



Visitation Reopening Plan – *Cedarbrook Allentown* (version 9/1/2020)

Please note: Covid-19 is often unpredictable and requirements for reopening understandably so stringent, that one new positive case can reset the entire plan and invalidate previous dates. The Dates indicated on the daily update file are temporary markers that can quickly change. This plan is subject to change with new regulations or changing conditions at the Facility.

Prerequisites required by PA Department of Health for the plan:

- **Baseline Testing of staff and residents** – Completed via 2 rounds in June and July.
- **COVID-19 diagnostic testing for residents and staff** – Cedarbrook has a contract with Health Network Labs for many different types of testing, including Covid-19. Additionally, both Cedarbrook campuses have been provided rapid Covid-19 testing machines from the CDC.
- **Procedures for residents who decline testing** – If a resident declines Covid-19 testing that resident may have to be moved to an appropriate room per DOH cohorting guidance. Universal testing has been made a condition of employment for staff.
- **Cohorting plan** – Cedarbrook has worked through a cohorting plan, at times with DOH and ECRI assistance, to comply with PA HAN 509. There is now an opportunity to use both campuses if necessary and possible.
- **Screening Process for all Visitors** – All visitors, including staff, are actively checked for temperature upon entry to the Facility and complete a screening attestation as well. Procedure review is available upon request.
- **Screening process for Residents** – All residents are screened for signs and symptoms at minimum on a daily basis. Procedure review is available upon request.
- **PPE Supply** – In coordination with Lehigh County Procurement, Cedarbrook management, and at times shipments from state and federal authorities, currently adequate PPE supply inventories have been established despite the global supply chain continued challenges. Also, there is the opportunity to appeal to County emergency stock as well.
- **Staffing** – Both Cedarbrook campuses have maintained and continues to maintain overall nursing staffing levels on a month to date basis much higher than state regulatory requirements. If an unforeseen staffing crisis would arise, various nursing agency contracts exist as does the ability to shift staff between campuses if necessary.
- **Regular Communal Dining** – Cedarbrook exercises continued restrictions on regular communal dining and out of an abundance of caution *has no current plans* to reopen communal dining despite heading into a reopening phase and despite it being permitted



by DOH in the progression through the Steps of the plan. The only continued exception is for residents who are unsafe to eat on their own per physician orders.

- **Regular Activities** – A group activities program built around safety precautions will be available in each step. This program is built upon a recent survey of residents wishes for programming.
- **PA Governor’s Phases of Reopening** – Per regulatory guidance current as of 7/27/2020, if a County, in this case Lehigh County, regresses to a “Red Phase,” any current visitation will halt until further notice.
- **Steps as formalized by DOH** – To progress through each step, there must be, per PA DOH regulatory guidance, NO new outbreaks of Covid-19 in the Facility. Any new outbreak causes any current visitation to cease and the process of Steps to reset completely regardless of Progression of Steps. Each Step progression requires 14 days without a new outbreak, per PA DOH Guidance dated 7/20 provided to all PA nursing homes. Per this regulation, an Outbreak is considered 1 new case among residents or 1 new case among staff member if that staff member has been in the facility 48 hours prior to symptoms or positive test.

Step 1 starts when 14 days have passed since last positive ‘Outbreak.’ See clickable CMS/CDC file at <https://www.cedarbrookseniorcare.com/skilled-nursing/> for dates to enter the Steps (last row.)

- **Dining Services** (communal)– No regular communal dining in any form other than residents considered to be unsafe to eat alone.
- **Activities** (communal) – Limited on-unit activities with 5 or less residents with proper precautions.
- **Non-Essential Personnel** – Continued restrictions on non-medical, non-emergent visitation. The exception is for mission critical emergency repairs and other services.
- **Volunteers** – No on-site Volunteers
- **Visitors** – No resident visitors at this point during Step 1. Electronic chat continued to be available.
- **Outings** – No group outings at this point.
- **14 Day Counter** – If 14 days progress without a new outbreak, then Step 2 can be entered. The website update will demonstrate appropriate dates - <https://www.cedarbrookseniorcare.com/skilled-nursing/>.

Step 2 (if no new outbreak in Step 1)

- **Dining Services** (communal)– No regular communal dining in any form other than residents considered to be unsafe to eat alone.



- **Activities** (communal) – Limited on-unit activities with 10 or less residents with proper precautions.
- **Non-Essential Personnel** – Continued restrictions on non-medical, non-emergent visitation. The exception is for mission critical emergency repairs and other services.
- **Volunteers** – At this point select on-site Volunteers will be utilized to facilitate visitation under the direction of Life Enrichment staff.
- **Visitors** – Outdoor visitation per **Guidelines for Visitation** parameters later in this document will be permitted. If weather does not permit visitation that day, an indoor area of the family room will be utilized.
- **Outings** – No group outings at this point.
- **14 Day Counter** - If 14 days progress without a new outbreak, then Step 3 can be entered. See <https://www.cedarbrookseniorcare.com/skilled-nursing/> .

Step 3 (if no new outbreak in Step 2)

- **Dining Services** (communal)– No regular communal dining in any form other than residents considered to be unsafe to eat alone.
- **Activities** (communal) – Further activities may be conducted with appropriate precautions.
- **Non-Essential Personnel** – Other inspections and on-site work may be conducted to be considered on a case by case basis with appropriate screening and PPE. Facility Salon Services will return in Step 3 under with appropriate certification from the vendor.
- **Volunteers** – At this point select on-site Volunteers will be utilized to facilitate visitation under the direction of Life Enrichment staff.
- **Visitors** – Outdoor visitation per **Guidelines for Visitation** parameters later in this document will be permitted. If weather does not permit visitation that day, an indoor area of the family room will be utilized.
- **Outings** – No group outings at this point.
- **New Normal** – At this point Step 3 is the parameters in which we will operate based on current DOH guidance and a current assessment of the pandemic. As with everything during the pandemic, this is subject to change.

Guidelines for Visitation in Steps 2 and 3

1. Visitation will occur in designated areas outside in the two Courtyards between the C and D Wings. In the case of inclement weather, visits will occur indoors in the Family Room.
2. There will be up to 10 spaces for visiting in the courtyards or family room if poor weather.
3. Tables will be used to ensure 6 feet between residents and visitors



4. Visits will occur from 9:00-11:30 am M-F and 1:00-4:00pm Monday-Friday. If extenuating circumstances exist, visits can be scheduled at a mutually agreeable time in which the Facility can accommodate its Visitation Parameters.
5. Each unit will be assigned a day of the week for visits. Visit times will be scheduled on the top of the hour and be 30 minutes in length. Visits will typically be limited to 2 visitors but can be split into 2-15 minute intervals to accommodate up to 4 visitors.
6. Social Services will coordinate the scheduling of visitors.
7. Residents will wear surgical masks for visits as able. Visitors will wear N95, KN95, or other masks deemed necessary by the Facility. Visitor noncompliance with PPE will result in denied entry.
8. A Life Enrichment staff member will supervise the visits and a Volunteer can be available to assist the Life Enrichment staff member.
9. Visitors must go through a temperature check and risk factors screening process upon entry. No visitor can enter the facility without such a screening and visitors who fail the screening process can be denied entry into the facility per state and federal law.
10. Life Enrichment Staff, Nursing Staff, and Volunteers will assist with the transport of residents to the designated visiting areas and return to the nursing units.
11. Hand hygiene will be performed by residents and visitors before and after visits.
12. Visitors will review and sign education on the visiting guidelines prior to the start of the visit.
13. After the visit concludes, Environmental Services, or appropriate designee, will sanitize the areas between visits. Cedarbrook utilizes products that have EPA certification.
14. Families/Responsible Parties will be offered either a face to face visit as often as the schedule can allow to accommodate all fairly, or a virtual visit as often as the facility resources can allow.