

Sunshine News

OCTOBER 2021

LEHIGH COUNTY - CEDARBROOK SENIOR CARE AND REHAB





Sunshine News

October 2021

(Funded by Lehigh County taxpayers dollars)
Published Monthly
CEDARBROOK SENIOR CARE AND REHAB
350 S. CEDABROOK ROAD
ALLENTOWN, PA 18104

(610) 395-3727 Fax: (610) 395-0412
Hotline: (610) 336-9604

DO YOU HAVE A PROBLEM? A QUESTION? IS SOMETHING BOTHERING YOU?
Come talk to us about it– so we can help you solve it.
Our doors are open to you.

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The Meaning of C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care. When Lehigh County families choose Cedarbrook, they are selecting "A Community with Heart Offering Individualized Care and Excellent Service."

Visit us on our Facebook page and website for updates and pictures of recent events!

www.facebook.com/cedarbrookseniorcareandrehab website: <https://www.cedarbrookseniorcare.com>

THE BUZZ

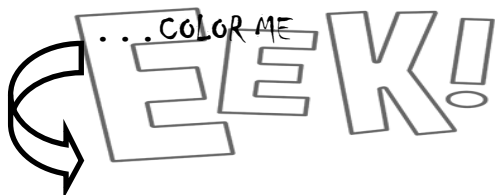


Around Cedarbrook...

Happy Halloween

October is the month for
goblins and ghosts
They like that we play the
perfect hosts
It's up to us to do our part
So do your duty and sit in
the dark
They will swish up and down
and climb up the stairs
All of a sudden you will
feel someone hiding behind
your chair
You will jump up as you let
out a big "EEK"
So now they want to play
hide and seek
Quiet as a mouse, you run
down the hall
You are so little and they
are so tall
The shadows they may give
your heart the quivers
And you are positive you can
definitely feel your shivers
But at the end of the day
you have all had fun
It's another HALLOWEEN you
can say, "well done!"

Written and Submitted by
Jean Lari-
son



I'm so dismayed to see the
destruction of trees and forests and
even homes in the California fires.
Most of these trees that have taken
years of growth have now been de-
stroyed.

When I was 8 years old I planted a
peach pit in our yard in hopes that I
would have my own tree to pick my
own peaches. To my amazement it
grew to a sapling of 4 feet tall.
My mother who explained to me
that it was in the way and she was
right. But I was determined about
my tree planting, and years later
in my own yard I planted a plum
pit and about a year later I picked
my first plum.

Written and Submitted by
Elma Mae Uhle

Columbus had no gum to chew
on his voyage in 1492,
however he was rewarded with
tea and spices.
Although he was in search of
gold because that was what he
was told.
He reached the West Indies
which were ripe with spice.
Then we went on to discover
the USA.
We thank him to this day.

Written and Submitted by
Bev Dawson

Columbus Day Trivia

1. Christopher Columbus was born in Genoa, Italy in 1451 under the name Cristoforo Columbus. He began sailing when he was 15 years old and he supported himself by selling maps and charts. Columbus made the voyage to the new world three times. Nobody is sure what he looked like, as there are no portraits known to exist.
2. On Columbus' first voyage, he landed on the Island of Guanahari in the Bahamas on October 12, 1492. However, Columbus was not the first European to "discover" America. Leif Erickson, a Viking, first stumbled upon America when he sailed off his course on his way to Iceland.
3. The names of his three ships were the Nina, the Pinta, and the Santa Maria. The Santa Maria did not make the return to Spain because it ran aground on Christmas Day.
4. Columbus died at the age of 55, in 1506, only 2 years after his trip to the new world.
5. South Dakota, Alaska, and Hawaii do not recognize Columbus Day.

Submitted by Bev Dawson



* My girlfriend went on a special diet, "the gorilla diet". What do you eat? Nothing but bananas. Did you lose any weight? No-but I can climb trees.

* It was a busy morning at the a bank. One lady waited 15 minutes till she got to the tellers window. The teller apologized-I'm sorry for your wait Madame. The lady replied "Well you're no skinny minny yourself."

• A newly ordained minister was giving his first sermon and was nervous. He came up to the kitchen and said "I come forward" and his mind went blank. He did this a second time and nothing. When he tried it again-he and the Lecter fell into the front row where an elderly lady was sitting. He told her "I'm so sorry". She said "No need to apologize. It's my own fault. You warned me two times you were coming forward and I didn't move."

How many months of the year have 28 days?

When reading the Sunshine News, find the

Written and Submitted by
Kay Mohr

HA HA
HA



And count how many you see!
Answers will be at the end of the news-
letter! Good luck!

OCTOBER BIRTHDAYS



| | | |
|---------------------|-----|----|
| HELEN DONCSECZ | OCT | 4 |
| DOLORES NOVAK | OCT | 5 |
| GILBERT LESEBERG | OCT | 5 |
| SHIRLEY WENTZEL | OCT | 5 |
| KENNETH BOYER | OCT | 6 |
| LOUISE HEINEY | OCT | 7 |
| THELMA SLOYER | OCT | 9 |
| GREGORY SKIMBO | OCT | 9 |
| MARY PHILLIP | OCT | 10 |
| ANN CLEWELL | OCT | 13 |
| JODI OBERTO | OCT | 14 |
| ROSALIE MISERA | OCT | 16 |
| DOROTHY KERN | OCT | 18 |
| ROMA KEMMERER | OCT | 19 |
| THOMAS MARSHMAN | OCT | 19 |
| FRANK BAILEY | OCT | 23 |
| CARLOS GARCIA | OCT | 23 |
| MARLEE HARRISON SR. | OCT | 26 |
| ROBERT ACHEY | OCT | 26 |
| ALAN GAUGLER | OCT | 27 |
| JUAN ROMAN | OCT | 30 |
| JOHN BUTZ | OCT | 30 |



WE APPRECIATE THAT FAMILIES WANT TO SHARE PARTY TREATS WITH THEIR LOVED ONES' ROOMMATES AND FRIENDS. UNFORTUNATELY, MANY OF OUR RESIDENTS HAVE SPECIAL DIETARY NEEDS. BEFORE GIVING FOOD TO OUR RESIDENTS, PLEASE CHECK WITH THE NURSE TO SEE IF IT IS ALLOWED.

THANK YOU



Welcome New Residents

ANDREW KLUSARITZ

PHYLLIS CHAMNESS

THERESA HARRIS

NANCY BREZNER

ELIZABETH PRICE

THERESIA KLEMP

GILBERT LESEBERG

HELEN POWELL

SHIRLEY WENTZEL

ELEANOR RINGER

WILLIAM TRABEL

BERNICE SHAUFLER

STEPHEN ROBERTSON





Halloween, “All Hallows’ evening” or All Saints’ Eve is celebrated in many countries on the 31st of October. It begins with the observance of All Saints’ Eve, the time in the liturgical year dedicated to remembering the dead believers and those martyred.

Many Halloween traditions and activities may have been influenced by ancient pagan Celtic harvest festivals. These activities include trick-or-treating (related disguising), costume parties (to hide identity), carving pumpkins into jack-o’-lanterns (to scare away evil spirits), bonfires, apple bobbing, divination games, playing pranks, visiting haunted attractions, telling scary stories, and watching horror films. Halloween is coming and that means lots of frights. And many people enjoy being in a state of fear. They like being scared and this is not new. As a culture, we seem to be craving fright experiences much more.

Why do people like being scared so much?

Many people are actually seeking a “controlled” fear and suspense, because they know they are safe. When they get scared, they experience a rush of adrenaline, a release of endorphins and dopamine, resulting in a pleasure-filled sense of euphoria. And while one person’s scary might be another person’s enjoyable, some are choosing a more terrifying life style in not thinking about the scary aspects of hell.

Over 64% of Americans believe in the survival of the soul after death, and a majority believes in both heaven and hell, according to a Harris Poll (2013). But while most are comfortable discussing the afterlife and heaven, talk of hell can be scary. Resisting the idea of a literal hell may offer comfort, but the reasons many today shy away from it may be more simplistic and pragmatic.

Many Americans quantify their sins and then weigh it against not just punishment. In their lifetime, maybe they cheated on their taxes or even on their spouse. When their sense of fairness is projected on God, they have a hard time thinking God would prescribe “a lake burning with fire and sulfur.” But what about those we think have committed a gruesome crime? When it comes to Pol Pot or Joseph Kony or even one’s unfaithful ex-spouse, there seems to be less resistance to hell. Most people don’t believe they are bad enough to go to hell. Sure, we all mess up. But at least we’re not as bad as that other person. Hell, it seems, may be fitting for the villains of the world, but we assume we would never send mediocre sinners to hell.

Another reason people are hesitant to discuss hell; is because the only people who talk about it are thought of as hateful, and no one wants to hang out with them. By contrast, most people want to be perceived as kind and loving.

People hesitate to talk about hell because they don’t want to share bad news instead of something that is encouraging and inspiring. The existence of hell is difficult and challenging. If you think too much about it, it really is kind of frightening.

Some Americans, believe hell exists but they aren’t as sure as they once were. And many question, whether it will last forever. Also, they can’t fathom hell for themselves but are okay with others going there, particularly those they consider really nasty sinners. And most people are still afraid of death and the possibility of hell.

As humane people, hell is often difficult to justify. As rational people, hell is difficult to understand. As emotional people, hell is difficult to accept. But the fact remains that the Bible and Jesus talk about hell. And our reticence to discuss it doesn’t make it any less real, and our resistance to imagine that unforgiven people are “bad enough” to go there doesn’t mean they won’t.

So, some Halloween traditions and horror movies still try to “scare the hell out of us.” But, because Jesus is God in the flesh, he came to forgive us of our sins and give us access to heaven and keep us out of hell, if we personally believe in Him!

Chaplain Fred Bartholomew... Cedarbrook Allentown



HAVE FUN COLORING THE HALLOWEEN SCENE BELOW!





On August 26th, 2021, Ken Boyer from D3 had a dream. Being an avid outdoorsman he wanted to spend time at a lake, eat picnic food, and enjoy a campfire. So that is what we did. With the help of the D3 staff we took Ken to Bear Creek Lakes. It was a beautiful day. He enjoyed the sun. After a scenic drive, we all went to Eva Melber's home. Her and her family provided a wonderful cookout. Food & company was great! All went well until the storm and rain arrived.

Realizing we weren't going to be able to have the campfire, we headed home. We owe Ken a campfire. Overall it was a great day.

Second Wind Dreams will soon be changing their name to Wishes for Seniors. Wishes come in all sizes and forms. Please remember to submit a 'wish' that our residents mention.

New forms coming soon!

Thank you!

Susan Moyer

President of Wishes for Seniors



HALLOWEEN JOKES

* **What monster plays tricks on Halloween?**

Prank-enstein!

* **How do you fix a cracked pumpkin?**

A pumpkin patch!

* **What happens when a vampire goes in the snow?**

He gets frost bite!

* **What do you call a witch that goes to the beach?**

A sand-witch!

* **What instrument does a skeleton play?**

The trombone!

* **Why didn't the skeleton go to the dance?**

Because he had no "body" to go with!

* **Why do skeletons stay so calm?**

Because nothing gets under their skin!

* **Why didn't the skeleton cross the road?**

Because there was noBody on the other side!

* **Why was the broom late?**

Because it over swept!

* **What time is it when the clock strikes 13?**

Time to get a new clock!





CEDARBROOK VOLUNTEERS

Very Important People



Special thanks to our volunteers who helped all summer and during these challenging times. I know this has been an adjustment for everyone. We are looking forward to all the upcoming activities. During the fall and holiday season we have a great list of festive activities and parties planned for the residents. We know how busy everyone can be during these holidays, but please keep in mind how very much your time and kindness will be appreciated by our residents.

“There is nothing more beautiful than someone who goes out of their way to make life beautiful for others.” Mandy Hale, Author

VOLUNTEERS NEEDED:



- Energetic individuals who would be available to transport residents to in-house Entertainment, and Games weekday afternoons 1:30-3:30 PM.
- Card players are needed (Pinochle, UNO, Rummy, etc.) Instructions will be given for beginners. Come join the fun. This is on Friday afternoons.
- Volunteers to transport our residents to in-house programs/church on Saturdays & Sundays 1:30-3:30 PM or to activities. Cedarbrook is always buzzing with fun activities for our residents.
- Provide in-house transport to our residents for their appointment at the Beauty Shop. Our residents love going to the Beauty Shop, but they need your help getting there. Monday or Wednesday mornings 9:00-12:00 Noon.
- Transport volunteers are needed to assist residents who want to attend our Bible Study programs. Every Wednesday, 2:00-3:30 PM.
- Visit and speak Spanish with some of our residents.



If you would like to help with any of these opportunities or have some other ideas, please feel free to contact me at 610-336-5684 or email me @ kerrymagliane@lehighcounty.org.



Recipes

MOLASSES CRUMB CAKE

Ingredients

- 4 cups flour
- 2 cups sugar
- 1 cup vegetable oil
- 1 cup molasses
- 2 cups warm water
- 1 tsp baking soda



Directions

- Dissolve 1 tsp. baking soda in 2 cups warm water.
- Add water to mixture
- Add 1 cup baking molasses. Mix well.
- Mix sugar, flour, and oil and mix well. Save 2 cups of mixture for crumbs.
- Pour batter into greased and floured 9x13 pan.
- Top with crumbs
- Bake at 350 F for 45 minutes
- Enjoy!!!



The Coffee Shop



Cedarbrook

Employee Service Anniversaries

| Employee | Department | Years | Employee | Department | Years |
|--------------------------|-----------------|-------|---------------------|---------------------|-------|
| CAROL STEWART | NURSING OFFICE | 32 | STEPHANIE RODRIGUEZ | NURSING | 7 |
| SHARON STARLING-PHILLIPS | LIFE ENRICHMENT | 27 | RHETT PALUSHOCK | SOCIAL SERVICES | 7 |
| REBECCA SZILLI | LIFE ENRICHMENT | 27 | CRAIG REMALEY | FACILITIES | 7 |
| FRANCIS ANDREWS | ENVIRONMENTAL | 24 | KRISTINA MCMULLEN | NURSING | 6 |
| KRISTINA ERNEY | NURSING | 23 | GINA BURTON | ENVIRONMENTAL | 6 |
| SALLYANN HUDDLESTON | NURSING | 20 | MICHELE MILLER | NURSING | 5 |
| MELISSA SWANSON | NURSING | 16 | MARIE BOURDEAU | NURSING | 3 |
| GERALDINE STECKEL | NURSING | 16 | JOAN HEIN | FINANCIAL | 3 |
| FRANCINE BENTON | ENVIRONMENTAL | 16 | CHRISTIE GELIN | NURSING | 2 |
| CHRISTINA METZ | NURSING | 14 | SUSAN TRUBY | RESIDENT ASSESSMENT | 2 |
| CHRISTOPHER THIELE | NURSING | 14 | MELISSA CRYSLER | MEDICAL RECORDS | 2 |
| KAROLE PEREZ | NURSING | 14 | AZIZA MUKOYA-OTIU | NURSING OFFICE | 2 |
| EVAN ROTH | NURSING OFFICE | 13 | NACCINE LATCHMAN | NURSING | 2 |
| EVA MELBER | NURSING | 11 | ROSA PEREZ-HINOJOSA | NURSING | 2 |
| AMY SNYDER | NURSING | 11 | NYRIA JEAN-BAPTISTE | NURSING | 1 |
| LEE LICHTENWALNER | FACILITIES | 11 | RENALDO SHEPHERD | NURSING | 1 |
| CAITLIN MOHR | NURSING | 9 | | | |
| NICOLE LEWIS | NURSING | 9 | | | |
| CATHY STAUFFER | LIFE ENRICHMENT | 9 | | | |
| MARIA MARTINEZ-NUNEZ | NURSING | 8 | | | |
| RICHARD HOPE | NURSING | 7 | | | |



If you prefer not to have your name listed in the SSN or HSN please call Human Resources. Thank You



Happy Halloween



AMULET
APPARITION
BATS
BLACK CAT
BOO
BRIMSTONE
CACKLE
CAULDRON
COBWEB

CONJURE
EERIE
FRIGHTFUL
GHOST
GOOSE BUMPS
JACK-O-LANTERN
MOON
MYSTERIOUS
PHANTOM

POTION
PUMPKIN
SKELETON
SPELL
SPOOKY
TRICK OR TREAT
TWILIGHT
WITCH





Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc) may request access through their Social Worker or Therapeutic Recreation Aide. Our PC Specialist will assign a unique username and password, which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after three days.



Halloween Word Scramble Answers

| | |
|---------------|-------------|
| 1. Spooky | 10. Costume |
| 2. Pumpkin | 9. Creepy |
| 3. Treat | 8. Ghoul |
| 4. Ghost | 7. Skeleton |
| 5. Candy | 6. Vampire |
| 13. Hayride | 5. Candy |
| 14. Blood | 4. Ghost |
| 15. Black Cat | 3. Treat |
| 16. Goblin | 2. Pumpkin |
| 17. Mummy | 1. Spooky |
| 18. Scary | |
| 19. Spider | |
| 20. Scream | |



Halloween Word Scramble



1. okypos _____
2. pkpinum _____
3. treta _____
4. oghst _____
5. ydanc _____
6. rpivame _____
7. keonstel _____
8. luhgo _____
9. pecyre _____
10. tomcuse _____
11. nthua _____
12. owaercrcs _____
13. iyderah _____
14. oblod _____
15. labck act _____
16. ogbiln _____
17. mymmu _____
18. rasyc _____
19. piserd _____
20. sremca _____



ANIMALS AS HEALERS



If you share your home with a pet, you're basically receiving pet therapy right now. Pet therapy is a broad term. The act of caring for something other than yourself is a self-less act. Many people show pride in not only sharing pictures of their fur-friends but also by simply reminiscing about them. Taking care of pets helps to increase self-confidence and a sense of responsibility. It can also help to reduce feelings of isolation in both the young and old; it can help a person recover from or better cope with health issues. And dogs aren't the only animals utilized for this service. Other animals can include horses, cats, rabbits, birds and reptiles. Evidence-based research shows just how valuable and viable animals are as healers.

Fun Facts about Pet Therapy

- * Therapy with animals helps reduce pain-induced insomnia.
- * More than 50,000 therapy dogs exist in the US.
- * Therapy dogs in school classrooms promote a positive atmosphere, increased socialization, verbalization and positive play with classmates.
- * The therapeutic properties of riding horses (hippotherapy) date back to 600 BC in Greece.
- * Senior pet owners reported 30% fewer calls for medical treatment.
- * Two-thirds of all US households and close to half of elderly individuals own pets.
 - * 62% of surveyed Millennials experienced improvements in mental health.
 - * In comparison, 83% of Baby Boomers felt the same.



The benefits are endless... see below.

Animal Assisted Therapy/ Pet therapy is utilized with a people who have a variety of diagnoses including dementia, heart disease, PTSD, autism, cancer, mental health, traumatic brain injury and chronic joint pain, just to name a few.

| MOTOR | SENSORY | SOCIAL-EMOTIONAL |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Helps to increase:</p> <ul style="list-style-type: none"> Range of motion Strength Endurance Hand-eye coordination Trunk Control | <p>Helps to increase:</p> <ul style="list-style-type: none"> Attention to task, helps with hyperactivity Motivation to complete tasks Relaxation | <p>Helps to increase:</p> <ul style="list-style-type: none"> Independence Sense of purpose Self-esteem Safety-awareness |
| <p>Helps Improve:</p> <ul style="list-style-type: none"> Walking (ambulation) Ability to reach for things across the body (crossing midline) Balance and postural control | <p>Helps Improve:</p> <ul style="list-style-type: none"> Following directions Knowing where body parts are in space (proprioception) Balancing (vestibular) Tracking objects with eyes | <p>Helps Improve:</p> <ul style="list-style-type: none"> Expressing emotions and feelings Confidence Decision making Social-relationships Anxiety levels |

We are fortunate to have several therapy dogs who currently visit us here at Cedarbrook. So, the next time you see Prancer, Blitz, Cody and Chance, make sure to say "HI" and give them a pet!

*Details soon on adding more dogs to our list of visitors!





DO YOU HAVE A CONCERN?

Pennsylvania
Department of Aging

Office of the Long-Term Care Ombudsman

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help. Your local Ombudsman is trained to advocate to your rights and will work to resolve your problems by:

- Listening to your concerns
- Respecting your choices
- Offering ideas and options to help you meet your individual needs
- Services are free and confidential

Contact your local Ombudsman
(484) 619-3337

Lost & Found...

is located in the Financial Department. Many items await the claim of their rightful owner. If you think what you have "lost" may have been "found", please talk to your social worker or stop by Finance to check.

OH NO! WHERE'D YOU GO?

May turn into...

AH HA! THERE YOU ARE!

How To Get Repairs Done



Any residents having difficulties with their equipment such as lights, radios, wheel-chairs, beds, etc., please contact your unit clerk, nursing staff, or charge nurse on unit to send a work order to Facilities for repairs.



SUNSHINE NEWS STAFF

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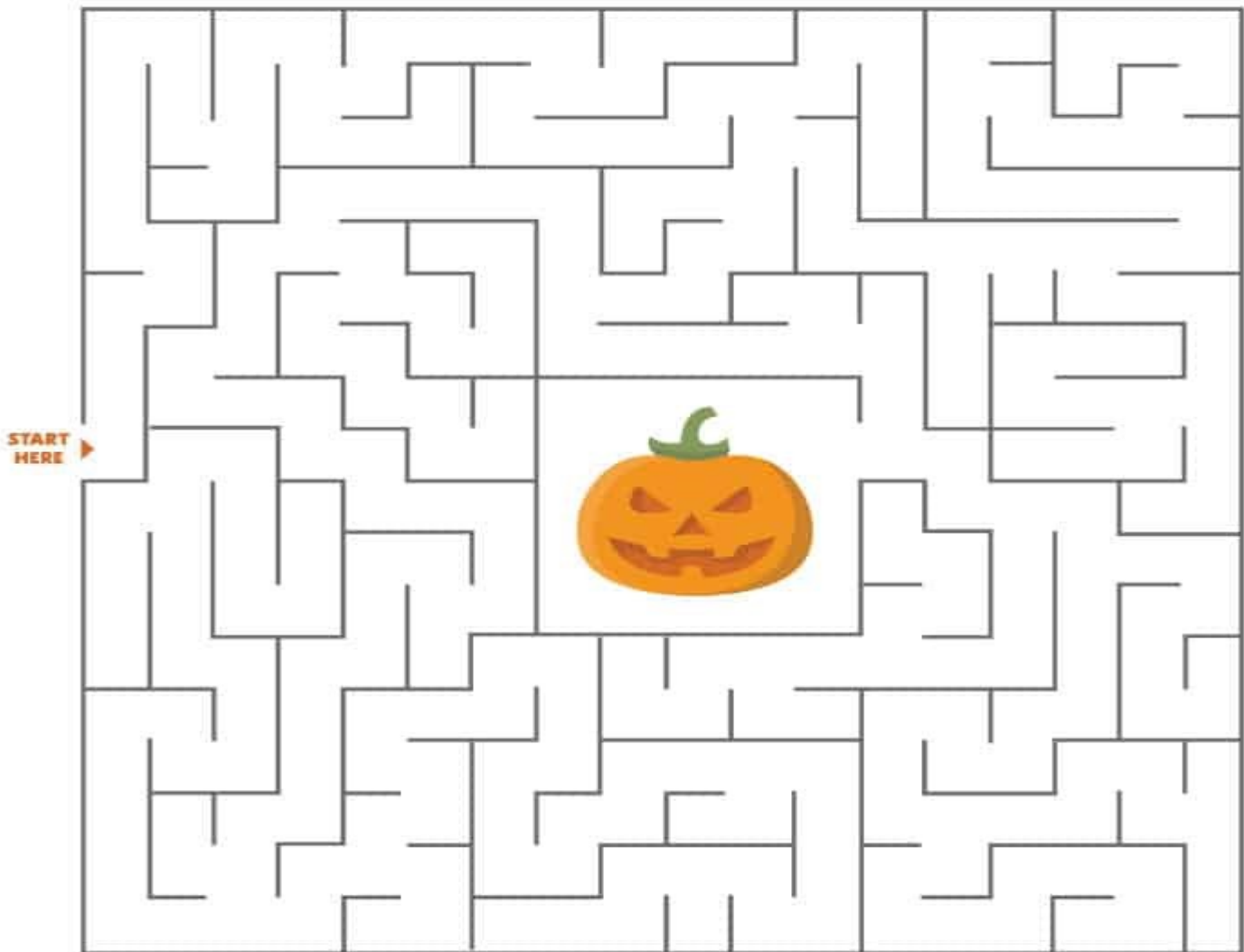
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HALLOWEEN MAZE

Find your way through the maze to reach the pumpkin in the center.

Happy Halloween!



DOWNLOAD MORE FREE PRINTABLES AT WWW.PJSANDPAINT.COM



**How many black cats did you find?
Tell your LE staff how many you found to see if
you win a prize!**

When you go out into the
woods and you look at the trees,
you see all these different trees.
And some are bent and some of
them are straight. Some of them
are evergreens and some of them
are whatever. And you look at

the tree and you allow it.

You see why it is the way it is.
You sort of understand that it
didn't get enough light and so it
turned that way. And you don't
get emotional about it.

You just allow it.

You appreciate the tree.

The minute you get near humans
you lose all of that.

And you are constantly saying:
"You're too this, or I'm too this."

That judging mind comes in.

So I practice turning people
into trees.

Which means appreciating them
just the way they are.

~Author Anonymous

Submitted By:
Jennifer Szakacs Strohl, L.E.D.
(practice with me)



AT REST

August of 2021

CHRISTINE SNYDER

LENNIA KUTZ

FRANCIS MCCLAFFERTY

EDGAR BERTSCH

NILA GRAMMES

AUDREY BAUER

SANDRA LONGENBACH

GRETE WREDE

KATHLEEN STEPHEN

GOLDIE REISS





October 2021



Sun

Mon

Tue

Wed

Thu

Fri

Sat

3 2:15 PM
Church
(Auditorium
and Ch. 22)

4 2:15 PM
John Bauer
(Auditorium and
Channel 22)

5 10:15 AM
Talking Book (Aud)
10:30 AM
Devotions (Ch. 22)
2:15 PM
Bingo (Ch. 22)

6 2:15 PM
Bible Study
(Auditorium and
Channel 22)

7 10 AM
Color and Chat
(Auditorium)

8 2 PM
Card Club (Aud.)

9 10:15 AM
Puzzle Your Mind
2:15 PM
Justin Gonzalez

10 2:15 PM
Church
(Auditorium
and Ch. 22)

11 2:15 PM
Resident Council
(Auditorium and
Channel 22)

12 10:15 AM
Talking Book (Aud)
10:30 AM
Devotions (Ch. 22)
2:15 PM
Bingo (Ch. 22)

13 2:15 PM
Bible Study
(Auditorium and
Channel 22)

14 10 AM
Color and Chat
(Auditorium)

15 2:15 PM
Booze and Tattoos
(Auditorium)

16 10:15 AM
Puzzle Your Mind
2:15 PM
Constantly
Country

17 2:15 PM
Church
(Auditorium
and Ch. 22)

18 2:15 PM
Johnny K.
(Auditorium and
Channel 22)

19 10:15 AM
Talking Book (Aud)
10:30 AM
Devotions (Ch. 22)
2:15 PM
Bingo (Ch. 22)

20 2:15 PM
Memorial Service
(Auditorium and
Channel 22)

21 10 AM
Color and Chat
(Auditorium)
2:15 PM
Mass

22 2 PM
Card Club (Aud.)
2:00 PM
Shabbat (Chapel)

23 10:15 AM
Puzzle Your Mind
2:15 PM
Barry Warren

24 2:15 PM
Church
(Auditorium
and Ch. 22)

25 2:15 PM
Jimmy Edwards
(Auditorium and
Channel 22)

26 10:15 AM
Talking Book (Aud)
10:30 AM
Devotions (Ch. 22)
2:15 PM
Bingo (Ch. 22)

27 2:15 PM
Bible Study
(Auditorium and
Channel 22)

28 10 AM
Color and Chat
(Auditorium)

29 2:15 PM
Variety Show
(Auditorium and
Channel 22)

30 10:15 AM
Puzzle Your Mind
2:15 PM
Bruce Fagan
(Ch. 22)

31 2:15 PM
Church
(Auditorium
and Ch. 22)