Sunshine News

AUGUST 2021

LEHIGH COUNTY - CEDARBROOK SENIOR CARE AND REHAB



SUNSHINE NEWS II

AUGUST 2021

(Funded by Lehigh County taxpayers dollars)

PUBLISHED MONTHLY CEDARBROOK SENIOR CARE AND REHAB 350 S. CEDARBROOK ROAD ALLENTOWN, PA 18104

(610) 395-3727 Fax: (610) 395-0412 Hotline: 610-336-9604

> Jason Cumello, MBA, NHA Director/Administrator

Do you have a problem? A question? Is something bothering you?

Come talk to us about it – so we can solve it for you.

Our doors are open to you . . .

Michelle Julian, RN, BSN, MS, NHA Assistant Administrator

> Dr. Gruer, MD Medical Director

David Crook Chief Financial Officer

Teresa Samuels, RN, BSN, CNDLTC Director of Nursing Services

Donna Pendrak, RN Assistant Director of Nursing Services

> Ed Fernandes Director of Facilities

Ricardo Cintado Director of Environmental Services

> Karen Carr Director of Dining Services

Kristen Morstatt
Resident Assessment Coordinator

Keisha McCollin-Bulluck Human Resources Administrator

Brent Bowman
Assistant Human Resources Administrator

Devin Riley Interim Director of Rehab

Social Service/Admissions

Debbie Smitreski, Jami Cooper, Heather Jaeger, Rhett Palushock, Mouna Zaghtiti, Michline Nastah George Abdouche

Gabe Robinson

Director of Social Services

Jackie Mistiszyn

Director of Business Development/Admissions

Jennifer Szakacs-Strohl, CTRS Director of Life Enrichment

Kerry Magliane Coordinator of Volunteer Services

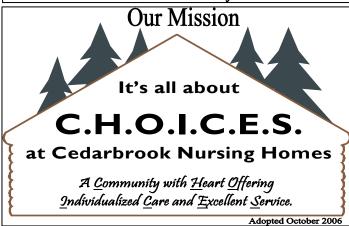
Chaplain Fred Bartholomew, Chaplain Philip Baker Faith Services

Attention Visitors!!! We Want To Hear From You!!!

When writing to share positive comments, complaints, or suggestions for improvement, please include your name and contact information. We take your comments seriously, and we may need to ask questions, and of course, we'll want to share with you the action taken to address your concerns.



Thank You!



NURSING HOME HOTLINE 610-336-9604

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our Administrative Hotline. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken. You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at 610-782-3999. This information is confidential and caller may remain anonymous.



August is here with a bit of gloom Summer is winding down much too soon School used to start in September, but now it's in August

So the kids look at the calendar with much disgust They have swimming & summer is still on their mind

So they give grief to the teachers who are so kind Vacations are over except for a few

School clothes aren't appreciated even though they are new

Then little by little things begin to fall into place Actually you start to see a smile on their face Hard work and study with everyone on board They know they need good grades, thank the Lord School dances will start for most to enjoy Football games are fun too & give girls a chance to find a boy

All in all school is important to gain knowledge And heaven knows you definitely need that to get into college!

Written & Submitted by Jean Larison

Summer 2021

It is almost the end of the summer Which to many is a real bummer While weather is changing a tad cool Children must go back, learn at school Adults returning to days of weekly labor Everyone remembers their vacation times savor

Waiting a whole year to come around Another season of fun to be found.

Written and Submitted by Ann Raubenhold

How Hot Can It Get?

How hot can it get?
We don't know yet.
Maybe it is hell but
We don't just know yet.
The month of August was
Named after Caesar Augustus.

Written and Submitted by Bev Dawson

Two sisters inherited their parents dairy farm. They had a lot of cows but no bull. There was an ad in the merchandiser that a bull was for sale in a nearby farm. The one sister said to the other—take a bus—if it's what we want, send me a telegraph, "I bought the bull come pick us up in the pickup truck." The bull was what they wanted but it cost \$599 and she only had \$600—which left \$1 for the telegram. The man at the telegraph office said "I don't know what your going to do. It's \$1 per word." The sister hesitated a minute then said—write COMFORTABLE. Comfortable the man said. "Yes, my sister is a slow reader and she will read,

Come For Ta Bull

Written and Submitted by Kay Mohr

After The Storm

After the storm, I sit alone Alone, and yet I'm met Jesus is near, yet on his throne And in my every thought

Am I alone, so He can speak, To me~ and only me? Am I alone, that I might seek? My Lord~ so tenderly

A time when God draws me apart From all the worldly cares A time when He can search my heart A time when Jesus shares

I'm glad He shares this time with me To me, it is so dear I'm glad, through Him, that I can see My God is very near.

Written and Submitted by Donna Reynolds



Here is a story of my fondest memory at Cedarbrook. One great morning, I think it was two weeks ago, George referred me to Becky for a fishing trip with a nice lady from downstairs on C2—named Kathy. Emily put us on the bus and we journeyed a short distance to a beautiful little pond where the two of us were carefully unloaded from the bus. Next we were moved closer in the driveway to the water and we were handed a baited fishing pole. Two nice men kept us busy and constantly involved with upbeat conversation and inquired how we were doing. We replied, "We were doing fine," and commended all four individuals for making this one of the greatest days I ever experienced at Cedarbrook. I expressed my thanks to all four volunteers and expressed my interest in further volunteer efforts at Cedarbrook. I am also interested in keeping residents company in their rooms, hallways, etc. George will get back to me on this matter. Thanks Cedarbrook for a great Monday. P.S. We caught three trout each.

Written and Submitted by Ellis Zellmanoff

Facts about Augustus Caesar

- 1. Augustus Caesar is one of the most important figures in the history of ancient Rome. He is recognized as the founder of the Roman Empire.
- 2. After defeating Mark Antony and Cleopatra, he was awarded the name Augustus meaning the illustrious one.
- 3. Caesar's birth name was Gaius Octavius Thurinus. His mother was the niece of Julius Caesar.

Written and Submitted by Bev Dawson

Facts about the "hottest" temps:

- 1. The hottest day ever recorded in the Lehigh Valley was on July 23, 2011 when it reached 104 degrees.
- 2. The hottest temperature ever recorded on Earth was at Furnace Creek Ranch in Death Valley on July 10th, 1913. Temperatures reached 134 degrees!

Written and Submitted by Bev Dawson



AUGUST BIRTHDAYS



LYDIA MOSER	AUG	01
ROBIN KOTSCH	AUG	01
OLGA KRAJNAK	AUG	03
SHIRLEY GLASSMEYER	AUG	04
EVA FEINOUR	AUG	04
CALVIN SCHAEFER	AUG	05
ELFRIDA LEARMONT	AUG	07
ANIBAL RIVERA RODRIGUEZ	AUG	09
HENRY BENNICK	AUG	10
EDGAR BERTSCH	AUG	11
ROMONA GANSSLE	AUG	11
GLORIA SELIG	AUG	12
EUGENE SABLER	AUG	12
VELMA SNYDER	AUG	14
SANDRA KIRCHNER	AUG	14
MARLIYN BARKER	AUG	14
SHIRLEY BORTZ	AUG	18
ELEANOR DANIELS	AUG	18
THOMAS SHELLHAMMER	AUG	20
ROBERT KOCH	AUG	22
SUSAN KRAUSE	AUG	23
ANN LOUISE REINSMITH	AUG	24
VERONICA LESHKO	AUG	25
CONSTANCE BEAM	AUG	25
BETTY STEINMETZ	AUG	25
DOLORES HOFFERT	AUG	28
JEFFREY HAHN	AUG	28
MARY BOWER	AUG	30

WE APPRECIATE THAT FAMILIES WANT TO SHARE PARTY TREATS WITH THEIR LOVED ONES' ROOMMATES AND FRIENDS. UNFORTUNATELY, MANY OF OUR RESIDENTS HAVE SPECIAL DIETARY NEEDS. BEFORE GIVING FOOD TO OUR RESIDENTS, PLEASE CHECK WITH THE NURSE TO SEE IF IT IS ALLOWED.

THANK YOU

Welcome New Residents

PURPLE DIAMOND
JEROME LUCIDO
WINSLOW TWEED
ROSALIE MISERA
MARILYN BYBEE
CARON DEGELMANN
KATHLEEN O'MALLEY
JEAN SANTAYANA
MARY REGEC
JEAN OBERECKER



DON'T LOSE HEART!

Have you ever prayed for something, but nothing ever seemed to change because of your prayer? Maybe you prayed expecting things would be different this time. Then disappointment kicks in again when things do not change! It is hard to hold onto hope when it appears that God is not moving in your situation. I think Jesus knew we would feel this way at various times in our lives. That is why I believe He gave us this parable in Luke 18:1-8.

Jesus said that we "need to pray always and not lose heart" (Luke 18:1). I encourage you to read the passage, however, I will summarize it for us now. Jesus tells of a widow who continuously goes before a judge for justice. Although, the judge could care less about the woman or God for that matter. The judge eventually grants the woman justice because of her constant nagging. The passage goes on to compare God to the unjust judge. We can be encouraged by the Lords love and careful attention for us.

The Lord wants us to continue in prayer and NOT give up! God has a reason and purpose behind each and everything that He does. What good could come through waiting for Him to act, you might be asking yourself? Perhaps there are other pieces to the puzzle that have to fall into place before the Lord is ready to act in your situation. He might be trying to teach you something through the process of waiting. Many times, our hearts are changed through continually seeking God. My friend pointed out that as we continue to seek the Lord, we draw closer to Him. In essence, we are building intimacy with the Father!

Something we need to remember is that God is for us! He loves you and wants the very best for you. It may not always seem like His best for you in the moment, but I assure you it is. He wants you to rely upon Him above all others. He and He alone can move mountains for you. Therefore, the next time you are tempted to lose heart remember that God is for you. Jesus hears you and wants you to continue seeking Him! Remember that God moves in His timing according to His will. Our job is to continue to seek, not losing heart but seeking Him with every fiber of our being.

Chaplain Philip Baker – Cedarbrook Allentown

Residents' Council Meeting Minutes Monday - July 12, 2021

ADVANCE DIRECTIVE -

You have the right to give advance written instructions to your doctor and others, that in the event you become incapacitated, your nursing facility and your physician will honor your wishes regarding your choice to accept, refuse, or discontinue medical care or surgical treatments.

Old Business:

There were no outstanding concerns from the last meeting.

New Business:

Jason Cumello: Administrator

- **Welcome** welcomed everyone back.
- **Staffing** New staff is being hired. The first orientation class will start next week.
- New Building—The work has already begun with the old juvenile building and the laundry building. Pre-bid meetings have been held for the new 240 bed E-wing which will replace the B-wing, C-wing and part of D-wing. The area being replaced in the D-wing will be the 4 bedded rooms. Ground breaking should be in September.
- **Recruiter**—A recruiter is being hired for all of Cedarbrook operations.

Jennifer Szakacs Strohl: Life Enrichment

- **Introduction** Introduced herself as the new Director of Life Enrichment.
- Auditorium Announced the Auditorium capacity has been increased to 30 residents at a time
 on the main floor and 6 residents in the balcony with supervision.
- Activities- Entertainment on Mondays, devotions on Tuesdays, Bible Study on Wednesdays, color and chat group on Thursdays, Pinochle on Fridays, Entertainer on Saturdays, and on unit activities daily with unit assigned therapy aide. Pet therapy visits will also be increasing. Please let your therapy aide know if you would not like a visit with them.
- **Gift Shop** Gift shop will be open on Wednesday and Fridays from 1pm—4:30pm with only 2 residents at a time.

David Crook: Financial Services

- Announcement- Michelle Reichard has retired after 37 years of service. The new Business Office Manager will be Aimee Davidson.
- Introduction- Introduced Adam Boandl as the new Accountant.
- **Banking hours** resident banking is now open. Banking will be available M-F from 2pm—4pm at the Receptionist.

Announcements:

- There will be nominations for new officers taken at next meeting. For all those interested in being nominated the duties of Officers are as follows:
 - attendance of officers at meetings is mandatory except for excused absences. Excused absences are illness, Doctors appointments and hospitalizations.

President:

The President shall guide and conduct the activities of the council.

The President shall preside at all meetings of the council.

The President shall have the power to call special meetings of the members if there is a need, or of any committee of the council.

Upon request, the President shall represent all residents at meetings and events within Vice-President:

The Vice-President shall assume the duties of the President when the President is unable to act.

The Vice-President shall assume any duties assigned by the President.

Secretary:

Shall read the minutes of the previous month.

The secretary shall assume any duties assigned by President.

- Our Second Wind Dreams program has been closed and we are applying to re-open it under a new name. We are asking for suggestions for the new name. Please see your Life Enrichment aide with any suggestions.
- The next meeting will be held Monday, August 9th at 2:15 pm in the Auditorium.

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Dog Breed Word Search

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VOLUNTEERS: <u>VERY IMPORTANT P</u>EOPLE!

How quickly summer is flying by. Hopefully everyone is enjoying the nice weather and the summer holidays. There are always plenty of good times to be had at Cedarbrook Senior Care & Rehab. Our residents love having volunteers come in to paint fingernails for the ladies, play pinochle, bingo, or any of the games and activities here at Cedarbrook. Just a few hours of your time is so greatly appreciated. We also want to thank all those volunteers who are spending their summer helping at Cedarbrook. When you give a little of yourself to others, you get so much more in return. Volunteer

When you give a little of yourself to others, you get so much more in return. Volunteer shifts are about two hours.

Here's how you can help: Transport and assist at all or any of these activities.

- -Memorial Services- Escort residents outside Wednesdays, August 11th, August 25th, and September 8th, 9:30-11:30am.
- -Beauty Shop Mondays and/or Fridays 9:00-12:00 noon or 1:00-4:00
- -Visits with our residents inside our building or outside on the patio
- Take residents to our auditorium on Mondays or Saturdays 1:45-3:45 for live entertainment
- Help escort residents to Bible Study on Wednesdays 2:00-3:30
- -Assist residents coming to church in the Auditorium on Sundays 1:30-3:30
- -Bus Trips Meet our residents at local ice cream shops/parks and assist them in having fun.

Your kindness is so deeply appreciated by our residents and staff.

If any of these opportunities strike your fancy, please give me a call. I will be happy to schedule an appointment with you and answer any questions you might have about volunteering. We are also scheduling appointments with students who are in need of Community Service Hours for school. Feel free to share this information with your friends and family. The more the merrier!

Contact: Kerry Magliane, Volunteer Coordinator at kerrymagliane@lehighcounty.org or at 610-336-5684.

Please remember – all volunteers must have completed their COVID vaccines and wear a mask. We do have masks available if you need one. Also, be sure to request the Volunteer Update packet, if you haven't already gotten one. Thanks!!

Cedarbrook Allentown Resident Food Committee Minutes

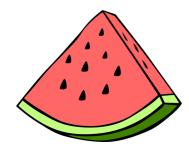
Cedarbrook Resident Announcements

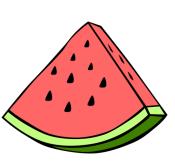
- July Resident Birthday celebrations will be taking place on Tuesday July 13, 2021 at the noon meal service.
- New Production Manager will be starting on Monday July 19, 20121. His name is Ed Biemer.
- We are also working with a temporary Chef support person: Jim Snyder
- The Dining Service Team is happy to welcome everyone back to our monthly Food Committee Meeting. For our new residents the team is looking forward to hearing what we have done right and what we can work on doing better.
- It has been a long time with many ups and downs with the Covid-19 restrictions.
- We greatly missed seeing you during this time and recognized the hardship that took place.
- During these past 15 months we had to adjust our menus, provide service on paper, deal staff shortages and our delivery timing was changing at times because of the ever changing Red Zone Areas..
- However, we also had some positive changes. We started a new 5 Week Cycle Menu this past March. We hope you have enjoyed some of the new items and rotation of the menu.

We now have new challenges such as: Product availability! The most current problem is not being able to get paper napkins. Tomorrow it might be Ground Beef or applesauce. We will continue to include you on what is happening.

Karen Carr and the Dining Service Team







Recipes

Sauerkraut Salad

Ingredients

1 can 2.5 lb sauerkraut

3/4 cup sugar

1 cup diced celery

1 cup diced green pepper

1/4 cup diced onion

3 tbsp. vinegar

3 tbsp. diced pimientos

1/2 tsp. salt

1 tsp. celery seeds

Directions

Drain kraut for 15 minutes. Cut in 1 inch pieces with scissors. Mix well-stir in all ingredients.

Cover and put in fridge for 24 hours before serving.

Strawberry Pie

Cook 5-6 minutes:

3 Tbsp. corn starch

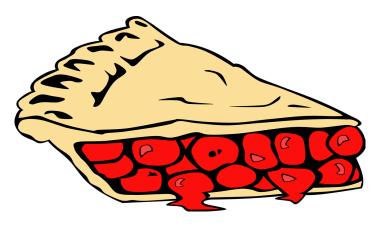
1 cup sugar

1 cup cold water

1 Tbsp. corn syrup

While still hot add:

3 Tbsp. strawberry gelatin and three drops red food coloring. Arrange berries in baked piecrust and pour glaze over berries. Chill. Serve with whipped cream.



Waikiki Meat Balls

Ingredients

1 1/2 lbs. ground beef

2/3 cup cracker crumbs

1/3 cup minced onions

1 egg

1 1/2 tsp ginger

1/4 cup milk

1 tbs. shortening

2 tbs. cornstarch

1/2 cup brown sugar (packed)

1 can (13.5 oz) pineapple tidbits drained

(reserve syrup)

1/3 cup vinegar

1 tbs. soy sauce

1/3 cup chopped green pepper

Directions

Mix meat, crumbs, onion, egg, salt, ginger, and milk. Shape mixture by rounded table-spoonfuls into balls. Melt shortening in large skillet. Brown and cook meatballs. Remove meatballs, keep warm. Pour fat from skillet. Mix cornstarch and sugar. Stir in reserved pineapple syrup, vinegar, and soy sauce until smooth. Pour into skillet. Cook over medium heat, stirring constantly until mixture thickens and boils. Boil and stir one minute. Add meatballs, pineapple tidbits and green pepper. Heat through.

All recipes given by Donna Reynolds

Cedarbrook Employee Service Anniversaries

Employee	Department	Years	Employee	Department	Years				
Lawrence Hanig	Nursing Office	28	Brooke Best	Nursing	5				
Brenda Anthony	Nursing Office	28	Ronaisha Rich	Nursing	5				
Lori Biegly	Nursing	27	Aaron Felker	Nursing	5				
Elsa Contreras	Nursing	22	Jessica Rotz	Human Resources	5				
Patrick Leun	Nursing	22	Jennifer Sparling	Life Enrichment	5				
James	Environmental	19	Cynthia Rausch	Nursing	4				
Leibensperger			Kathryn McArdle	Admissions	4				
Karen Biggs	Resident Assessment	18	Jennie Gomez	Nursing	3				
Lisa Heintzelman	Nursing	18	Liddys Sevilla	Nursing	2				
M'aladia		1-7	Elizabeth Updegrove	Nursing	2				
Michelle Hengeveld	Nursing Office	17	Vanessa Cruz	Nursing	2				
Jean Reis	Nursing	16	Pennie Kleinfelter	Nursing	1				
Lindsey Ruff	Nursing	14	Leecette McLeod	Nursing	1				
Bernadine John-	Nursing	14	Patricia Albano	Nursing	1				
son			Tara Lowery-	Nursing	1				
Emmanuela Turnier	Nursing	14	Fleming Danielle Siciliano	Nursing	1				
Marylou Quier	Environmental	13	Christina Siegel	Nursing	1				
Irina Diaz	Nursing Office	10	Taylor Hessinger	Nursing	1				
			Steffany Brown	Nursing	1				
Vontoya Grimsley	Nursing	9	Sierra Miranda	Nursing	1				
Melissa Monaghan	Nursing	9		I was a seen					
Amy McKellin	Ed Services	9		MZ	2				
Nicole Azar	Nursing	8	2-	500	\leq				
Katheryn Betancourt	Nursing	6		VVV					
Samantha Skumpija	Nursing	6							

Dietitian's Corner Program

We are so happy to be back with everyone! This month I would like to review how the Dining Services department provides your meals. Each resident has a diet order which is determined by your doctor and dietitian. Our diet orders are based on a diet consistency that is most appropriate for each resident and therapeutic restrictions for those that may require special diets.

Our diet consistencies include Regular, Regular with ground meat, Mechanical Soft and Pureed. Your doctor, speech therapist and dietitian work together to determine the diet that is most appropriate for you.

Our therapeutic diet orders include CCD (consistent carbohydrate diet), NAS (no added salt), Sodium Restricted and Renal. Therapeutic diets are ordered to help manage many medical conditions including Diabetes, Hypertension, Heart failure or other cardiac diseases and also for Renal failure.

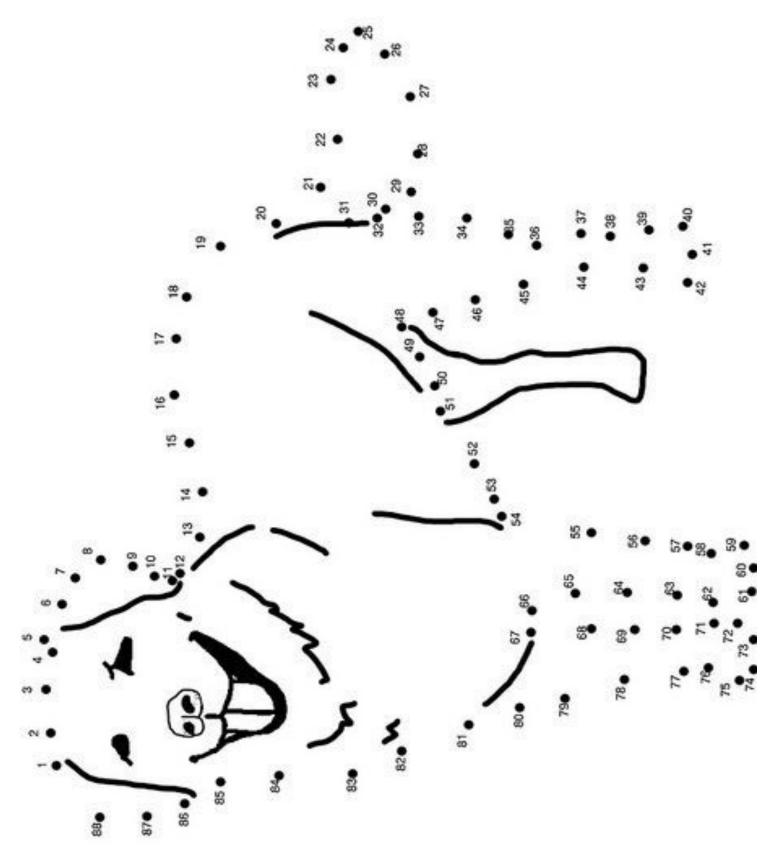
Your dietitian is always available to discuss any concerns you may have with your diet order.

Deanna

Next Meeting will be on – August 9 2021

Thank you to everyone for your time and ideas. We hope to see you at our next meeting. Please encourage your fellow residents to attend.







Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc) may request access through their Social Worker or Therapeutic Recreation Aide. Our PC Specialist will assign a unique username and password, which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after three days.



Visit us on www.cedarbrookseniorcare.com



official Welcome the Cedarbrook to website, designed to inform Lehigh County residents - and the world at large - about auality services and operations the provided here. It also offers dropdowns for both Allentown and Fountain Hill locations, with directions, departmental listings and the newsletters, posted every month. On the home page are slider segments that promote the institution and that will change from time to time. A highlight of the front page is the "Ratings & Reviews" section at the bottom where Cedarbrook users can submit their opinions on the quality of services. Please visit the site often, and please let your family and friends know about it. www.cedarbrookseniorcare.com is copyrighted by Cedarbrook Senior Care & Rehab.

GENEROUS FRIENDS

These generous memorial gifts and contributions enable Cedarbrook's residents to participate in exciting, fun, and challenging activities, appreciate fine entertainment, and have funded furnishings that allow our residents to live in a more homelike atmosphere.

In Memory Of ELAINE HAUSE

Gift Made By

Trexler Funeral Home Wayne and Lois Scharadin

Lost And Found

is located in the Financial Department. Many items await the claim of their rightful owner. If you think what you have "lost" may have been "found", please talk to your social worker or stop by.

How To Get Repairs Done

Any residents having difficulties with their equipment such as lights, radios, wheelchairs, beds, etc., please contact your unit clerk, nursing staff, or charge nurse on unit to send a work order to Facilities for repairs.

SUNSHINE NEWS STAFF

Advisor EDITOR/FORMAT DESIGN EMILY STROHL COPY EDITOR Photos

JENNIFER SZAKACS-STROHL MEL FEJES MICHELE AYELLO

Margie Everett MARY ANN MILLER **NANCY BREY**

ELMAMAE UHLE JEAN LARISON MARY SNYDER **BEVERLY DAWSON** KAREN SNYDER KAY MOHR





Tips for Keeping Your Money and Valuables Safe



Although we discourage residents from keeping money and valuables in their room, we realize that many of you will choose to do so. Therefore, we would like to offer these tips to help you keep your money and valuables safe from loss or theft. Since you have access to the money in your account during normal business hours Monday through Friday, we suggest that you only withdraw the amount you need for immediate use. If you need larger sums of money for gifts or to reimburse your family members for purchases made on your behalf, we suggest that you contact Financial Services to arrange for payment by check. If you choose to keép monéy and valuables in your room, we highly recommend that you secure such items in the locked drawer of your bedside cabinet. Keep your key with you, or keep your key out of sight in a safe place. As soon as you realize that your money or property is missing, it is important to report it immediately to the Charge Nurse. Cedarbrook will not assume responsibility for replacing missing property kept by residents on their person or in their room. However, we will take action to investigate, and to try to recover your property if possible. Finally, we ask that you help us maintain a current inventory of your personal property. Any property that you purchase or receive during your stay should be added to your Valuables Received After Admission Form, including a description of the property. This information is essential when trying to locate missing items.



August 2021

	Sat	LLER 5.22	pm 11 5.22	pm F TWO	pm (TCHELL	EVERY SATURDAY @ 10 AM PUZZLE YOUR MIND
		7 2:15 pm GLEN MILLER CHANNEL 22	14 2:15 pm TOM PIZZI CHANNEL 22	2I 2:15 pm PARTY OF TWO HOUSE	28 2:15 pm CRAIG SATCHELL HOUSE	EVERY SATURDA @ 10 AM PUZZLE YOUR MIND
	Fri	6 2:00 pm PINOCHLE HOUSE	$13_{2:00pm}$ PINOCHLE HOUSE	$20_{^{2:00pm}}$ PINOCHLE HOUSE	27 2:00 pm PINOCHLE HOUSE	
4	Thu	5 10:00 am COLOR & CHAT HOUSE	12 10:00 am COLOR & CHAT HOUSE	19 10:00 am COLOR & CHAT HOUSE	26 10:00 am COLOR & CHAT HOUSE	10:15 AM SPECIAL MEMORI- AL SERVICES ON 8/11 & 8/25
	Wed	4 2:15 pm BIBLE STUDY HOUSE & CHANNEL 22	\$\limins_{15\text{ pm}}\$\$BIBLE STUDY HOUSE & CHANNEL 22\$\$	18 2:15 pm BIBLE STUDY HOUSE & CHANNEL 22	25 2:15 pm BIBLE STUDY HOUSE & CHANNEL 22	
1	Lne	3 10:30 am DEVOTIONS (Ch. 22) 2:15 PM BINGO CHANNEL 22	I O 10:30 am DEVOTIONS (Ch. 22) 2:15 PM BINGO CHANNEL 22	17 10:30 am DEVOTIONS (Ch. 22) 2:15 PM BINGO CHANNEL 22	2410:30 am DEVOTIONS (Ch.22) 2:15 PM BINGO CHANNEL 22	3 I 10:30 am DEVOTIONS (Ch.22) 2:15 PM BINGO CHANNEL 22
	Mon	2 2:15 p.m. LORI WOODWARD HOUSE	9 2:15 pm RESIDENT COUNCIL/FOOD COMMITTEE HOUSE	16 2:15 pm ROB BALLONOFF HOUSE	23 2:15 pm FAMILY AFFAIR HOUSE	30 2:15 pm BILL FRY HOUSE
	Sun	1 2:15 p.m. CHURCH HOUSE	8 2:15 p.m. CHURCH HOUSE	15 2:15 p.m. CHURCH HOUSE	22 2.15 p.m. CHURCH HOUSE	29 2:15 p.m. CHURCH HOUSE