

Hillside News

Lehigh County

Cedarbrook Senior Care & Rehab

March 2020

Happy
St. Patrick's
Day

A festive St. Patrick's Day graphic featuring the text "Happy St. Patrick's Day" in a black, cursive script. The text is surrounded by several green shamrocks of varying sizes, some with black outlines and others with green outlines, creating a celebratory and thematic design.

A Community with Heat Offering Individualized Care and Excellent
Service.



**724 Delaware Ave
Bethlehem, PA 18015
(610)691-6700
Fax: (610)867-2332**

**Do you have a concern,
question, is something
bothering you? Come
talk to us so that we can
help you solve it.**

**Our doors are open to
you!**



If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our Administrative Hotline. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken. You can report Fraud, Waste and Abuse to

**A special thank you to our
Editor Patricia Stuber**

Hillside News

Jason Cumello, MBA, NHA-Director Administrator

Michelle Julian, RN, BSN, MS, NHA– Assistant Administrator

MeAlaa-Eldin A. Mira, M.D.-Medical Director

Teresa Samuels– Director of Nursing

Tara Pendrak, RN, BSN, MSN – Assistant Director of Nursing

Keisha McCollin-Bulluck – Human Resources Administrator

Alice K. Christman, CTRS– Director of Life Enrichment

Kaitlyn Beisel–Assistant Director of Life Enrichment

Kerry Magliane– Volunteer Coordinator

Gabe Robinson-Director of Social Services

Heidi Heffelfinger– Social Worker

Ashley Merkel– Social Worker

Amber Surman– Social Worker

Jackie Mistiszyn– Director of Business Development

Karen Carr– Director of Dining Services

Jean Waitkaitis– Assistant Director of Dining Fountain Hill

Ricardo Cintado– Director of Environmental Services

Rodney Taylor– Assistant Director of Environmental Fountain Hill

Eduardo Fernandes-Director of Facilities

John Pol-Building Supervisor

Jessica Shields, MS OTRL–Director of Rehab

Deb Weiner– Assistant Director of Rehab

Laura Stone–Chaplain, Faith Services



Residents with Birthdays in March...



<u>NAME</u>	<u>BIRTHDAY</u>
Angela Loffredo	March 3rd
Frances Getter	March 5th
Marian Smith	March 8th
Zelma Weikel	March 12th
Helen Sobetsky	March 13th
Hildegard Rivera	March 16th
Rita Wagner	March 16th
Steve Tusan	March 22nd
Marie Einsla	March 22nd
Mary Conrad	March 23rd
Santa Colon	March 26th
Carmen Ortiz	March 29th



WELCOME OUR NEW RESIDENTS TO CEDARBROOK FOUNTAIN HILL!

Florence Brinkley	Colleen Kern
Jean Beharry	Carmen Ortiz
Anna Rabenold	Selece Davis
Istvan Huray	Robert Steiger
Murray Oliphant	Eva Gonzalez Castillo
Rose Frisch	Esmay Clarke
Yolanda Rivera	

Look!

SOMETHING NEW:

Try and look through this March Hillside Newsletter & find the hidden Shammrock that looks like this:



THANK YOU FOR BEING
AN ESSENTIAL PART OF OUR SUCCESS

HAPPY ANNIVERSARY

Employee	Department	Years
Shani Payton	Nursing	2
Lisa Frederick	Nursing	2
Rosario Alicea	Nursing	3
Jamel Keyon Green	Nursing	3
Destinee Rodriguez	LE Dept.	3
Mark Plantier	Facilities	4
Toni Purcell	Nursing	4
Teresa Bleam	Nursing	5
Antoinette Fianu-Singh	Nursing	8
Mary Dutra	Laundry	9
Lillian Maye Nagle	Nursing	12
Madgeline Collazo	Enviromental	13
Janet Bilecki	Nursing	14
Gail Sweeney	RAD	15
Patricia Talotta	Nursing	16
Rodney Taylor	Enviromental	33

congrats!

meet our
NEW
staff

Antoinette Diamond

Elizabeth Fernandez

Danita Beasley

Marchell Deshong

Check out our Website!

<https://www.cedarbrookseniorcare.com/>



You can follow us on our
Cedarbrook Senior Care &
Rehab Facebook Page!

www.facebook.com/cedarbrookseniorcareandrehab



Newsweek designated Cedarbrook as being among the top twenty skilled nursing homes in the state, and top in the country.

MONTH IN Review



Last month in February...

- ⇒ **We had the pleasure of having the following Entertainers perform for us: Glenn Miller, Captain Radio, Joe Parker, Caribbean Jeff, Chuck Rissmiller, Jimmy Edwards**
- ⇒ **Had our Valentines Jewelry Sale**
- ⇒ **We celebrated Valentine's Day with a performance by Joe Parker, announcing our new Valentine's King & Queen!**
- ⇒ **The Employee Appreciation Committee held a Carnation Sale**
- ⇒ **Second Wind Dreams sponsored a Bake Sale with lots of yummy treats!**
- ⇒ **We also held our Annual TR Auction!**

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Valentine's Day King & Queen

During Joe Parker's Entertainment the winners of the 2020 Valentines Day King & Queen were announced:

King: Keith Good

Queen: Tommie McDonald



Cedarbrook Volunteers are Very Important People

You don't have to be Irish to know how lucky we are to have such a wonderful group of volunteers. Every day there are volunteers making time in their lives to be at Cedarbrook Senior Care & Rehab. They are doing great things for our residents. Our sincere thanks to each of you! We are looking for people to "spring" into action and join our volunteer team.

Current Volunteer Opportunities:

Cedarbrook Fountain Hill –

Spanish speaking volunteers who can visit and converse with residents who speak Spanish. This is an as-available position.

Help residents play Bingo or Pinochle. This activity is 1 to 2 hours.

Spend time visiting with residents at our Saturday or Sunday morning Coffee Socials.

Do you have a friendly and well behaved cat? Our residents would love to have a cat and owner who could visit for about 30-60 minutes a week. They miss the warm love a cat can bring. This would be at the convenience of you and your cat.

Escort a resident on a bus/casino/shopping trip. Days and times vary. You would meet our bus at the designated location and escort residents around the location. Most trips are about 2 hours.

Looking for Abider volunteers. These volunteers would sit with a resident as they are passing to provide comfort and a hand to hold. Special training will be provided. This is such an important position. Our residents really need you.

Remember...a few hours of your time can make a world of difference to someone else. Please consider volunteering at Cedarbrook. We also offer Community Service hours for school students over 13 years of age. Contact: Kerry at 610-336-5684 or at kerrymagliane@lehighcounty.org



Chaplain's Corner

Why Lent?

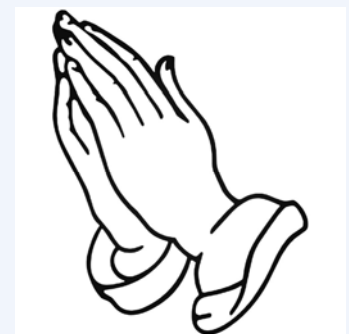
Have you ever wondered what Lent is? My southern friend would say “that fuzzy stuff that gets caught in your belly button.” Lint sounds like “Lent” when he says it! We know that it has something to do with Easter but that is about it. Lent, in the Church calendar, refers to the forty-day period leading up to Easter. Traditionally, this is a time of preparation. More importantly, it is a time for self-reflection. This is a time to examine ourselves to see if anything has come between us and our relationship with God. The Church tends to observe Lent through fasting.

Fasting can help us prepare for Easter. Fasting does not have to be just food. We can fast anything that may be drawing us away from the Lord or something that is painful to give up. Perhaps you have noticed it is getting increasingly difficult to turn off the TV. Maybe you have been increasing your screen time and decreasing the amount of time you have been spending with the Lord. This may be a good time to limit, or do without, TV for the next forty days.

Whatever it may be, we must make sure we are drawing closer to the Lord in its absence. For example, if it is shutting off the TV in the evening, then make sure you are spending that newfound time in prayer. Tell the Lord that you are sacrificing this time for Him and ask Him to draw nearer to you as you seek to draw nearer to Him. It helps us to focus on the importance of that day! The importance that Christ took our place on the Cross and died for our sins. The importance that death could not hold Him and on the third day God raised Him from the grave! We not only celebrate this on Easter Sunday but every Sunday! Lent paves the way for Easter.

Let us make sure we are fasting for the right reasons. The Bible says that we should consult God before we fast. We should not fast, give something up, for any reason other than pleasing God and drawing closer to Him. Let us prepare our hearts during this time of Lent. Let us be prepared to celebrate the Risen Christ this Easter. Let us pray as David did in Psalm 139:23-24, “Search me, God, and know my heart; test me and know my anxious thoughts. 24 See if there is any offensive way in me, and lead me in the way everlasting” (NIV).

Chaplain Philip Baker
Cedarbrook Senior Care, Allentown



Hillside News

*FUNDED BY LEHIGH COUNTY TAX PAYER
DOLLARS*

Although we discourage residents from keeping money and valuables in their room, we realize that many of you will choose to do so. Therefore, we would like to offer these tips to help you keep your money and valuables safe from loss or theft. Since you have access to the money in your account during normal business hours, Monday through Friday, we suggest that you only withdraw the amount you need for immediate use. If you need larger sums of money, for gifts or to reimburse your family members for purchases made on your behalf, we suggest that you contact Financial Services to arrange for payment by check. If you choose to keep money and valuables in your room, we highly recommend that you secure such items in the locked drawer of your bedside cabinet. Keep your key with you, or keep your key out of sight in a safe place. As soon as you realize that your money or property is missing, it is important to report it immediately to the Charge Nurse. Cedarbrook will not assume responsibility for replacing missing property kept by residents on their person or in their room. However, we will take action to investigate. And try to recover your property, if possible. Finally, we ask that you help us maintain a current inventory of your personal property. Any property that you purchase or receive during your stay should be added to your Valuables Received after Admission Form, including a description of the property. This information is essential when trying to locate missing items.



Memorial Service

Thursday, March 19th

2:30 p.m.

Resident Council

Thursday, March 12th

2:30 p.m.

Food Committee

Thursday, March 12th

Following

Resident Council

***All meetings are held in the
1st floor dining room/ chapel
area.***



That for just \$1.00 you can be a member of the Fountain Hill Auxiliary? YES, JUST \$1.00!!! You can meet friends and relatives of our residents and help us in any way you choose to enrich their lives. Our meetings are the 3rd Tuesday of each month at 1:00pm.

Next meeting: March 17th 2020

Resident Council Meeting

Admission Policy-

Your nursing facility cannot prohibit or discourage you from applying for or receiving Medicare or medical assistance benefits. Your nursing facility must prominently display or provide you with individually written and oral information about how to apply for Medicare or medical assistance benefits, how to use these benefits and how to receive refunds for any prior payments, made by you, that are covered by these benefits.

If you are entitled to medical assistance for nursing facility services, neither you nor anyone on your behalf may be required by the nursing facility to make any payments to the nursing facility as a condition of your admission, to speed up your admission, or to guarantee your continued stay in the nursing facility. This requirement does not stop the nursing facility from requesting, accepting, or receiving genuine charitable, religious or humanitarian contributions from organizations or persons, that are not related to you, if the contribution is not a condition of your admission, to speed up your admission or to guarantee your continued stay in the nursing facility.

The nursing facility must advise you in advance when payments for items or services to be delivered are not covered by the Medical Assistance Program. You must be advised of the cost of the non-covered items or services, and be given the option of accepting or rejecting the charges and the non-covered items or services. This requirement does not stop the nursing facility from charging you for items or services, which you requested and received, that are not covered by the Medical Assistance Program.

Highlights

Anyone wondering how the daily fees work at Cedarbrook can make an appointment with Financial Services to discuss their unique situation.

Valentine's Day bake sale was held 2/14/2020.

Commissioner visit 2/14/2020.



- * ***Attention visitors and staff: For the safety of our residents please do not use push pins in resident rooms.***
- * ***Any electronic item must be inspected and labeled by facilities before installation in any resident rooms.***
- * ***Residents having difficulties with your equipment such as lights, radios, flat screen televisions, wheelchairs, beds, etc., please contact your Unit Manager, Unit Clerk or Social Worker for a work order to be sent to Facilities***



AVAILABLE HERE

Wireless access to the Internet is now available at Cedarbrook Allentown and Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc) may request access through their Social Worker or Abigail Dennis, Administrative Secretary. Our PC Specialist will assign

a unique username and password, which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after three days.

HealthDrive
bringing integrated healthcare to you



Attention families and friends:

Healthdrive is our current Dental provider. Should you receive any information from them, please correspond appropriately.

Thank You!



Visit us on:

www.cedarbrookseniorcare.com

Our website is designed to inform Lehigh County residents, and the community at large, about the quality services and operations provided here. It offers both Allentown and Fountain Hill department listings and monthly newsletters. Please visit the site often, and please let your family and friends know about it.

www.cedarbrookseniorcare.com is copyrighted by Cedarbrook Senior Care & Rehab.



In Loving Memory

Edward Derkits

Renee Agentis

Diance Joyce

Margaret Schmiedeberg

Ismael Bermudez

Margaret Montgomery

Maria Morales





Second Wind Dreams Cedarbrook Dream Catchers

Cedarbrook Dream Catchers is a chapter of Second Wind Dreams.

Our mission is to fulfill each and every resident's dream!

To help fulfill a dream, contact one of the board members listed below or submit a Dream Discovery form (located on all units) to the Cedarbrook Dream Catchers board for review.

Connect with a Cedarbrook Dream Catchers Board Member

Abbi Dennis

President of CDC

Administrative Secretary

abigaildennis@lehighcounty.org

Aimee Davidson

Treasurer of CDC

aimedavidson@lehighcounty.org

Jason Cumello, MBA, NHA

Administrator/Director

Tara Pendrak

Secretary of CDC

Asst. Director of Nursing

tarapendrak@lehighcounty.org

Amber Surman

Vice President of CDC

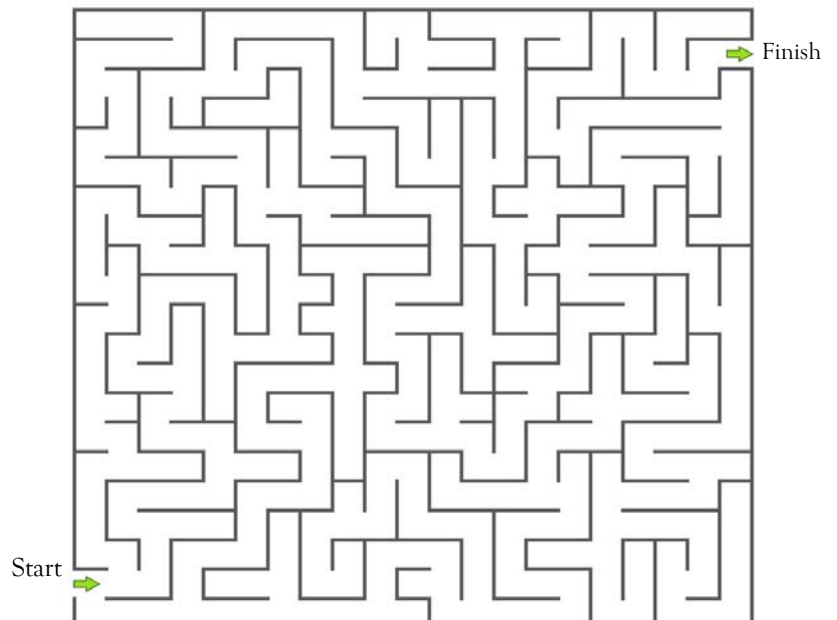
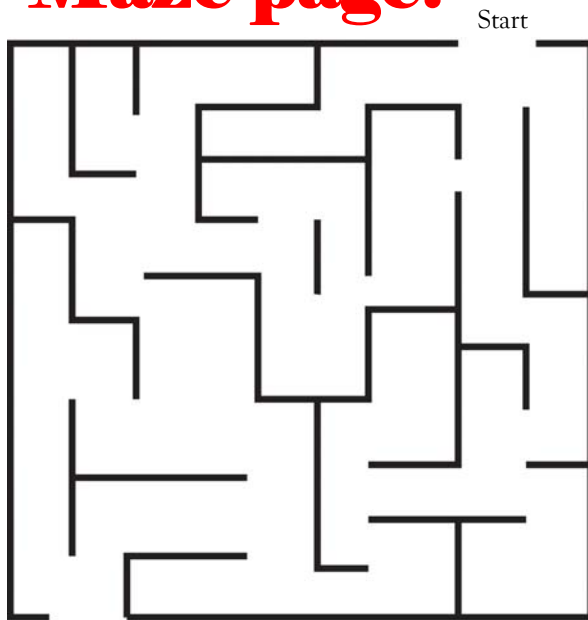
Social Worker

Ambersurman@lehighcounty.org

Michelle Julian, RN,BSN,MS,NHA

Assistant Administrator

Maze page!





Celebrating a birthday or special occasion? Contact Abbi Dennis in Administration at ext. 2341 to reserve a room.

All food items, including fresh fruit or vegetables, for the residents must be in a bag or a container

Please do not leave food and drinks unattended in the dining rooms, activity rooms or other public areas. Please dispose of leftover food/drinks properly. Some residents have food and fluid restrictions, and having access to unattended food and drinks could be harmful.

LOST AND FOUND

Lost and Found is located at the Receptionist Desk in the lobby. Many items await the claim of their rightful owner. Please stop at the Receptionist to see if any items belong to you.



When writing to share positive comments, complaints, or suggestions for improvement, please include your name and contact information. We take your comments seriously, and we may need to ask questions, and, of course, we'll want to share with you the action taken to address your concern(s).



Fountain Hill Recipes

Easy Irish Shortbread Cookies

Ingredients:

- 8 ounces very soft butter preferably Irish butter
- 1 teaspoon vanilla extract
- ½ cup granulated sugar
- 1 ¾ cups all-purpose flour
- ¼ cup corn starch
- sugar for sprinkling

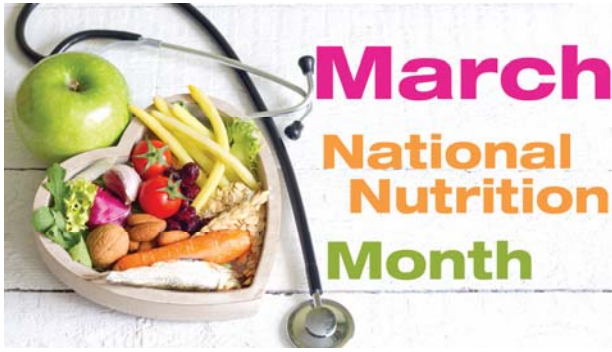


Instructions

Prep Time: 30 mins

Cook Time: 30 min

- 1 Line two sheet pans with parchment paper.
- 2 In a large bowl, mix the butter and vanilla until smooth and no lumps remain. Add the sugar and mix together until smooth and thoroughly combined.
- 3 Add the flour and corn starch. Mix with a sturdy spatula or wooden spoon until all flour is incorporated. It may seem like too much flour at first, but just keep mixing until it's all incorporated.
- 4 Dump mixture out onto a generously-floured work surface and knead for about 30 seconds until dough forms into a ball and is not sticky. Divide dough in half and set one portion aside.
- 5 Lightly flour your rolling pin and roll out the dough until it's ¼-inch thick (see Café Tips above in post.) Add more flour to work surface and rolling pin as needed if dough is sticky.
- 6 Cut into your favorite shape and place on prepared sheet pans. Knead dough scraps together, roll and cut out shapes until dough is used up.
- 7 Place pan in refrigerator, uncovered, for at least one hour and up to 12 hours.
- 8 When ready to bake, preheat oven to 350° F. Remove cookies from refrigerator.
- 9 Bake for 8 minutes. Remove pan from oven and sprinkle lightly with sugar. Flatten any puffed part of cookies with the back of a flat metal spatula. Sprinkle cookies with more granulated sugar. Return to the oven for 5-7 additional minutes, or until light golden brown.
- 10 Allow to cool on pan for 5 minutes then transfer to a cooling rack to cool completely. Store in an airtight container. Hide the container if you plan to serve these to guests.



March is National Nutrition Month, which is an annual campaign created by the Academy of Nutrition and Dietetics. During the month of March, we invite everyone to focus on the importance of making informed food choices, developing sound eating and physical activity habits. During this year's National Nutrition

Month, we are promoting Eating Right, Bite by Bite. Good nutrition doesn't have to be restrictive or overwhelming. Small goals and changes can have a healthful effect, and every little bit (or bite!) of nutrition is a step in the right direction. Throughout the month of March, Beth Sterner, RD will be hosting a variety of games and goodies to promote Eating Right, Bite by Bite. All residents are invited to participate and learn a little more about National Nutrition Month.



Meet a Resident

Meet Sandra Souders!

She was born and raised in Allentown Pennsylvania.

Sandra grew up with wonderful parents, her Father worked at a Dry Cleaners and her Mother worked as a Jewelry Clerk. Sandra was the youngest of three sisters! Her first job ever was at Miller Pretzel Factory, then years later she worked in the Kitchen at Good Shepard Home. 5 years later she was promoted to managing the dining room which she did for 15 years and loved it!

Sandra celebrated with her now late husband, their 57th wedding Anniversary. She said "we barely fought, we agreed on most things".

She enjoys watching TV and completing Word Puzzles.

"Life is too short to be grumpy and mad at the world, Be Thankful for what you have." – Sandra Souders



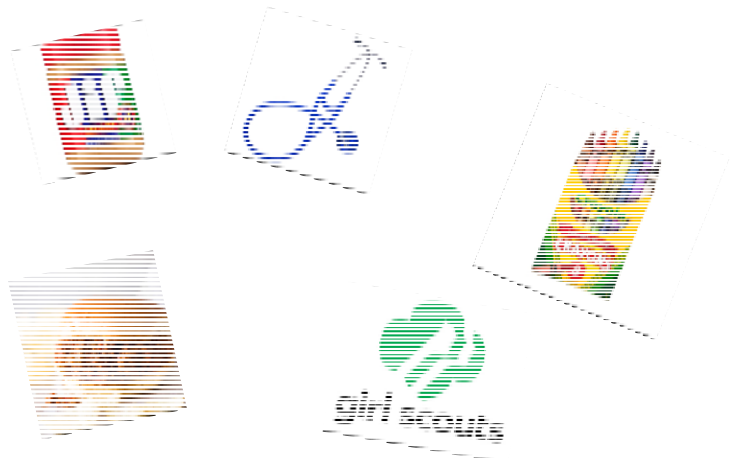
March 2020 Dates to Celebrate



MARCH DATES TO REMEM-

3/1 National Peanut Butter Lovers Day
 3/2 National Banana Cream Pie Day
 3/3 National “I Want You To Be Happy Day”
 3/4 National Grammer Day
 3/5 National Cheese Doodle Day
 3/6 National Dentist Day
 3/7 National “Be Heard” Day
 3/8 National Day Light Savings Day
 3/9 National Meatball Day
 3/10 National Pack Your Lunch Day
 3/11 National Dietitian Nutritionist Day
 3/12 National Girl Scouts Day
 3/13 National Good Samaritan Day
 3/14 National Learn About Butterflies Day
 3/15 National “Everything You Think Is Wrong Day”
 3/16 National “You Do Is Right Day”
 3/17 St. Patrick’s Day!
 3/18 National Sloppy Joe Day
 3/19 National Certified Nurses Day

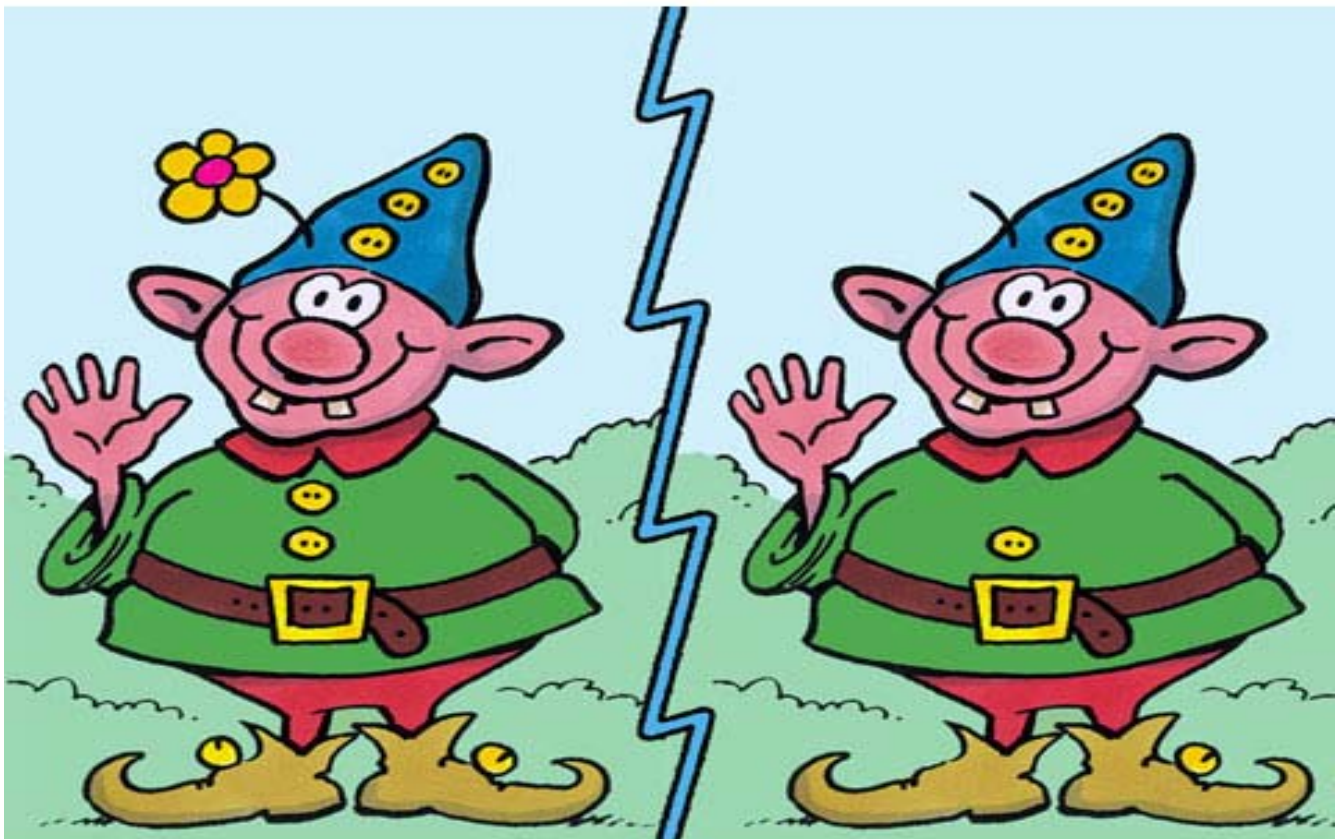
3/20 National Proposal Day
 3/21 National Single Parent Day
 3/22 National Goof Off Day
 3/23 National Puppy Day
 3/24 National Cheesecake Day
 3/25 National Appreciation Day
 3/26 National Spinach Day
 3/27 National Scribble Day
 3/28 National Black Forest Cake Day
 3/29 National Vietnam War Veterans’ Day
 3/30 National Doctors’ Day
 3/31 National Crayon Day



Color me!



Can you spot 3 differences below?





- A. 1.) A bed of _____
- 2.) A bird in the hand is worth _____
- 3.) A blast from the _____
- 4.) A bolt from the _____
- 5.) A diamond is _____
- 6.) A drop in the _____
- 7.) A fate worse than _____
- 8.) A friend in need _____
- 9.) A leopard cannot change its _____
- 10.) A picture paints a thousand _____



Happy St. Patrick's Day!

- A. The flag of Ireland is green, white and _____
- B. A magical little short guy
- C. A three leaf clover
- D. The country St. Patrick's Day is associated with
- E. The color theme of this holiday
- F. Many cities have these on the streets
- G. Favorite meat associated with St. Patrick's Day
- H. Find this at the end of the rainbow
- I. Chicago dyes _____ green to celebrate the day
- J. Cereal that features a little leprechaun
- K. Kiss this and you'll have the gift of gab
- L. The patron saint of Ireland
- M. Date of St. Patrick's Day
- N. It's good luck if you find one of these
- O. Nickname for Ireland
- P. Wear green on this holiday or you'll get a _____
- Q. 'Erin Go Bragh' means _____
- R. Capital City of Ireland

- ___ Parades
- ___ Shamrock
- ___ Lucky Charms
- ___ Green
- ___ Dublin
- ___ March 17th
- ___ Ireland Forever
- ___ Leprechaun
- ___ Pot of Gold
- ___ Chicago River
- ___ Orange
- ___ Pinch
- ___ Blarney Stone
- ___ Patrick
- ___ Ireland
- ___ Emerald Isle
- ___ Corned Beef
- ___ Four Leaf Clover



6.) Bucket, 7.) Death, 8.) is a friend indeed, 9.) spots, 10.) words

1.) Roses, 2.) Two in the Bush, 3.) Past, 4.) Blue, 5.) Forever,



St Patrick's Day

WORD SEARCH Search across, down, and diagonally

K	S	I	M	B	I	W	X	J	L	V	E	N	V	K	X	B	H
K	H	F	A	F	E	S	O	M	X	Y	Y	M	L	V	X	R	F
F	A	Q	R	X	R	T	X	W	C	G	A	P	I	S	V	A	S
Z	M	D	C	N	M	P	T	X	O	R	I	J	N	S	Y	I	K
K	R	U	H	H	J	A	F	N	S	E	K	R	Q	V	F	N	F
N	O	C	F	D	N	T	Z	C	S	E	Z	Y	E	A	L	B	J
G	C	O	P	P	L	R	P	N	C	N	K	B	V	L	G	O	M
O	K	T	U	K	N	I	R	N	M	H	W	M	D	L	A	W	U
L	R	I	K	W	V	C	L	E	P	R	E	C	H	A	U	N	H
D	L	O	H	L	V	K	P	Z	S	H	L	K	X	Y	D	C	D
W	B	K	U	V	X	X	J	H	I	Q	T	Q	K	U	E	V	K
N	F	W	Z	Y	B	C	L	O	V	E	R	X	G	E	P	W	N

Find the following words:

LEPRECHAUN
ST PATRICK
SHAMROCK
IRELAND

RAINBOW
CLOVER
GREEN
MARCH

GOLD
LUCK



March 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1.) 10:15 PYM 2:30 Church with Laura	2.) 10:15 Pinochle 2:30 Rob Ballonoff	3.) 2:30 Bible Study 3:15 Rosary 7:00pm Name that Tune	4.) 10:15 Pinochle 2:30 On-unit Activities	5.) 10:30 Bowling 2:30 On-unit Activities	6.) 10:30 Needles & Hooks 10:30 Spanish Rosary-St. 5 2:30 Bingo	7.) 10:15 Coffee Social 2:30 Glen Faul
8.) 10:15 PYM 2:30 Crosspoint Church	9.) 10:15 Pinochle 2:30 Kris Phipany	10.) 2:30 Bible Study 3:15 Rosary 7:00pm Jeopardy!	11.) 10:15 Pinochle 2:30 Women's Group 3:00 Men's Group	12.) 10:30 Bowling 2:30 Resident Council/Dining 7:00pm Blue Grass	13.) 10:30 Needles & Hooks 2:30 Bingo	14.) 10:15 Coffee Social 2:30 Anything Goes
15.) 10:15 PYM 2:30 Church with Laura	16.) 10:15 Pinochle 2:30 Garden Club	17.) 2:30 Bible Study 3:15 Rosary 7:00pm St. Patty's Day Craft	18.) 10:15 Pinochle 12:00 Birthday Party 2:30 Terry Kane	19.) 10:30 Bowling 2:30 Memorial Service	20.) 10:30 Needles & Hooks 10:30 Spanish Rosary-St. 5 2:30 Bingo	21.) 10:00 LV Therapy Dogs 10:15 Coffee Social 2:30 Games
22.) 10:15 PYM 2:30 Crosspoint Church	23.) 10:15 Pinochle 2:30 Chuck Rissmiller (Strolling on units)	24.) 2:30 Bible Study 3:15 Rosary 7:00pm JR Peterson	25.) 10:15 Pinochle 2:30 Ascend Hospice Craft	26.) 10:30 Bowling 2:00 Spanish Service	27.) 10:30 Needles & Hooks 2:30 Bingo	28.) 10:15 Coffee Social 2:30 Dan Flok
29.) 10:15 PYM 2:30 Church with Laura	30.) 10:15 Pinochle	31.) 2:30 Bible Study 3:15 Rosary 7:00pm Scattagories				