

# Sunshine News

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AUGUST 2020 LEHIGH COUNTY CEDARBROOK SENIOR CARE AND REHAB VOL. XXXI NO. VIII

## Enjoy The Dog Days of Summer



**THIS IS WHAT YOU SHOULD DO;  
LOVE THE EARTH AND THE SUN AND THE ANIMALS**

*Written by Walt Whitman*

**SUNSHINE NEWS II**

August 2020

(Funded by Lehigh County taxpayers dollars)

PUBLISHED MONTHLY  
CEDARBROOK SENIOR CARE AND REHAB  
350 S. CEDARBROOK ROAD  
ALLENTOWN, PA 18104

(610) 395-3727 Fax: (610) 395-0412  
Hotline: 610-336-9604

Jason Cumello, MBA, NHA  
*Director/Administrator*

**Do you have a problem? A question?  
Is something bothering you?**

**Come talk to us about it – so we can solve it for you.  
Our doors are open to you . . .**

Michelle Julian, RN, BSN, MS, NHA  
*Assistant Administrator*

Dr. Gruer, MD  
*Medical Director*

David Crook  
*Chief Financial Officer*

Michelle Reichard  
*Financial Services Office Manager*

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*Coordinator of Volunteer Services*

Chaplain Fred Bartholomew,  
Chaplain Philip Baker

**Attention Visitors!!! We Want To Hear From You!!!**

When writing to share positive comments, complaints, or suggestions for improvement, please include your name and contact information. We take your comments seriously, and we may need to ask questions, and of course, we'll want to share with you the action taken to address *Thank You!*

**Our Mission**

It's all about

**C.H.O.I.C.E.S.**  
**at Cedarbrook Nursing Homes**

*A Community with Heart Offering  
Individualized Care and Excellent Service.*

Adopted October 2006

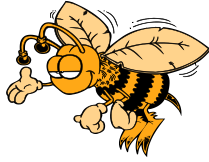


**NURSING HOME HOTLINE**  
**610-336-9604**

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our Administrative Hotline. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken. You can report Fraud, Waste and Abuse to the Lehigh County Ethics

# THE BUZZ

Around Cedarbrook...



## "MY DEAREST FRIEND"

Venice was my dearest friend and we spent many hours together solving the problems of the world. At least we felt we did. We were just content to sit and knit and crochet, sometimes talking, other times quiet. Whenever my family came they would look for her to come be with us. She always made sure she had some goodies to give to Holly, my granddaughter and Landon, my great grandson. One day our conversation turned to death and how we thought it would be. That was interesting as we each had our own idea of the path we would take and I know she followed hers. She always liked my poems, so here is your finale, dear friend...

Venice and I were really close friends from the start  
But as time went on, we became sisters of the heart  
Where you found one you would find the other  
To my kids, she was their adopted mother and grandmother

AC Moore was our fun place to shop, but LANTA VAN  
picked us up before we would drop

As our Auxiliary duties kept us busy and out of the way

Venice and I sold our goodies day after day

We had a lot of friends who would visit to gab,

Our GT, that's "Gossip Table" was really rad

It won't be the

same without Venice I know



*Written & Submitted by*

## Summer's Way



The dog days of Summer  
Are really a bummer

The humid days are hazy and  
Make us a bit lazy



*Written and Submitted by*

## AUGUST FUN FACTS



- The 8th month of the year brings us National Aviation Day and the last full month of Summer. Traditional birthstone is the Peridot. The birth flowers are the Gladiolus and the Poppy.
- Some offbeat celebrations in August include
- National Girlfriend day - August 1st.
- National Watermelon Day - August 3rd
- August 10 - Lazy Day
- August 14 - National Creamside Day
- August 15 - Relaxation Day
- August 16 - National Tell A Joke Day
- August 19 - National Aviation Day
- August 22 - Be an Angel Day
- August 25 - National Banana Split Day

- August 11 marks the end of the "Dog Days of Summer."

*Written and Submitted by*  
**Bev Dawson - D-3**

Donald is the beak (nose) of a woodpecker made of something different than other birds that they can bang it into trees and it doesn't break? Reply: No, the head is especially adapted to cushion the impact. Please view my Facebook interview. It already reached the United Kingdom, where various people



*Written and Submitted by*  
**Donald Heintzelman - D-3**



## Residents' Celebrating AUGUST Birthdays



ROBIN KOTSCH	08-01
BRENDA GURST	08-01
LYDIA MOSER	08-01
OLGA KRAJNAK	08-03
LEATRICE MASONHEIMER	08-03
SHIRLEY GLASSMEYER	08-04
ELFRIDA LEARMONT	08-07
ANIBAL RIVERA RODRIGUEZ	08-09
DOLORES EUSTICE	08-11
EDGAR BERTSCH	08-11
ROMONA GANSSLE	08-11
GLORIA SELIG	08-12
SANDRA KIRCHNER	08-14
MARILYN BARKER	08-14
VELMA SNYDER	08-14
CARL DEBOER	08-16
SHIRLEY BORTZ	08-18
ELEANOR DANIELS	08-18
THOMAS SHELLHAMMER	08-20
ROBERT KOCH	08-22
SUSAN KRAUSE	08-23
ANN REINSMITH	08-24

VERONICA LESHKO	08-25
BETTY STEINMETZ	08-25
CONSTANCE BEAM	08-25
VICTORIA RUHE	08-27
JEFFREY HAHN	08-28
GLADYS SCHEIRER	08-28
DOLORES HOFFERT	08-28
JEAN ZWARYCH	08-29
JOYCE SCHRAMMEL	08-31

WE APPRECIATE THAT FAMILIES WANT TO SHARE PARTY TREATS WITH THEIR LOVED ONES' ROOMMATES AND FRIENDS. UNFORTUNATELY, MANY OF OUR RESIDENTS HAVE SPECIAL DIETARY NEEDS. BEFORE GIVING FOOD TO OUR RESIDENTS, PLEASE CHECK WITH THE NURSE TO SEE IF IT IS ALLOWED.

**THANK YOU**



## New Residents

Martha Walls  
 Maria Miranda Ayala  
 Andrew Robb  
 Juanita Quintero Robles

## BLT Quesadillas

- SAUCE: 3 Tbsp fresh cilantro, finely chopped
- 1/3 cup sour cream
- 2 Tbsp., plus 1 Tbsp if needed, milk
- Pinch of salt

### Quesadilla:

- 8 (8") flour tortillas
- 2 Tbsp reserved bacon fat
- 2 (8oz) blocks Colby Jack cheese, shredded and divided
- 10 slices thick-cut bacon, cooked and chopped
- 3-4 green onions, thinly sliced
- 1 medium head romaine lettuce, thinly shredded into ribbons and divided
- 1 cup fresh tomatoes, diced and divided
- **PREPARATION:** To prepare the sauce, whisk together the cilantro, sour cream, milk (start with 2 Tbsp), and pinch of salt in a small mixing bowl. The consistency should be almost pourable. Test this with a spoon, drizzling the sauce back into the mixing bowl. If needed, add a little more until pourable. To prepare the quesadilla, start by preheating a large skillet over medium over medium heat. Lightly brush one side of the tortilla with reserved bacon fat and place it in the skillet. Add 1/4 of the cheese, bacon, and green onion to the tortilla. Take another tortilla, brush it with the reserved bacon fat, and place on top of the tortilla in the skillet. Cook 2-3 minutes, then use a large spatula to flip the quesadilla onto the other side. Cook another 2-3 minutes. Transfer the cooked quesadilla to a baking sheet and into a 200 degree F oven to keep warm. Repeat the same process with the 3 remaining quesadillas. Cut each quesadilla into quarters. Place a handful of lettuce on top, right in the middle of each quartered quesadilla, then pile about 1/4 of the diced tomatoes

## BEST LEMONADE

- 1/2 Cup sugar
- 3 Lemons, zest removed in wide strips
- 3/4 Cup fresh lemon juice (from 3 lemons)
- Lemon sliced (for serving)

### DIRECTIONS:

- Bring sugar and 1/2 cup water to a boil in a medium saucepan, stirring occasionally until sugar dissolves. Let cool 5 minutes. Add lemon zest and let sit 30 minutes to steep.
- Strain lemon syrup through a fine-mesh sieve into a pitcher, discard zest. Add lemon juice and 3 cups water and stir to combine.

## Dog Days of Summer Recipes



## Peanut Butter and Jelly Icebox Pie

### CRUST:

- 1 cup peanuts, chopped and toasted
- 3/4 cup graham cracker crumbs
- 1/4 cup sugar
- 8 Tbsp butter, melted

### FILLING:

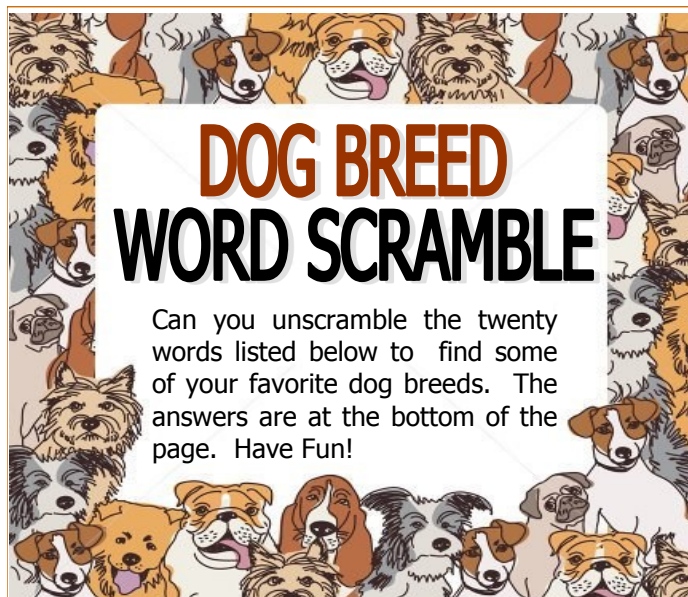
- 8 oz. cream cheese, softened
- 1 can (14oz.) sweetened condensed milk
- 1 cup creamy peanut butter

### TOPPING:

- 1 cup heavy whipping cream
- 2/3 cup mixed berry jam, divided

### PREPARATION:

- Spray a 9" pie pan with nonstick cooking spray. Set aside.
- In a medium bowl, combine peanuts, graham cracker crumbs, sugar, and melted butter. Stir to combine and press evenly into the pie dish. Refrigerate for one hour.
- In a stand mixer, fitted with the whisk attachment, whip the heavy cream, and 1/3 cup of the jam on medium-high speed until soft peaks form. Transfer your whipped cream to a bowl and set aside. Change to the paddle attachment and in the same bowl of the mixer, combine the cream cheese, sweetened condensed milk, and peanut butter. Mix on medium speed, scraping down the sides of the bowl a few times to be sure everything is incorporated. Evenly spread your peanut butter filling into the chilled crust. On top of that evenly spread the remaining 1/3 cup of jam. On top of the jam, spread your whipped



## DOG BREED WORD SCRAMBLE

Can you unscramble the twenty words listed below to find some of your favorite dog breeds. The answers are at the bottom of the page. Have Fun!

1. IKATA \_\_\_\_\_
2. PEHPITW \_\_\_\_\_
3. LEAEGB \_\_\_\_\_
4. LAMUTMAE \_\_\_\_\_
5. BDONHOLUDO \_\_\_\_\_
6. EORBX \_\_\_\_\_
7. HAIUCAHUH \_\_\_\_\_
8. CIELLO \_\_\_\_\_
9. HSUHCNDDA \_\_\_\_\_
10. IANDMAOTL \_\_\_\_\_
11. YEHNUGDO \_\_\_\_\_
12. ALTEMSE \_\_\_\_\_
13. AMSFFTI \_\_\_\_\_
14. PKENSIGE \_\_\_\_\_
15. ORITNPE \_\_\_\_\_
16. RMAOAIENN \_\_\_\_\_
17. LOOPDE \_\_\_\_\_

- Answers**
1. AKITA
  2. WHIPPET
  3. BEAGLE
  4. MALAMUTE
  5. BLOODHOUND
  6. BOXER
  7. CHIHUAHUA
  8. COLLIE
  9. DACHSHUND
  10. DALMATIAN
  11. GREYHOUND
  12. MALTESE
  13. MASTIFF
  14. PEKINGESE
  15. POINTER
  16. POMERANIAN
  17. POODLE
  18. PUG
  19. ROTTWEILER
  20. SHEEPDOG

# Summer JOKES

What does a bee do when it is hot?

***He takes off his yellow jacket!***

Why did the man love his barbecue?

***Because it was the grill of his dreams!***

What do you get when you combine an elephant with a fish?

***Swimming trunks!***

Do fish go on vacation?

***No, because they're always in school!***

Why did the dolphin cross the beach?

***To get to the other tide!***

Why don't oysters share their pearls?

***Because they're shellfish!***

What is a frog's favorite summertime treat?

***Hopsicles!***

What do you call a snowman in July?

***A puddle!***

Where do sheep go on vacation?

***To the baa-hamas!***

Why do fish swim in saltwater?

***Because pepper water would make them sneeze!***

Why did the robot go on summer vacation?

***To recharge his batteries!***

What does the Sun drink out of?

***Sunglasses!***

Why do fish like to eat worms?

***Because they get hooked on them!***

Cedarbrook Allentown

# "Dream A Little Dream"<sup>®</sup>

In Partnership With Second Wind Dreams

An international organization changing the perception of aging, one dream at a time!

## Second Wind Dreams Planning Form

Date: \_\_\_\_\_ Name and Unit of Resident \_\_\_\_\_

1. Staff Captain (Unit Staff Overseeing Dream): \_\_\_\_\_  
\_\_\_\_\_2. Summary of Dream: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_3. Dream Details Including (Details / Dates / Phone Numbers)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_4. Transportation (Details / Resident Mobility / Car or Van Lift Needed)  
\_\_\_\_\_  
\_\_\_\_\_

5. Oxygen Needed: Yes \_\_\_\_\_ No \_\_\_\_\_

6. Other Special Needs (Dietary Needs, etc.) \_\_\_\_\_

7. Consents: Resident has an OOP order \_\_\_\_\_  
Physician is aware of dream \_\_\_\_\_  
Name of Responsible Party \_\_\_\_\_  
Responsible Party Informed of Dream \_\_\_\_\_

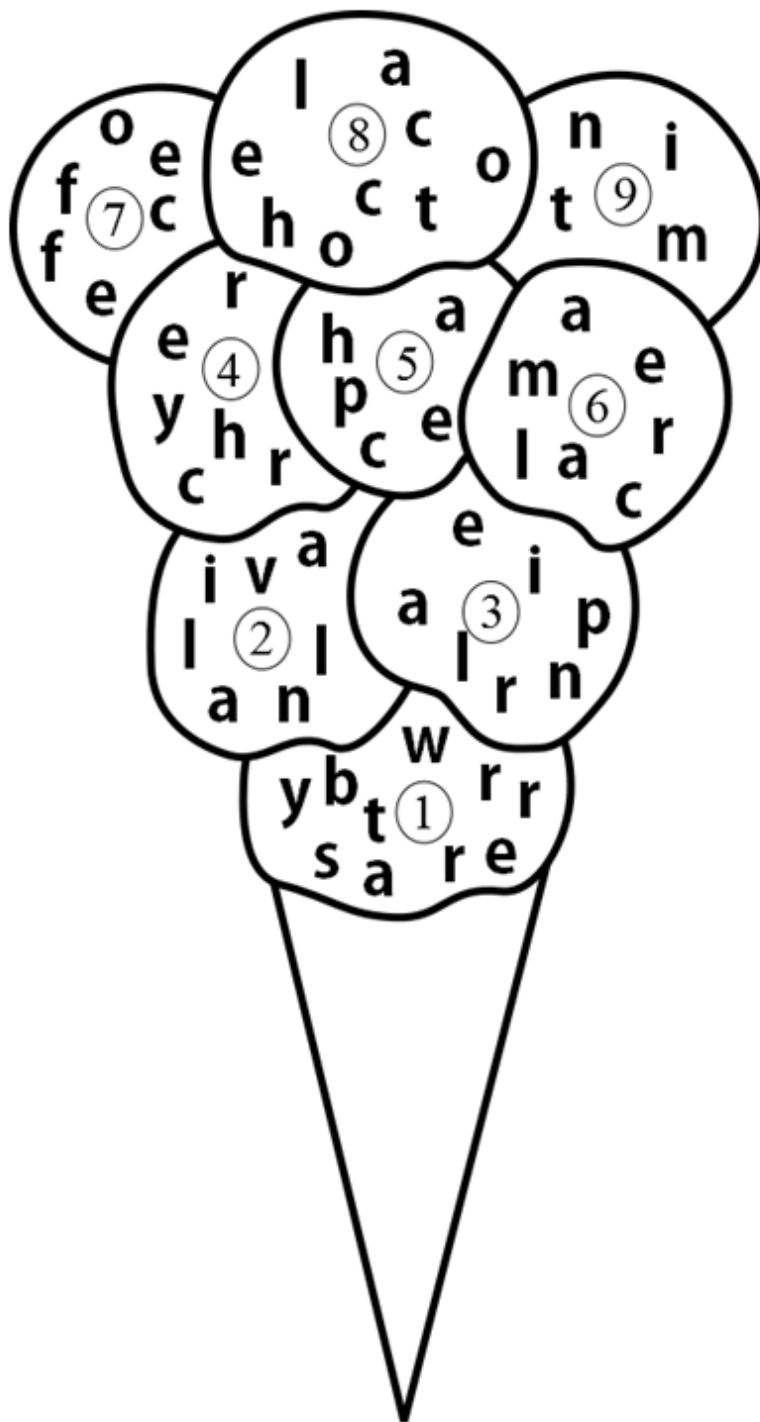


Andrew couldn't decide what flavor of ice cream he wanted most, so he just asked for a nine scoop cone. Unscramble the letters on each scoop to find out what flavors he enjoyed.

You will find the answers at the bottom of the page.

Write your answers below ...

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

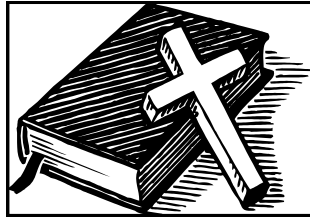


## Answers:

1. Strawberry 2. vanilla 3. praline 4. cherry 5. peach 6. caramel 7. coffee 8. chocolate 9. mint



# Chaplains Corner



# Make Every Effort

"As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. <sup>2</sup> Be completely humble and gentle; be patient, bearing with one another in love. <sup>3</sup> Make every effort to keep the unity of the Spirit through the bond of peace. <sup>4</sup> There is one body and one Spirit, just as you were called to one hope when you were called; <sup>5</sup> one Lord, one faith, one baptism; <sup>6</sup> one God and Father of all, who is over all and through all and in all" [Ephesians 4:1-6].

What do you think it takes to keep such a unity within the Church? Does God really call each one of us to be unified with one another? How can such a unity exist and is it even attainable?

Paul refers to himself as a prisoner *for* the Lord, not *of* the Lord. Being a prisoner *for* the Lord is voluntary. He gives up his own will, rights, freedoms all for the sake of the Lord Jesus. Paul calls the Church to have a similar mindset when calling them to live a life worthy of their calling. We are to be *completely* humble and gentle with one another. Notice Paul's choice of words, completely, not somewhat, partially, but completely humble! Paul is calling the Church to regard themselves as equal with everyone else, regardless of their background, ethnicity, social status, etc. The gentle person can control themselves. This type of disciple cares more about the other person than themselves.

Next, we are called to be patient with one another. We are to be long suffering, waiting on the Lord. It is important to remember that it is not all about us, rather, we are in this together. This call for unity is all out of love. We humble ourselves out of love for God and each other. The next part of Paul's statement can be the most challenging, "make every effort."

The Church is called to *make every effort* to be unified. This is no simple task or one that should be easily given up on. For this to become a reality we must learn to rely upon the Holy Spirit. True unity is not something that can be achieved in our own strength. The Church must remember there is only one head, which is Christ Jesus. There is only one body, the Church! Sure, there may be many different denominations, but Jesus is the head of all of them. We are still one Church!

Paul concludes by reminding us that there is only one Spirit, "one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all" (Ephesians 4:5-6). We are called to be *one* body! Every Christian denomination is baptized into the same Church, the same Jesus, the same faith, and the same Father. Let us make every effort to be one body. In John 17 Jesus prays that His Church would be one, *just as*, He and the Father are one. Just as the Father and Son are *one*, we are called to be *one* with one another!!! Jesus would not ask us to do something that was impossible to do. Last I checked, nothing is impossible for God (Phil. 4:13).

Therefore, we need to stay connected to the Holy Spirit. The Trinity is made up of the Father, Son, and Holy Spirit. Hence, it is the Holy Spirit that enables us to be one. Apart from Him we can do nothing (John 15:4-5). May we be encouraged today to unite as One Body, being completely humble, out of love for God and each other!

# DOG BREEDS WORD SEARCH PUZZLE

Search for all 22 words pertaining to different dog breeds. Put your skills to the test and see how many you can find. Have Fun!!

Y S S J J M P T J B D T C I H G U R E  
 P Y R Y I R A E I Q D N U H S H C A D  
 H G F Z E R G L K H J C G J B C R T B  
 G Z I W R O I T T I B J O G D A S M B  
 U H N O E T B V B E N J D X D L R C E  
 P S R X X T D P L L S G P I K N B C A  
 K G Q L O W U I O S W E E Y Q A Q N G  
 A T X V B E J G O F H M E S G I B I L  
 U U L K I I W A D O D R H I E N H G E  
 T E H H B L W Q H X G T S E L A G Z U  
 D K I A V E T D O H W E R H D R O Y A  
 A Y G L U R W N U O P U Z D O E D O K  
 L T U R L H A U N U Y U H I O M L G I  
 M E Z C P O I O D N S H A S P O L S T  
 A P T I L H C H H D I K D O F P U O A  
 T P H Z J S I Y C F F I T S A M B N V  
 I I I D G R P E S P O I N T E R Z W T  
 A H H P B I J R A M U D D U U F E P O  
 N W S R G O S G B F J U H J Y K P A Y

Akita

Beagle

Bloodhound

Boxer

Bulldog

Chihuahua

Collie

Dachshund

Dalmatian

Foxhound

Greyhound

Maltese

Mastiff

Pekingese

Pointer

Pomeranian

Poodle

Pug

Rottweiler

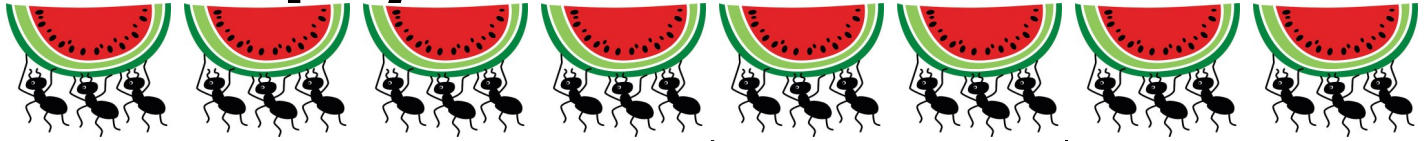
Sheepdog

Shihtzu

Whippet

# Cedarbrook

## Employee Service Anniversaries



Employee	Department	Years	Employee	Department	Years
Lawrence Hanig	Nursing Office	27	Nicole Dlugos	Nursing	7
Brenda Anthony	Nursing Office	27	Katheryn Betancourt	Nursing	5
Lori Biegly	Nursing	26	Samantha Skumpija	Nursing	5
Brenda Belcak	Nursing	23	Brooke Best	Nursing	4
Elsa Contreras	Nursing	21	Ronaisha Rich	Nursing	4
Patrick Leun	Nursing	21	Aaron Felker	Nursing	4
James Leibensperger	Environmental	18	Jessica Rotz	Human Resources	4
Karen Biggs	Resident Assessment	17	Jennifer Sparling	LE Department	4
Lisa Heintzelman	Nursing	17	Cynthia Rausch	Nursing	3
Michelle Hengeveld	Nursing Office	16	Ashley Arroyo	Financial Services	3
Tiffany Smicker	Environmental	15	Shadi Nasera	Facilities	3
Jean Reis	Nursing	15	Kathryn Mcardle	Admissiions & Marketing	3
Emmanuela Turnier	Nursing	13	Tynasia Bradley	Nursing	2
Lindsey Ruff	Nursing	13	Jennie Gomez	Nursing	2
Bernadine Johnson	Nursing	13	Nateyah Sanford-Williams	Nursing	2
Marylou Quier	Environmental	12	Liddys Sevilla	Nursing	1
Margaret Bundra	LE Department	10	Elizabeth Updegrove	Nursing	1
Irina Diaz	Nursing Office	9	Donna Dreher	Nursing	1
Amy Mckellin	Ed Services	8	Rebecca Charbonnier	Nursing	1
Vontoya Grimsley	Nursing	8	Vanessa Marti	Nursing	1
Melissa Monaghan	Nursing	8	Stephen Metzger	Facilities	1

If you prefer not to have your name listed in the SSN or HRN please call Human Resources. Thank You



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc) may request access through their Social Worker or Therapeutic Recreation Aide. Our PC Specialist will assign a unique username and password, which must be kept confidential. Visitors may request access at the switchboard. Usernames and pass-



What protest by a group of dogs occurred in 1773?  
***The Boston Flea Party!***

What did one flag say to the other flag?  
***Nothing. It just waved!***

Which colonists told the most jokes?  
***Punsylvanians!***

What dance was very popular in 1776?  
***Indepen-dance!***

What did Washington say as he crossed the Delaware?  
***"Next time I'm going to reserve a seat!"***

Why did the duck say "Bang!"?  
***Because he was a firequacker!***

What would you get if you crossed the American national bird with Snoopy?  
***A bald beagle!***

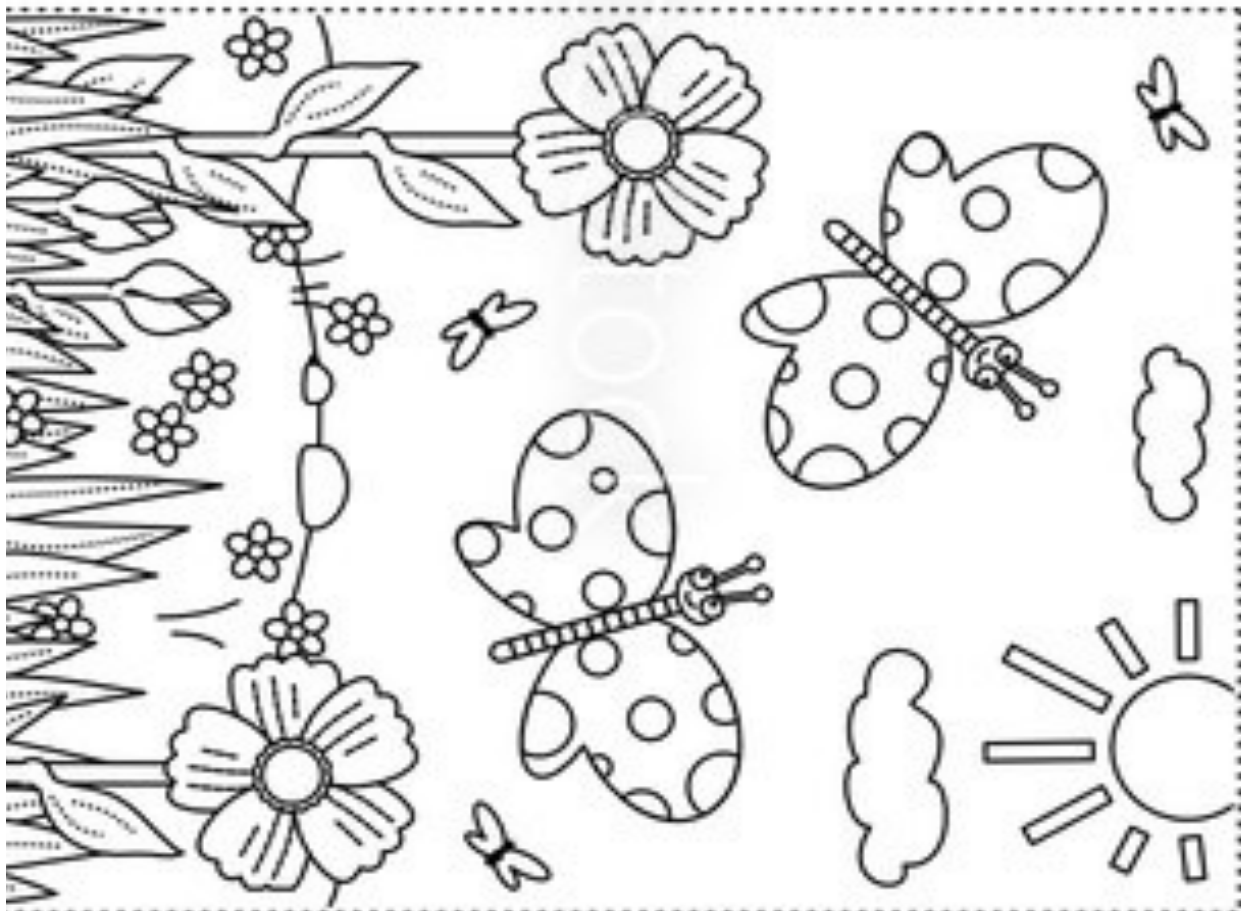
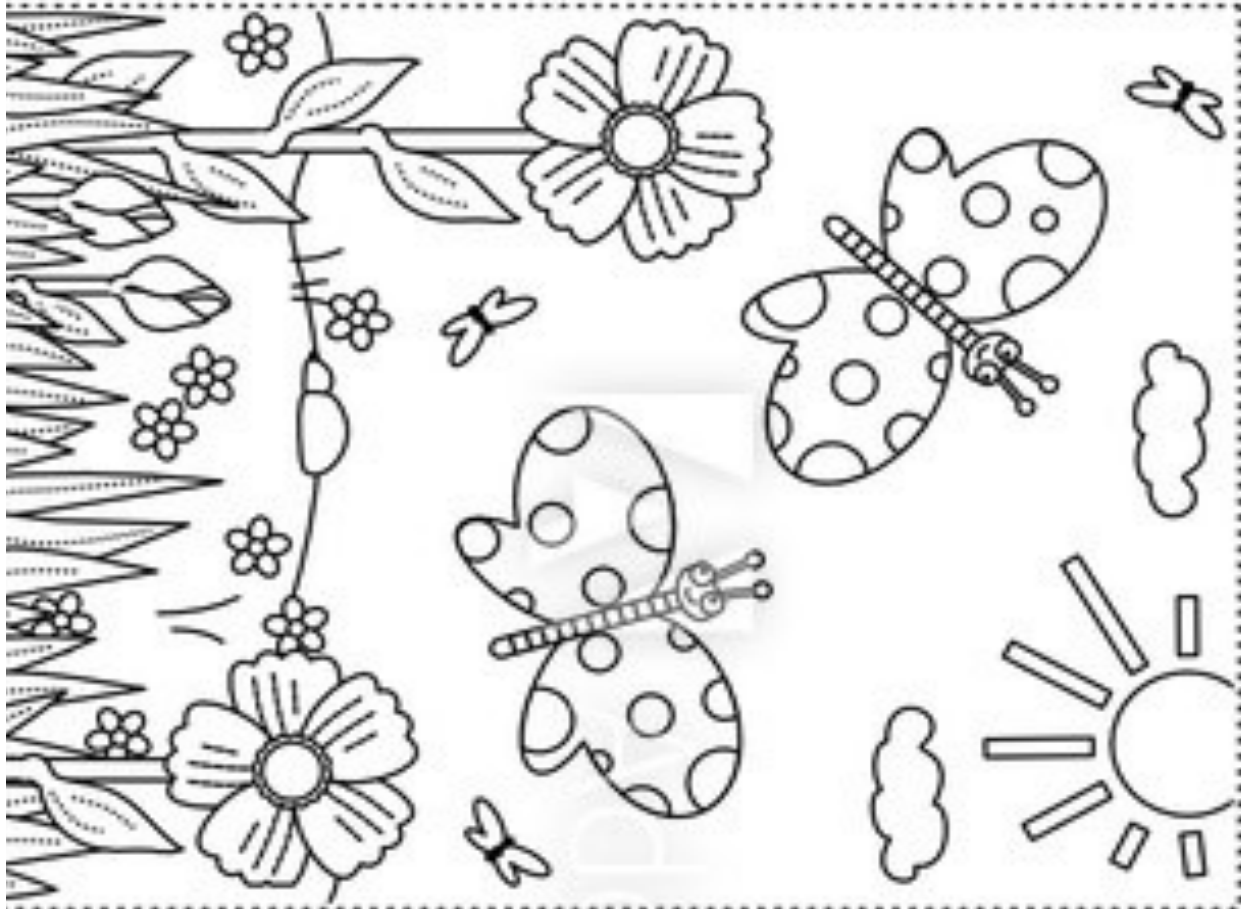
Visit us on [www.cedarbrookseniorcare.com](http://www.cedarbrookseniorcare.com)



Welcome to the official Cedarbrook website, designed to inform Lehigh County residents - and the world at large - about the quality services and operations provided here. It also offers dropdowns for both Allentown and Fountain Hill locations, with directions, departmental listings and the newsletters, posted every month. On the home page are slider segments that promote the institution and that will change from time to time. A highlight of the front page is the "Ratings & Reviews" section at the bottom where Cedarbrook users can submit their opinions on the quality of services. Please visit the site often, and please let your family and



Find the Ten Differences Between The Two Pictures.



# Generous Friends

These generous memorial gifts and contributions enable Cedarbrook's residents to participate in exciting, fun, and challenging activities, appreciate fine entertainment, and have funded furnishings that allow

## In Memory Of

F. Lorraine Vincent

## Gift Made By

Diane & Joseph Murphy  
Margaret & Edward Baumgartner  
Matthew McDevitt

## In Memory Of

Shirley Frantz

## Gift Made By

Nancy Altenbach

## In Memory Of

Marie Nederostek

## Gift Made By

Adeline Holland

## In Memory of

John Kuncio, Jr.

## Gift Made By

Kathy Phillips

# Lost And Found

is located in the Financial Department. Many items await the claim of their rightful owner. If you think what you have "lost" may have been "found", please talk to your social worker or stop by.

# How To Get Repairs Done

Any residents having difficulties with their equipment such as lights, radios, wheel-chairs, beds, etc., please contact your unit clerk, nursing staff, or charge nurse on unit to send a work order to Facilities for repairs.

# SUNSHINE NEWS STAFF

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ALICE CHRISTMAN

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NANCY BREY

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C-3

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C-3

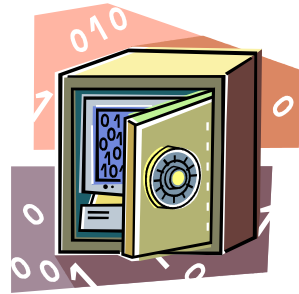
BEVERLY DAWSON

D-3

KAREN SNYDER

D-2

## Tips for Keeping Your Money and Valuables Safe



Although we discourage residents from keeping money and valuables in their room, we realize that many of you will choose to do so. Therefore, we would like to offer these tips to help you keep your money and valuables safe from loss or theft. Since you have access to the money in your account during normal business hours Monday through Friday, we suggest that you only withdraw the amount you need for immediate use. If you need larger sums of money for gifts or to reimburse your family members for purchases made on your behalf, we suggest that you contact Financial Services to arrange for payment by check. If you choose to keep money and valuables in your room, we highly recommend that you secure such items in the locked drawer of your bedside cabinet. Keep your key with you, or keep your key out of sight in a safe place. As soon as you realize that your money or property is missing, it is important to report it immediately to the Charge Nurse. Cedarbrook will not assume responsibility for replacing missing property kept by residents on their person or in their room. However, we will take action to investigate, and to try to recover your property if possible. Finally, we ask that you help

## AT REST June



Elba Berrios

Mary Frederick

Maynard Miller

Jos Cachiguango

Helen Engle

Dolores Rotzell

Joyce Weidner

Khairunnis Metha

Venice Crouthamel

Neris Hernandez

Helen Tarara

Efrain Hernandez

Doris Schlichter

Elizabeth McLaughlin

Dorothy Green

Myron Bohusz



# AUGUST 2020

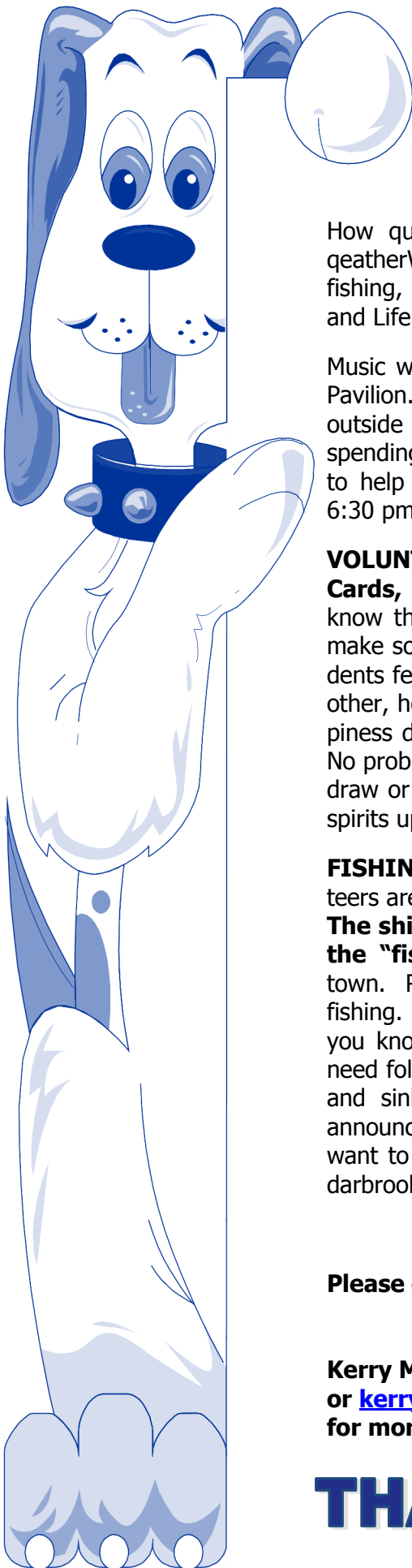


**House Activity Schedule Will Resume**

**When Restrictions Are Lifted**

**Please Refer To Your On-Unit Schedules**





# VOLUNTEERS

## Very Important People

How quickly Summer is flying by. Hopefully everyone is enjoying the nice weather. We are seeing the sure signs of summer around Cedarbrook. Car shows, fishing, bus trips for ice cream, and outdoor visits. Thank you to the volunteers and Life Enrichment staff for helping our residents have an amazing summer.

Music will fill the air as the Outdoor Summer Concerts begin at the Cedar View Pavilion. We are looking for volunteers to sign up and help escort our residents outside to enjoy the entertainment. Sometimes there is nothing so sweet as spending an evening outside listening to good music. Please consider signing up to help at one of the upcoming concerts: August 15th, and Sept 24th, from 6:30 pm-8:30 pm, weather permitting.

### **VOLUNTEERS ARE NEEDED – HERE'S HOW YOU CAN HELP HELP.**

**Cards, Notes, Drawings** – Are you missing Cedarbrook and our residents? I know they are missing all of the volunteers. Would you like to reach out and make someone's day happy? I'm sure a card or a note from you would help residents feel connected and cared about. We are all looking forward to seeing each other, hopefully soon, but hearing from you will bring our residents so much happiness during this difficult time. Don't know a resident's name or room number? No problem. Contact me for help. If you have a child in your life who would like to draw or color a picture for a resident, please let me know. We all want to keep spirits up as we stay "Cedarbrook Strong"

**FISHING DAYS** - "Reel" in the good times for Cedarbrook Residents. Volunteers are needed to help our residents fish in September (dates to be announced) **The shifts will be 10:00 am - 12:00 noon and 2:00 pm - 3:00 pm , at the "fishing hole"** across from the Cedarbrook Maintenance Garages in Allentown. Residents from both sites (Fountain Hill and Allentown) will participate in fishing. Please sign up to bait hooks, cast rods, and unhook the fish. As many of you know, residents look forward to this spectacular event all year long! We need folks with fishing knowledge/experience. Call to sign up today - hook, line and sinker. This fun event will be topped off with a fish fry, date to be announced, where we can share some awesome food and great fish stories. We want to thank all those volunteers who have spent their summer helping at Cedarbrook.

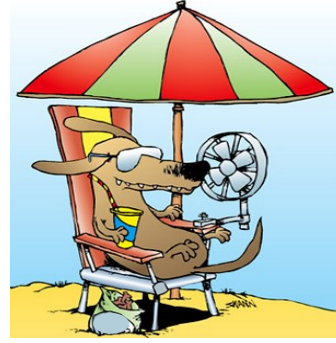
**Please contact**

**Kerry Magliane @ 610-336-5684**  
 or [kerrymagliane@lehighcounty.org](mailto:kerrymagliane@lehighcounty.org)  
 for more information or to sign up for any of these opportunities

# THANK YOU TO EVERYONE

A O J H R E X O B W B D K B P Y C B U  
 J E L H A S A A P S O L R A W R O N C  
 Y K L A I M C K X B I E W L H E B F G  
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# Dog Days Of Summer



We've hidden the names of twenty-two different breeds of dogs in this month's puzzle. How many can you find? Have fun finding them!

**SSN Staff**

Beagle	Dalmatian	Russell Terrier
Bloodhound	Doberman	Saint Bernard
Boxer	Greyhound	Sheepdog
Bulldog	Irish Setter	Whippet
Chihuahua	Lhasa Apso	Yellow Lab
Chocolate Lab	Poodle	Yorkshire Terrier
Cocker Spaniel	Pug	
Collie	Rottweiler	