

Sunshine News

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SEPTEMBER 2020 / LEHIGH COUNTY - CEDARBROOK SENIOR CARE AND REHAB VOL. XXXI NO. IX



SUNSHINE NEWS II

SEPTEMBER 2020

(Funded by Lehigh County taxpayers dollars)

PUBLISHED MONTHLY
CEDARBROOK SENIOR CARE AND REHAB
350 S. CEDARBROOK ROAD
ALLENTOWN, PA 18104

(610) 395-3727 Fax: (610) 395-0412
Hotline: 610-336-9604

Jason Cumello, MBA, NHA
Director/Administrator

**Do you have a problem? A question?
Is something bothering you?**

**Come talk to us about it – so we can solve it for you.
Our doors are open to you . . .**

Michelle Julian, RN, BSN, MS, NHA
Assistant Administrator

Dr. Gruer, MD
Medical Director

David Crook
Chief Financial Officer

Michelle Reichard
Financial Services Office Manager

Teresa Samuels, RN, BSN, CNDLTC
Director of Nursing Services

Donna Pendrak, RN
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Director of Dining Services

Kristen Morstatt
Resident Assessment Coordinator

Keisha McCollin-Bulluck
Human Resources Administrator

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Assistant Human Resources Administrator

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Director of Rehab

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Rhett Palushock, Mouna Zaghtiti, Michline Nastah
George Abdouche

Gabe Robinson
Director of Social Services

Jackie Mistisyn
Director of Business Development/Admissions

Alice Christman, CTRS
Director of Life Enrichment

Kerry Magliane
Coordinator of Volunteer Services

Chaplain Fred Bartholomew,
Chaplain Philip Baker
Faith Services

Attention Visitors!!! We Want To Hear From You!!!

When writing to share positive comments, complaints, or suggestions for improvement, please include your name and contact information. We take your comments seriously, and we may need to ask questions, and of course, we'll want to share with you the action taken to address your concerns.



Thank You!

Our Mission

It's all about

C.H.O.I.C.E.S.

at Cedarbrook Nursing Homes

*A Community with Heart Offering
Individualized Care and Excellent Service.*

Adopted October 2006



NURSING HOME HOTLINE

610-336-9604

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our Administrative Hotline. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken. You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at 610-782-3999. This information is confidential and caller may remain anonymous.



SPECIAL FOLKS AT THE BROOK

Becky asked me to take part in this talent show
It's an honor, but as far as talent, I have none that I know
I can't sing, play an instrument or dance
As for "TWERKING" I don't stand a chance
But it gives me the perfect opportunity to do something nice
I want to thank ALL Cedarbrook employees, not once but twice
For being so caring with Covid-19's demise

Well start out with our administrator, Jason Cumello
For those who know him, he's a really nice fellow
He has a passel of things on his mind
But that doesn't stop him from being kind
He stays late & goes to the floors to visit the folks
To do that you know he's committed & that's no joke

The Nursing Office is here no doubt
But their jobs keep them too busy to get out & about

The Supervisors get out to the floors
But to get to us they have to go through so many doors
They visit the units but when they are done
It's quickly back to floor one

Till this is over the Staffing Office will all have gray hair
They just have no time to spare
As some floors have too many staff, others are short
So the staff go wherever to hold down the fort.

The floor managers & nurses will do a double if that's what it
Takes the love for their job is anything but fake

Some residents don't want to be here, so the Aides get the flack,
The Aides are great though, and let things roll off their back.
They keep a smile on their face and song in their heart
In a short time, they are done with their chores and quietly depart.

The Environmental Staff scrub, clean & disinfect
It must be done to the Health Bureau's satisfaction when they inspect

Facilities try to keep up with the work orders for their job
But we only have a few fellows, not a whole mob
They do their very best to keep us content
We are happy when the orders are sent

Then it's time for the residents to have some fun
Life Enrichment jumps right in while they are on the run
To do what is necessary so residents are smiling and happy For them,
that's number one!

Can't begin to list all that they will do
But the list is mighty long, not just one or two

Kurt & his Security Bunch are right there on the ball
They are stuck at their desk until their lunch call
The Telephone Operators relieve them for a bit
After they finish lunch, it's back to the desk & sit, sit, sit

PT & OT visit us on the floors
It must be unhandy to drag all their gear, But maybe it will get much
better next year. When I was so sick with Covid, Adam & John were
my strength. They put me to task at really great length. I still blow
my bubbles and fun things I got, but the serious ones, well, not a lot

Dietary you are the one who feeds us. Without you there would be a
big fuss. It would be rough if we had no food. So residents they are
here to brighten our mood.

The Beauty Shop has been closed this whole time Everybody
complains & whines The men & women are straggly & need a
the touch of Tracy & Jen who do do much

The Special People who planted the gardens for George & me.
That was a pleasant thing we didn't think we would see. So
warm and fuzzies from George and me.

SPECIAL FOLKS AT THE BROOK...continued...

Speaking of Special People, I know one of the best, She is our
resident shopper, Cathy, a cut above the rest. Yes she works
here, but as for shopping she's a volunteer. Whatever you
need, she will secure. Always with a smile on her face
As she runs all over the place.

Chaplains Fred and Phil are doing a wonderful job
Our religious needs are met on Channel Twenty Two
Not only Church on Sunday but all week through
With Bible Study, Devotions and Prayers too

Social Services I left to you until last
If you don't know the reason, you'll have to ask
No, I'll tell you, you've all been on board
With phone calls to families galore
The families don't understand our way of life
You help keep us all safe, women, men, husband and wife
You try to make the families see
That we all think CEDARBROOK is a great place to be!

Written by Jean Larison

Submitted by Jean Larison

Recently I had a happening that comes along only once in a
lifetime. Someone in Germany found an I.D. bracelet that
belonged to my late husband, Bob who fought in Germany in
WWII. Luckily the engraving on one side was his name and ID
number, and my name on the other side, so it was easily identi-
fiable. It found it's way to me. While Bob was in Germany he
was able to write to me and let me know how he was. He also
wrote about the beauty of the countryside.. It was this, also
seeing the destruction of the age old churches and buildings.
Upon experiencing enemy fire for the first time. He never
thought he could move so fast. Upon two occasions, he and his
outfit were strafed by ME-109's Luftwaffe and he put Jesse
Owens (a famed runner) to shame by running and jumping in
his slit trench! (his words). This was dated November 17,
1945. His experiences were written by him in a book.

Written and submitted by ElmaMae Uhle Unit C-2

OLD FOLKS ARE WORTH A FORTUNE...

Old folks are worth a fortune with silver in their hair, gold
in their teeth, stones in their kidneys, lead in their feet
and gas in their stomachs. I have become a lot more
special with the passing years, some might even call me a
frivolous old gal. I'm seeing five gentlemen every day.
As soon as I awake, Will Power helps me get out of bed!
Then I go see John, then Charley Horse comes along and
when he is here he takes a lot of my time and attention.
When he leaves, Arthur Rites shows up and stays the rest
of the day. (He doesn't like to stay in one place very
long, so he takes me from joint to joint). After such a
busy day, I'm really tired and glad to go to bed with Ben
Gay.

What A life!

Written by Anonymous

Submitted by Anonymous

Hardships often prepare ordinary people for
an extraordinary destiny.

Submitted by Karen Snyder D-2

Written by CS Lewis

Residents' Celebrating SEPTEMBER Birthdays



MARGARET MASTERS	09-01
MARLENE GILLEY	09-01
MARYANN REISS	09-05
SHIRLEY BICKERT	09-06
NANNIE LAWSON	09-08
ALICE BENDER	09-09
JOYCE HOWARD	09-09
ARIEL SCHAUP	09-11
CHARLES WILLIAMS	09-13
ROBERT WEBSTER	09-14
AMILCAR DOCANTO	09-16
ELIZABETH WEIMERT	09-18
DONALD SCHENK	09-19
MARY KEELING	09-20
RENEE LORENZ	09-20
DOLORES MALDONADO BURGEOS	09-21
ELAINE APGAR	09-21
PATRICIA MCGONIGLE	09-22
DARLENE SCHULER	09-23
CATHERINE JANDERS	09-25

MARY STEVENSON	09-28
DANIEL SCHEDLER	09-28
PATRICIA ROTH	09-30

WE APPRECIATE THAT FAMILIES WANT TO SHARE PARTY TREATS WITH THEIR LOVED ONES' ROOMMATES AND FRIENDS. UNFORTUNATELY, MANY OF OUR RESIDENTS HAVE SPECIAL DIETARY NEEDS. BEFORE GIVING FOOD TO OUR RESIDENTS, PLEASE CHECK WITH THE NURSE TO SEE IF IT IS ALLOWED.



New Residents

Thomas Widdicombe

Dolores Novak

Robert Moyer



BAKED CORN CASSEROLE

- 1 box corn muffin mix
- 1 (14 oz) can creamed corn
- 2 cups fresh corn, cut from the cob or 1 (14oz) can whole kernel corn, drained
- 1 stick butter, softened
- 1 cup sour cream
- 1 egg
- 1/2 cup red peppers, diced (optional garnish)
- 1/2 cup green peppers, diced (optional)

PREPARATION: Preheat the oven to 350 degrees F. Spray 1 3-qt casserole dish with cooking spray. Combine the mix, cream corn, corn kernels, butter, sour cream and the egg in a medium size bowl and mix thoroughly. Pour the batter into the prepared dish. Cover and bake for 55-60 minutes. Uncover and bake another 10 minutes, or until the top is crusty and golden brown.

BEST TUNA CASSEROLE:

- Vegetable oil spray
- 1 (12oz) package whole grain egg noodles
- 2 Tbsp extra-virgin olive oil
- 1 cup chopped onions
- 8oz button mushrooms, thinly sliced
- 2 (10.75) cans 98% fat-free cream of mushroom soup
- 1-1/2 cups low-fat milk
- 1/2 cup fat free half and half
- 1/2 tsp dried thyme
- 1 tsp kosher salt
- 1/2 tsp freshly ground black pepper
- 1/4 teaspoon garlic powder
- 1 cup (4oz) shredded reduced-fat cheddar
- 3 (5 oz) cans tuna fish, well drained
- 1-1/2 cups frozen peas
- 1/4 cup seasoned breadcrumbs
- 1/4 cup (1oz) grated Parmigiano-Reggiano

DIRECTIONS: Preheat the oven to 350 degreesF. Spray a 9" x 13" baking dish with vegetable oil spray. Bring a large pot of water to a boil. Add the noodles and cook until tender but still firm to the bite. Drain the noodles.

Heat the olive oil in a skillet over low heat. Add the onions and mushrooms and sauté until the onions are translucent and the mushrooms are cooked through, 5-6 minutes. Let cool. Combine the cream of mushroom soup, milk, half-and-half thyme, salt, pepper, and garlic powder in large bowl. Add the noodles, cheese, tuna, peas, and the onions and mushrooms. Fold the ingredients together until combined. Transfer the mixture to the prepared dish. Sprinkle the breadcrumbs and parmesan evenly on top. Bake for 40-45 minutes, until the top is golden brown and the casserole is bubbly. Let rest for 5-10 minutes before serving.



ANTS ON A LOG

INGREDIENTS:

- 2 cups cooked chicken, finely chopped
- 1/2 cup mayonnaise
- 1 Tbsp dry ranch dressing mix
- 1/4 tsp black pepper
- 1/4 tsp salt
- 1 tsp lemon juice
- 1/3 cup chopped scallions
- 1/3 cup shredded cheddar cheese
- 1 bunch celery hearts
- 1/2 cup chopped cooked bacon

PREPARATION:

- In a medium bowl, mix the chicken, mayonnaise, ranch dressing mix, salt and pepper, and lemon juice until combined. Fold in the scallions and cheddar cheese. Cover and refrigerate for 1 hour. Meanwhile, wash and dry the celery. Carefully peel the outside of the celery stalks to remove the stringy fibers. Cut the celery stalks into 6" pieces. Fill the inside of the celery stalks with the chicken salad and top with the bacon pieces to make the ants'.

YOGURT FRUIT DIP

INGREDIENTS:

- 1 cup nonfat plain Greek yogurt
- 2-12 Tbsp maple syrup
- 1/4 cup creamy almond butter
- 1/2 tsp cinnamon
- Pinch of nutmeg
- Pinch of salt
- Apple slices, bananas, strawberries, or other fruit for serving

PREPARATION:

- In a medium bowl, mix together all the ingredients except for the fruit
- Cover and refrigerate for one hour. Serve chilled with sliced apples, strawberries, bananas or any fruit you would like.

Back To SCHOOL JOKES

Why did the broom get a poor grade in school?
Because it was always sweeping during class!

What did the gum say to the shoe?
I'm stuck on you!

What do you feed a disappearing cat?
Evaporated milk!

What stays in a corner but goes around the world?
A stamp!

What kind of school do you go to if you're an ice cream man?
Sundae school!

What kind of school do you go to if you're King Arthur?
Knight School!

What kind of school do you go to if you're a surfer?
Boarding School!

What kind of school do you go to if you're a giant?
High School!

Where was the Declaration of Independence signed?
At the bottom!

Where does a polar bear keep his money?
In the snow bank!

Why should a window never laugh?
Because it might crack up!

Why didn't the sun go back to college?
Because it already has a million degrees!

Why did the music teacher need a ladder?
To reach the high notes!

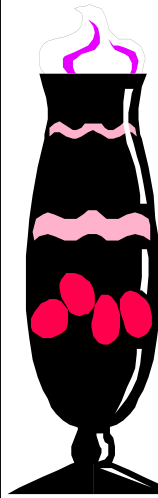
How does thread go to school?

It takes the spool bus!

Submitted by Bev Dawson, Unit D-3

JUST DESSERTS WORD SCRAMBLE

Can you unscramble the twenty sweet treats and desserts listed below? An * means the answer is made of more than one word. The answers are at the bottom of the page. Have Fun!



1. GEFDU _____
2. SOIOECK _____
3. TRIPAF _____
4. CAREEMCI* _____
5. WIRENOB _____
6. RETTO _____
7. MUSPINO _____
8. OATIPAC _____
9. FUSELOF _____
10. RALICE _____
11. DURSCAT _____
12. PLEASPRCIP* _____
13. IARMBOAS _____
14. AAAABDEKKLS* _____
15. INGRIPEDCUD* _____
16. BRYCECLHERORB* _____
17. HAKKLIMES _____
18. GRASHETROBEEN* _____
19. TOUND _____
20. ENOCS _____

- Answers
1. FUDGE
 2. COOKIES
 3. PARFAIT
 4. ICE CREAM
 5. BROWNIE
 6. TORTE
 7. SPUMONI
 8. TAPIOCA
 9. SOUFFLE
 10. ECLAIR
 11. CUSTARD
 12. APPLE CRISP
 13. AMBROSIA
 14. BAKED ALASKA
 15. RICE PUDDING
 16. CHERRY COBBLER
 17. MILKSHAKE
 18. ORANGE SHERBET
 19. DONUT
 20. SCONE

Cedarbrook Allentown

"Dream A Little Dream"

In Partnership With Second Wind Dreams

An international organization changing the perception of aging, one dream at a time!

Second Wind Dreams Planning Form

Date: _____ Name and Unit of Resident _____

1. Staff Captain (Unit Staff Overseeing Dream): _____

2. Summary of Dream: _____

3. Dream Details Including (Details / Dates / Phone Numbers)

4. Transportation (Details / Resident Mobility / Car or Van Lift Needed)

5. Oxygen Needed: Yes _____ No _____

6. Other Special Needs (Dietary Needs, etc.) _____

7. Consents: Resident has an OOP order _____
 Physician is aware of dream _____
 Name of Responsible Party _____
 Responsible Party Informed of Dream _____
 Release of Liability Signed _____
 Photo Permission _____

Completed By _____ Date _____

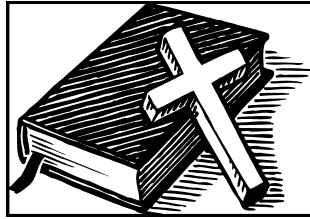
Oldies Trivia Quiz

It's time to hop and bop to the oldies and have some music trivia fun. Read the clue and select the answer you think is correct from the choices listed below. The answers are at the bottom of the page.

1. Which of these was recorded by Fats Domino and then covered by Pat Boone?
A. April Love B. Ain't That a Shame C. I'm Walkin'
2. For which label did Elvis first record?
A. Sun B. RCA C. Chancellor
3. Rock Around the Clock was used in what movie?
A. Rebel Without a Cause B. Blackboard Jungle C. The Wild Ones
4. What's Missing? _____ Baby, Earth _____, _____ on my Shoulder
A. Love B. Head C. Angel
5. Name the song with "A-wop bop a-loo bop a-lop bam boom"?
A. Good Golly Miss Molly B. Be-Boo-a-Lula C. Tutti Frutti
6. When did "Little Suzie" finally wake up? The movie's over and
A. it's 2 o'clock B. it's 3 o'clock C. it's 4 o'clock
7. What was Elvis' biggest hit of them all?
A. Heartbreak Hotel B. Hound Dog/Don't Be Cruel C. Love Me Tender
8. "You shake my nerves and you rattle my brain"...goes with?
A. All Shook Up B. Great Balls of Fire C. Shake Rattle and Roll
9. "Please turn on your magic beam, _____ bring me a dream."
A. Mr. Sandman B. Earth Angel C. Dream Lover
10. "Why do birds sing so gay? And lovers await the break of day" goes what?
A. Since I Don't Have You B. Why Do Fools Fall in Love C. I'm Sorry
11. "I found my thrill..." Where?
A. Kansas City B. Heartbreak Hotel C. Blueberry Hill
12. Bobby Darin's Mack, the one with the knife, was named...
A. MacHeath B. MacCloud C. MacNamara

- Answers:**
1. Ain't That a Shame
 2. Sun
 3. Blackboard Jungle
 4. Angel
 5. Tutti Frutti
 6. 4 o'clock
 7. Hound Dog/Don't Be Cruel
 8. Great Balls of Fire
 9. Mr. Sandman
 10. Why Do Fools Fall in Love
 11. Blueberry Hill
 12. MacHeath

Chaplains Corner



Then Jesus told them a parable about their need to pray always and not to lose heart. ² He said, "In a certain city there was a judge who neither feared God nor had respect for people. ³ In that city there was a widow who kept coming to him and saying, 'Grant me justice against my opponent.' ⁴ For a while he refused; but later he said to himself, 'Though I have no fear of God and no respect for anyone, ⁵ yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming.'"⁶ And the Lord said, "Listen to what the unjust judge says. ⁷ And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? ⁸ I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?" (Luke 18:1-8)

Jesus uses this parable to show us the power of continual prayer, how it teaches us to trust God. Praying continually means giving the problem to God. Prayer increases courage, and it takes courage to give our problems to God, to release our grip on them and cling to God instead, to show the tenacity of the widow towards the judge, and believe that our Father will do so much more. God is tenacious in his love for us, and relationship to us, even if we do not respond. We can learn, with God's help, to become tenacious in prayer.

Like a good boxer. Growing up, my father and I loved to watch the weekly boxing matches on TV. We both preferred the lightweight fighters because they fought to win points, not to knock out the opponent. They were real boxers, using strategy and defense, and could go all twelve rounds. Our favorite was Wayne McCullough, an Irish featherweight, (125 pounds), an "old-school" boxer. He won by wearing his opponent down. You could always depend on him going twelve rounds, tenacious to the end.

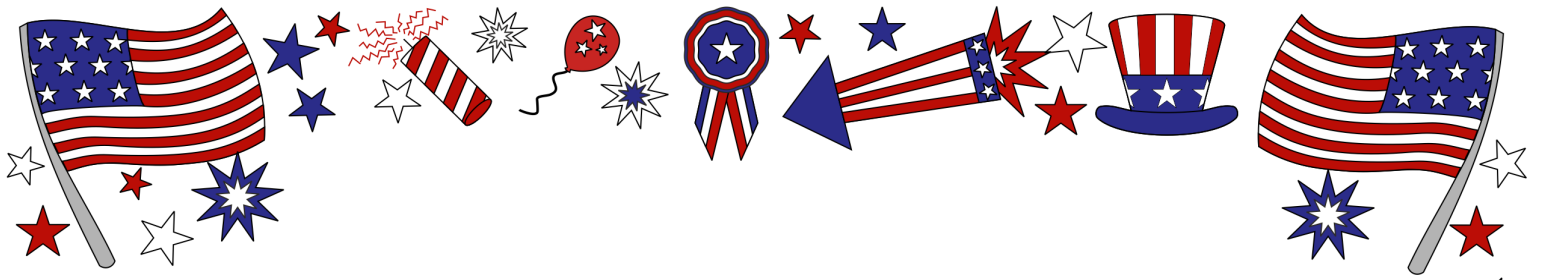
In studying this passage, I was delighted to learn that Luke, writing in Greek, retells Jesus' parable using a phrase drawn from the boxing arena of that time. In verse 5, the judge says that the widow is so tenacious in asking for justice that he fears she will, as the Greek says, "hit me under the eye" or in our translation, "wear me out." In so many words, the old widow is beating him up.

Jesus' disciples understood that the widow in the parable has justice on her side, and that the judge as Jesus describes him is contemptible. For her part, the widow is struggling against a legal system which, regardless of what God has commanded, put her at a great disadvantage. As a widow she was vulnerable because she did not have the protection of a male relative, either husband or son.

But in Jesus' parable, she is tenacious, pressing the judge for the justice he does not want to give her. So, Jesus says, if the widow can get satisfaction from a corrupt judge, how much more will God hear us, his beloved children? Jesus tells us to be tenacious in our relationship God, to pray ceaselessly and fearlessly. As we pray, our relationship to God grows and strengthens, and knowing God more, the less we have to fear whatever happens, because we become more and more convinced that it is God who makes good of what happens, not us.

In verse 8, Jesus asks if when he returns, will he find faith on earth? Will we have truly understood that Jesus has reconciled us to God through the cross, and that prayer is simply speaking to God, trusting in his love for us? Do not hear Jesus' words as a demand for prayer, as if God the Father is like a judge who needs to be bribed. Jesus's parable is an invitation to us to pray throughout each day, like the persistent widow, praising God and pouring out our concerns, and trusting in God's tenacious love for us in Jesus Christ.

Chaplain Laura Stone
Cedarbrook Senior Care, Fountain Hill

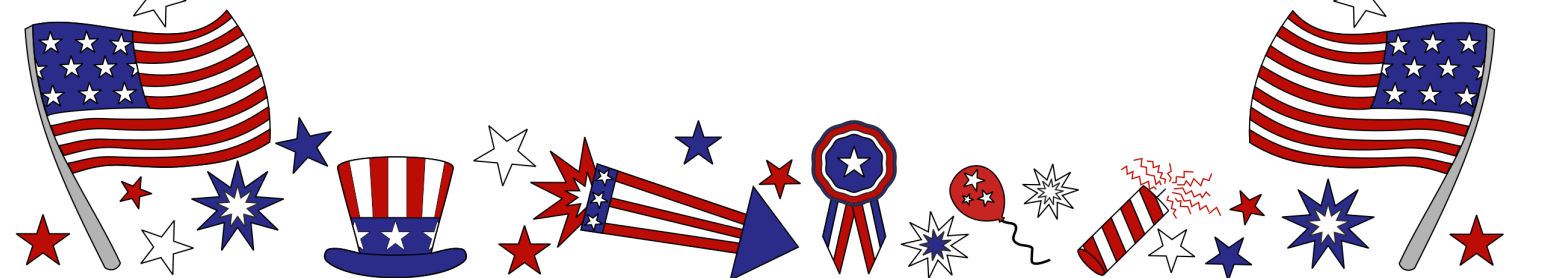


LABOR DAY TRIVIA

1. Labor Day is a federal holiday in the United States, celebrated on the first Monday in September, to honor and recognize the American Labor movement and the works and contributions of laborers to the development of the United States.
2. In June 1894, Congress passed an act (signed by President Grover Cleveland) making Labor Day a legal holiday.
3. Oregon was the first state to declare an official holiday in 1887.
4. Labor Day marks the end of "Hot Dog" season which runs from Memorial Day to Labor day. Americans consume roughly 7 Billion hot dogs or about 818 hot dogs every second.
5. Labor Day is the "unofficial NFL Season kickoff." 99% of the time the NFL plays it's first official season games the Thursday after Labor Day.

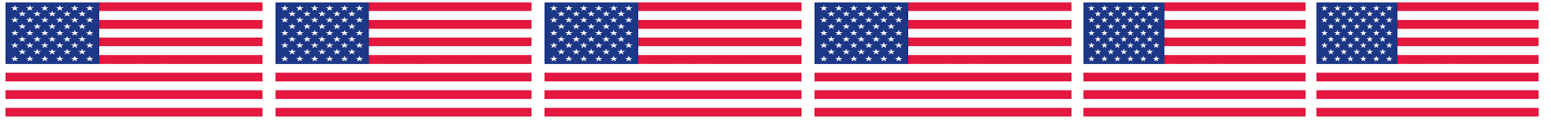
HAPPY LABOR DAY

*Written and Submitted by
Bev Dawson Unit D-3*



Cedarbrook

Employee Service Anniversaries



Employee	Department	Years
Laurie Kovalchick	Nursing	33
Wilfredo Aguilla	Facilities	33
Tina Owens	Nursing Office	31
Barry Follweiler	Laundry/Linen	31
Joanne Kleinschmidt	Nursing	26
Shannon Graver	Environmental	26
Gwyn Gildner	Nursing	24
Jaime Pagella	Nursing	24
Jennifer Bush	Resident Assessment	20
Debbie Carbaugh	Nursing	19
Katie Novicki	Nursing	19
Katrina Knittle	Nursing	18
Lisa Joseph	Environmental	17
Cheryl Kocher	Nursing	17
Tammy Dietrich	Physical Therapy	16
Danielle Dicker	Nursing	14
Catherine Silkworth	Nursing	14
Marnie Distasio	Financial	13
Kathryn O'Brien	Nursing	12
Alexandra Fritzinger	Nursing	10
Kerry Magliane	Life Enrichment	6
Tatiana Suleac	Nursing	6
Kerri Copf	Nursing	5
Susan Moyer	Life Enrichment	5
Sharon Steitz	Nursing	5
Jason Cumello	Administration	4
Franklin Acevedo	Facilities	4

Employee	Department	Years
Lorraine Fothergill	Nursing	3
Danielle Caraballo	Nursing	3
Gabriel Robinson	Social Services	3
Jacob Coyle	Environmental	2
Jasmine Diaz	Nursing	2
Kendral Florence	Nursing	2
Rebecca Brogan	Nursing	2
Melissa Figueroa	Nursing	2
Luisa Luna	Nursing	2
Alexis Eberly	Nursing	2
Irina Rabinovich	Nursing	2
Frances Vazquez	Nursing	2
Jasmine Diaz	Nursing	2
Cynthia Diaz	Nursing	1
Patti Skelton	Nursing	1
Sun Han	Nursing	1
Janae Hood	Nursing	1
Jamie Bayard	Nursing	1
Taylor Holmes	Nursing	1
Josmarlin Ovalle	Nursing	1
Amy Shook	Nursing	1
Nelson Torres	Nursing	1
Jorge Marquez	Nursing	1
Julie Kehres	Financial	1



If you prefer not to have your name listed in the SSN or HSN please call Human Resources. Thank You

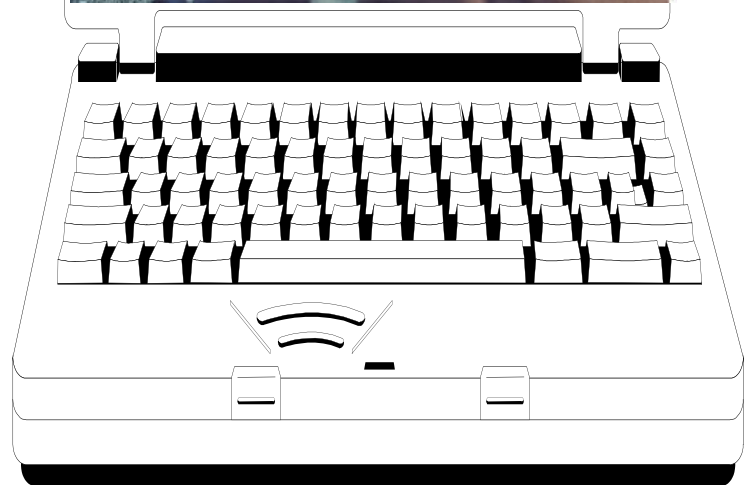
AVAILABLE HERE

WI-FI

WIRELESS
INTERNET
ACCESS

Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc) may request access through their Social Worker or Therapeutic Recreation Aide. Our PC Specialist will assign a unique username and password, which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after three days.

Visit us on www.cedarbrookseniorcare.com



Welcome to the official Cedarbrook website, designed to inform Lehigh County residents - and the world at large - about the quality services and operations provided here. It also offers dropdowns for both Allentown and Fountain Hill locations, with directions, departmental listings and the newsletters, posted every month. On the home page are slider segments that promote the institution and that will change from time to time. A highlight of the front page is the "Ratings & Reviews" section at the bottom where Cedarbrook users can submit their opinions on the quality of services. Please visit the site often, and please let your family and friends know about it. www.cedarbrookseniorcare.com is copyrighted by Cedarbrook Senior Care & Rehab.

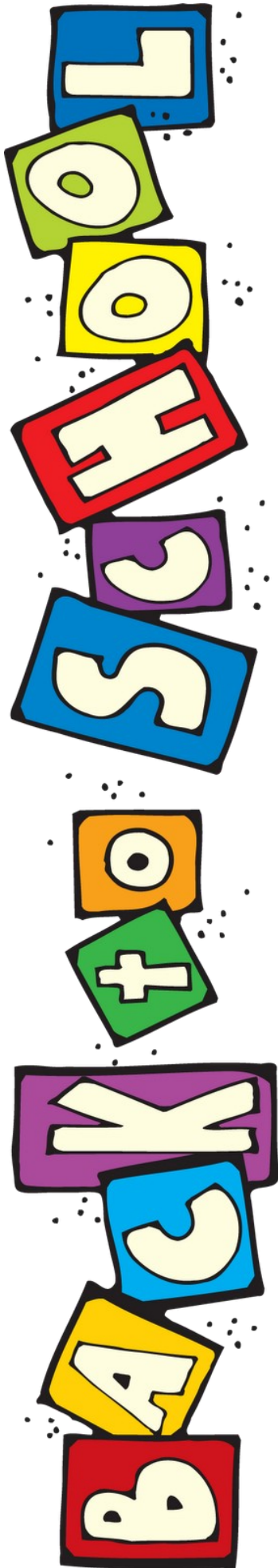


A Funny Story...

One day a while ago, I went over to my friends house, only her mom was home. The others were working. I wanted to bake a box cake mix. I wanted to make it green so I took green food coloring eggs and mixed all of them together with an electric mixer. I put the pan in to bake, but I forgot to put the baking powder in. Guess what happened...It didn't come out of the pan so

NO CAKE!

Written and Submitted by
James Messinger Unit B-3



SCHOOL DAYS WORD SEARCH PUZZLE

Search for all 22 words pertaining to going back to school. Put your skills to the test and see how many you can find. Have Fun!!

K Y H O H P L C I S U M Y Y S X K S K
 S O C A L E N D A R B Q D L X N Z K V
 R O G P T C M P R D L H S Y E Z Q Q W
 E E C N G N N K D I W R N P T A A S F
 T R L I C N E P U G Z F A J E Y C K H
 U L U N C H C D Y C A L C U L A T O R
 P O Z C R G C R U K J W E F X N V O A
 M N F F W L O G Z T X E L Q S H V H R
 O I T U B T E Y O R S H O I K J Z T T
 C Y T W S V R W S R R C Q S B S R Z Y
 Z M D I J M S S E C E R G W H R E K W
 R U H T J O F T P P I S B H P A A D H
 R S B E K O J B R V A E O X T G Z R A
 X N S A V R L R K O L M N O H A Y Z Y
 F J R C R S D R A K P K F C H W M I T
 Z K E H S S C O E Y L S K C E A L U C
 K I A E L A T S O Q S Y L F U R J Q B
 N I D R A L J K O O B T X E T B O B K
 X Q P T A C V H O M E W O R K T S V E

-
- | | | |
|------------|---------|----------|
| Art | Library | Recess |
| Calculator | Lunch | Science |
| Calendar | Math | Sports |
| Classroom | Music | Student |
| Computer | Pen | Teacher |
| Desk | Pencil | Textbook |
| History | Quiz | |
| Homework | Read | |

Generous Friends

These generous memorial gifts and contributions enable Cedarbrook's residents to participate in exciting, fun, and challenging activities, appreciate fine entertainment, and have funded furnishings that allow our residents to live in a more home-like atmosphere.

In Memory Of

Margaret Bizik

Gift Made By

Diane Glagola

Lost And Found

is located in the Financial Department. Many items await the claim of their rightful owner. If you think what you have "lost" may have been "found", please talk to your social worker or stop by.

How To Get Repairs Done

Any residents having difficulties with their equipment such as lights, radios, wheel-chairs, beds, etc., please contact your unit clerk, nursing staff, or charge nurse on unit to send a work order to Facilities for repairs.

Happy Labor Day
To ALL Of You



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PHOTOS

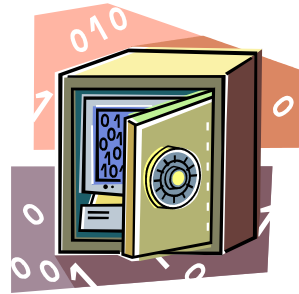
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MARY ANN MILLER
NANCY BREY

ELMAMAE UHLE
DOROTHEA SHUNK
JEAN LARISON
BEVERLY DAWSON
KAREN SNYDER

C-2
C-3
C-3
D-3
D-2

Tips for Keeping Your Money and Valuables Safe



Although we discourage residents from keeping money and valuables in their room, we realize that many of you will choose to do so. Therefore, we would like to offer these tips to help you keep your money and valuables safe from loss or theft. Since you have access to the money in your account during normal business hours Monday through Friday, we suggest that you only withdraw the amount you need for immediate use. If you need larger sums of money for gifts or to reimburse your family members for purchases made on your behalf, we suggest that you contact Financial Services to arrange for payment by check. If you choose to keep money and valuables in your room, we highly recommend that you secure such items in the locked drawer of your bedside cabinet. Keep your key with you, or keep your key out of sight in a safe place. As soon as you realize that your money or property is missing, it is important to report it immediately to the Charge Nurse. Cedarbrook will not assume responsibility for replacing missing property kept by residents on their person or in their room. However, we will take action to investigate, and to try to recover your property if possible. Finally, we ask that you help us maintain a current inventory of your personal property. Any property that you purchase or receive during your stay should be added to your Valuables Received After Admission Form, including a description of the property. This information is essential when trying to locate missing items.



AT REST JULY

Charles Lynn

Kathryn McMeans

Margaret Bizik

Dorothy Schaup

Lillian Horan

Gwenaldine Lutz

Harry Wetherhold

Gloria Hellie

Eleanor Rutman

Frances Erle

Lillian Boger

Amalie Hite

Annetta Schimmel

Major Thomas

Thomas Graeff

Grace Seaser

Ellen Heist

Mary Miller

Patricia Schaffer

Yvette Neidig

Willard Craig

Thomas Reinsmith

Dorothy Johnson

Dorothy Strozier

Lillian Nush

Maryellen Burns



SEPTEMBER 2020



**House Activity Schedule Will Resume
When Restrictions Are Lifted
Please Refer To Your On-Unit Schedules**



VOLUNTEERS

Very Important People

We miss our volunteers. Not a day goes by that someone doesn't ask about our volunteers. Please know we are keeping you in our thoughts and hearts. We hope you are healthy and happy. Now we are anxiously awaiting the end of this pandemic. Things at Cedarbrook are improving and we hope to have you back very soon. There are still ways you can help Cedarbrook during our restriction to visitors. When you give a little of yourself to others, you get so much more in return.

Here's how you can help:

Cards, Notes, Drawings - Are you missing Cedarbrook and our residents? I know they are missing all of the volunteers. Would you like to reach out and make someone's day happy? I'm sure a card or a note from you would help residents feel connected and cared about. We are all looking forward to seeing each other, hopefully soon, but hearing from you will bring our residents so much happiness during this difficult time. Don't know a residents name or room number? No problem. Contact me for help. If you have a child in your life who would like to draw or color a picture for a resident, please let me know. We all want to keep spirits up as we stay "Cedarbrook Strong." Thank you for your support.


Your kindness is so deeply appreciated by our residents and staff.

If any opportunities strike your fancy, please give me a call. I will be happy to help you and answer any questions you might have about volunteering.

Contact: Kerry Magliane,

Volunteer Coordinator at kerrymagliane@lehighcounty.org
or at 610-336-5684.

Please check out website Cedarbrookseniorcare.com and facebook Page (Cedarbrook Senior Care & Rehabilitation) for more Cedarbrook. Please remember, you can see our monthly newsletter on our website.



S P E E C H E S C I N C I P Y T W N R
 V H O T D B U D P A R A D E W J A P M
 F W Y K D T J U B B N R P E I C R Y O
 J Y A H W S T S R I F X G G I O K N U
 N M D Z Z E V I P N V P J R G K I O X
 L X I L A N O I T A N X E R T F X X M
 A C L C E O L A B O R M E C X W E H S
 F E O S L E V Y L T A S U R A C O J I
 G D H J E N M U R W S M Z C O L R P N
 M S E P T E M B E R Z N H N T C B U D
 O G K A O U N I O N S I O C U P H C U
 E C G Q M P Y E E C E M Y L I M A F S
 E R J A S I Z P T V I Y I Y S A T Y T
 V V Y V L H J X E C J V S O C I A L R
 J Z W A A F Z M Y N O I T A C U D E Y
 E O Y Y D Y E Z F W O R K E R S C G H
 G D X V V N D T N E M E V O M I F K V
 S K B Z T J O H C U Z T U O K O O C S
 I B D D P Y W M Y V T Q B V L Y T X V

Labor Day Word Search



Can you find all 22 words relating to Labor Day hidden in our Word Search Puzzle?

SSN Staff

Achievement	Holiday	Progress
American	Industry	September
Cookout	Labor	Social
Economic	Monday	Speeches
Education	Movement	Unions
Family	National	Workers
First	Parade	
Flag	Picnic	