

SUNSHINE NEWS

MARCH 2023 CEDARBROOK ALLENTOWN SENIOR CARE & REHAB





SUNSHINE NEWS

March 2023

Published monthly (Funded by Lehigh County taxpayers dollars.)
CEDARBROOK SENIOR CARE AND REHAB
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Coordinator of Volunteer Services

Chaplain Fred Bartholomew & Lily Kubala
Faith Services



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Shannon Aleman, Michele Ayello, Diane Barnes, Marnie Distasio, Lea Hayes, Kayla Henderson, Sherry Geiger,
Marisol Irizarry, Becky Schraden, Jen Sparling, Sharon Starling-Phillips, Cathy Stauffer, Emily Strohl, Becky Szilli

THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a
commitment to residents and relatives who need senior care.

When Lehigh County families choose Cedarbrook, they are selecting

"Community with Heart Offering Individualized Care and Excellent Service."

Visit us on our Facebook page and website for updates and pictures of recent events!

www.facebook.com/cedarbrookseniorcareandrehab

website: <https://www.cedarbrookseniorcare.com>



THE BUZZ...

Around Cedarbrook



DEEP THOUGHTS...

BY JOSE AGÊVEDO

WHEN A DOG GIVES BIRTH TO A PUPPY, THE PUPPY'S EYES WILL OPEN ABOUT 15 DAYS AFTER BIRTH.

AFTER BIRTH, IT TAKES SOME PEOPLE 60-70 YEARS TO OPEN THEIR EYES. SOME, THEIR EYES ARE STILL NOT OPEN YET.

Irish Sayings

By: Lori Skaggs

- **A man loves his sweetheart the most, his wife the best, but his mother the longest.**
- **A good laugh and a long sleep are the two best cures of healing.**
- **A little fire that warms is better than a big fire that burns.**
- **Wherever you go and whatever you do, may the luck of the Irish be with you.**
- **The man who has luck in the morning has luck in the afternoon.**



March Madness

By Matt Post

March is the time of the year when NCAA basketball will appear. The best in the country will play. The Tarheels, Duke, Kentucky, just to name a few and when it is over only one can be number one. The women have a March Madness too. Back in the 80's, 90's, and 2000's MCON Huskies or Tennessee Lady Vols coached by the great Pat Summit, may she rest in peace, won it all. Rocky Top was played more than once.



CAN YOU SPY...
WITH YOUR LITTLE EYE..

"The Lucky Mouse"

Count how many you SPY.
(Answer on page 13)





CLAIRE EMIG	3 RD
SANDRA RUFF	4 TH
CORINNE MACHMER	5 TH
ELIZABETH FANTASIA	5 TH
NEIL SMITH	5 TH
WILMER MCNABB	10 TH
MAE SPAYD	13 TH
JOYCE SMITH	17 TH
EDWIN BAKER	18 TH

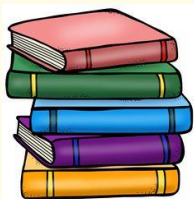


RONALD LEASER	18 TH
RICHARD SIMCOE	21 ST
ROSE KEMMERER	25 TH
SANTA COLON	26 TH
EDWARD HESSINGER	27 TH
THEODORE LAABS	27 TH
BETTY LIEBERMAN	27 TH
JOSE ACEVEDO	28 TH
ELMA MAE UHLE	29 TH





VOLUNTEER SPOTLIGHT



June McCracken has been one of our volunteers for over ten years. She has lived in Allentown all of her life. What brings happiness to June's life is spending time with her family and traveling when she gets the opportunity. She also likes to spend her free time reading, sewing and most of all volunteering. She is motivated by helping others, meeting new and special people and knowing that even one small thing she can provide is always meaningful to someone. Her best memory at Cedarbrook was being honored at our Volunteer Luncheon. Whether it's games, socializing, coloring, dancing or the willingness to try any new activity, June encourages all to stop sitting around and being bored... Come and volunteer! And we couldn't agree with her more! Thank you June, for all you do for our residents. We all appreciate you for being a caring and much need volunteer. Cedarbrook is very grateful for special people like you.



Happy St. Patrick's Day!

Are you ready for Saint Patrick's Day cheer this year? Now that you've found the leprechauns' gold, search for these **16** hidden objects.



butterfly



golf club



hammer



mug



snake



winter hat



lollipop



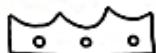
tack



fishhook



artist's brush



crown



pennant



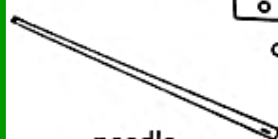
ice-cream cone



chicken



comb



needle



ANSWERS ON PAGE 9



EMPLOYEE PET OF THE MONTH

Name of employee and department...

Marnie Distasio, Life Enrichment

Type of animal/ breed...

Domestic cat

Pet's name, how did you come up with it?

His name is Clover. He was already named when we adopted him.

He was dropped off at the shelter on March 12th, so I think they named him with St. Patrick's Day in mind.

Are there any nicknames you have for your pet?

Baby boy, honey bunny, baby cakes, fat kitty.

How old is your pet?

He was dropped off at the shelter with no record of anything.

They said he was about 2, but it's an educated guess about his age.

How and when did you choose your pet?

After losing our cat of almost 15 years, the house seemed so empty. I only lasted a week until I started looking for an adult cat to adopt. Clover's picture was used on the website of the shelter I was looking at. His eyes looked so sad. I called that day and went to see him by myself. He was in a crate on the floor with the door closed. They told me he doesn't like to come out, and the other cats try and beat him up if they leave the door open. I sat on the floor and as soon as I started petting him he flopped on his side and began purring. I was instantly in love. I went back to see him 2 more times just to be sure and there he was, looking so sad. We went back the third time, did all the paper work, and took him home.



Does your pet do any special tricks?

Clover really has no tricks up his sleeve. He's good at just plopping down on his side, stretching out and pulling himself along the carpet. I call it his lazy army crawl.

Funniest memory of your pet...

When we first brought him home, they gave us a bed with a pillowcase around it. He would bury himself between the bed and the pillowcase with just his nose sticking out. He did this for about a week because he was so scared to come out and walk around the room.

Does your pet have a favorite toy or treat?

He loves his toy balls and anything with feathers or ribbons on it.

Does your pet have any bad/ naughty habits that drive you crazy?

He plays with his toy balls with bells in them around midnight. He wakes us up running around chasing the ball up and down the hallway or rolling it on the hardwood floor. What really drives me nuts is his habit of clawing the carpet all the time!

Fun facts about your pet or the breed...

He somehow knows when I get home because he is at the top of the stairs waiting to greet me.

He runs and hides if he hears anyone else in the house. But it's weird, when I watch football and yell at the TV, he's not even fazed by it and never leaves my side.

My favorite football team had an amazing season this year(after having 4 losing seasons) and I believe it's because my "lucky charm" Clover was at my side watching the game with me every week.

(If you would like to see your pet in the Sunshine News, please stop by the Life Enrichment Department to pick up a pet questionnaire. Please be prepared to email pictures of your pet to: MarnieDistasio@lehighcounty.org.)



CEDARBROOK EMPLOYEE ANNIVERSARIES



Employee	Department	Years
JASMIN ALLEN	NURSING	30
KRISTEN MORSTATT	RESIDENT ASSESSMENT	24
JOLENE HOLLAND	NURSING OFFICE	23
AMANDA SIGLEY	NURSING	22
DONNA STINSON	NURSING	22
PAMELA SAUERWINE	RESIDENT ASSESSMENT	22
ASHLY SERFOSS	NURSING OFFICE	18
BELINDA JONES	NURSING	14
AMANDA PAPAY	NURSING	14
DIANE BARNES	LIFE ENRICHMENT	11
KAREN KERN	NURSING	10
HEATHER JAEGER	SOCIAL SERVICES	8
TERELL LLOYD	NURSING	6
PATRICIA KERN	HUMAN RESOURCES	5

Employee	Department	Years
KEISHA MCCOLLIN-BULLUCK	HUMAN RESOURCES	5
ANNA CHOBOT	NURSING	5
MARTINE ANTOINE	NURSING	4
KATHY- ANN LEWIS-DOUCHAND	NURSING	4
BRENT BOWMAN	HUMAN RESOURCES	4
JOHANNA PIZZOLO	NURSING	3
ERICA ELLWOOD	NURSING	3
LORI ACHEY	NURSING	3
KAYLA HENDERSON	LIFE ENRICHMENT	3
JEFFREY AHNER	FACILITIES	3
NICHOLETTE GOLDEN	NURSING	2
JENNIFER SZAKACS STROHL	LIFE ENRICHMENT	2
NELSON TORRES	NURSING	1
LILY KUBALA	FAITH SERVICES	1





WELCOME ABOARD!

NEW RESIDENTS

LORRAINE GALLAGHER

DARLENE GRUZDIS

ALLAN KERSON

SALLY KLEPPINGER

ROBERT LAUDENSLAGER

RUDOLPH MERTENS

DOROTHY MORRISON

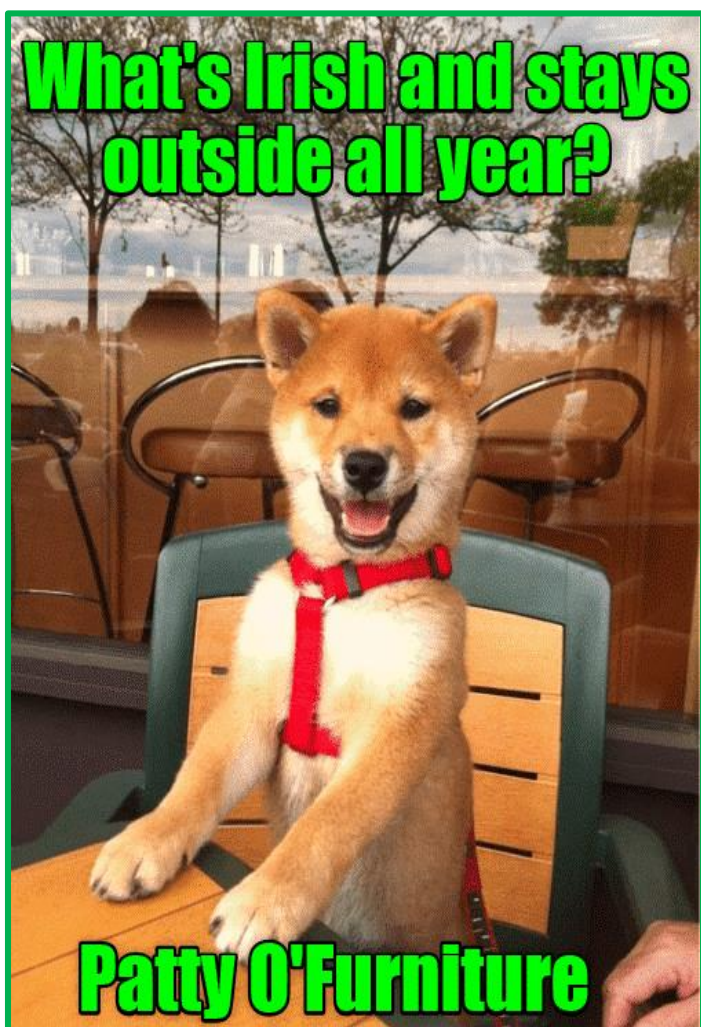
PHYLLIS TRIBBY

JAMES WESCOE

RICHARD WIEDER

RITA ZAYAS

**What's Irish and stays
outside all year?**



Patty O'Furniture

**What's an Irish
baby's favorite song?**

Patty Cake

HIDDEN PICTURE ANSWERS FROM PAGE 6 :

Butterfly- leprechaun on right, right leg
Golf club- left side of tree on the left
Hammer- bottom right tree stump, upside down.
Mug- leprechaun on right, right arm
Snake- bottom center leprechaun, side of beard.
Winter hat- sideways between the 2nd and 3rd tree from the right.
Lollipop- under the arm of the bottom center leprechaun.
Tack- third tree from the right, bottom of trunk.
Fishhook- brim of hat, right leprechaun.
Artist's brush- right side tree, left side of trunk.
Comb- under leg of left leprechaun.
Chicken- top left corner of tree.
Ice cream cone- third tree from right, top of leaves.
Pennant- center leprechaun left side of hat, upside down.
Crown- above pot of gold to the left, sideways.
Needle- 4th tree from right, left side of tree trunk, upside down



St. Patrick's Day Word Search



P	O	T	O	F	G	O	L	D	B	E	E	T	S	L
O	S	F	R	A	C	H	G	C	U	I	V	E	L	U
S	O	H	B	O	W	S	C	L	O	V	E	R	E	W
T	A	M	A	R	C	H	R	A	D	O	W	S	P	I
L	R	U	C	M	U	C	K	Y	L	O	E	P	R	A
U	C	W	I	K	R	A	I	N	B	O	W	K	E	Y
K	A	T	R	S	G	O	N	D	U	R	L	U	C	K
T	H	E	T	G	O	S	C	P	L	E	R	P	H	A
C	T	O	I	R	N	T	D	K	O	G	M	R	A	I
C	O	R	N	E	D	B	E	E	F	R	C	A	U	R
E	T	I	R	E	L	A	N	D	O	S	H	E	N	I
W	O	W	N	N	D	O	W	T	L	K	Y	D	O	S
L	E	A	I	S	T	H	P	A	R	A	D	E	T	H
T	R	A	D	I	T	I	O	N	R	O	P	C	E	D
A	P	A	T	R	I	C	K	M	A	F	C	T	H	A



CLOVER
COINS
CORNEED BEEF
TRADITION
GREEN

IRELAND
IRISH
LEPRECHAUN
LUCK
MARCH

PARADE
PATRICK
POT OF GOLD
RAINBOW
SHAMROCK



Chaplain's Corner



*“By wisdom a house is built, and by understanding it is established;
by knowledge the rooms are filled with all precious and pleasant riches.”*
(Proverbs 24:3-4)

Betty Kreitz, a Resident of Cedarbrook-Fountain Hill, recalls with love the family home in Oxford, NJ, which her father built, a home in which she grew up. She then lived there with her husband and family for nearly 60 years. It is a place where she cherishes the rich memories her parents provided for her, just as in the verse from Proverbs.

Betty's earliest memories are of her loving and hard-working parents, and of attending Sunday school and church. Her parents raised her to love and obey God, to care for the family, and to do good, honest work. Sadly, Betty's parents both passed away by the time she was 16. Her parents left the house to her, and there she raised her three younger, school-age siblings, caring for them while she herself continued to attend high school. She supported her family by working full-time at the Dixie Cup factory after classes every weekday.

Just as her parents had taught her, Betty kept house and made sure her siblings had their meals, clean clothing, and went to school. Her siblings had daily chores and helped keep the house and the family together.

And, of course, just as her parents had done for her, Betty continued Sunday School and church attendance and made sure her siblings went too. They might argue with her, but she insisted that they go. Over the next few years, Betty and all of her siblings stayed together until each one graduated from high school. Betty continued to keep the house and work full time.

This was a great burden for a young person, but her parents, by their example, made sure that Betty could handle it. To this day, she is grateful to her parents for the life-lessons they taught her, for giving her the ability to take on responsibilities, and for helping her to understand that all she does is for God.

One day, Betty went to a local roller-skating rink. There she met one of her friends, who introduced her to a young man named George Kreitz. Betty could see right away that George was a good roller-skater. Betty, however, was not. They were introduced and spent the rest of the day at the rink, with Betty holding onto George as they skated round and round and talked.

They met a few more times over the coming days. One day, about a week after they'd met, George (who called her “Bet”) said to her, “hey, Bet, do me a favor...will you marry me?” Betty remembers looking him in the eyes, and with a big smile replied, “Yeeaaahhh!”

So, a couple of days later they got married by a Justice of the Peace. Family and friends said it was not going to last. But they were in love, and George told Betty, “When I saw you, I knew I wanted you.” Betty says that remembering George's words brings tears to her eyes, and even today, he calls her “my angel.”

George still lives in the home in Oxford, with their daughter who cares for him. This house is filled with precious and pleasant memories for Betty, not only of her life with George and her daughter, but also of her parents, whose wisdom and understanding gave her all she needed to love God and others throughout her life.



CEDARBROOK VOLUNTEERS ARE VERY IMPORTANT PEOPLE

Well, we are “Marching” right through the winter and looking forward to Spring. We appreciate all the amazing volunteers we currently have. We are looking to increase our volunteer corps, so we can bring even more fun to our residents. Did you know that by volunteering, our residents are more engaged mentally, physically, and socially? All of these things are so important for their continued good health and happiness.

As a volunteer, your life can be enriched as well. You will have many opportunities to make new friends, learn lots of new things, and have memorable experiences, as you help others. Volunteering not only adds to your life’s enjoyment; it also helps to keep you active and healthy too. Our volunteers do so many things to enrich our resident’s lives. They help transport residents to our beauty shop, to fun and engaging activities, and, to spiritual service opportunities. They play games, do craft projects, bring pets in to visit, play instruments, sing songs, assist with bus trips, and visit residents who may not have other visitors, and so many more fun activities.

Please check your calendar to see if you have just a few hours each month to join us. Most volunteer shifts are two to three hours. You can choose to come every week or a few times a month, whatever works best for you. Our residents and staff will appreciate your time and you will leave with something special in your heart. It truly is easy to bring a smile to someone’s day.

Did you Know.....?

- + Volunteers, on average, spend 50 hours per year of their time helping others.
- + 96% of volunteers reported the action enriched their sense of purpose in life.

Here are a few examples of how you can help.

- Become an Auxiliary Member at either location and help with “fun”draisers that provide many different events for our residents.
- Bring in your well-behaved dog or cat who would like to visit our residents. We are looking for Pet Visitors during the day to bring some much-needed love to our residents in a calming environment.

Anyone interested in helping must provide their COVID vaccination card in order to be an active volunteer. We accept volunteers over the age of 13 years. Contact the volunteer office to schedule an interview.

Kerry Magliane, Volunteer Coordinator 610-336-5684

kerrymagliane@lehighcounty.org





AT REST
JANUARY 2023

ANDREW BRUNO
ELFRIDA LEARMONT
HELENA CICCONE
WILLIAM KLINGMAN
MARTHA GERY
MARGARET MCCABE
MILDRED LAPP
DORIS DESCH
ARIEL SCHAUP
CALVIN SCHAEFER
FRANCISCA COLON



Irish Proverbs
By Lori Skaggs

- ❖ *He who loses money loses much; he who loses a friend loses more; and he who loses faith loses all.*
- ❖ *God's help is nearer than the door.*
- ❖ *What is good for the goose is good for the gander.*
- ❖ *Say a little and say it well.*
- ❖ *The light heart lives long.*
- ❖ *If you do not sew in the spring, you will not reap in the autumn.*
- ❖ *Good sense is as important as good food.*
- ❖ *It's better to have good manners than good looks.*



Residents' Council Meeting Minutes Monday – February 13, 2023

- Jean Larison, President, called the meeting to order. Wished everyone a Happy Valentine's Day!
- Karen Snyder, Secretary, read the highlights from the January meeting.
- Marilyn Barker, Vice-President, read the Resident Right for February.



ACCESS AND VISITATION RIGHTS –

You have the right to say who may or may not have access to your nursing facility for the purpose of visiting with you. This includes your family, relatives, or others. Also, you have the right to immediate access by your attending physician or any representative of the federal Department of Health and Human Services, the state Departments of Public Welfare and Health, and the Department of Aging Ombudsman Program. Organizations or individuals providing health, social, legal, or other services may, with your consent, have reasonable visits with you.

- Jean welcomed new residents for January.

Old Business:

- Resident on D-2 stated hot water faucet is leaking in female bathroom.
 - Faucet fixed on 1/10/23.



New Business:

Jason Cumello: Administrator

- Dining Services– Effective April 1, 2023 there will be a new food service company. The new company is Morrison Dining Services.
- Unit Move– The entire C-2 unit will be moving to D-7 on Wednesday, 2/15/23. It is being done to increase capacity. D-7 is a significantly larger unit than C-2.
- Project Update– There are no transitions coming up in the next few weeks that would impact visitors. The ambulance entrance closure has been pushed back. Updates are posted on our Facebook page.

Jennifer Szakacs Strohl, CTRS: Director of Life Enrichment

- Newsletter– Apologized for the maze puzzle mix-up. There was no answer to the puzzle.
- Activities– Bringing back house games. Will be once a month on a Friday afternoon in the Auditorium only 30 residents.
- Special Event– LE and Dining Services will be doing a Shamrock Shake event in the Auditorium in March.
- Resident Concerns/Comments:
- Resident on D-4 asked a question of when staff will receive raises as they have not heard information. Jason Cumello, Administrator, responded the UFCW staff are scheduled to receive raises on Feb 24.
- New resident on D-2 asked if there is a way new residents can be informed of locations within the building they can/cannot utilize. Teresa Samuels, Director of Nursing, stated a team member will personally take her around the building and go over the guidelines.
- Resident on D-3 stated an aide abruptly interrupted a visit she was having with another resident. Referral was sent to Nursing.

Announcements:

- The next meeting will be held Monday, March 13th at 2:15 pm in the Auditorium.
- The meeting was adjourned.



HAPPY ST. PATRICK'S DAY!



Fun Facts about Saint Patrick's Day



Who was Saint Patrick?

Was there really a Saint Patrick. Definitely. Did he really drive the snakes out of Ireland? Probably not, since snakes weren't native to Ireland.

St. Patrick was born in Britain as Maewyn Succat. At age of 16 (around A.D. 400), he was kidnapped from his home on the west coast of and carried off to Ireland to become a slave who worked as a shepherd. After 6 years, he escaped; upon returning home, he received his call (in a dream) to preach the gospel. He spent the next 15 years or so in a monastery, preparing for his missionary work. When he became a priest, his name was changed to Patricius, and eventually, Patrick. Although some Christians lived in Ireland at the time, it was Patrick who spread Christianity throughout the land and brought an organized church into existence.

The Shamrock

We wear a shamrock on St. Patrick's Day because, legend says, St. Patrick used its three leaves to explain the Holy Trinity. [The Trinity is the Father, the Son, and the Spirit as three divine persons who are one divine being (God).] The truth of the St. Patrick legend, however, is in question, as there is no direct record that the saint actually used the shamrock as a teaching tool.

St. Patrick's Day Facts, Fun, and Folklore

Blue was the color originally associated with St. Patrick, but green is now favored.

St. Patrick's Day, March 17, is the traditional day for planting peas.

Cabbage seeds are often planted today, too, and old-time farmers believed that to make them grow well, you need to plant them while wearing your nightclothes!



DO YOU HAVE A CONCERN?

Pennsylvania
Department of Aging
Office of the Long-Term Care
Ombudsman

If you have a question or concern,
Pennsylvania's Long-term Care
Ombudsman Program can help.
Your local Ombudsman is trained to advocate
for your rights and will work to resolve your
problems by:

- ♦ *Listening to your concerns*
- ♦ *Respecting your choices*
- ♦ *Offering ideas and options to help
you meet your individual needs*
- ♦ *Services are free and confidential*

Contact your local Ombudsman
(484) 619-3337

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Kay Mohr
Matt Post
Lori Skaggs

DID YOU LOSE SOMETHING?



**Lost & Found is located at the Security
Desk, First Floor. If you think you have
lost something, please talk to your
Social Worker or stop by the Security
Desk to check.**

**FREE
WiFi**



Wireless access to the Internet is now
available at Cedarbrook-Allentown and
Cedarbrook-Fountain Hill. Residents with
wireless devices such as laptops,
notebooks, tablets (Kindle, Nook, etc.) may
request access through their Social
Worker or Life Enrichment staff. Our PC
Specialist will assign a unique username
and password which must be kept
confidential. Visitors may request access
at the switchboard. Usernames and
passwords for visitors will automatically
expire after 3 days.

NEED A REPAIR? SOMETHING FIXED?



Here's how to get it done....
Any resident having difficulties with
equipment such as lights, radios, beds,
TV's, wheelchairs, ETC. Please contact
your unit clerk, nursing staff, or charge
nurse on unit for a work order to be sent to
Facilities for repairs.



HOW MANY DID
YOU SPY?
There are
23



"LUCKY MICE"

SLOW COOKER REUBEN DIP

Easy dips are ALL THE RAGE to have at parties or take to them.

If you like the *Reuben Sandwich*, then you're sure to love this hot, simple treat!

Ingredients:

- 1 pound of sliced corned beef (chopped into 1-2" pieces)
- 1 cup sauerkraut- drained
- 1- 8 oz block of cream cheese (cut into cubes)
- 2 cups swiss cheese (freshly grated works best)
- ½ cup of sour cream
- ½ bottle Thousand Island Dressing (add more if it seems too dry)
- Dash of pepper & chopped Parsley for garnish.



Instructions:

- ❖ In a crock pot, add all ingredients together, cover & cook on high for 2 hours.
- ❖ Stir every half hour until it's hot and bubbly.
- ❖ Top with parsley and serve hot with your favorite bread, crackers or veggies.
- ❖ ENJOY!



Dietitian's Corner



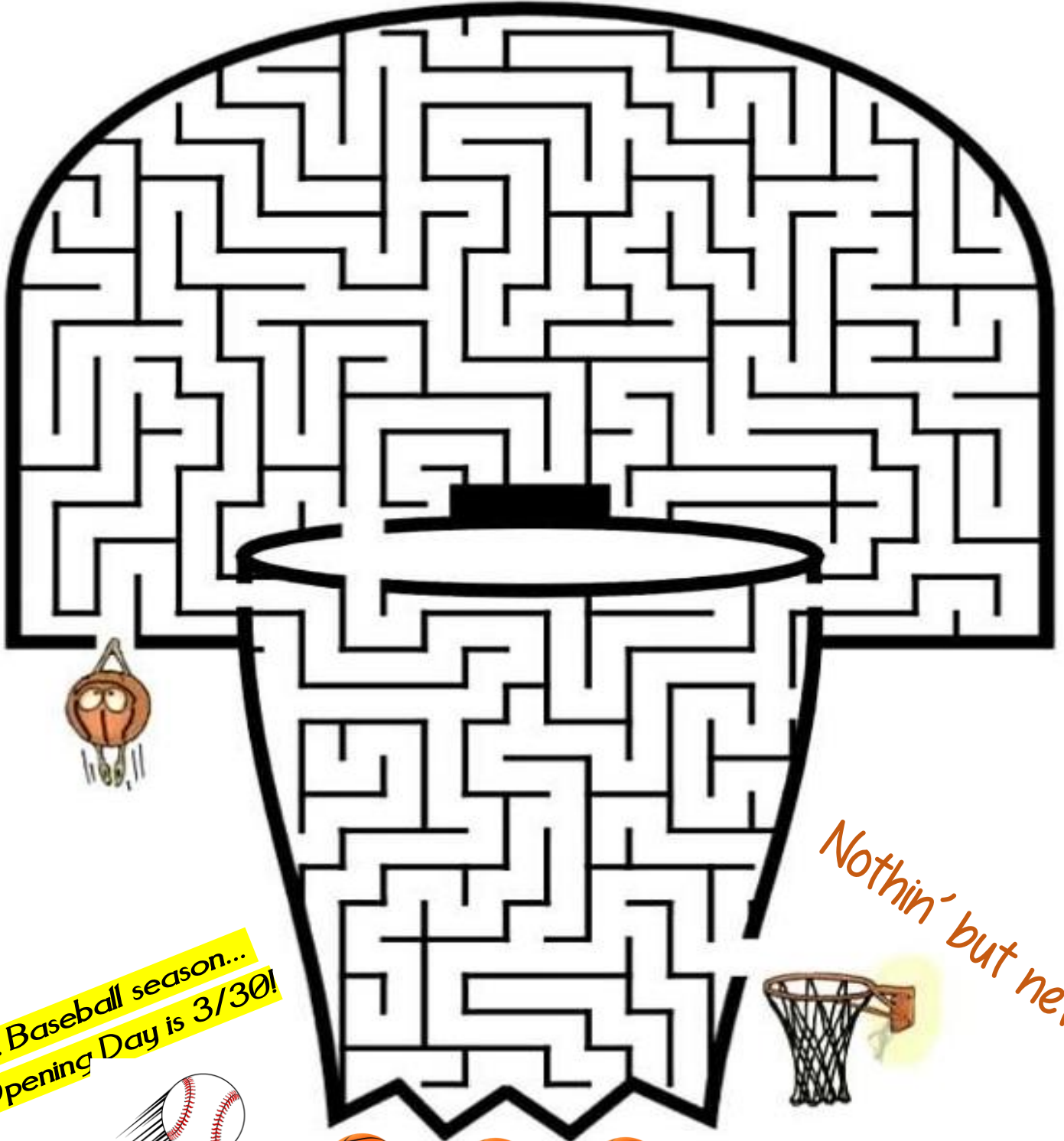
March is the best month of the year for dietitians! Do you know why?! March is National Nutrition Month! During the month of March, dietitians celebrate National Nutrition Month by promoting the importance of healthy eating. It serves as an opportunity to remind the public that dietitians are the most important and credible sources of nutrition information. Every year National Nutrition Month has a theme, and this year's theme is "Fuel for the Future." So what does this mean? This theme is all about encouraging people to consider their future self and health when making food choices. You can fuel up for your future here at Cedarbrook by: 1) varying your diet- choose varieties of proteins, vegetables and fruits so that your trays are colorful and 2) talking with your dietitian on ways you can eat healthier and snack smarter! So challenge yourself this month and make healthy food choices throughout March in honor of National Nutrition Month and know that your dietitians have your back!

Alexa Grubb, MS, RD, LDN

NUTRITION
MONTH



Find your way through the maze
(& we promise this month that there **IS** a solution)
in celebration of **MARCH MADNESS**, Men's NCAA Tournament, happening
Tuesday, March 12th through April 3, 2023... And... **GO!**



PS. Baseball season...
Opening Day is 3/30!



Nothin' but net!





MARCH 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 2:15 PM Bible Study Auditorium & Channel 22	2 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room	3 2:15 PM Card Club Family Room 2:15 PM House Movie	4 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Magic by Veronica
5 2:15 PM Church Auditorium & Channel 22	6 2:15 PM Music by Robin & Jim Auditorium & Channel 22	7 10:15 AM Talking Book Family Room 10:30 AM Keep the Faith Aud. & Chan. 22 2:15 PM House Bingo Channel 22	8 2:15 PM Bible Study Auditorium & Channel 22	9 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:15 PM - Shamrock Shakes *INVITE ONLY*	10 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	11 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Rick Focht Aud. & Chan. 22
12 2:15 PM Church Auditorium & Channel 22	13 2:15 PM Resident Council Auditorium & Channel 22	14 π DAY 10:15 AM Talking Book Family Room 10:30 AM Keep the Faith Aud. & Chan. 22 2:15 PM House Bingo Channel 22	15 2:15 PM Bible Study Auditorium & Channel 22	16 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:15 PM MASS Aud. & Channel 22	17 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	18 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by The Cracked Walnuts Aud. & Chan. 22
19 2:15 PM Church Auditorium & Channel 22	20 2:15 PM Music by Stacy Gabel Auditorium & Channel 22	21 10:15 AM Talking Book Family Room 10:30 AM Keep the Faith Aud. & Chan. 22 2:15 PM House Bingo	22 2:15 PM Bible Study Auditorium & Channel 22	23 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room	24 2:15 PM Card Club Family Room 2:15 PM House Games Auditorium	25 10:15 AM Puzzle Your Mind Auditorium 2:15 PM Music by Danny Grae Aud. & Chan. 22
26 2:15 PM Church Auditorium & Channel 22	27 2:15 PM Music by John Baur Auditorium & Channel 22	28 10:15 AM Talking Book Family Room 10:30 AM Keep the Faith Aud. & Chan. 22 2:15 PM House Bingo Channel 22	29 2:15 PM Bible Study Auditorium & Channel 22	30 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:15 PM Special Baseball Event	31 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22	

