARMER
STOP AND SHAKE THEIR HAND
AND MOST OF ALL SAY THANK YOU!

WRITTEN & SUBMITTED BY,
MATT POST



POSITIVE JUNE QUOTES

LIFE IS BETTER IN FLIP FLOPS
LIFE IS BETTER IN JUNE

JUNE HAD DRAWN OUT
EVERY LEAF ON THE TREES

SUMMER IS THE ANNUAL
PERMISSION SLIP TO BE LAZY

IN SUMMER THE SONGS SING
THEMSELVES

SUBMITTED BY,
LORI SKAGGS

CAN YOU SPY...
WITH YOUR LITTLE
EYE..

"FISHING TIME"
SYMBOL



COUNT HOW MANY YOU
SPY.

(Answer on page 18)

A sturdy, steady hand to hold to
In times of strife and stress
A true friend we can turn to
When times are good or bad
one of our greatest gifts and
blessings,

The man that we call Dad.



F
A
T
H
E
R

Sorry, i'm late



**HAPPY BELATED
BIRTHDAY**

AMY SWITALSKI	2 ND
MONICA HITE	3 RD
DAVID KING	5 TH
MARVIN WEAVER	6 TH
JAY SLAUGHENHOUP	7 TH
LEON LICHTENWALNER	8 TH
SHIRLEY BATMAN	9 TH
CAROLYN ROBINSON	10 TH
CAROLINE DELONG	11 TH
MARIE GASPAR	12 TH
JOHN NOBERINI	12 TH
WAYNE WOOD	14 TH
ROBERT DANIELS	15 TH
BRIAN PANZER	16 TH

MAY BIRTHDAYS



ANNA WINGLOVITZ	18 TH
RUDOLPH MERTENS	18 TH
AUREA PEREZ PADILLA	19 TH
HELEN MCCURLEY	20 TH
MARY WAVREK	21 ST
DIANNE BAMFORD	23 RD
BARBARA METZ	23 RD
MAYNARD NEITH	25 TH
MIGUEL DIAZ	26 TH
ETHEL DEUTSCH	28 TH
HOLLIS WILSON	28 TH
KAREN FAUST	29 TH
CHERIE LOTITO	31 ST
ESTHER GAFFNEY	31 ST

JOYCE SANTOS	1 ST
GWENDOLYN DAVIS	2 ND
JUNE RHINE	4 TH
VIOLET DAW	4 TH
MICHAEL WEAVER	4 TH
INEZ HARDEN	4 TH
BENEDETTO FISICHELLA	6 TH
ELAINE CRAIG	12 TH
NANCY GOODMAN	13 TH
ELLEN MILLER	13 TH



DIANE KRAUSE	18 TH
MARYELLEN PATTERSON	20 TH
DAVID GEIGER	21 ST
KENNETH MERKLE	23 RD
DALE SCHAEFER	24 TH
MARY DIGGS	25 TH
SHIRLEY BINKLEY	27 TH
STACEY KOHLHAUSER	27 TH
ROBERT COLLIER	29 TH

Welcome

NEW RESIDENTS

CORINE JOHNSON

JUDITH HAAS

DOROTHY BAER

RONALD LONG

WILLIAM CADIEUX

ANNMARIE HAYLE

PETER ZOSKY

RICHARD MOYER SR.

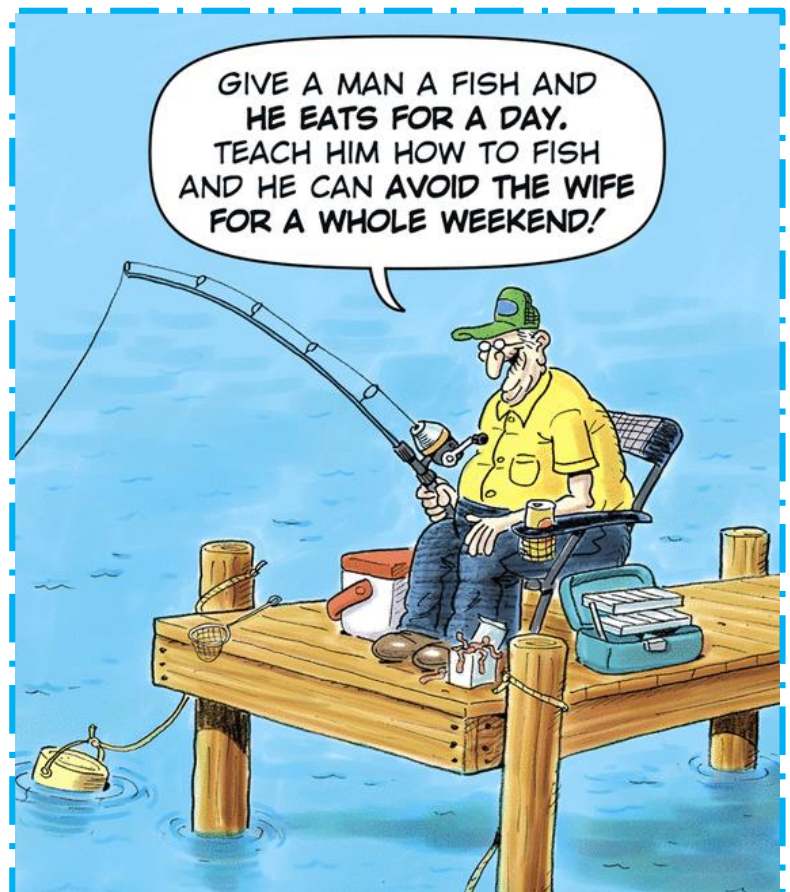
TERRY BERRYMAN

KATIE CHILDS

KAREN BEALER

EDWARD MULLIN JR.

FISHY FUNNIES





FATHER'S DAY



word search



Can you find all the words in the grid? Search the words horizontally, down, and crosswise.

X	K	H	N	R	H	Q	E	K	L	N	K	G	E	H
K	U	A	A	E	Y	E	R	S	N	Q	N	C	G	T
S	B	K	Q	N	L	S	R	F	W	Y	A	L	C	S
D	F	R	Q	T	D	V	A	O	A	H	U	G	S	R
V	A	E	P	O	Q	S	D	C	E	T	P	B	P	E
P	I	D	H	P	J	P	O	E	R	C	H	P	Q	S
R	L	U	D	S	I	O	E	M	V	I	R	E	V	P
O	C	A	Z	Y	S	R	P	P	E	O	F	Q	R	E
T	A	O	U	R	V	T	X	M	H	L	T	I	Q	C
E	U	S	U	G	I	S	R	L	C	O	L	E	C	T
C	Z	Y	M	R	H	K	T	O	G	V	L	L	D	E
T	J	N	G	N	A	T	U	G	N	E	Z	Z	T	N
M	V	E	G	P	Z	G	E	W	C	G	X	R	S	O
P	H	K	B	L	F	O	E	R	F	N	E	R	K	C
J	U	K	C	S	Z	J	M	E	M	O	R	I	E	S

PROTECT

DEVOTED

HERO

LAUGHTER

COURAGE

DADDY

SPORTS

HUGS

STRONG

MEMORIES

LOVE

SACRIFICE

FATHER

RESPECT

HANDSOME

CEDARBROOK VOLUNTEERS ARE VERY IMPORTANT PEOPLE

As you look forward to summer, take the time to reflect back on your cherished memories of summers gone by. Think about the fun you had and how you might be able to share those experiences with our residents. Maybe it will be fishing in our well-stocked pond or taking residents outside to enjoy the sunshine on the patio. There are so many ways you can spend an hour or two and make a difference in the life of a resident; while making a new memory for you to cherish. There are opportunities to help 7 days a week at both locations. Helping others is one of the best gifts you can give yourself. To quote Helen Keller: *"The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves."*

THANK YOU

Here are some ways you can help-

Do you like to play games? We are also looking for volunteers to help with games any day at 10:00AM -12:00PM or 2:00PM -3:30PM at the Fountain Hill or Allentown site. Each game lasts about 1-2 hours, go ahead and sign up! Make some fun memories.

We are looking for Fishing Volunteers! We will be holding our Annual Fishing Event June 1st – June 17th, Mondays thru Saturdays. Fishing experience is required and the desire to have some good old-fashioned fun! Sign up for 3:15PM -4:45PM or 6:15PM-7:30PM shift weekdays or Saturday mornings or early afternoons. This is a Fountain Hill and Allentown Event. Fountain Hill Residents will be bused to our Allentown Campus where fishing will take place in our well-stocked stream.



Transport volunteers are needed. We are looking for volunteers to transport residents to in-house appointments and activities at both locations, mornings and/or afternoons, any day of the week. This is an easy way to help our residents have meaningful experiences every day.

Help our residents enjoy Sunday Church Service. We are looking for individuals who could help escort our residents to our in-house church service and help them follow along in the hymnal book. Spiritual services are very important to our residents. Please volunteer for Sundays 2:00PM-3:30PM, at both locations.

Do you know a High School student who would like to volunteer/do community service hours? We offer opportunities for students at both Cedarbrook locations. The summer is a great time to work on getting those hours done, while helping others. Volunteers must be 13 years of age or older.

Check your calendar; see if you have a few hours to help volunteer at Cedarbrook.

Our residents and staff would love to have your help.

Contact me to sign up at 610-336-5684, kerrymagliane@lehighcounty.org

All volunteers must have completed their COVID vaccine.





CHAPLAIN'S CHAT



I love the psalms, especially Psalm 27, because they teach us that prayer is personal, that it is simply talking to God as if we would a loved one or a close friend. God is holy and far above us, but God is also present with us. My mother used to say, “God is never so far as to be near,” meaning that God is so completely close to us that even nearness is far away for God. To put it plainly, we live every moment in God’s presence, because that is what God wants. In just speaking to God, whether aloud or in our heart, God is listening, because He is nearer than we can understand or imagine.

In a beautiful reflection on Psalm 27, Pastor Agnes Norfleet relates the images in the psalm to the ancient Celtic belief in what they called “thin places,” or places where a person feels close to the presence of God. The Celts were the ancient peoples of Ireland, Scotland, and Wales. For the pre-Christian Celts, the “thin places” were often shorelines, rivers, and wells, sources of water that came from a deep, mysterious place. As the Celts became Christian, they applied this sense of the holiness of God to an awareness of His presence in a place or in a moment of the day.

Norfleet explains that it is not the physical place itself that is holy, but that the place brings us to remember God’s presence. Think of the experiences or places that make you feel close to God: a garden, a church sanctuary, a starry sky, a sleeping infant, a close conversation with someone who understands you. One Sunday, years ago, I stood at the back of the sanctuary of my church, at the people who were gathering in the pews, young and old, greeting each other, and said to God in my heart: yes, here You are, present among these people!

Norfleet points out that in the first verses David calls God “my light.” This is the only place in the Old Testament where God is described as *my* light, my very own personal light. And in those same first verses, David also describes a very real and familiar sense of fear and danger, but at the same time still expresses trust in God as his “stronghold” and “salvation.” We relate to David as he faces fear with trust in God. Even times of fear are times of calling to mind the presence of God, of it being a “thin place” where we can feel close to God as we cry out to Him.

David also speaks to God of the moments of gazing upon His beauty, of seeking His face, and of knowing that he will be in the presence of God in the land of the living, here and now, and will see God’s goodness through the eyes of faith. He speaks aloud of a close and personal relationship with God, and does this in his own words to God, his own prayer of praise and petition. David knows God is present, that there is no separation between himself and God. Ask yourself as the day quiets down: where did I meet God today? Norfleet suggests that we make this reflection our evening prayer. It takes practice, to focus on God’s presence in the day. Norfleet offers part of a Celtic Christian prayer which can help us to think about the closeness of God in our day. It goes like this: *The place I call home is where my heart is at rest. And my heart is most at rest when it turns to God in prayer. So wherever I pray is home.* My prayer for you is that you see the goodness of the Lord in the land of the living, in whatever way God reveals it to your heart.

EMPLOYEE ANNIVERSARIES

EMPLOYEE	DEPARTMENT	YEARS
DONNA PENDRAK	NURSING ADMISTRATION	34
ANNETTE GONZALEZ	NURSING OFFICE	34
BETH HELLER	ADMISSIONS	30
EILEEN NONEMAN	NURSING	25
MARCY HOWARD	NURSING	20
LOUISE KRUM	NURSING	19
SHARON NICHOLS	NURSING	19
CRYSTAL ROUSIS	NURSING	17
SCOT FENSTERMAKER	FACILITIES	15
THERESA HALLEY	NURSING	14
SHEILA ANDREW	NURSING	11
ASHLEY LAFRANKIE	NURSING	10
DANIELLE DICARNE	NURSING	8
JAMAL HANNA	FACILITIES	7
NICOLE CERNEK	NURSING	7
TYRA BURTON	ENVIRONMENTAL	7
NANCY HOFFMAN	NURSING	7

EMPLOYEE	DEPARTMENT	YEARS
CYNTHIA WASHINGTON	NURSING	7
MARIA TORRES	NURSING	6
NARDITA COTTO	ENVIRONMENTAL	6
LATEEMA BEY	NURSING	5
TERESA SAMUELS	ADMINISTRATION	4
ALBERTO RAMIREZ	FACILITIES	4
TOI MOLL	NURSING	3
REGINALD MCGIRT	ENVIRONMENTAL	3
ANGELICA GONZALEZ	NURSING	3
JANINE WILLIAMS	NURSING OFFICE	2
TRISHA COUGLE	NURSING	2
FABIOLA LEVONVILLE	NURSING	2
MARIA NUNEZ	NURSING	1
JEWEL KRAVETZ	NURSING	1
CAROL MIKLOS	NURSING	1
JORDY VARGAS	ENVIRONMENTAL	1
JUSTIN KRESLEY	ENVIRONMENTAL	1

THANK YOU



Volunteer Spotlight

Rose Marie Fenstermacher has been a volunteer here at Cedarbrook Allentown for the past 5 years.

She grew up in Northampton and now resides in Allentown. In her leisure time, she enjoys going on bus trips, shopping, reading and spending time with her great grand children. She also likes to take trips to the casinos, eat some great food and spend time with her greatest accomplishments, which are her children.

Her memories began here at Cedarbrook when she came in to visit her mom. Seeing the residents almost everyday was an important moment for her. That's when she decided to start volunteering.

She is a very motivated volunteer that believes we should serve and help our fellowman when the opportunity presents itself. Something as simple as transporting the residents to the beauty shop and seeing all the wonderful "hairdo's" and how much the residents smiled was enough to keep her coming back.

Rose Marie compliments our staff for being caring and helpful with all their daily needs. She loves to come and volunteer because of the friendly atmosphere here at Cedarbrook. She encourages everyone to try volunteering. It is a great experience that no one should miss out on.

We are so happy that Rose Marie spends her free time here with our residents.
Your friendly face and your ability to help when you can is a blessing for everyone here.

Thank you for being a loyal volunteer and we appreciate you so much!
Keep up the great work!



I am the American Flag
I have earned the
right to be heard
I will speak from the
wisdom of life.
Look at my face,
I have known over
40 presidents.
I have traveled far.
I have lived long
and seen much.
I have paid the price for
my freedom of speech.
I have wrapped my
arms around those who
have died for me.
I am proud of my country,
preserve my dignity;
You have the freedom
to choose.
Old Glory they called me,
and I am the American Flag,
Under God, with Liberty
and Justice For All.

DID YOU LOSE SOMETHING?



Lost & Found is located at the Security Desk, First Floor. If you think you have lost something, please talk to your Social Worker or stop by the Security Desk to check.



FUN FLAG TRIVIA

- ❖ This holiday commemorates the date in 1777 when the U.S. approved the design for its first national flag.
- ❖ Six American flags made it to the moon, starting with Neil Armstrong followed by 5 additional missions.
- ❖ Pennsylvania is the only state that observes Flag Day as a state holiday.
- ❖ Our flag should not be flown in rain or inclement weather or at night without a light on it.
- ❖ The colors of the flag have meaning. Red is for hardiness and valor. White is for purity and innocence. Blue is for vigilance, perseverance and justice.
- ❖ When displayed on a wall or window, the blue field should always be in the upper left corner.
- ❖ The "Flag Code" which was written and approved by Congress, bans the use of the flag as clothing. That's right- NO USA t-shirts, bandanas or bikinis! But don't worry, there are no federal punishments or enforcement for citizens who don't follow the code.

*Submitted by,
Beverly Dawson*

DIETICIAN CORNER



Let's talk about **CHOCOLATE**! To enjoy the health benefits of chocolate, be sure to choose **dark** chocolate. Its primary ingredient is cocoa, which is rich in flavonoids. Flavonoids are heart-healthy antioxidants that can improve blood flow. They help decrease blood pressure and help deliver blood to all of your organs. Choose chocolate that is at least 70% cacao or cocoa to optimize the antioxidant power and health benefits. This process of alkalization is done to change the color and reduce the bitterness of the chocolate, but it also significantly reduces the amount of antioxidants. Did you know that dark chocolate may boost your mood? Polyphenolic compounds are another antioxidant group found in dark chocolate. These antioxidants are responsible for lowering cortisol, a stress hormone. Less stress = better mood. While dark chocolate boasts many health benefits, it is, alas, a sweetened treat. As with all treats, the key is moderation. The recommended serving is 1-2 ounces, which is the perfect size to bite and savor. With all that being said, next time the trolley cart comes around or you stop at the gift shop, opt for a dark chocolate bar.



-MORRISON LIVING-



NATIONAL FOOD HOLIDAYS IN JUNE

JUNE 3RD - National Egg Day



JUNE 7th - National Chocolate Ice Cream Day



JUNE 11th - National German Chocolate Cake Day



JUNE 14th - National Strawberry Shortcake Day

JUNE 16th - National Fudge Day

June 18th - National Cherry Tart Day



JUNE 22nd - National Onion Ring Day



JUNE 26th National Chocolate Pudding Day

JUNE 28th - National Tapioca Day

JUNE 30th - National Ice Cream Soda Day





In Loving Memory



AT REST APRIL 2023

GINO ANNONI
JAMES CIESLAK
GERALD BUSS
MARGARET BALLA

MERCEDES KERN
ALEXANDER HALL
JANET PASCHALL
GLORIA GURKA
EVELYN BOWERS

“

One day we will
remember how lucky
we were to have
known their
love, with wonder,
not grief.

Accept
what is,
let go of
what was,
and have faith
in what
will be.



DO YOU HAVE A CONCERN?

Pennsylvania
Department of Aging
Office of the Long-Term Care
Ombudsman

If you have a question or concern,
Pennsylvania's Long-term Care
Ombudsman Program can help.
Your local Ombudsman is trained to
advocate for your rights and will work to
resolve your problems by:

- ♦ *Listening to your concerns*
- ♦ *Respecting your choices*
- ♦ *Offering ideas and options to help
you meet your individual needs*
- ♦ *Services are free and confidential*

Contact your local Ombudsman
(484) 619-3337



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker. Our PC Specialist will assign a unique username and password which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after 3 days.



EMPLOYEE PET OF THE MONTH

**Name of employee and department...**

Kayla -Life Enrichment.

Type of animal/ breed...

Chihuahua/ Shepard mix

Pet's name, how did you come up with it?

He came with the name Bullet; but my college roommates and I decided that he needed a more "sophisticated" name, so we renamed him Boulevard.

How old is your pet?

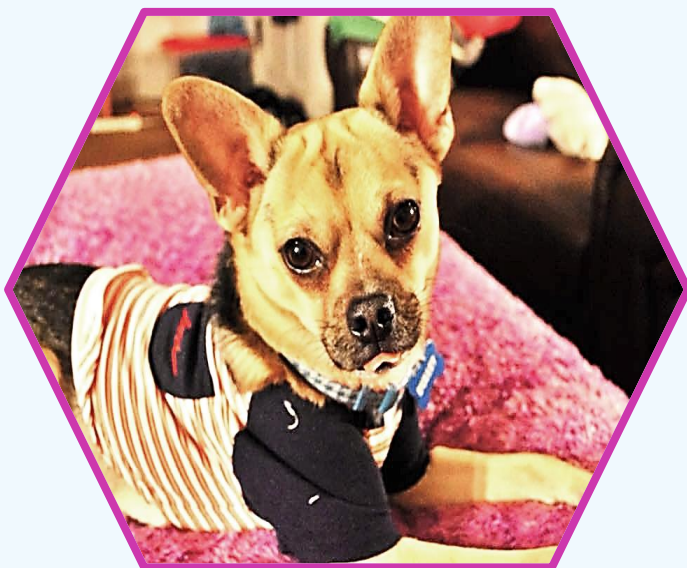
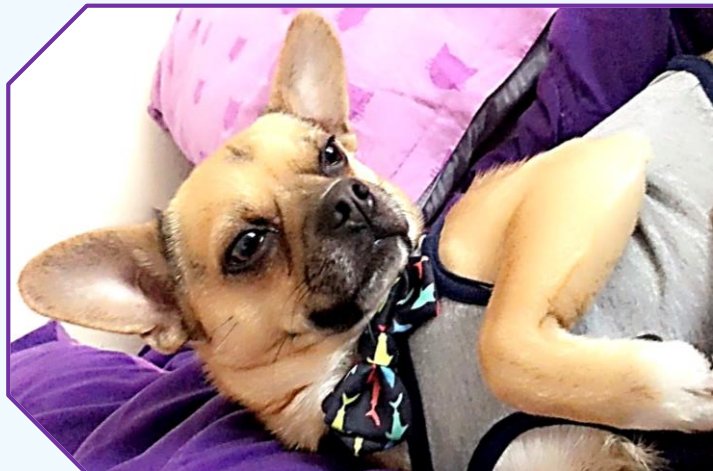
6 years young.

Are there any other nicknames you have for your pet?

Bullet, Boulevard and Bullsie.

How and when did you choose your pet?

I got Bullet by accident. He was 8 months at the time. I was asked to care for him for about two weeks until his previous owner found a safe home for him (he was being abused). Long story short, the person never came back for him! Which was a good thing because we got attached and he became my best friend! We needed each other! It all worked out.

**Does your pet do any special tricks?**

He is super smart! He can sit, give a paw, give kisses, jump, and play dead. The coolest thing about him is that he knows each of his commands/tricks in Spanish and American Sign Language.

Funniest memory of your pet...

There are too many memories. He is pretty comical. It makes me chuckle when I think about him locking me out of my car (he always stands on the lock and window buttons), when I walked away to call AAA he hit the button which rolled the window down and let me back in! Too Funny!!

Does your pet have a favorite toy or treat?

He has so many toys but he would much rather chew up my brother's super hero toys his and toy food.

Does your pet have any bad/ naughty habits that drive you crazy?

Sometimes he gets in the trash. He is really emotional and cries a lot when I leave the house. Nothing too much to really drive me crazy.



(If you would like to see your pet in the Sunshine News, please stop by the Life Enrichment Department to pick up a pet questionnaire. Please be prepared to email pictures of your pet to: MarnieDistasio@lehighcounty.org.)

RESIDENTS' COUNCIL MEETING MINUTES - MONDAY MAY 8, 2023



Jean Larison, President, called the meeting to order.

Karen Snyder, Secretary, read the highlights from the April meeting.

Marilyn Barker, Vice-President, read the Resident Right for May.

PROTECTION OF PERSONAL FUNDS –

You are not required to deposit your personal funds with your nursing facility.

If you choose, however, to deposit your personal funds with your nursing facility, your nursing facility must provide you with a written authorization form which you must sign, that requires the nursing facility to manage and account for your personal funds **OVER** \$50.00 in an interest-bearing account. This account must be kept separate from any of your nursing facility's operating accounts. If your funds are kept in the same account (pooled accounts) as other residents, there must be an accounting of each resident's share of the funds and interest in the account.

Any of your personal funds **UNDER** \$50.00 must be kept in a noninterest-bearing account, interest-bearing account, or petty cash fund. Your nursing facility must maintain a full and complete separate accounting of your personal funds; a written record of all financial transactions involving your personal funds; and permit you or your legal representative reasonable access to the records of your account.

If you are a resident receiving medical assistance benefits, your nursing facility must let you know when the balance in your account plus the value of your other nonexempt resources reaches \$200.00 less than the amount that may cause you to lose your eligibility for medical assistance benefits. In the event of your death, your nursing facility must promptly (within 30 days) turn over to the executor of your estate your personal funds with a final accounting of those funds. Your nursing facility must provide assurances to the appropriate state authorities that the personal funds you deposited with your nursing facility are safe and can be accounted for. If you are a resident receiving Medicare or medical assistance benefits, your nursing facility may **not** deduct from your personal funds the cost of any service or item for which payment is covered by medical assistance or Medicare, whichever is applicable.

Jean welcomed new residents for April.

Old Business:

- Resident on D-4 mentioned a request for the cloud light covers in the rear solarium be changed to a clear cover to see the puzzles better. Facilities replaced covers with clear lens.
- Resident on D-7 stated room is cold. Facilities turned blower fan off on unit.



New Business:

Jason Cumello: Administrator

Masks– As long as the positivity rate is low to moderate, masks are optional. If the transmission rate goes back up to a substantial high, masks will be required.

Ambulance Entrance– The ambulance entrance on the front side of D-Wing will be closed for 5 weeks. That area is being demolished. This closure has two major impacts on the facility:

1. In case of an absolute emergency in which we would need to evacuate the building, the D-Wing front stairs evacuation route will be redirected to flow past the therapy gym on D-Wing and out the D-Wing side exit.
2. The new temporary ambulance entrance will be the C-Wing rear patio entrance. A temporary canopy has been constructed and a callbox has been installed. There are two parking spots next to the outdoor freezer designated for those visitors who absolutely require ramp access due to wheelchair or walker usage. Otherwise, visitors will continue to park in the D-Wing lot and access the building through the D-Wing side entrance near security.

RESIDENTS' COUNCIL MEETING MINUTES CONTINUED -

Dining Services– We have just ended our first month of Dining Services transition. There will be a Dining Services meeting immediately following this meeting. Please make them aware of any concerns. A few weeks ago, a small food committee was created to further discuss dining issues. We will be meeting with those residents/staff today and again in 2 weeks.

Teresa Samuels: Director of Nursing:

- **Masks**– Thanked everyone for all they endured the last 3 years with mask wearing. Reminded everyone that we still need to be vigilant with our preventive measures which include:
 - Recognizing symptoms which could be COVID: cough, fever, chills, shortness of breath, increase in headache, difficulty breathing, a loss of taste or smell, please notify your nurse immediately.
- **Nurses Week**– Please take a moment to wish your nursing staff a Happy Nurses Week.

Jennifer Szakacs Strohl: Director of Life Enrichment

- **New Assistant Director**– Introduced Jessica Kelly. She will cover Fountain Hill full time and Allentown in the Director's absence.
- **Programs**– Wednesday's "Keep the Faith" program is on hold temporarily.
 - National Nursing Home Week will be May 14- 20th.
 - Fishing will begin on June 1st. Will end with a fish fry.
 - New Rosary group will be held on the 1st Thursday of the month in the Chapel at 3:30pm. Rosary beads will be provided, if needed.
- **Outings**– We have season tickets to the Iron Pigs. D-2 will be the first to go on May 23rd. Please let your Life Enrichment staff know if you have any outing suggestions.
- **Entertainers**– There will be entertainers every Monday and Saturday.



Resident Concerns / Comments:

- ✓ Resident on C-3 questioned how to get outside for fresh air?
Jason responded he would personally escort her outside in the next few days.
- ✓ Resident on D-4 questioned if water fountains will be re-opened?
Jason responded we will be keeping them closed for now.
- ✓ Resident on D-3 requested board games on his unit.
Jenn, Life Enrichment, will look into purchasing.
- ✓ Resident on D-3 stated the men's room bathroom sink on his unit doesn't work. Will send a work order and referral to Facilities.
- ✓ Resident on D-3 has pants that need alteration.
Ricardo Cintado, Director of Environmental Services, stated he will meet with her after the meeting.
- ✓ Resident on C-3 asked if the Nursing staff could introduce themselves in the morning so residents know who to ask for later in the day.

Teresa responded they will do unit education.

Announcements:

The next meeting will be held Monday, June 12th at 2:15 pm in the Auditorium.

Residents invited to attend Food Committee meeting immediately following Residents' Council.

The meeting was adjourned.





Juneteenth Facts



- ★ The Juneteenth flag, designed by L.J. Graf., represents African-American history and their freedom. The bursting New Star stands for the state flag of Texas with new freedom and new people. The red, white and blue colors remind that all African slaves and their descendants are Americans.

SUNSHINE NEWS STAFF

Advisor: Jennifer Szakacs Strohl

Editor/Format: Marnie Distasio
Shannon Aleman

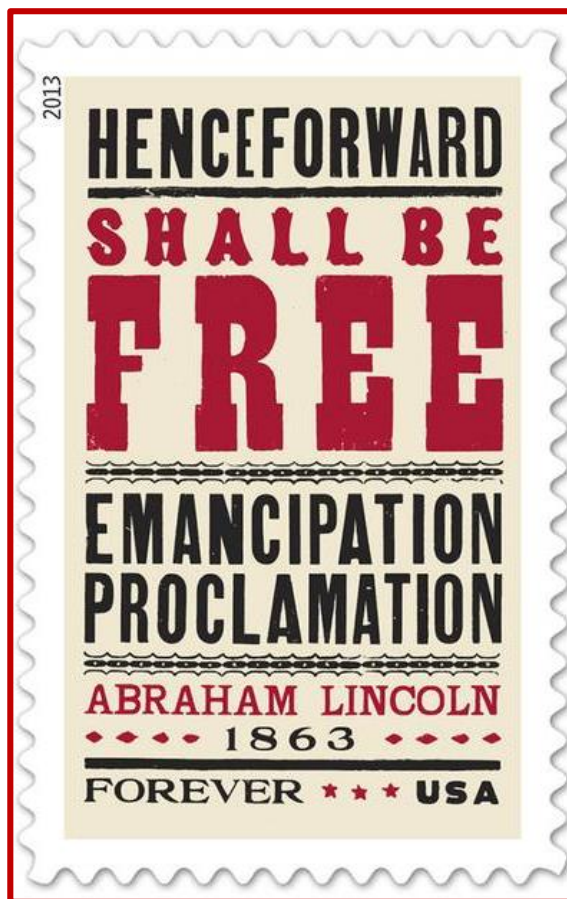
**Writers/
Humorists:** Elma Mae Uhle
Jean Larison
Bev Dawson
Kay Mohr
Matt Post
Lori Skaggs



NEED A REPAIR? SOMETHING FIXED?

Here's how to get it done....

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC. Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.



HOW MANY DID YOU SPY?









There are 13
"FISHING TIME SYMBOLS"



June 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 3:30 PM Rosary- Chapel D-4 FISHING	2 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 C-3 FISHING	3 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Lorri Woodward Aud. & Chan. 22
4 2:15 PM Church Auditorium & Channel 22	5 2:15 PM Music by Stacy Gabel Auditorium & Channel 22 D-3 FISHING	6 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22 D-6 FISHING	7 2:15 PM Keep the Faith Aud. & Chan. 22 D-5 FISHING 	8 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room D-7 FISHING	9 10:30 AM Cedarbrook Rocks- Aud. 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 2:15 PM Men's Bingo Auditorium *INVITE ONLY* D-2 FISHING	10 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Sing Along Auditorium
11 2:15 PM Church Auditorium & Channel 22	12 2:15 PM Resident Council Auditorium & Channel 22 B-3 FISHING	13 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22	14  2:15 PM Keep the Faith Aud. & Chan. 22 RAIN DATE FOR FISHING	15 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:15 PM- Mass Aud. & Chan. 22 RAIN DATE FOR FISHING	16 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 D-4 IRON PIGS GAME	17 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Veronica Aud. & Chan. 22
18 2:15 PM Church Auditorium & Channel 22 	19 2:15 PM Sing Along with Ruth Auditorium	20 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22	21 2:15 PM Memorial Service Auditorium & Channel 22	22 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room	23 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 2:15 PM House Games Auditorium	24 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Cracked Walnuts Aud. & Chan. 22
25 2:15 PM Church Auditorium & Channel 22	26 2:15 PM Music by John Bauer Auditorium & Channel 22	27 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22	28 2:15 PM Keep the Faith Aud. & Chan. 22	29 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room C-3 IRON PIGS GAME	30 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 D-5 IRON PIGS GAME	PROGRAMS SUBJECT TO CHANGE