

SUNSHINE NEWS

APRIL 2023 CEDARBROOK ALLENTOWN SENIOR CARE & REHAB

EASTER





SUNSHINE NEWS

April 2023

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CEDARBROOK SENIOR CARE AND REHAB
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Cathy Stauffer, Emily Strohl, Becky Szilli

THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a
commitment to residents and relatives who need senior care.

When Lehigh County families choose Cedarbrook, they are selecting
“Community with Heat Offering Individualized Care and Excellent Service.”

Visit us on our Facebook page and website for updates and pictures of recent events!

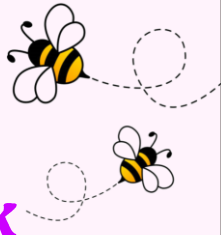


www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>



BUZZ...

Around Cedarbrook



SPRING QUOTES

- Springtime is the season of hope, new beginnings and new growth.
- Embrace April springtime with love, hope, joy and lots of sunshine.
- April springtime is the sun shining on the rain and the rain on the sunshine.
- April reminds us no matter how cold wintertime is, the light and warmth of the sun will always come through to be with us in springtime.
- Where flowers bloom so does hope.



Submitted by,
Lori Skaggs



EASTER SUNDAY



Easter is when The King rose up from the grave the Friday before was his last supper. A lot of churches have Easter dawn services and the Easter Bunny comes. Families get together and have Easter dinner with ham and all the fixings. They have Easter egg hunts for the kids. But most of all it is the day to remember The King Jesus was resurrected.



Written & submitted by,
Matt Post



APRIL TRIVIA

- Those who were born in April have a diamond as their birthstone, which represents innocence.
- April is named for the Greek goddess of love, Aphrodite.
- There are some notable historical people who were born in April such as Leonardo da Vinci, Shakespeare, and Queen Elizabeth II.
- On April 15, 1912, the famous Titanic ship hit an iceberg and sunk on her first and only voyage.
- George Washington was inaugurated as the first President of the United States on April 30, 1789.
- On April 11, 1970, Apollo 13 was launched and ran into difficulties 2 days later. It was then the famous line "Houston, we have a problem," was said.
- Ford unveiled their first Mustang on April 17, 1964, costing a mere \$2,368.
- The honorary flowers for April are the daisy and the sweet pea.
- April used to only have 29 days. The 30th day was added when Julius Caesar established the Julian Calendar.
- It is speculated that the custom of April Fools began in France during the 16th century, after the new year calendar was moved from April 1st to January 1st. Those who continued to celebrate the April new year were considered fools, and often the victims of practical jokes. Today we still celebrate it with fun and jokes with our friends.

Submitted by,
Bev Dawson



Karen's Korner

Spring Into a Healthier You

7 Strategies for a Healthy Spring



➤ **Move More Sit Less**

Get at least 150 minutes of moderate-intensity physical activity every week (30 minutes a, day 5 days a week).

Do muscle-strengthening activities 2 days a week.

➤ **Eat Healthy Foods**

Try healthy food choices like fruits, vegetables, whole grains, lean meats and low-fat dairy products.

TIP: 1/2 plate fruits and vegetables, 1/2 plate whole grains.

➤ **Choose your Drinks Wisely**

Substitute water for sugary or alcoholic drinks to reduce calories and stay safe.

➤ **Get Enough Sleep**

Adults need at least 7 hrs. of sleep per night.

TIP: Go to bed and get up same time every day, keep bedroom quiet and dark, remove electronic devices, avoid caffeine and alcohol before bed, and be active during the day.

➤ **Be Safe in the Sun**

Wear long-sleeved shirts and long pants, a wide brimmed hat, sunglasses and use a broad-spectrum sunscreen with at least SPF 15.

TIP: wear sunglasses that block both UVA and UVB rays for best protection.

➤ **Don't use Tobacco**

The toxins in cigarette smoke damage collagen and elastin, which are fibrous components of your skin that keep it firm.

Call **1-800-QUIT-NOW** for further information on quitting smoking.

➤ **Learn your Health History**

Talk to your Family and Doctor about your family health history.



**CAN YOU SPY...
WITH YOUR LITTLE EYE..**



"Baby Bunny"
Count how many you SPY.
(Answer on page 18)



DIANA LOVE- SEIFARTH	2 ND
LOIS BITLER	3 RD
KAREN SNYDER	4 TH
VICENTE APONTE	5 TH
ORPHA REMMEL	6 TH
LORRAINE MINICHELLO	7 TH
EVELYN BOWERS	9 TH
CAROL HERSH	14 TH
ANDREW KLUSARITZ	15 TH
HERMIE SCHAPPELL	16 TH
ELIZABETH DELONG	16 TH
ANA RAMOS	16 TH
BARBARA GALLAGHER	16 TH



THOMAS PEACOCK	16 TH
WALTER SOLICK	19 TH
WENDY LEE	19 TH
GLORIA HALL	20 TH
VIRGINIA MACDONALD	21 ST
LINDA BARBER	22 ND
HARRY KLEINER	23 RD
MILDRED FLISZAR	26 TH
GRACE WISSER	26 TH
BERNICE SCHAUFLE	28 TH
SANTIAGO COLON	29 TH
ALICE BROOKS	30 TH



WELCOME ABOARD!

NEW RESIDENTS

KATHY STEWART

DOROTHY LEOPOLD

MARJORIE RYAN

MARVIN WEAVER

LUIS RIVERA CRUZ

ANTONIO TORRES
GONZALEZ

DOROTHY BARNES

KATARINA ZAMOLYI

CAROL HERSH

SANDRA MORGAN

JOHN CHISNELL

CATHARINE SHELLY

SPRING GIGGLES

WHY IS THE LETTER "A" LIKE A FLOWER?
BECAUSE A "B" COMES AFTER IT!

WHAT DID THE TREE SAY DURING SPRINGTIME?
"WELL, THIS IS A RE-LEAF!"

WHAT DID SUMMER SAY TO SPRING?
HELP, I'M GOING TO FALL!

WHY IS EVERYONE SO TIRED ON APRIL 1ST?
BECAUSE THEY JUST FINISHED A LONG 31- DAY MARCH!

WHAT IS SPRING'S FAVORITE APPETIZER?
A BLOOMIN' ONION!

WHAT DO YOU CALL A LINE OF RABBITS WALKING BACKWARDS?
A RECEDING HARELINE!



WORDSCRAMBLE ANSWERS

1. UMBRELLA
2. BUTTERFLIES
3. FLOWERS
4. SUNNY
5. TULIPS
6. SUNSHINE
7. BLOSSOM
8. RAINBOW
9. PICNIC
10. GARDEN



EMPLOYEE PET OF THE MONTH

Name of employee and department...

Jessica Brokate- Human Resources

Type of animal/ breed...

Dog- Black Lab

Pet's name, how did you come up with it?

Timber- My husband and I live in the woods and he always said if we got a dog, he wanted to name it "TIMBER".

Do you have any other nicknames for your pet?

Sweetie girl, baby girl, honey, mommy/daddy's girl

How old is your pet?

7 months old

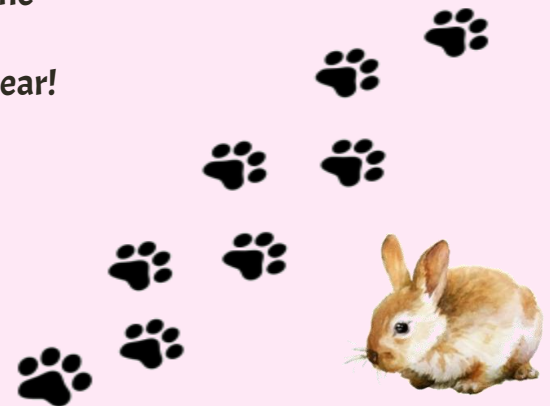
How and when did you choose your pet?

My husband was in Sullivan County at his hunting cabin and the neighbors there brought over some puppies their dog had.

To my surprise he came home with Timber in November last year!

Does your pet do any special tricks?

She is learning how to be a "shed dog". My husband has been working with her on learning how to find deer antlers which they call sheds when the fall off. She is in school and we do fun relay races in class where she does different obstacle courses.



Funniest memory of your pet...

Every time we go for a walk, she has to find the biggest stick and then tries so hard to carry it in her mouth for the rest of the walk.

Does your pet have a favorite toy or treat?

She loves peanut butter and her toy deer antlers, her rope toy, and her Kong. We will put treats in the kong and it keeps her busy for a while.

Does your pet have any bad/ naughty habits that drive you crazy?

She jumps all over us and anyone that comes over- she also likes to wrestle and play bite but we are working on stopping that. She also begs with those puppy dog eyes when we sit down to eat.

Fun facts about your pet or the breed...

*According to the American Kennel Club, the breed has taken the top spot in its rankings of most popular breeds for 30 consecutive years—the longest reign of any breed in AKC history.

*A Lab was the first dog to appear on the cover of "Life" magazine in 1938.

* Labs love water and even have webbed feet to make it easier for them to swim. Their fur coat is practically waterproof. Water skims off their coat making them dry faster too.

(If you would like to see your pet in the Sunshine News, please stop by the Life Enrichment Department to pick up a pet questionnaire. Please be prepared to email pictures of your pet to: MarnieDistasio@lehighcounty.org.)

CHAPLAIN'S CORNER

There are times in all of our lives when we sense a new beginning. We desire a new beginning. But we wonder if it's possible. And if it is, where do we start? The thought of a new beginning is scary, because we don't want to risk anything. But we're not settled where we're at. We've come to realize that something should change.

How do we begin again? We ask God for help!



Ecclesiastes 3:1-5 says, "To everything there is a season, A time for every purpose under heaven: A time to be born, And a time to die; A time to plant, And a time to pluck what is planted; A time to kill, And a time to heal; A time to break down, And a time to build up; A time to weep, And a time to laugh; A time to mourn, And a time to dance; A time to cast away stones, And a time to gather stones; A time to embrace, And a time to refrain from embracing;"

These verses show us four things:

1. There's a time for everything in life. How great a confidence this brings us to know that we can expect a warmer season after a colder one. In the same manner that God "makes his sun rise on the evil and on the good (Matthew 5:45)." He allows seasons to change and new beginnings to start.
2. That patience is more important than the beginning or end. Often times, the end of a thing seems more valuable than the beginning of it. Ecclesiastes 7:8 says, "The end of a matter is better than its beginning, and patience is better."
3. The former things pass away and new things come. God doesn't remember our past, He can give us fresh starts. Isaiah 43:18-19 says, "Forget the former things; do not dwell on the past. See, I am doing a new thing!... do you not perceive it?"
4. Perseverance is the way to new beginnings. Perseverance is the way to a new start because a new beginning often requires patience. James 5:11 says, "As you know, we count as blessed those who have persevered... and have seen what the LORD finally brought about."

The application is that if we desire a new beginning, don't try to go it alone. There is a sense, of course, in which any new beginning must be private. But also we should read God's Word and obey it in our daily lives. In Ecc. 3:11 it says, "God has made everything appropriate in its time. He has also set eternity in their heart."

We must go to Jesus in private and ask for help. And commit ourselves to actual practical change. The God of wisdom is also a God of grace, and He welcomes us to look into the mirror of His Word, to confess what we see and desire; He greets us with forgiveness, and He greets us with empowering grace.

This is an invitation to fresh starts and new beginnings!



Written by, Chaplain Fred Bartholomew

CEDARBROOK EMPLOYEE ANNIVERSARIES

Employee	Department	Years	Employee	Department	Years
JEFFREY DREISBACH	ENVIRONMENTAL	36	KAREN ANDERSON	ENVIRONMENTAL	9
CYNTHIA THOMAS	NURSING	26	KAZIA MCNAIR	NURSING	8
KEIRA GROHMAN	NURSING OFFICE	29	AIMEE HERNANDEZ	NURSING	5
RAJWANT RAI	NURSING	23	SAMANTHA STETCH	NURSING	5
MOLLIE FELLER	NURSING	23	WENDY ABRAMS	NURSING	5
SANDY VILLATORO	NURSING	23	AMBER EBERLY	NURSING	5
LORI LEE WILLIAMSON	NURSING	21	TIARA CATO	NURSING	4
CHRISTY REHRIG	NURSING	20	BAILY DEFAZIO	NURSING	4
JAMI COOPER	SOCIAL SERVICE	20	MAELYNN CAMPBELL	NURSING	2
YVONNE GLEATON	NURSING	17	BISANNIE SOTO- VELEZ	NURSING	2
LISA REMALEY	NURSING OFFICE	13	DEVON ANDREWS	NURSING	2
LAUREN VOGEL	NURSING	12	ADAM BOANDL	FINANCIAL	2
SANDRA BUSSELL	NURSING	9			

*Thank you
for The Amazing
Job You Do
Every Day!*



RECIPE FOR EASTER



PASKA is what many Ukrainians and other Eastern Europeans call their Easter Bread. It is made for the celebration, taken to the church to be blessed, and later shared by the family.



Ingredients

Dough

- 1 cup lukewarm water
- 1/2 cup milk, whole preferred
- 1 large egg
- 4 tablespoons butter, at room temperature
- 5 cups Unbleached All-Purpose Flour
- 1 tablespoon instant yeast
- 2 tablespoons granulated sugar
- 2 1/2 teaspoons salt

Topping

- 1 large egg
- 1 tablespoon cold water



Instructions

- To make the dough: Weigh your flour; or measure it by gently spooning it into a cup, then sweeping off any excess. Mix and knead all of the dough ingredients – by hand or kitchen aid type mixer– to make a soft, smooth dough.
- Place the dough in a lightly greased bowl, and let it rise for 60 to 90 minutes, until it's noticeably puffy.
- Turn the dough out onto a lightly floured surface; divide it into two pieces, one twice as large as the other. Take the larger piece, roll into a ball, and place it into a well-greased 9" x 2" round pan.
- Divide the other piece of dough into three equal pieces, and roll each out into a 20" strand; use the three strands to create one long braid.
- Place the braid around the inside edge of the pan, or use it to form a cross over the top of the larger piece of dough.
- Cover the loaf and let it rise until doubled, about 45 minutes. Towards the end of the rising time, preheat the oven to 350°F, with a rack in the center.
- To make the topping: In a small bowl, beat the egg with the water. Brush the mixture gently over the top of the risen loaf.
- Bake the bread for 35 to 45 minutes, or until it's a rich golden brown.
- Remove it from the oven, and turn it out of the pan onto a rack to cool before cutting.





AT REST
FEBRUARY 2023

JOAN JACOBY
WENDY GECHTER
ELIEZER VIGIO JR.
FREDERICK KERN JR.
AWILDA TORRES
DAVID KROMER
MICHAEL KLECKNER



"May your Easter be happy,
May your day be bright,
May you enjoy the treats,
And sweet delights.
But remember the meaning,
Remember God's gift,
Remember the resurrection,
May your soul uplift."

—Bill Hoeneveld

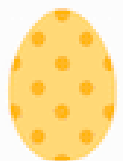


Happy Easter..May the renewal of life
At Easter bring new
Blessings of love, hope,
Peace, good health &
Happiness to you and
Your loved ones..
Embrace the renewal of life."

—Babz



Easter Word Search



F L O W E R S G N I R P S Z O
 S K C I H C T E B P A R A D E
 Y T P B Z E T M P M G E H Y S
 D G X P N A R J B S P A A E S
 N E Z N R U A S U B T S P D A
 A K O O A E D N N T D T P I R
 C B C E B T I A N E A E Y Y G
 X E G T B A T E Y K F R G L P
 D G E N I L I B U S F T G I S
 S C I E T O O Y V A O W E L U
 S K C U D C N L I B D O M V N
 U I Y K R O F L S P I L U T D
 O H Y G V H T E V A L X J F A
 K X R A W C F J A H U N T J Y
 Y L I M A F A S P E E P S E M

Basket

Bonnet

Bunny

Candy

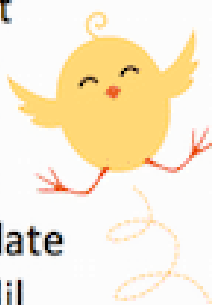
Chicks

Chocolate

Daffodil

Decorate

Ducks



Dye

Easter

Egg Hunt

Eggs

Family

Flowers

Grass

Happy

Jellybeans



Lily

Parade

Peeps

Rabbit

Spring

Sunday

Tradition

Tulips



CEDARBROOK VOLUNTEERS ARE VERY IMPORTANT PEOPLE



To be a volunteer, it takes...

Generosity, a willingness to give your time to others.

Understanding, because their lives might be very different from your own.

Empathy, an ability to put yourself in someone else's shoes and feel what they must feel.

Compassion, to truly care about making someone else's life better.

Patience, because the process doesn't always go as smoothly as it might.

Dedication, to stick with the project and see it through.

You've shown all of these qualities and so much more.

Thank you for all that you do. You are important to us every day.

Cedarbrook is pleased to honor our dedicated volunteers during the month of April with a dinner. We will be hosting our volunteer celebration at Cedarbrook in Allentown. Our theme this year will be

"Shining a light on the people and causes that inspire us to serve."

I think this describes our volunteers perfectly. These celebrations are Cedarbrook's way of thanking all our active volunteers.

Please remember to R.S.V.P. by April 5, 2023.

**VOLUNTEERS...IF YOU HAVEN'T RECEIVED YOUR INVITATION
PLEASE CONTACT THE VOLUNTEER OFFICE AT 610-336-5684**

**WE ♥ OUR
VOLUNTEERS**



Current Volunteer Opportunities:

- Help our residents have a great time at our on-unit activities. Activities are 7 days a week, mornings 10:00 AM-12:00 PM and afternoons 1:45-4:00 PM.
- Become a cashier in our sweet little Allentown Gift Shop on Friday afternoons 1:00-4:00 PM. Training will be provided.

**For more information or to sign up, please call
Kerry at 610-336-5684.
kerrymagliane@lehighcounty.org**



CEDARBROOK - ALLENTOWN
350 S. CEDARBROOK ROAD
ALLENTOWN, PA. 18104
(610) 395-3727
FAX (610) 395-0412



CEDARBROOK - FOUNTAIN HILL
724 DELAWARE AVENUE
BETHLEHEM, PA. 18015
(610) 691-6700
FAX (610) 867-2332

Residents' Council Meeting Minutes Monday – March 13, 2023

- Marilyn Barker, Vice-President, called the meeting to order
- Karen Snyder, Secretary, read the highlights from the February meeting.
- Marilyn read the Resident Right for March.



EQUAL ACCESS TO QUALITY CARE – Your nursing facility must establish and maintain the same policies and practices for all residents regardless of source of payment, regarding transfer, discharge and provision of nursing facility services required under the state plan.

- Marilyn welcomed new residents for February.

Old Business:

- Resident on D-3 stated an aide abruptly interrupted a visit she was having with another resident. Nursing discussed situation with resident. Resident verbalized satisfaction.

New Business:

Jason Cumello: Administrator

- **Dining Services**– Morrison Dining Services company will begin April 1st. Hoping everyone will be happy with the transition.
- **Project Update**– The next phase will be closing down the ambulance entrance in the D-wing for 4-6 weeks. That date is unknown. When the D-wing ramp closes, we will utilize the rear C-wing patio for the ambulance entrance.

Jennifer Szakacs Strohl: Director of Life Enrichment

- **Activities**– Reviewed activities for the month.
- **Entertainers**– There will be entertainers every Monday and Saturday afternoons.
- **Fun Food Programs**– Will be meeting with the new Dining Services company to plan new ideas.

Resident Concerns / Comments:

- Resident on D-7 questioned staffing levels between the different units of different sizes. Administration provided information on what methods are used to staff units, recruitment, retention, and industry trends.
- Resident on D-7 stated some adaptive eating utensils need replacing. Will send a referral to Dining.
- Resident on D-4 questioned who will be moving into the new building when it is completed. Administrator responded that the residents in the B and C-wing as well as the residents that moved up to D-7 will move to the new building. Any other decisions have yet to be determined.

Announcements:

- The next meeting will be held Monday, April 10th at 2:15 pm in the Auditorium.
- Residents invited to attend Food Committee meeting immediately following Residents' Council.
- The meeting was adjourned.



Staff Recognition Spotlight



Jeffrey Dreisbach- Environmental Services

How many years have you worked at CBA? Since April 1987, 36 years.

What advice would you give to prospective candidates looking to join our team at CBA?

Jeff believes that avoiding any work drama and loving the residents makes working at CBA well worth it.

What is your proudest job moment? When Jeff used to wax the floors, he was proud to get the job completed in 8 days. That itself is a difficult task. It may seem silly to some, but being in Environmental Services is a tough job at times.

Do you have any pets at home? If so what kind and their names.

Jeff is a cat guy. He has 3 rescued cats, Kit Kat, Georgia, and Tiara.

Where would you go on a dream vacation? Alaska has always been a place Jeff would love to visit.

What is one of your fondest memories? Back in the 90's when the volunteers office was down in the A wing, Jeff remembers when a deer crashed through the window and was running through the hallways. Thank goodness the sensors on the sliding door picked up the running deer and opened. The deer was smart enough to run out the open doors!

What makes you happy? Being a TRUE Eagles fan, Jeff loves watching his team beat any and all other opponents. He is also happy when he spends time with his family and friends.

What have you gained from working at CBA? He has said working here is sometimes hard. But he knows why he has been here so long, it's all about the residents.

We thank Jeffrey for his long term dedication to his career here at Cedarbrook Allentown and for taking the time to answer our questions. Keep up the great work, we appreciate you and all you do!

Great Job!



SPRING



Word Scramble



Unscramble the Spring themed words below.

1. UARBMEEL _____

2. UESFBTRTEIL _____

3. RLSOFWE _____

4. UNSYN _____

5. IPLSTU _____

6. EISNSNUH _____

7. OLOSSBM _____

8. OIAWNRB _____

9. CICNIP _____

10. NGEARD _____

ANSWERS ON PAGE 6



A SPECIAL REQUEST...



The Sunshine News Staff always likes to be as accommodating as we can when people approach us with special articles or letters they would like to see in our newsletter. This month we had a request from a retired employee who would like to share her story and her memories working here at Cedarbrook Allentown.

To all my friends at Cedarbrook,
Thank you for being kind and caring people! I will always remember the first time I entered Cedarbrook. I was amazed by the smiles I saw as I toured the facility. People were friendly, saying hello and looking happy. I chose to work here for those reasons.

But now the time has come for me to retire. My body has told me so. Thank you for your support thorough the last 2 years of my many health issues. I came to work and absorbed strength from you all! This has helped me beat my battles with cancer. Your smiles and well wishes helped me to also see that life does continue. Thank you to those who donated your saved vacation time to me so I could heal without worry. I believe the tough times are less severe when you know there are people who truly care.

Cedarbrook continues to be a special place, and you all make it that way! May the future provide you with satisfaction as you care for others here in their home. Keep working together to make your days productive and pleasant. I am thankful to have worked with so many people in multiple departments. You all really make a difference one day at a time.

A special shout out to my family in the RAD office. The director, you know who you are, skillfully and kindly leads and supports a team of intelligent, helpful and hard working nurses. Thank you all, I will miss you. Take care of each other and cheers to great days ahead!

This letter was written with love by Cheryle Garrison, RN, who recently retired from her career here at Cedarbrook Allentown.

We thank you for your kind words and wish you health, happiness and peace for your future adventures.



Sunshine News Staff



DO YOU HAVE A CONCERN?

Pennsylvania
Department of Aging
Office of the Long-Term Care
Ombudsman

If you have a question or concern,
Pennsylvania's Long-term Care
Ombudsman Program can help.
Your local Ombudsman is trained to advocate
for your rights and will work to resolve your
problems by:

- ♦ *Listening to your concerns*
- ♦ *Respecting your choices*
- ♦ *Offering ideas and options to help
you meet your individual needs*
- ♦ *Services are free and confidential*

Contact your local Ombudsman
(484) 619-3337

DID YOU LOSE SOMETHING?



**Lost & Found is located at the Security
Desk, First Floor. If you think you have
lost something, please talk to your
Social Worker or stop by the Security
Desk to check.**

NEED A REPAIR? SOMETHING FIXED?



Here's how to get it done....
Any resident having difficulties with
equipment such as lights, radios, beds,
TV's, wheelchairs, ETC. Please contact
your unit clerk, nursing staff, or charge
nurse on unit for a work order to be sent to
Facilities for repairs.

SUNSHINE NEWS STAFF

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Jean Larison
Bev Dawson
Kay Mohr
Matt Post
Lori Skaggs



**FREE
WiFi**



Wireless access to the Internet is now
available at Cedarbrook-Allentown and
Cedarbrook-Fountain Hill. Residents with
wireless devices such as laptops,
notebooks, tablets (Kindle, Nook, etc.) may
request access through their Social
Worker or Life Enrichment staff. Our PC
Specialist will assign a unique username
and password which must be kept
confidential. Visitors may request access
at the switchboard. Usernames and
passwords for visitors will automatically
expire after 3 days.



**HOW MANY DID
YOU SPY?**

There are

25

"Baby Bunnies"



April 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Bill Frye Aud. & Chan. 22
2 2:15 PM Hymn Sing Auditorium & Channel	3 2:15 PM Music by Tanya Erdman Auditorium & Channel 22	4 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22	5 2:15PM Keep the Faith Aud. & Chan. 22	6 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room	7 2:15 PM Card Club Family Room 2:15 PM Good Friday Service Aud. & Chan. 22	8 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Chuck Rissmiller Aud. & Chan. 22
9 2:15 PM Church Auditorium & Channel 22 	10 2:15 PM Resident Council Auditorium & Channel 22	11 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22	12 2:15 PM Keep the Faith Aud. & Chan. 22	13 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room	14 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	15 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Kris Phipany Aud. & Chan. 22
16 2:15 PM Church Auditorium & Channel 22	17 2:15 PM Music by Claude Schappelle Auditorium & Channel 22	18 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22	19 2:15 PM Keep the Faith Aud. & Chan. 22	20 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:15 PM Mass Aud. & Channel 22	21 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	22 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Rick & Lynn Aud. & Chan. 22
23 2:15 PM Church Auditorium & Channel 22	24 2:15 PM Music by Johnny K. Auditorium & Channel 22	25 10:15 AM Talking Book Family Room 2:15 PM House Bingo Channel 22	26 2:15 PM Memorial Service Auditorium & Channel 22	27 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room	28 2:15 PM Card Club Family Room 2:15 PM House Games Auditorium	29 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Joe Lazorik Aud. & Chan. 22
30 2:15 PM Church Auditorium & Channel 22						