Sunshine News

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SUNSHINE NEWS II

July 2020 (Funded by Lehigh County taxpayers dollars)

> PUBLISHED MONTHLY CEDARBROOK SENIOR CARE AND REHAB 350 S. CEDARBROOK ROAD ALLENTOWN, PA 18104

(610) 395-3727 Fax: (610) 395-0412 Hotline: 610-336-9604

> Jason Cumello, MBA, NHA Director/Administrator

Do you have a problem? A question? Is something bothering you?

Come talk to us about it – so we can solve it for you.

Our doors are open to you . . .

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Michelle Reichard Financial Services Office Manager

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Jackie Mistiszyn

Director of Business Development/Admissions

Alice Christman, CTRS Director of Life Enrichment

Kerry Magliane Coordinator of Volunteer Services

Chaplain Fred Bartholomew, Chaplain Philip Baker Faith Services

Attention Visitors!!! We Want To Hear From You!!!

When writing to share positive comments, complaints, or suggestions for improvement, please include your name and contact information. We take your comments seriously, and we may need to ask questions, and of course, we'll want to share with you the action taken to address your concerns.



Thank You!



It's all about

C.H.O.I.C.E.S.

at Cedarbrook Nursing Homes

A <u>C</u>ommunity with <u>H</u>eart <u>Offering</u> Individualized Care and Excellent Service.

Adopted October 2006



NURSING HOME HOTLINE 610-336-9604

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our Administrative Hotline. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken. You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at 610-782-3999. This information is confidential and caller mav remain anonymous.



"FRIENDLY"GEESE

CEDARBROOK'S

I lay here in bed sadly looking outside Wishing I could get out there & get a tan on my hide The sun is warm, the air is balmy But I don't want to get red & look like a salami I just want to get out there & go down to the crick Having to pass on my special place just makes me

I've developed a rapport with the goofy geese They are much more fun than the big Maine Meese The geese get such a kick out of chasing humans And the humans comply & run like the dickens But a lawn mower chasing a goose out front Made the goose run like a great big old chicken A few years ago someone told me you can make them go away if you bark like a dog So I barked & barked, but I must have sounded like a silly frog Cuz he dive bombed me anyway & hit my arm. realized right then I didn't thrill him with my charm So I went to Google with baited breath And I learned that you can talk those goofy geese to

So away to the crick I went where there are loads of

those guys

Hunted around until I found one just the right size This guy looked like he wanted to pick a fight Boy did I ever figure him or her just right I started to pass with my chair And whoosh he was there with no time to spare I stopped my chair, looked him in the eye, & gave

him my wrath

But that stubborn creature just stayed in my path I stopped once more, faced the enemy head on Looked him in the eye & said "get going' He stood his ground but I stood mine I told him how things would be this time That I had as much right to be there as he We can both share this space if we can agree He listened awhile, then waddled away,

Probably thinking this lady is crazy I'll take my time till another scared human comes by

Most humans are silly & run from a goose

But watch out for that crazy lady when she's on the Loose!

Written & Submitted by

Jean Larison - C-3

FOURTH FOURTH

On July Fourth we celebrate Independence Day. My ancestors came over from Holland and Germany before the Revolutionary War. Many of the young men fought in the war and every one since then. My father, Llewellyn served in the Army on the front lines during World One. My served in the United States Army Air Force. His two brothers, Joseph and Frances, were United States Navy Men. They served in the Navy. My Cousins Richard and Franklin also My brother-in-law served in the Army. Rodney was in the Army Paratroopers for over twenty-years. Many of my friends and neighbors served in the European and Pacific War Zones over the years. My son-in-law served in the Army during the Vietnam War. My granddaughter Mary had served six years including a year in Iraq, This was called Operation Iraqi Freedom. While they all had worked in the base hospital.

all the veterans We salute here Thank you from the bottom of Cedarbrook.

my heart.

Written & Submitted by

Dorothea Shunk

Jean is my "crocherer" friend. I hope our friendship never ends She sells candy, And has many friends galore Cedarbrook is where we met People here you don't forget Jean and Venice I love a lot But as a poet ... I'm NOT!

Written & Submitted by

Elma Uhle - C-2



Residents' Celebrating JULY Birthdays



NEAR, SUZANNE	Jul 01
HONSEL, YOLANDA	Jul 02
WEBSTER, JEAN	Jul 02
DREISBACH, DOLLY	Jul 02
CARAS, EVALLAN	Jul 02
WREDE, GRETE	Jul 05
YOUNG, CATHERINE	Jul 07
STROZIER, DOROTHY	Jul 07
YOUNG, ROBERT	Jul 08
KIJAK, ANITA	Jul 08
GIEDL, ANNA	Jul 08
BARRETT, MADELINE	Jul 09
HILBERT, LUCILLE	Jul 09
BORSCHEL, GEORGE	Jul 09
SKAGGS, ARLENE	Jul 10
VALERIO, MARIA	Jul 12
LONGENBACH, SANDRA	Jul 13
WALTERS, DONNA	Jul 13
BARTHOLOMEW, JOAN	Jul 15
GURKA, GLORIA	Jul 15
SCHLICHTER, DORIS	Jul 16

GOWER, VIRGINIA	Jul 17
AMATO, WENDY	Jul 17
KUCHARCZYK, ELAINE	Jul 18
CEBOLLERO, WILFREDO	Jul 19
MILLER, TEMI	Jul 19
DEWALT, LINDA	Jul 19
CLAY, HAROLD	Jul 20
LYNN, CHARLES	Jul 21
BERTSCH, MARIAN	Jul 21
KUTZ, LENNIA	Jul 23
SCHMOYER, JEAN	Jul 23
MINNICH, JERRY	Jul 23
BOGER, LILLIAN	Jul 24
KLINE, NANCY	Jul 24
GARDNER, CECILE	Jul 26
LAYTON, ALICE	Jul 29
LAURY, DAVID	Jul 30
BLUNT, ERNESTINE	Jul 30
PEIFER, JOCELYN	Jul 31

WE APPRECIATE THAT FAMILIES WANT TO SHARE PARTY TREATS WITH THEIR LOVED ONES' ROOMMATES AND FRIENDS. UNFORTUNATELY, MANY OF OUR RESIDENTS HAVE SPECIAL DIETARY NEEDS. BEFORE GIVING FOOD TO OUR RESIDENTS, PLEASE CHECK WITH THE NURSE TO SEE IF IT IS ALLOWED.

THANK YOU



Macaroni Salad

- 4 cups elbow macaroni, cooked according to package directions, drained and chilled
- 1 cup red onion, chopped
- 1 cup celery, chopped
- 1 cup frozen peas, defrosted
- 1/2 cup red peppers, chopped
- 1 cup carrots, grated
- 3 eggs, hardboiled and chopped
- 1/2 lb. thinly sliced deli ham, diced

Dressing:

- 1-1/2 cups mayonnaise
- 3/4 cup sour cream
- 2 Tbsp Dijon Mustard
- 3 Tbsp white vinegar
- 1/2 tsp. garlic powder
- 1 tsp ground black pepper
- 2 tsp kosher salt
- 1 Tbsp sugar
- 1 tsp celery seed

Directions: Combine the elbows, onion, celery, peas, red peppers, carrots, eggs, and ham in a large mixing bowl. In a separate bowl, combine the mayonnaise, sour cream, Dijon mustard, vinegar, garlic powder, black pepper, salt, sugar, and celery seed, Mix until fully combined. Pour the dressing over the salad ingredients and fold until evenly coated, Chill and serve.

Barbecue Potato Salad

- 4 lbs. new potatoes, quartered
- 1/2 lb. smoked bacon (optional garnish)
- 1-1/3 cups mayonnaise
- 2-1/2 Tbsp Dijon mustard
- 3 Tbsp barbecue sauce
- 1 hardboiled egg
- 2 celery stalks, diced
- 1/2 red onion, minced
- 1/2 tsp dried thyme
- Salt and freshly ground pepper
- Fresh chives, chopped (optional garnish)

Preparation:

Cover the potatoes with water and bring them to a boil in a large stock pot over high heat. Cook until the potatoes are tender, about 30 minutes; drain. While the potatoes are cooking, render the bacon until crisp in a large skillet over medium-high heat, about 5 minutes. Draine the bacon on several paper towels and break into small, bite-size pieces. Set aside. Mix mayonnaise, mustard, barbecue sauce, and hardboiled egg in a large bowl. Slowly add the potatoes to the dressing and let them absorb the liquid, about 15 minutes. Add the celery, red onion, thyme, salt, and pepper and refrigerate until well chilled. Just before serving, garnish with the bacon and chives, if desired.



Pulled Pork Sandwiches

- 1/4 cup brown sugar
- 1 tablespoon Chile powder
- 1 tablespoon Paprika
- 2 Teaspoon garlic powder
- 2 Teaspoons kosher salt
- 1 Teaspoon freshly ground black pepper
- 1 Teaspoon Cayenne pepper
- 1 pork shoulder roast (also called Pork Butt)
- 4 onions, cut into halves
- 1 bottle good barbecue sauce and good-quality
- Hamburger rolls (for serving)
- 1 bottle good barbecue sauce

Directions:

Stir together the brown sugar, Chile powder, paprika, garlic powder, salt, black pepper and cayenne in a small bowl, Rub the mixture all over the pork shoulder. Wrap the pork in plastic wrap and refrigerate for several hours or preferably overnight.

- Preheat the oven to 300 degrees F.
- Place the pork in a large pot on a bed of the onion halves. Roast until fork tender and falling apart, about 7 hours. Remove the pork from the pot and set it on a cutting board. Slice some of the onions.
- Place the pot on the stove over medium-high heat and add 1/2 to 1 cup of hot water. Scrape the pan to loosen up the bits and cook for 5 minutes to reduce. Pour in the barbecue sauce and stir to heat. Shred the meat with two forks, add the sliced onions to the pork and then toss in the barbecue sauce until it's coated to your liking! Serve on hamburger rolls.



Unscramble the letters to form a word associated with The Fourth of July. Answers are at the bottom of the page.

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т.	$\Delta \mathcal{I}$	ᄓᆫᆝ	

- **ENDDEEEPNICN**
- **DEARAP**
- **TENIUD**
- **AEQTIULY**
- **ERIRFKWOS**
- **ARLANCDITEO**
- **FDREOME**
- **ILBEYTR**
- 10.TTICIAOPR
- 11. HFRUOT
- 12. EAAIMRC
- 13. SSPTEIR
- 14. SSRAT
- 15. BEEEARLCT
- 16. GAFL
- 17. EANMHT
- 18. OYIADHL

		SCRAM the letters to form with The Fourth co at the bottom of the
	1. ASTSET 2. ENDDEE 3. DEARAP 4. TENIUD 5. AEQTIUI 6. ERIRFKV 7. ARLANC 8. FDREOM 9. ILBEYTR 10.TTICIAC 11. HFRUO 12. EAAIMF 13. SSPTEI 14. SSRAT 15. BEEEAF 16. GAFL 17. EANMH 18. OYIADF	LY VOS DITEO IE COPR T RC R RLCT
3	11. FOURTH 12. AMERICA 13. STRIPES 14. STARS 15. CELEBRAT 16. FLAG 17. ANTHEM 18. HOLIDAY	L. STATES 2. INDEPENDENCE 3. PARADE 4. UNITED 5. EQUALITY 6. PECLARATION 7. DECLARATION 7. LIBERTY

ANSWERS

Fourth of July

Unscramble the letters listed below to find words which have to do with the Fourth of Answers are at the bottom of the page. Have Fun!

1.	OTIDLAACREN	
2.	UELB	
3.	ARTYP	
4.	SGIN	
5.	LINCESOO	
6.	CORATTPII	
7.	KNIG	
8.	EROSFWKIR	
9.	NEMTAH	
10.	TSPEIRS	
11.	UEITDN	
12.	TEYLBIR	
13.	WTHEI	
14.	IAMCEAR	
15.	UORFTH	
16.	DPAREA	
17.	UQBREBAE	
18.	ADBN	

	pueg	.81	mədtnA	.6
;	gsupedne	.71	Fireworks	.8
	Parade	.91	King	۲.
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Cedarbrook Allentown

"Dream A Little Dream"

In Partnership With Second Wind Dreams
An international organization changing the perception of aging, one dream at a time!

Second Wind Dreams Planning Form

Date:	Name and Unit of Resid	ent
1. Staff Captain	(Unit Staff Overseeing Dream):
2. Summary of	Dream:	
3. Dream Detail	s Including (Details / Dates	/ Phone Numbers)
4. Transportation	on (Details / Resident Mobili	cy / Car or Van Lift Needed)
5. Oxygen Need	led: Yes No	
6. Other Specia	l Needs (Dietary Needs, etc.)	
7. Consents:	Resident has an OOP order Physician is aware of dream Name of Responsible Party Responsible Party Informed Release of Liability Signed Photo Permission	of Dream
Completed By		Date



Circle the object in each row that is different.











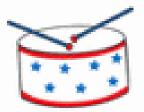
















In the United States of America, the Fourth of July is a national holiday when outdoor grills are heated up; beaches are packed; and cities and towns have parades and fireworks displays, picnics, and patriotic celebrations. All of this occurs because we are celebrating and remembering that on July 4, 1776, the original 13 American colonies declared their independence from Great Britain. The writers of the Declaration stated that their beliefs in a Creator, granted their freedoms with these introductory words, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

The 13 colonies had a long list of grievances against the tyranny of Great Britain, which suppressed their freedoms, so they also included these words in their declaration. "Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States."

Independence appeals to all ages. It means "freedom from the control, influence, support, and aid of others." So it's not surprising that teenagers talk about gaining their independence. Many adults have the goal of being "independently wealthy." And senior citizens want to maintain their independence. Whether anyone is ever truly independent is an interesting concept. When a person dares to pursue spiritual independence from God there is going to be some problems. What we need instead is a recognition and acceptance of our deep spiritual dependence upon God.

In Psalm 25:4—6, the psalmist wants to remain dependent upon God. So he asks for direction and teaching from God in the way he should live. He didn't want nice words or fine ideas, but God's ways and paths, which are the truth and good.

And those who choose to believe God, make him the God of their salvation. And then they can come boldly to Him for direction. So, constant dependence and attention is on God. So the psalmist "waits" upon Him all day. Just like a waiter or waitress expects direction from those they're serving.

Next, he appeals

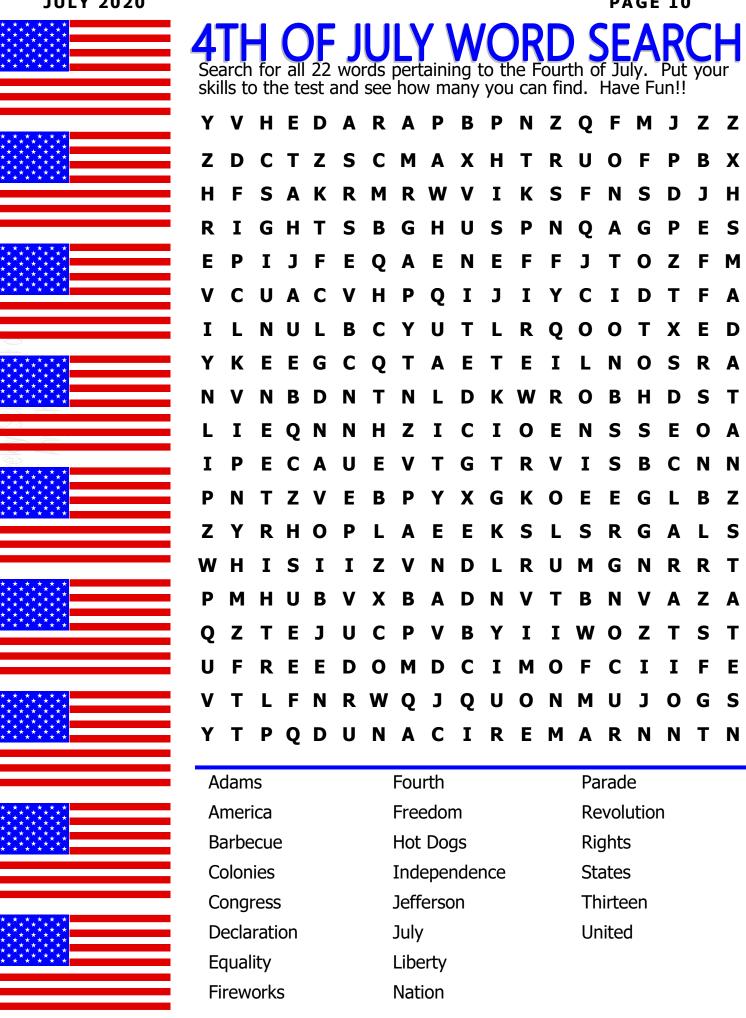
to God's infinite compassion and lovingkindness, and depends upon that, not pretending to have any credit of his own. In fact the psalmist has been dependent on God's grace from times passed. So he pleas, Lord, remember Your compassion, which speaks for me, and not my sins, which speaks against me.

Therefore he is in a dependency for the pardon of his sins; and especially not to remember the sins of his youth. This is an implicit confession of sin; he specifies the sins of his youth, but sins of any age should be matter of our repentance, because time does not wear out the guilt of sin. When God pardons sin, He remembers it no more, which denotes; He forgives and forgets it. It is God's goodness and not ours, his mercy and not our own merit, that must be our plea for forgiveness of sin. This plea we must always rely upon, as those that are sensible of our poverty and unworthiness and as those that are dependent on the riches of God's mercy and grace.

Jesus said, "I am the way, the truth and the life, no one comes to the Farther except through Me."(Jn.14:6), therefore we are dependent on Him. He also declared, "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing" (John 15:5), indicating our daily dependence.

Far from being self-reliant, we are totally and eternally dependent on the Jesus who died to set us free. Therefore every day is our "dependence day."

Chaplain Fred Bartholomew Cedarbrook Senior Care and Rehab, Allentown



Cedarbrook Employee Service Anniversaries



Employee	Department	Years	 - -
Michelle Persing	Nursing	37	! -
Jody Schwartz	Nursing	35	: : –
Pamela Kulp	Nursing	32	: ! -
Sherry Geiger Martha Rhim	Nursing Nursing	30 29	! ! ! —
Dawn Allison	Nursing	27	: : : –
Carol Johnson	Nursing	20	: ! ! !
Lillian Pintos	Nursing Office	20	! ! !
Patricia Lilly	Nursing Office	20	;
Shirley Fenstermaker	Financial Services	20	:
Corinia Crable	Nursing	19	!
Tanya Belinda	Nursing	17	
Josh Yost	Environmental	15	: ! -
Jenna Witt	Nursing	14	
Johanny Checo	Nursing	12	! !
Kelly Sanchez	Nursing	10	: ! !
Ann Klipple	Nursing	9	 -

Employee	Department	Years
Danielle Ruth	Nursing	8
Shelby Knappenberger	Nursing	6
Leane Kratzer	Medical Records	5
Maria Nunez	Nursing	4
Tammy Beidler	Facilities	4
Brandi Kucsan	Nursing	3
Zachary Cutlip	Environmental	3
Catherine Omondi	Nursing	2
Jennifer Kresley	Nursing	2
Melissa Lebeduik	Nursing	2
Kelly Baxter Antoinette Hedglin	Environmental Nursing	2 2
Maribel Depena	Nursing	1
Brandy Rodriguez	Nursing	1
Robert Fakelmann	Facilities	1

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Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc) may request access through their Social Worker or Therapeutic Recreation Aide. Our PC Specialist will assign a unique username and password, which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after three days.

4th of JULY JOKES

What protest by a group of dogs occurred in 1773? The Boston Flea Party!

What did one flag say to the other flag? Nothing. It just waved!

Which colonists told the most jokes?

Punsylvanians!

What dance was very popular in 1776? Indepen-dance!

What did Washington say as he crossed the Delaware?

"Next time I'm going to reserve a seat!"

Why did the duck say "Bang!"? **Because he was a firequacker!**

What would you get if you crossed the American national bird with Snoopy?

A bald beagle!

What is red, white, blue and green? A patriotic pickle!



official Welcome the Cedarbrook to website, designed to inform Lehigh County residents - and the world at large - about the auality services and operations provided here. It also offers dropdowns for both Allentown and Fountain Hill locations, with directions, departmental listings and the newsletters, posted every month. On the home page are slider segments that promote the institution and that will change from time to time. A highlight of the front page is the "Ratings & Řeviews" section at the bottom where Cedarbrook users can submit their opinions on the quality of Please visit the site often, and please let your family and friends know about it. www.cedarbrookseniorcare.com is copyrighted by Cedarbrook Senior Care & Rehab.

Cedarbrook Allentown Auxiliary Gift Recognitions:

On behalf of the Allentown Auxiliary, we would like to recognize the following for their generous memorial gifts and contributions:

In Memory of:

Mary Louise Henry
H. Patrick and Karen Sweeny
John and Susan Winders
Stephen and Carole Banko
Rose Marie Fenstermacher
Gary and Elaine Tarantino
Shirley Wentzel

In Memory of:
Florence Hein
Fey Hein
Bruce and Cindy Ziegler
Curt and Joan Hein
Dean and Candi Neiser
Keith and Renee Hein

In Memory of: **Peter Russo**Ben and Mary Fisichellia
Charles and Marie Luthar

In Memory of: **Mary Sommers** Walter and Teresa Rice In Memory of: **Debra Ann Eisenhard** Neola Geschelr

In Memory of: **Angie Pontician**Ronald and Rose Marie Klipple
Barry and Judy Sterner

In Memory of: **John Kuncio** Linda Schmick Shelly Stichter

In Memory of: **Shirley Frantz** Linda Schmick Shelly Stichter



BRAIN TEASERS

See how many brain teasers you can figure out. The answers are at the bottom of the page. Have Fun!

- 1. I'm tall when I'm young and I'm short when I'm old. What am i?
- 2. What has hands but can not clap?
- 3. What is at the end of a rainbow?
- 4. You walk into a room with a match, a kerosene lamp, a candle, and a fireplace. Which do you light first?
- 5. What gets wetter and wetter the more it dries?
- 6. Which weighs more, a pound of feathers or a pound of bricks?
- 7. How many months have 28 days?
- 8. A man was outside taking a walk, when it started to rain. The man didn't have an umbrella and he wasn't wearing a hat. His clothes got soaked, yet not a single hair on his head got wet. How could this happen?
- 9. Beth's mother has three daughters. One is called Lara, the other one is Sara. What is the name of the third daughter?
- 10. What do the numbers 11, 69, and 88 all have in common?
- 11. What never asks questions but is often answered?
- 12. What belongs to you but other people use it more than you?

12. Your name

upside down

10. They read the same right side up and

9. Beth

7. All 12 months 8. The man was bald

6. Neither, they both weigh one pound

5. A towel

3. The letter W 4. The match

I. A candle 2. A clock 7. . .

Answers

Lost And Found

is located in the Financial Department. Many items await the claim of their rightful owner. If you think what you have "lost" may have been "found", please talk to your social worker or stop by.

How To Get Repairs Done

Any residents having difficulties with their equipment such as lights, radios, wheel-chairs, beds, etc., please contact your unit clerk, nursing staff, or charge nurse on unit to send a work order to Facilities for repairs.

SUNSHINE NEWS STAFF

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Mary Ann Miller Nancy Brey

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DOROTHEA SHUNK	C-3
JEAN LARISON	C-3
FRANCES ERLE	B-2
BEVERLY DAWSON	D-3
KAREN SNYDER	D-2

Tips for Keeping Your Money and Valuables Safe



Although we discourage residents from keeping money and valuables in their room, we realize that many of you will choose to do so. Therefore, we would like to offer these tips to help you keep your money and valuables safe from loss or theft. Since you have access to the money in your account during normal business hours Monday through Friday, we suggest that you only withdraw the amount you need for immediate use. If you need larger sums of money for gifts or to reimburse your family members for purchases made on your behalf, we suggest that you contact Financial Services to arrange for payment by check. If you choose to keep money and valuables in your room, we highly recommend that you secure such items in the locked drawer of your bedside cabinet. Keep your key with you, or keep your key out of sight in a safe place. As soon as you realize that your money or property is missing, it is important to report it immediately to the Charge Nurse. Cedarbrook will not assume responsibility for replacing missing property kept by residents on their person or in their room. However, we will take action to investigate, and to try to recover your property if possible. Finally, we ask that you help us maintain a current inventory of your personal property. Any property that you purchase or receive during your stay should be added to your Valuables Received After Admission Form, including a description of the property. This information is essential when trying to locate missing items.



Shirley Frantz Gloria Johnson Rose Molinaro **Anna Vorholy** Sharon Wildermuth Susan Bandle Mathilda Grim Lorraine Stengel **Lorraine Vincent Johnny Thomas** Jan Mickley John Kuncio Santiago Rivera Carl Steele **Angeline Pontician** Tessie Rockmaker Rose Unger **Dorothy Columbo** Debra Eisenhard Renee Spielman **Dolores Neimeyer** Florence Cordes Theresa Kuhns Joan Robertson Rosemarie Depaul Mary Sommer Shirley Verba **Gladys Baatz Doris Fretz** Mary Schmoyer **Eleanor McDermott Donald Derr**





HOUSE ACTIVITY SCHEDULE WILL RESUME
WHEN RESTRICTIONS ARE LIFTED
PLEASE REFER TO YOUR ON-UNIT SCHEDULES

THANK YOU



Cedarbrook volunteers sparkle brighter than July 4th fireworks! They also create the same amount of excitement with our residents. When a volunteer enters the room our residents and staff light up as their day is brightened by our amazing volunteers. We are truly grateful for your help and support. I hope everyone is able to take some time to relax and enjoy the beautiful, sunny days and the fireworks in the night sky. Remember all those who gave their lives, to make our lives better. Have a happy Independence Day.

Help Wanted...

Are you missing Cedarbrook and our residents? I know they are missing all of the volunteers. Would you like to reach out and make someone's day happy? I'm sure a card or a note from you would help residents feel connected and cared about. We are all looking forward to seeing each other, hopefully soon, but hearing from you will bring our residents so much happiness during this difficult time. Don't know a residents name or room number? No problem. Contact me for help. If you have a child in your life who would like to draw or color a picture for a resident, please let me know. We all want to keep spirits up as we stay "Cedarbrook Strong." Thank you for your support.

Please contact Kerry 610-336-5684 or kerrymagliane@lehighcounty.org for more information.

"How beautiful a day can be when kindness touches it!" George Elliston, American Journalist.



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Happy Fourth of July



Fireworks

Parade

We've hidden twenty -two words that pertain to the Fourth of July in this month's puzzle. How many you can find? Have fun!

SSN Staff

America **Patriotism** Flag **Founding Fathers** Red White and Blue Barbeque Revolution **Battles** Freedom **Betsy Ross** Independence Day Rights Stars and Stripes Celebration Justice Victory Country Liberty Declaration Nation